

Tshuaj tiv thaiv kab mob COVID-19 thiab kev noj qab haus huv kev muaj taus me nyuam Cov Lus Nug Uas Nquag Nug

Nws yog yam keev muaj teeb meem hais txog kev tshuaj tiv thaiv kab mob COVID-19 yuav cuam tshuam rau kev noj qab haus huv txog kev muaj taus me nyuam. Centers for Disease Control and Prevention (CDC, Cov Chaw Khiav Hauj Lwm Tswj Hwm thiab Tiv Thaiv Kab Mob) xav kom txhaj cov tshuaj tiv thaiv kab mob COVID-19 rau txhua tus neeg uas muaj hnuv nyoog 6 hli nce, thiab cov uas sam sim xav kom cev xeeb me nyuam tam sim no, los sis cov uas yuav xeeb me nyuam rau yav tom ntej. Tam sim no tsis muaj pov thawj qhia tias hom tshuaj tiv thaiv kab mob twg, suav nrog cov tshuaj tiv thaiv kab mob COVID-19, yuav tsim ua rau muaj teeb meem kev muaj taus me nyuam tam sim no los sis yav tom ntej.

Qee cov neeg yuav muaj kev xav rau cov ntsiab lus uas muaj nyob rau hauv tsab ntawv no yeeb vim muaj kev tawm tsam rau kev pab kom muaj taus me nyuam, kev raug mob yav tas los uas yog los ntawm kev kho mob rau ntau hom neeg, los sis tsis hais kev tsis txaus siab fab kev noj qab haus huv ntawm cov poj niam/cov txiv hloov cev thiab cov poj niam/cov neeg tsis paub tias yog poj niam los sis txiv neej nyob rau fab kev kho mob.

Saib cov hauv qab no txhawm rau kom paub txog cov lus teb rau qee cov lus nug uas kev muaj hais txog tshuaj tiv thaiv kab mob COVID-19 thiab kev noj qab haus huv rau kev muaj taus me nyuam.

Nqe Lus Nug: Kev muaj me nyuam ntawm kuv puas yuav tau txais kev cuam tshuam los ntawm tshuaj tiv thaiv kab mob COVID-19?

Teb:

Tsis muaj pov thawj qhia tias hom tshuaj tiv thaiv kab mob twg, suav nrog cov tshuaj tiv thaiv kab mob COVID-19, yuav cuam tshuam rau kev muaj me nyuam, tsis hais hauv cov poj niam los sis txiv neej li. Cov tshuaj tiv thaiv kab mob ua hauj lwm nrog rau kev tiv thaiv kab mob hauv koj lub nrog cev los tawm tsam kab mob khaus laus nam vais lav thiab yuav tsis cuam tshuam txog koj tej roj ntshav tsim tub ki. Nyob rau cov kev sim kho cov tshuaj tiv thaiv kab mob COVID-19, thiab kev kawm paub txog khub niam txiv sam sim xav muaj me nyuam, pom tau tias kev cev xeeb me nyuam zoo li qub rau cov neeg uas tau txais cov tshuaj tiv thaiv kab mob COVID-19 thiab cov tsis tau txais tshuaj tiv thaiv kab mob. Cov tshuaj tiv thaiv kab mob COVID-19 yeej muaj kev nyab xeeb thiab tiv thaiv tau zoo. Cov [Centers for Disease Control and Prevention \(CDC\)](#), [American College of Obstetricians and Gynecologists \(ACOG\)](#), [Mes Kas Lub Tsey Kawm Khos Lej Fab Kev Kho Poj Niam Yug Me Nyuam thiab Kab Mob Poj Niam](#), thiab [Society for Maternal-Fetal Medicine \(SMFM\)](#), [Koom Haum Tshuaj Kho Mob Rau Leej Niam-Tus Me Nyuam Tsis Tau Yug](#) pom zoo siv qhov tshuaj tiv thaiv kab mob COVID-19 rau cov tib neeg uas cev xeeb me nyuam, tab tom muaj me nyuam mos noj mis, los sis tawm phiaj xwm yuav muaj me nyuam.

Mus rau qhov chaw txuas nkag mus no txhawm rau mloog Dr. LaSalle hais txog tias vim li cas ho xav kom txhaj tshuaj tiv thaiv kab mob COVID: [Kev Muaj Taus Me Nyuam thiab Tshuaj Tiv Thaiv Kab Mob COVID-19 - YouTube](#)

Nqe Lus Nug: Puas yog qhov tshuaj tiv thaiv kab mob hloov koj kev coj khaub ncaws?

Teb:

Ib feem ntawm cov neeg tau txais kev txhaj tshuaj tiv thaiv kab mob COVID-19 tau tshaj qhia txog kev hloov pauv lawv qhov kev coj khaub ncaws tom qab txhaj tshuaj tiv thaiv kab mob, xws li yuav muaj kev coj khaub ncaws ntev zog, ncuu kev coj khaub ncaws luv los sis los ntshav ntau dua qub. [Nyob rau qhov kev kawm paub 2022](#), pom tau tias cov neeg coj khaub ncaws uas tau txais kev txhaj tshuaj tiv thaiv kab mob COVID-19 muaj ncuu sij hawm rau kev coj khaub ncaws txwm caij luv zog ib hnuv nyob rau ncuu sij hawm lawv txhaj tshuaj. Muaj kev hloov txav ib hnuv nyob rau ncuu sij hawm puag ncig txog sij hawm coj khaub ncaws. Txawm yuav muaj kev hloov pauv ib ntus nyob rau ncuu sij hawm kev coj khaub ncaws, **tsis tau muaj pov thawj tias cov tshuaj tiv thaiv kab mob COVID-19 muaj teeb meem rau kev muaj taus me nyuam.** Kev hloov pauv ncuu sij hawm kev coj khaub ncaws tej zaum yuav ua rau muaj kev hloov pauv sij hawm qe me nyuam poob. Cov neeg uas siv phiaj xwm tswj kev muaj me nyuam hauv tsev neeg thiab lwm cov tswv yim uas xyuas raws ncuu sij hawm kev coj khaub ncaws tej zaum yuav ntsib kev nyuaj zog los mus nrhiav sij hawm qe me nyuam poob thiab zam/npaj kev ua kom cev xeeb me nyuam. Nrog koj tus kws kho mob tham los sab laj koj qhov ncuu sij hawm coj khaub ncaws thiab kawm paub ntxiv hais txog kev tawm phiaj xwm kev muaj me nyuam.

Nqe Lus Nug: Tshuaj Tiv Thaiv Kab Mob COVID-19 puas tuaj yeem cuam tshuam rau kev tswj kom txhob muaj me nyuam?

Teb:

Raws li Planned Parenthood, tsis tau muaj pov thawj qhia tau tias tshuaj tiv thaiv kab mob COVID-19 yuav ua rau muaj kev cuam tshuam txog kev tswj kev yug me nyuam kom tau ntau los sis tsawg. Nyob rau sij hawm no, tsis tau muaj ntaub ntawv tshaj qhia los ntawm cov neeg tau txais kev txhaj tshuaj tiv thaiv kab mob uas ua rau lawv qhov kev tswj hwm kev muaj me nyuam nres tom qab txhaj tshuaj tiv thaiv kab mob. Txawm yuav muaj ntaub ntawv tshaj qhia txog tias muaj kev hloov pauv kev coj khaub ncaws los yeej tsis tau muaj kev cuam tshuam rau kev tswj hwm kev muaj me nyuam. Qhov no tuaj yeem muaj kev nyuaj rau kev taug ncuu sij hawm kev coj khaub ncaws thiab qe me nyuam poob; cov neeg siv kev coj khaub ncaws los tswj kev muaj me nyuam, xws li kev qhia paub kev muaj taus me nyuam, tej zaum yuav nyuaj zog rau kev paub tias lawv qe me nyuam poob thaum twg. Muaj cov cuab yeej uas tuaj yeem pab tib neeg taug lawv qhov kev qe me nyuam poob. Xav kom qhia rau koj tus kws kho mob hais txog koj cov hau kev xaiv thiab kawm paub ntxiv.

NQE LUS NUG: Tshuaj tiv thaiv kab mob puas tuaj yeem cuam tshuam rau cov phev thiab/los sis ua rau tsis muaj zog?

Teb:

Tsis muaj pov thawj qhia tias hom tshuaj tiv thaiv kab mob twg, suav nrog cov tshuaj tiv thaiv kab mob COVID-19, ua rau cov chaw tsim tau noob neej ntawm cov txiv neej muaj teeb meem uas muaj tsis taus me nyuam los sis tsis muaj zog nyob rau sij hawm no. [Qhov kev tshawb fawb me-me tsis ntev los no ntawm 45 leej txiv neej uas muaj kev noj qab nyob zoo](#) uas tau txais hom [tshuaj tiv thaiv kab mob COVID-19 mRNA](#) saib rau cov yam ntxwv ntawm cov kab me nyuam ntawm txiv neej, xws li qhov ntau thiab qhov txav mus los, ua ntej thiab tom qab txhaj tshuaj tiv thaiv kab mob. Cov kws tshawb fawb pom tias tsis muaj kev hloov pauv dab tsi loj nyob rau cov yam ntxwv ntawm cov kab me nyuam ntawm txiv neej no tom qab kev txhaj tshuaj tiv thaiv kab mob. Tsis tag li ntawv, [muaj ib qhov kev kawm paub](#) ua rau pom tau tias kev kis kab mob COVID-19 tej zaum yuav cuam tshuam rau kev ua rau muaj tsis taus me nyuam ntawm cov txiv neej txog 60 hnuv tom qab kis kab mob. Kev ua npaws los ntawm kev mob nkeeg, thiab tsos mob tshwm sim kab mob COVID-19 uas keev muaj, tuaj yeem cuam tshuam tau rau kev txo kev tsim phev rau ncuaj sij hawm luv. Txawm tias ua npaws yog qhov kev muaj mob cuam tshuam los ntawm kev txhaj tshuaj tiv thaiv kab mob COVID-19 los, tam sim no tsis muaj pov thawj tias ua npaws tom qab txhaj tshuaj tiv thaiv kab mob COVID muaj feem cuam tshuam tsis zoo rau kev tsim cov kab me nyuam ntawm txiv neej. Nrog koj tus kws kho mob tham yog koj muaj kev ntxhov siab dab tsi ntxiv.

Nqe Lus Nug: Tshuaj tiv thaiv kab mob puas cuam tshuam rau Kev Kho IVF (Kev Muaj Taus Me Nyuam In Vitro)?

Teb:

Tsis tau muaj pov thawj qhia tias tshuaj tiv thaiv kab mob COVID-19 cuam tshuam rau kev kho tau los ntawm cov neeg uas siv kev kho IVF. Cov kev kawm paub qhia tau tias tsis muaj kev cuam tshuam dab tsi txog tshuaj tiv thaiv kab mob COVID-19 hom mRNA tau rau kev siv tau ntawm kev kho siv IVF. Ib [qhov kev kawm paub](#) qhia tau tias tsis muaj kev sib txawv loj rau kev ua kom qe me nyuam poob, kev zoo ntawm qe me nyuam, kev loj hlob ntawm tsev me nyuam, los sis kev xeeb me nyuam taus nyob rau ntawm cov neeg uas tau txais kev txhaj tshuaj tiv thaiv kab mob thiab cov tsis tau txhaj tshuaj tiv thaiv kab mob. Cov tshuaj tiv thaiv kab mob COVID-19 tsis tau pom muaj kev cuam tshuam rau kev muaj taus me nyuam, tsis hais kev ua rau muaj kev nyuaj rau cov tau muab siab npaj kom muaj me nyuam. Ntau cov tshuaj tiv thaiv kab mob feem ntau yuav muaj kev nyab xeeb rau ncuaj sij hawm thiab ua ntej cev xeeb me nyuam, xws li tshuaj tiv thaiv kab mob npaws loj, mob nqaij to thiab tshuaj tiv thaiv kab mob qa fawj foob. Tshua tiv thaiv kab mob COVID-19 xav kom siv rau txhua tus uas muaj hnuv nyoog 6 hli nce, suav nrog rau cov neeg sam sim xav muaj me nyuam.

Nqe Lus Nug: Tshuaj tiv thaiv kab mob COVID-19 pua tuaj yeem ua rau nchuav me nyuam?

Teb:

Tsis ua, tshuaj tiv thaiv kab mob COVID-19 yeej muaj kev nyab xeeb rau kev siv sij hawm ua ntej, nyob rau ncuaj sij hawm, thiab tom qab lub cev xeeb me nyuam. Tsis tau muaj pov thawj qhia tias tshuaj tiv thaiv kab mob COVID-19 muaj kev phom sij rau kev nchuav me nyuam. Tsis tau muaj neeg nchuav me nyuam nyob rau cov neeg uas tau txais kev txhaj tshuaj tiv thaiv kab mob rau kab mob COVID-19. Qhov kev nchuav me nyuam uas siab tshaj neeg xav, muaj li ntawm [10 txog rau 20 feem pua](#) ntawm cov neeg cev xeeb tub uas muaj kev nchuav me nyuam. Qee cov neeg uas tau txais kev txhaj tshuaj tiv thaiv kab mob yuav muaj kev nchuav me nyuam, tiam sis tsis cuam tshuam rau tshuaj tiv thaiv kab mob- kev nchuav me nyuam tuaj yeem tshwm sim tau tsis hais yuav txhaj tshuaj tsis txhaj li. Qhov tseeb tiag, cov neeg muaj kev kis kab mob COVID-19 nyhav ua ntej cev xeeb me nyuam muaj feem xyuam yuav nchuav me nyuam tau. Kev txhaj tshuaj tiv thaiv kab mob yog koj thiab koj tus me nyuam qhov kev thaiv kab mob COVID-19 uas zoo tshaj plaws.

Cov Peev Txheej Ntaub Ntawv

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Nco ntsoov sab laj nrog rau koj tus kws kho mob uas ntseeg siab tau rau kev txiav txim siab kev kho mob rau tus kheej.