

COVER PAGE - UPDATING NURSE STAFFING PLAN

06/26/2023

The following is an updated 2023 nurse staffing plan for Skagit Valley Hospital/ Skagit Regional Health, submitted to the Washington State Department of Health in accordance with Revised Code of Washington 70.41.420.

The following nurse staffing plan replaces the nurse staffing plan previously submitted to the Washington State Department of Health.

Attestation Form

June 26, 2023

I, the undersigned with responsibility for Skagit Valley Hospital, attest that the attached staffing plan and matrix was developed in accordance with RCW 701.41.420 for 2023 and includes all units covered under our hospital license under RCW 70.41. This plan was developed with consideration given to the following elements:

- Census, including total numbers of patients on the unit on each shift and activity such as patient discharges, admissions, and transfers;
- Level of intensity of all patients and nature of the care to be delivered on each shift;
- Skill mix:
- Level of experience and specialty certification or training of nursing personnel providing care;
- The need for specialized or intensive equipment;
- The architecture and geography of the patient care unit, including but not limited to placement of patient rooms, treatment areas, nursing stations, medication preparation areas, and equipment;
- Staffing guidelines adopted or published by national nursing professional associations,
- specialty nursing organizations, and other health professional organizations;
- Availability of other personnel supporting nursing services on the patient care unit;
- Strategies to enable registered nurses to take meal and rest breaks as required by law or the terms of an applicable collective bargaining agreement, if any, between the hospital and a representative of the nursing staff;

Reviewed by SVH Staffing Committee on: June 14, 2023

This staffing plan was adopted by the hospital on: June 26, 2023

As approved by: Brian Ivie, CEO

Signature:

Nursing Staffing Plan Purpose

This plan was developed for the management of scheduling and provision of daily staffing needs for the hospital, and to define a process that ensures the availability of qualified nursing staff to provide safe, reliable and effective care to our patients. This plan applies to all parts of the hospital licensed under RCW 70.41.

Nurse Staffing Plan Principles

- Access to high-quality nursing staff is critical to providing patients safe, reliable and effective care.
- The optimal staffing plan represents a partnership between nursing leadership and direct nursing care staff.
- Staffing is multifaceted and dynamic. The development of the plan must consider a wide range of variables.
- Data and measurable nurse sensitive indicators should help inform the staffing plan.

Nurse Staffing Plan Policy

- The nurse staffing committee for Skagit Valley Hospital (SVH) is responsible for the development and oversight of the nurse staffing plan to ensure the availability of qualified nursing staff to provide safe, reliable and effective care to our patients.
- The committee's work is guided by the negotiated bargaining agreement, its members and the Managers/Directors of the care areas.
- The committee meets on a regular basis as determined by the bargaining unit and the work needing review by the committee.
- The committee's work is derived from Staffing concern form review, overlay of quality data and other information and data from patient care areas. Appropriate staffing levels for a patient care unit reflect an analysis of:
 - o Individual and aggregate patient needs;
 - o Staffing guidelines developed for specific units of the hospital;
 - The skills and training of the nursing staff;
 - o Resources and supportive staff available for nurses and patients;
 - o Anticipated absences and need for nursing staff to take meal and rest breaks;
 - o Hospital data and outcomes from relevant quality indicators; and
 - o Hospital finances.

*The American Nurses Association does not recommend a specific staffing ratio, but rather to make care assignments based on acuity patient needs and staff competencies.

- The analysis of the above information is aggregated into the hospital's nurse staffing plan. Each individual patient care area and its Manager/Director may use the Nurse Staffing Committee Checklist to guide their work.
- Staff continuously monitor individual and aggregate patient care needs and make adjustments to staffing per agreed upon policy and collective bargaining agreement.

^{*}These principles correspond to the American Nursing Association Principles of Safe Staffing.

- The committee performs a semiannual review of the staffing plan, and with any proposed and accepted change in the use of RN worked FTE. If changes are made to the staffing plan throughout the calendar year, an updated staffing plan will be submitted to DOH
- The hospital is committed to ensuing staff are able to take meal and rest breaks as required by law, or collective bargaining agreement. The committee considers breaks and strategies to ensure breaks when developing the plan. A Skagit Regional Health meal and break policy is used to guide patient care areas in structuring breaks and finding areas of discretion to meet specific care and skill needs while meeting the requirements of the law. Data regarding missed or interrupted breaks will be reviewed by the committee to help develop strategies to ensure nurses are able to take breaks.

Nurse Staffing Plan Scope

*Hospitals licensed under RCW 70.41 are required by law to develop a nurse staffing plan. The plan must cover areas of the hospital that: 1. fall under the hospital's license (RCW 70.41) and 2. where a nurse(s) provides patient care (i.e., "patient care unit").

The following areas of the hospital are covered by the Nurse Staffing Plan:

- Orthopedic and Surgical Care (OSC)
- Progressive and Critical Care
- Medical Observation Unit
- Medical and Pediatric Unit
- Family Birth Center and Special Care Nursery
- Mental Health Unit
- Emergency Department
- Operating Room
- Peri-Operative Services & PACU
- Endoscopy
- Special Observation Unit
- Cardiac Catheterization Lab
- Outpatient Infusion
- Diagnostic Imaging
- Kidney Dialysis
- IV Therapy
- Wound Healing Outpatient
- Station Square Family Medicine Clinic
- Stanwood Family Medicine Clinic
- Camano Island Family Medicine Clinic
- Granite Falls Family Medicine Clinic
- Smokey Point Family Medicine Clinic
- Women's Health MV Clinic
- Pediatrics Riverbend Clinic
- Pediatric Arlington Clinic
- Urgent Care Station Square Clinic
- Urgent Care Riverbend Clinic
- Urgent Care Smokey Point Clinic
- Cardiology Mount Vernon Clinic
- Cardiology Anacortes Clinic
- Cardiology Arlington Clinic
- Endocrinology Mt Vernon Clinic

- Neurology Mt Vernon Clinic
- Pulmonology Mt Vernon Clinic
- Nephrology Mt Vernon Clinic
- Dermatology Riverbend Clinic
- Rheumatology Riverbend Clinic
- Orthopedics Riverbend Clinic
- Orthopedics Smokey Point Clinic
- Urology Mt Vernon Clinic
- Urology Oak Harbor Clinic
- General Surgery Mt Vernon Clinic
- Gastroenterology Mt Vernon Clinic
- ENT and Allergy Mt Vernon 12th St Clinic
- ENT and Allergy Mt Vernon Division St Clinic
- ENT and Allergy Anacortes Clinic
- Podiatry Mt Vernon Clinic
- GME Residency Family Medicine Clinic
- GME Residency Internal Medicine Clinic
- MV Family Medicine North Clinic
- MV Family Medicine South Clinic
- Division Street Internal Medicine Clinic

Nurse Staffing Plan Critical Elements

The following represents critical elements about the nurse staffing plan:

- The need to have 2 CCU nurses in-house at all times when there is at least 1 CCU patient in- house
- The availability of support services
- AWHON Labor & Delivery Staffing guidelines

Nurse Staffing Plan Matrices

*Matrices are developed as a guide for shift-by-shift unit-based staffing decisions and are adjusted up or down based on patient factors and skill-mix of hospital staff.

Skagit Valley Hospital, SRH Acute Care *Emergency Department* 137 Hospital Licensed Beds

Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Patient Population:	Adult & Pediatric
Types of Services Provided:	Acute Care
Speciality Services:	Stroke/Trauma/Cath Lab
Average Daily Visit Volume:	92
Total Emergency Visits:	33,580
Total Number of Beds:	25

						WHEN D	Nu	mber of S	taff			
Direct Caregivers	7am	8am	9am	10am	11am	12	1pm	2pm	3pm	4pm	5pm	6pm
RN	5	5	7	7	7	9	9	10	10	10	10	10
Nursing Assistant	3	3	3	3	4	4	4	4	4	4	4	4
Total Direct Caregiver:	8	8	10	10	11	13	13	14	14	14	14	14
Direct Caregivers	7pm	8pm	9pm	10pm	11pm	12	1am	2am	3am	4am	5am	6am
RN	10	10	10	10	10	8	5	5	5	- 5	5	5
ED Tech	4	4	4	4	4	3	3	3	3	3	3	3
Total Direct Caregiver	14	14	14	14	14	11	8	8	8	8	8	8

Additional Care	Team Mer	nbers	12-11			
Click here for Care Te	am Member	definitions				
Skills		Shift Coverage				
	Day	Evening	Night			
Clinical Manager	X					
Clinical Nurse Educator	X					
CNA	X	X	X			
Unit Assistant	X	X	X			
Unit Clerical Support	X					
1:1 Sitter	X	X	X			
Admissions Nurse						
Patient Transport Team						
IV Therapy Team	X	X				
Rapid Response Team						
Respiratory Therapy Support	X	X	X			
Nutritionist	X					
Rehab Activities (OT, PT, Speech)	X					
Clinical Pharmacist		X				
Management	X	X				
Wound Ostomy RN	X					
Hospitalist / NP / PA	X	Х	X			
Charge Nurse	X	Х	X			
Regional Trauma Manager	X					
Clinical coordinator	X					
Nurse Technician	3	Variable				

Plan / Budgeted Direct WHPPD	2.06 Dramies
(Worked Hours Per Patient Day)	3.06 Premier
2.12 Direct care hours to include RNs, techs, Mi	HA. Excludes charge.
Additional Unit Information:	
MHA hours budgeted separate from WHPPD	
Regional positions included in WHPPD	
Nursing Assistant includes the positions of ED T	ech, MHA and Unit Cle
Other Team Members:	A STREET, STREET, STREET,

Skagit Valley Hospital, SRH Acute Care Family Birth Center 137 Hospital Licensed Beds OR Suites: 2 Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of 77 Monthly Deliveries

			54,42	Reyl	Nun	nber of	Staff]	
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Avg Available Hours per shift	Avg Available Nurses per shift
		Day	Shift (1st Shif	t)						
RN	7am-7pm	12.00	8	8	8	8	8	8	8	96.00	8.00
Scrub Tech	7am-7pm	12.00	1	1	1	1	1	1	1	12.00	1.00
UA	7am-7pm	12.00	1	1	1	1	1	1	1	12.00	1.00

	Night Shi	ft (3rd Shif	ft)				TA.		3 5		
RN	7pm-7am	12.00	8	8	8	8	8	8	8	96.00	8.00
Scrub Tech	7pm-7am	12.00	1	1	1	1	1	1	1	12.00	1.00
UA	7pm-7am	12.00	1	1	1	1	1	1	1	12.00	1.00
Per Day Totals:							ay Totals:	240.00	20.00		

Additional Care	Team Membe	ers
Click here for Care Tea	m Member defii	nitions
Skills	Shift C	Coverage
Skills	Day	Night
Clinical Manager	X	0.55
Clinical Nurse Educator Neonatal	X	
Clinical Nurse Educator Perinatal	X	
Scrub Tech	X	X
Unit Assistant	X	X
Lactation	X	
Nurse Technician	Va	riable

Click here for Care Tea	ım Member defir	itions		
Skills		overage		
	Day	Night		
Clinical Manager	X			
Clinical Nurse Educator Neonatal	X			
Clinical Nurse Educator Perinatal	X	737		
Scrub Tech	X	X		
Unit Assistant	X	X		
Lactation	X			
Nurse Technician	Variable			

Nurse-to-Woman or Nurse-to-Baby Ratio	Care Provided			
Postpartum and Newborn Care				
I to I	continuous bedside nursing attendance to woman in the immediare postoperative recovery period (for at least 2 hours)			
1 to 3	mother-baby couplets after the 2-hour recovery period (with consideration for assignments with mixed acuity rather than all recent post-cesarean cases)			
1 to 2	women on the immediate postoperative day who are recovering from cesarean birth as part of the nurse to patient ratio of 1 nurse to 3 mother baby couplets			
1 to 5–6	women postpartum without complications (no more than 2–3 women on the immediate postoperative day who are recovering from cosarean birth as part of the narise to patient ratio of 1 narise to 5–6 women without complications)			
1 to 3	women postpartum with complications who are stable			
1 το 5-6	healthy newborns in the nursery requiring only routine care whose mothers cannot or do not desire to keep their baby in the postpartum room			
1	at least 1 muse physically present at all times in each occupied basic care nursery when babies are physically present in the nursery			
1 to 1	newborn boy undergoing circumcision or other surgical procedures during the immediate preoperative, intraoperative and immediate postoperative periods			
1 to 3-4	newborns requiring continuing care			
1 to 2-3	newborns requiring intermediate care			
1 to 1-2	newborns requiring intensive care			
1 to 1	newborn requiring multisystem support			
1 to 1 or greater	unstable newborn requiring complex critical care			
1	at least 1 nurse available at all times with skills to care for newborns who			

Additional Unit Information:	

102.4253

Plan / Budgeted Direct WHPU

(Worked Hours Per Unit)

The Family Birth Center adheres to staffing guidelines set by the Association of Obstetric and Neonatal Nurses (AWHONN).

Nurse-to-Woman or Nurse-to-Baby Ratio	Care Provided		
Antepartum			
1 to 2-3	women during nonstress resting		
1 to 1	woman presenting for initial obstetric triage		
1 to 2-3	women in obstetric triage after initial assessment and in stable condition		
1 to 3	women with antepartum complications in stable condition		
l to l	woman with antepartum complications who is unstable		
1 to 1	continuous bedside attendance for woman receiving IV magnesium sulface for the first hour of administration for preterm labor prophylaxis and no more than 1 additional couplet or woman for a nurse caring for woman receiving IV magnesium sulfate in a maintenance dose		
1 to 2	women receiving pharmacologic agents for cervical ripening		
Intrapartum			
l to l	woman with medical (such as diabetes, pulmonary or cardiac disease, or morbid obesity) or obsterric (such as precedampic, multiple geration, fetal demise, indeterminate or abnormal FHR pattern, women having a trial of labor attempting vaginal birth after cesarean birth) complication during labor.		
1 to 1	woman receiving oxytocin during labor		
1 to 1	woman laboring with minimal to no pain relief or medical interventions		
1 to 1	woman whose fetus is being monitored via intermittent ausculation		
1 to 1	continuous bedside nursing attendance to woman receiving IV magne- sium sulfate for the first hour of administration: I more to I woman rati- duting labor and until at least 2 hours postparium and no more than I additional couplet or woman in the patient assignment for a nurse earing for a woman receiving IV magnesium sulface during postparium.		
1 ω 1	continuous bedside nursing attendance during initiation of regional anexthesia until condition is stable (at least for the first 30 minutes after initial dose)		
I to I	continuous bedside nursing attendance to woman during the active pushing phase of second-stage labor		
1 to 2	women in labor without complications		
2 to 1	birth; I nurse responsible for the mother and I nurse whose sole responsibility is the baby		

There are many variables to consider in establishing safe, efficiently staffed hospital units. Patient care units differ based upon the types of patients cared for on a given unit, and the why in which care is organized and delivered there. Education and experience levels of unit staff, support from nurse educators and nurse managers also factor into unit staffing decisions, as does the unique characteristics and mission of the hospital. Our strategy to make sure Meal

and Rest periods are being offered and taken, is by ensuring Mid-Shift Huddles (MSH) are happening at a minimum of two (2) times per twenty-four (24) hour period. The leaders of the MSH will ensure lunches and breaks are discussed and coverage is determined.

Skagit Valley Hospital, SRH Surgery
Operating Room
137 Hospital Licensed Beds
OR Suites: 6
Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Patient Population:	Adult & Pediatric
Types of Services Provided:	Surgical
Speciality Services:	Thoracic, Spine, Ortho, GYN, ENT, Robotics, General Surgery, Trauma, Urology
Average Daily Case Volume:	28
Average Monthly Volume:	629

				Number of St	aff Monda	y Thru Fri	day			
Direct Caregivers	6:45am	8am	9am Mon	9am T,W,Th,Fr	11am	1pm	3:15pm	5:15pm	7:15pm	9:30pm
RN	12	12 to 14	12 to 14	12 to 14	18	18	8	7	1	0
Scub Tech	5	5	5	5	7	7	4	3	1	0
Total Direct Caregiver Staff by Hour of the Day:	18 to 20	18 to 20	18 to 20	18 to 20	25	25	12	10	2	0

Additional Ca	ile realli i	viembers	
Click here for Care	Team Memb	per definitions	
Skills		Shift Coverage	je
OKIIIS	Day	Evening	Night
Clinical Manager	1	0	
Regional Director	1		
Business Manager	1		
Charge Nurse	1	1	
Anesthesia Assistant	2	1	
Surgery Schedulers	2	0	
Robotics Coordinator	1		3677
VAT Coordinator	1	0	
Implant Coordinator	1	0	
Data / Staffing Coordinator	1	0	

Plan / Budgeted Direct WHPU (OR Cases)	7.6
Additional Unit Information:	
On Call:	
1 RN and 1 RN or ST 3pm - 9pm M - Fr	
1 RN and 1 RN or ST 9pm - 6:45am M - TH	
1 RN and 1 RN or ST 9pm - 7am Fr	
1 RN and 1 RN or ST 7a - 7p Sa	
1 RN and 1 RN or ST 7p - 7a Sa	
1 RN and 1 RN or ST 7a - 7p Su	
1 RN and 1 RN or ST 7p - 6:45a Su	
1 RN Backup 7a - 7p Sa and Su	
Anesthesia Assistant 9a - 9p Sa and Su	

Skagit Valley Hospital, SRH Surgery
Perioperative Service s & PACU
137 Hospital Licensed Beds

of Day Surgery Beds: # of PACU Bays:

Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Patient Population:	Adult & Pediatric
Types of Services Provided:	Surgical
Speciality Services:	Thoracic, Spine, Ortho. General Surgery, Trauma
Average Daily Case Volume:	28
Average Monthly Volume:	629

	Day Surgery: Number of Staff Monday Thru Friday														
Direct Caregivers	500am	600am	730am	800am	10:30	11:30	1230pm	1:30pm	2:30pm	4:30pm	8:00pm	9:00pn			
CHARGE RN	0	0	1	1	1	1	1	1	1	1 (working Charge)	(working Charge)	(working Charge)			
RN	3-4	3	3	4	5 F	5	6-7	6	6	3 to 4	2	1			
CNA	0	1: M-F	1: M-F	2: TH,F	2: TH,F	1 : M-F	2: M-W 3: TH,F	2: M-W 3: TH,F	1: M-F 2: TH-F	1: M-F 2:TH-F	1 M-F	1 M-F			
Total Direct Caregiver	3-4	4-5	5-6	7 to 8	8 to 9	9 to 10	10 to 11	7-8	6-7	5-6	3	2			

	Take 1	PACU: Number of Staff Monday Thru Friday															Weeke	nd Call
Direct Caregivers	730am	800am	930am	11:30	1230pm	1:30pm	2:30pm	3:30pm	4:00pm	4:30pm	6:00pm	7:30pm	10:00pm	1200am	on call 10p	on call 12am	7a-7p	7p-7a
CHARGE RN												1	1	0				
RN	1	2	3	3	3	3	3	4	3	2	2	0	0	0	1	1	2	2
Total Direct Caregiver	1	2	3	3	3	3	3	4	3	2	2	1	1	0				

Additional	Care Team I	Members	12.50
Click here for Car	e Team Memb	er definitions	
Skills		Shift Coverage	
	Day	Evening	Night
Clinical Manager	X		
Regional Director	X		

Plan / Budgeted Direct WHPPD (Worked Hours Per Patient Day)	8.3
Additional Unit Information	
Staffing levels are based on ASPAN standards.	
1:1 required when patient under 8 years of age.	
1:1 required when patient is Isolation precaution	S
Two nurses required in PACU at all times when	patients are
Additional nurse required when floor holds are p	resent.

Staffing matrix fluctuates according to census and in alignment with ASPAN guidelines.

Phase 1. / PACU
Two curses are required in PACU "the second nurse should be able to directly hear a call for assistance and be immediately available"
In general a 12 functer patient ratio allows for appropriate assessment and evaluation,
11 nurse to patient ratio may be assigned on initial admission to the PACU, until "critical elements are met"

• trable alreamy
• hemodynamically stable
• free from agration and resiliessess.
12 required for holding patients.
2 nurses to one patient may be necessary for a critically ill unitable patient.

Pre admission and Phase 2 / Day Surgery

Pre op phase
During admission staffing levels can vary and are dependent complexity of the patient and are based on age, preoperative interventions and type of procedure.

- Phase Two

 13 one nurse to three patients

 May include but not limited to over 8 years of age,

 may include 8 years and younger 8 family 1s present.

 10 one nurse 10 patients

 for patients

 included but patients

 included by patients

 patients

 included by patients

 patients

 included by patients

 patients

 included by patients

 patie

Skagit Valley Hospital, SRH Surgery
Endoscopy Department
137 Hospital Licensed Beds

Date of Services Budgeted: FY 2022

	Patient Population:	Adult
T	ypes of Services Provided:	Endoscopy/Pain/ Pulmonary
A	verage Daily Case Volume:	20-25
-	Average Monthly Volume:	480

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Based on 1 proces	dure room		Nu	mber of St	aff Monda	y Thru Frida	ау	The William		15.4		200	2572				Weekend Call	
Direct Caregivers	700am	730am	800am	830am	900am	10am	11am	12pm	1pm	2pm	3:30pm	4:00pm	430	5:00pm	5:30pm	On Call M- F 5p-7A	7a-7p	7p-7a
RN	1	2	2	3	4	4	4	4	4	4	3	2	2	1	1	1	1	1
Techs		1	1	2	2	2	2	2	2	2	2	1	1	1	1	1	1	1
C.N.A			1															
Total Direct Caregiver	1	3	4	5	6	6	6	6	6	6	5	3	3	2	2	2	2	2
									10 P. O.									T.F.T.

Based on 2 proceed	dure rooms	3	Nu	mber of St	aff Monda	y Thru Frida	ау		DE S	12.50			9465		11/19		Weeke	nd Call
Direct Caregivers	700am	730am	800am	830am	900am	10am	11am	12pm	1pm	2pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	On Call M- F 5p-7A	7a-7p	7p-7a
RN	1	4	6	7	8	8	8	8	8	8	7	4	2	2	1	1	1	1
Techs		2	3	4	4	4	4	4	4	4	4	3	2	1	1	1	1	1
C.N.A			1															
Total Direct Caregiver	1	6	10	11	12	12	12	12	12	12	11	7	4	3	2	2	2	2

Based on 3 proces	dure room:	S	Nu	mber of St	aff Monda	y Thru Frida	ау										Weeke	nd Call
Direct Caregivers	700am	730am	800am	830am	900am	10am	11am	12pm	1pm	2pm	3:30pm	4:00pm	4:30pm	5:00pm	530pm	On Call M- F 5p-7A	7a-7p	7p-7a
RN	1	5	7	9	10	10	10	10	10	10	9	5	3	2	1	1	1	1
Techs		2	4	5	5	5	5	5	5	5	5	3	2	1	1	1	1	1
C.N.A			1															
Total Direct Caregiver	1	7	12	14	15	15	15	15	15	15	14	8	5	3	2	2	2	2
										1000								

Additional	Care Team M	embers					
Click here for Car	e Team Membe	r definitions					
Skills		Shift Coverage					
	Day	Evening	Night				
Clinical Manager	×						
Regional Director	X						

Plan / Budgeted Direct WHPPD (Worked Hours Per Case)	4.64
Additional Unit Information:	Harris College
1 Nurse in procedure room for all cases	
3:1 RN to patient ratio in recovery	
Addition of 1 RN per procedure room added.	

Skagit Valley Hospital, SRH Acute Care **SOU** 10 outpatient Beds

Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day: 14	verage Number of Patients Per Day: 14	4
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					Nu	mber of S	taff		
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
								On Call	On Call
		Day Shift (1st Shift)							ANSET
RN	0600-1630	10.00	1	1	1	1	1	1 RN 08-18	1 RN 08- 18
RN	0630-1700	10.00	1	1	1	1	1	a a	
RN	0700-1730	10.00	1	1	1	1	1		
			Evenin	g Shift (2r	d Shift)				
RN	1000-2030	10.00	2	2	2	2	2		

Additional Care	Team Me	mbers					
Click here for Care Te	am Member	definition	S				
Skills	Shift Coverage						
Skills	Day		Night				
Clinical Director	X	X					
Clinical Nurse Educator	Х	Χ					
Unit Assistant	X	X					
IV Therapy Team	X	Χ					
Rapid Response Team	Х	X	THE SE				
Respiratory Therapy Support	X	X					
Clinical Pharmacist	X	X					
Management	X	X					
Wound Ostomy RN	X						
Cardiac/Stroke Coordinator	Х						
Charge Nurse	X	X					
Supervisor	Х						

Worked hours per patient visit	4.89
Additional Unit Information:	
, additional of the financial	
Other Team Members:	

Skagit Valley Hospital, SRH Acute Care

3 Procedural areas. We will go down to 2 January to April for construction

Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day:	9
Average Number of Patients Per Month:	180

#			Number of Staff					Weekend Call	
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat 7a-7a	Sun 7a-7a
			Day	Shift (1st	Shift)	41111			
RN	0730-1800	10.00	2	1	2	1	2	1	1
	0700-1730	10.00	1	1	1	1			
	0800-1630	8.00		1	1	1	1		
	0830-1700	8.00	1	1		1	1		
			Day	Shift (1st	Shift)	12.5		12271	G.E.
	0630-1700	10	1		1	1	1		
Technician	700-1530	8.00	1	1	1	1	1	1.00	1.00
	0715-1745	10.00	1	1	1		1		
	0730-1700	9.00	1	1		1	1		
	0830-1700	8.00	3	3	3	3	3		
	0930-1800	8.00	2	2	2	2	2	1.00	1.00

Additional Care Team	Members	San Carlo	T 1940 1				
Click here for Care Team Mem	ber definitio	ns					
Skills	Shift Coverage						
Okilia	Day	Evening	Night				
Clinical Director	X	X					
Clinical Nurse Educator	X	X					
IV Therapy Team	X	Х					
Rapid Response Team	X	X					
Respiratory Therapy Support	X	Х					
Clinical Pharmacist	X	Х					
Licensed Social Services / Case Management	X	Х					
Licensed Social Services / Case Management	X	Х					
Cardiac/Stroke Coordinator	Х						
Wound Ostomy RN	X						
Supervisor	X						

Target hours/CPT count	7.57
Additional Unit Information	on:
Other Team Members	
Inventory Specialist	

Skagit Valley Hospital, SRH Acute Care Outpatient Infusion 137 Hospital Licensed Beds

Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day:	15
Total # of Chairs/Beds:	6
Total II of Challer Dead.	(3 beds) (3 infusion chairs)

				Number of Staff					
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Day Shift (1st Shift)									
RN	6:45am-7:15pm	12.00	2	2	2	2	2	2	1 on call (for 4 hours)

Day S	Shift (1st Shift)	And the		THE STATE					
UA II	7am-5:30pm	10.00	1	1	1	1	1	1	1 on call (for 4 hours)

Other Team Members:

Plan / Budgeted Direct WHPPD	3.6
(Worked Hours Per Patient Day)	
(Worked Flours Fel Falletti Day)	
Additional Unit Information:	
	Control of the last of the las
Charge	

Additional Care			
Skills		Shift Coverag Evening	e Night
Clinical Manager	Х		
Regional Director	Х	CF LALE	435
IV Therapy Team	Х		
Rapid Response Team	Х		
Respiratory Therapy Support	Х		FAR
Nutritionist	Х	The same	
Pharmacist	Х		
Hospitalist / NP / PA	Х		

Skagit Valley Hospital, SRH Acute Care Medical and Pediatric Unit 137 Hospital Licensed Beds # of Beds: 31 Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day: 31

			Number of Staff							
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
			C. STEV	Day Shift						
RN	7am-7pm	12.00	8	8	8	8	8	8	8	
CNA	7am-7pm	12.00	4	4	4	4	4	4	4	
UA	7am-7pm	12.00	1	1	1	1	1	1	1	
			a Ora	Night Shif	t-Santa				HLE	
RN	7pm-7am	12.00	7	7	7	7	7	7	7	
					-					

	Night Shift										
RN	7pm-7am	12.00	7	7	7	7	7	7	7		
CNA	7pm-7am	12.00	3	3	3	3	3	3	3		
UA	7pm-7am	12.00	0	0	0	0	0	0	0		

Additional Care	Team M	embers	
Click here for Care Tea	am Membe	er definitions	
Skills		Shift Coverag	е
Okilia	Day	Evening	Night
Clinical Manager	Х		
Acute Care Director	X		
Clinical Nurse Educator	Х		
CNA	Х		X
Unit Assistant	Х		X
1:1 Sitter	Х		X
Resource Nurse		X	
IV Therapy Team	X	X	
Monitor Technician	Х		X
Assistant Nurse Manager	X		
Rapid Response Team	X		X
Respiratory Therapy Support	X		X
Nutritionist	Х		
Rehab Activities (OT, PT, Speech)	Х		
Clinical Pharmacist	Х		X
Management	X		
Wound Ostomy RN	Х		
Nurse Technician		Variable	

PCC patients 1:4 Pediatric respiratory patients 1:3/1:4 dayshift 1:4 nightshift Med-surg patients: 1:5 dayshift 1:6 nightshift Day shift charge 0-1 patients and NOC shift charge 0-3 patients Other Team Members:	Staffing adjusted for acuity as follows:
Med-surg patients: 1:5 dayshift 1:6 nightshift Day shift charge 0-1 patients and NOC shift charge 0-3 patients	
Day shift charge 0-1 patients and NOC shift charge 0-3 patients	Pediatric respiratory patients 1:3/1:4 dayshift 1:4 nightshif
Other Team Members:	Day shift charge 0-1 patients and NOC shift charge 0-3 patient
	Other Team Members:

11.2

Plan / Budgeted Direct WHPU

(Worked Hours Per Unit)

Skagit Valley Hospital, SRH Acute Care Orthopedic and Surgical Care 137 Hospital Licensed Beds # of Beds: 30 Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day:	30
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Plan / Budgeted Direct WHPU

10.7

		Number of Staff							
Direct Caregivers	Scheduled Hours	Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
			Day	Shift (1st	Shift)				
RN	7am-7pm	12.00	7	7	7	7	7	7	7
CNA	7am-7pm	12.00	4	4	4	4	4	4	4
UA	7:30am-8pm	12.00	1	1	1	1	1	1	1

			Night	Shift (3rd	Shift)				
RN	7pm-7am	12.00	6	6	6	6	6	6	6
CNA	7pm-7am	12.00	3	3	3	3	3	3	3

				(Worked Hours Per Unit)	10.7
Additional Care	e Team M	embers		Additional Unit Information:	
Click here for Care Te	eam Membe	er definitions		RN staffing adjusted for Chemotherapy 1:3/	:4
Skills		Shift Coverag	je	Med-surg patients: 1:5 dayshift 1:6 nightsh	ift
Skills	Day Evening Night			Staffing adjusted for Non-DKA insulin drips 1:4 on	all shifts
linical Manager	X			Day shift charge 0-1 patients and NOC shift charge 0-3	patients
ssistant Nurse Manager	X			Other Team Members:	
cute Care Director	X				
linical Nurse Educator	X				
	10.00				

Clinica Assist Acute Clinica C.N.A Unit Assistant Unit Clerical Support 1:1 Sitter X Resource Nurse IV Therapy Team Monitor Technician Rapid Response Team Respiratory Therapy Support X Nutritionist Rehab Activities (OT, PT, Speech) X Clinical Pharmacist Management Wound Ostomy RN Variable Nurse Technician

Skagit Valley Hospital, SRH Acute Care Progressive Care Unit 137 Hospital Licensed Beds # of PCC/CCU Beds: 31 Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day:	20***

			Number of Staff						
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	Day Shift (1st Shift)								
RN	7am-7pm	12.00	5	5	5	5	5	5	5
CNA	7am-7pm	12.00	3	3	3	3	3	3	3
UA	645am-515pm	10.00	1	1	1	1	1	1	1

	Night Shift (3rd Shift)								
RN	7pm-7am	12.00	5	5	5	5	5	5	5
CNA	7pm-7am	12.00	2	2	2	2	2	2	2
UA	5pm-0130am	8.00	1	1	1	1	1	1	1

Plan / Budgeted Direct WHPU	12.312	
(Worked Hours Per Unit)	12.312	

Additional Care	Team M	embers					
Click here for Care Te	am Membe	r definitions					
Skills	Shift Coverage						
OKIIIS	Day	Evening	ning Night				
Clinical Manager	Х						
Acute Care Director	X						
Assistant Nurse Manager	Х						
Clinical Nurse Educator	Х						
C.N.A.	X		X				
Unit Assistant	Х		X				
1:1 Sitter	Х		X				
Resource Nurse		Х					
IV Therapy Team	Х	X					
Monitor Technician	X		X				
Rapid Response Team	Х		X				
Respiratory Therapy Support	Х		X				
Nutritionist	X						
Rehab Activities (OT, PT, Speech)	Х						
Clinical Pharmacist	X		X				
Management	X						
Wound Ostomy	Х						
Nurse Technician		Variable					

	Additional Unit Information:
Staffi	ng adjusted for high acuity of patients 1:3
	Charge RN supports PCC and CCU
	UA is supporting CCU and PCC together
	Other Team Members:
NY STATE OF STREET	
Clinical Mar	nager and Assistant Nurse Manager shared with
	PCC and CCU

*** Due to the combined unit model PCC & CCU Census and staffing of each unit varies due to the acuity of the patient.

There are many variables to consider in establishing safe,

Skagit Valley Hospital, SRH Acute Care Critical Care Unit 137 Hospital Licensed Beds # of PCC/CCU Beds: 31 Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

verage Number of Patients Per Day: 10***
--

			Number of Staff					7	
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	Day Shift (1st Shift)								
RN	7am-7pm	12.00	6	6	6	6	6	6	6
UA	645am-515pm	10.00	1	1	1	1	1	1	1

	Night Shift (3rd Shift)								
RN	7pm-7am	12.00	6	6	6	6	6	6	6
UA	5pm-0130am	8.00	1	1	1	1	1	1	1

Additional Care	Team Me	embers					
Click here for Care Te	am Membe	r definitions					
Skills	Shift Coverage Day Evening Night						
Clinical Manager	X		J				
Acute Care Director	Х						
Assistant Nurse Manager	Х						
Clinical Nurse Educator	Х						
C.N.A.	Х		X				
Unit Assistant	Х		X				
Resource Nurse		Х					
IV Therapy Team	Х	Х					
Monitor Technician	Х		X				
Rapid Response Team	Х		X				
Respiratory Therapy Support	Х		Х				
Nutritionist	Х						
Rehab Activities (OT, PT, Speech)	Х						
Clinical Pharmacist	Х		Х				
Management	Х						
Wound Ostomy RN	Х						
Nurse Technician		Variable					

(Worked Hours Per Unit)	21.0174
Additional Unit Information	on:
Staffing adjusted for acuity of pa	atients 1:1
Charge RN and UA support for both	PCC and CCU

21.0174

Other Team Members:	
Clinical Manager and Assistant Nurse Manager shared	
between PCC and CCU	

*** Due to the combined unit model PCC & CCU Census and staffing of each unit varies due to the acuity of the patient.

Plan / Budgeted Direct WHPU

Skagit Valley Hospital, SRH Acute Care Medical and Observational Care 137 Hospital Licensed Beds # of Beds: 28 Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day: 23

			Number of Staff						
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		Day Shift (1st Shift)							
RN	7am-7pm	12.00	6	6	6	6	6	6	6
CNA	7am-7pm	12.00	3	3	3	3	3	3	3
UA II	7am-7pm	12.00	1	1	1	1	1	1	1

	Night Shift (3rd Shift)								
RN	7pm-7am	12.00	5	5	5	5	5	5	5
CNA	7pm-7am	12.00	2	2	2	2	2	2	2

Click here for Care Tea	m Member	definitions					
Skills	Shift Coverage						
Onno	Day		Night				
Clinical Manager	Х						
Acute Care Director	Х						
Resource Nurse		X					
Clinical Nurse Educator	X	48-16					
Unit Assistant	Х						
Monitor Technician	Х		X				
Rapid Response Team	X	BALLEY.					
Respiratory Therapy Support	Х		X				
Nutritionist	Х	RET					
Rehab Activities (OT, PT, Speech)	Х						
Clinical Pharmacist	X						
Management	Х						
Wound Ostomy RN	Х						
Nurse Technician	Variable						

	Additional Unit Information:
	Staffing adjusted for acuity as follows:
	PCC patients 1:4
	Med-surg patients: 1:5 day shift 1:6 NOC shift
	Non-DKA insulin drips 1:4 on all shifts
Charge	e RN pt load varies per census and staffing between 1 & 5
	Other Team Members:

11.25

Plan / Budgeted Direct WHPPD

(Worked Hours Per Patient Day)

There are many variables to consider in establishing safe, efficiently staffed hospital units. Patient care units differ based upon the types of patients cared for on a given unit, and the why in which care is organized and delivered there. Education and experience levels of unit staff, support from nurse educators and nurse managers also factor into unit staffing decisions, as does the unique characteristics and mission of the hospital.

Our strategy to make sure Meal and Rest periods are being offered and taken is by ensuring Mid-Shift Huddles (MSH) are happening at a minimum of two (2) times per twenty-four (24) hour period. The leaders of the MSH will ensure lunches and breaks are discussed and coverage is determined.

Skagit Valley Hospital, SRH Acute Care *Wound Healing* 137 Hospital Licensed Beds

Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day:	24

		Number of Staff							
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	Day Shift (8 hours)								
RN	On Call 8:30pm 4:30 pm	8.00	0	1	0	1	0	0	0

Additional Care Team Members					
Click here for Care	Team Membe	er definitions			
Skills		Shift Coverag	е		
Okilia	Day	Day Evening			
Clinical Manager	X				
Staff Educator					
Clinical Nurse Specialist					
C.N.A.	X				
Unit Assistant					

1717	Ac	Iditional U	Jnit Inform	ation:	
		Other Te	am Memb	ers:	

1.37

Plan / Budgeted Direct WHPPD

Skagit Valley Hospital, SRH Acute Care Mental Health Center 137 Hospital Licensed Beds # of Beds: 15 Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day:	13

Avg Available Hours per shift

24.00

12.00

24.00

12.00

72.00

2.00

1.00

2.00

1.00

		Number of Staff							
irect Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
			Day	Shift (1st	Shift)	61665			
RN	7am-7pm	12.00	2	2	2	2	2	2	2
МНА	7am-7:30pm	12.00	1	1	1	1	1	1	1
МНА	9am-9:30pm	12.00	1	1	1	1	1	1	1
			Night	Shift (3rd	Shift)				JE 5 5 1
RN	7pm-7am	12.00	2	2	2	2	2	2	2
МНА	7pm-7:30am	12.00	1	1	1	1	1	1	1
	1	_							

Plan / Budgeted Direct WHPPD (Worked Hours Per Patient Day)	8.99
Additional Unit Information:	

Additional Care	Team M	embers				
Click here for Care Tea	am Membe	r definitions				
Skills	Shift Coverage Day Evening Nig					
Manager	X					
Regional Director	X					
Clinical Nurse Educator	X	5 7 6				
Unit Assistant	X					
1:1 Sitter	Х		X			
Management	Х					
Recreation / Milieu Therapist	Х					
Mental Health Assistant	Х		X			
Court Liason	Х					

1:1 Sitters are as needed, but can be used anytime in a 24 hour
Other Team Members:
Public Defender and Prosecutor 3 times a week

Skagit Valley Hospital, SRH Acute Care Hospital Diagnostic Imaging
137 Hospital Licensed Beds

Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Average Number of Patients Per Day:	7

					Nu	mber of S	taff		
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
			Day	Shift (8 h	ours)				
RN	7:30am-4:00pm	8.00	1	1	1	1	1	0	0

1.1111 1.0						
Additional Care						
Click here for Care Te						
Skills	Shift Coverage					
	Day	Evening	Night			
Clinical Manager	X					
Staff Educator						
Clinical Nurse Specialist						
C.N.A.		ļI				
Unit Assistant						
Unit Clerical Support						
1:1 Sitter						
Admissions Nurse						
Patient Transport Team	X					
IV Therapy Team	X					
Monitor Technician						
Rapid Response Team	X					
Respiratory Therapy Support	X					
Nutritionist						
Rehab Activities (OT, PT, Speech)						
Clinical Pharmacist	X					
Licensed Social Services / Case						
Management						
Wound Ostomy RN	X					
Hospitalist / NP / PA						
Intensivist / Neonatologist						
Nursing Student						
Recreation / Milieu Therapist						
Intern / Resident						
Other						
Patient Care Technician						
Bio-Med Technician						

1.1429
Sever Section
ecial Observation

Plan / Budgeted Direct WHPPD

There are many variables to consider in establishing safe, efficiently staffed hospital units. Patient care units differ based upon the types of patients cared for on a given unit, and the why in which care is organized and delivered there. Education and experience levels of unit staff, support from nurse educators and nurse managers also factor into unit staffing decisions, as does the unique characteristics and mission of the hospital. RN Meal and Rest breaks do not impede patient care in this specific department setting.

Skagit Valley Hospital, SRH Acute Care Hospital Kidney Care 137 Hospital Licensed Beds

Date of Services Budgeted: FY 2023

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

9

			1		Nu	imber of S	taff	25/205			
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		
	Day Shift (12 hours)										
RN	7am-7:30pm	12.00	1	1	1	1	1	1	0		
		DAFFE E	Day	Shift (8 h	ours)						
RN	8:30am-5:00pm	8.00	1	1	1	1	1	1	0		
Ì				On Call							
RN	8:30am-5:00pm	8	0	0	0	0	0	1	0		
RN	7am-10pm	15.00	0	0	0	0	0	0	1		
RN	7:30pm-10pm	2.50	1	1	1	1	1	1	0		

				(Worked Hours Per Patient Day)
Additional Care	Team Me	embers		Additional Unit Information:
Click here for Care Te	am Membe	er definitions		Hours of service 0700-2200 7days/week
Skills Shift Coverage Day Evening Night		je	12 hr day shift RN oncall from 7:30pm-10pm M-Sat Sunday shift i	
		Night	Additional shift coverage PRN with Per Diem staff due to	
Clinical Manager	X			fluctuating volumes.
Staff Educator	X			Other Team Members:
Rapid Response Team	Х	Х	X	Bio-med services all hemodialysis and RO machines including
Respiratory Therapy Support	Х	Х	X	Monthly disinfect, water culture collection and preventative
Nutritionist	X	X	X	maintenance.
Clinical Pharmacist	X	Х	Х	
Patient Care Technician	Х			
Bio-Med Technician	X			
				There are many variables to consider in establishing safe,

and coverage is determined.

Plan / Budgeted Direct WHPPD

8.5

Skagit Valley Hospital, SRH IV Therapy 137 Hospital Licensed Beds

Date of Services Budgeted: FY 2023

Patient Population:	Adult/ Pediatric / Neonatal
Types of Services Provided:	Vascular Access
Average Daily Procedure Volume:	25 -35 Encounters
Average Monthly Volume:	410 (YTD 2021)

0.8997

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

					Nu	mber of S	taff	u Treat	F1 F 7		
Direct Caregivers	Scheduled Hours	Shift Length	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		
	Day Shift (1st Shift)										
RN	5:30am-2pm	8.00	1	1	1	1	1	0	0		
			Evenin	g Shift (2r	nd Shift)	2,650	per es				
RN	8am-6:30pm	10.00	1	1	1	1	1	1	1		
			Night	Shift (3rd	Shift)				(5.5.)		
RN	12pm-10:30pm	10.00	1	1	1	1	1	1	1		

Additional Care	Team Me	embers	
Click here for Care Te	am Membe	er definitions	
Skills Shift Coverage			
Skills	Day	Evening	Night
nical Manager	Х		
I.A.	Х	Х	
oid Response Team	Х	X	
spiratory Therapy Support	X	X	
test Discourse test	V		

Additional Care	leam M	embers					
Click here for Care Te	am Membe	er definitions					
Skills	Shift Coverage						
OKIIIO	Day	Evening	Night				
Clinical Manager	Х						
C.N.A.	Х	X					
Rapid Response Team	Х	X					
Respiratory Therapy Support	Х	X					
Clinical Pharmacist	Х	X					
Management	Х	X					
Wound Ostomy RN	Х						
Hospitalist / NP / PA	Х	X					
Intensivist / Neonatologist	Х	X					

There are many variables to consider in establishing safe, efficiently staffed hospital units. Patient care units differ based upon the types of patients cared for on a given unit, and the why in which care is organized and delivered there. Education and experience levels of unit staff, support from nurse educators and nurse managers also factor into unit staffing decisions, as does the unique characteristics and mission of the hospital. Our strategy to make sure Meal and Rest periods are being offered and taken is by ensuring report is happening at the begining of every shift. The leader/Charge Nurse of report will ensure lunches and breaks are discussed and coverage is determined.

Plan / Budgeted Direct WHPU (Worked Hours Per Unit)

Skagit Regional Clinics, SRC Cardiology Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adults
Types of Services Provided:	Outpatient Cardiology Care
Speciality Services:	Outpatient Cardiology Care
Average Daily Visit Volume:	150

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	7	7	7	7	7	Closed
Medical Assistant	Closed	8	8	8	8	8	Closed

Skagit Regional Clinics, SRC Cardiology Clinic Anacortes

Date of Services Budgeted: 2023

Patient Population:	Adults
Types of Services Provided:	Outpatient Cardiology Care
Speciality Services:	Outpatient Cardiology Care
Average Daily Visit Volume:	25

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	0	0	1	1	0	Closed
Medical Assistant	Closed	2	2	2	2	2	Closed

Skagit Regional Clinics, SRC Cardiology Clinic Arlington

Date of Services Budgeted: 2023

Patient Population: Adults
Types of Services Provided: Outpatient Cardiology Care
Speciality Services: Outpatient Cardiology Care
Average Daily Visit Volume: 20

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

	During Operating Hours						
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	0	1	1	1	0	Closed
Medical Assistant	Closed	2	2	2	2	2	Closed

Skagit Regional Clinics, SRC Endocrinology Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adult
Types of Services Provided:	Endocrinology
Speciality Services:	Endocrinology
Average Daily Visit Volume:	25

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		During Operating Hours					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	2	2	2	2	1	Closed
Medical Assistant	Closed	2	2	2	2	1	Closed

Skagit Regional Clinics, SRC Neurology Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adults	
Types of Services Provided:	Neurology	
Speciality Services:	Neurology	
Average Daily Visit Volume:	35	

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	2	2	2	1	Closed
Medical Assistant	Closed	3	4	3	4	2	Closed

Pulmonology Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adults
Types of Services Provided:	Pulmonology
Speciality Services:	Pulmonology
Average Daily Visit Volume:	15

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
RN	Closed	1	1	1	1	1	Closed	
Medical Assistant	Closed	1	1	1	1	1	Closed	

Nephrology Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adults
Types of Services Provided:	Nephrology
Speciality Services:	Nephrology
Average Daily Visit Volume:	15

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	1	Closed
Medical Assistant	Closed	2	2	2	2	2	Closed

Skagit Regional Clinics, SRC Dermatology Clinic Riverbend

Date of Services Budgeted: 2023

Patient Population:	Adult
Types of Services Provided:	Dermatology
Speciality Services:	Dermatology
Average Daily Visit Volume:	80

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	0	Closed
Medical Assistant	Closed	6	6	6	6	6	Closed

Rheumatology Clinic Riverbend

Date of Services Budgeted: 2023

Patient Population:	Adult
Types of Services Provided:	Rheumatology
Speciality Services:	Rheumatology
Average Daily Visit Volume:	25

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	0	1	1	1	1	Closed
Medical Assistant	Closed	4	4	4	4	4	Closed

Orthopedics Clinic Riverbend

Date of Services Budgeted: 2023

Patient Population:	Adults
Types of Services Provided:	Orthopedics
Speciality Services:	Orthopedics
Average Daily Visit Volume:	140

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	4	6	5	5	4	Closed
Medical Assistant	Closed	17	17	17	17	17	Closed

Orthopedics Clinic Smokey Point

Date of Services Budgeted: 2023

Patient Population:	Adult
Types of Services Provided:	Orthopedics
Speciality Services:	Orthopedics
Average Daily Visit Volume:	45

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	1	Closed
Medical Assistant	Closed	5	5	4	4	5	Closed

Skagit Regional Clinics, SRC Urology Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adult
Types of Services Provided:	Urology
Speciality Services:	Urology
Average Daily Visit Volume:	70

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	5	6	7	6	5	Closed
Medical Assistant	Closed	4	2	4	2	4	Closed

Skagit Regional Clinics, SRC Urology Clinic Oak Harbor

Date of Services Budgeted: 2023

Patient Population:	Adult
Types of Services Provided:	Urology
Speciality Services:	Urology
Average Daily Visit Volume:	35

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	Closed	1	Closed	1	Closed	Closed
Medical Assistant	Closed	Closed	2	Closed	2	Closed	Closed

General Surgery Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adult
Types of Services Provided:	Pre-Post Surgery
Speciality Services:	Pre-Post Surgery
Average Daily Visit Volume:	40

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			Dur	ing Operating I	Hours		
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	2	1	2	2	Closed
Medical Assistant	Closed	7	7	5	6	6	Closed

Skagit Regional Clinics, SRC Gastroenterology Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adult
Types of Services Provided:	GI
Speciality Services:	GI
Average Daily Visit Volume:	45

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	2	3	2	3	2	Closed
Medical Assistant	Closed	4	7	6	6	3	Closed

ENT and Allergy Clinic Mt Vernon 12th St

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatric
Types of Services Provided:	ENT
Speciality Services:	ENT
Average Daily Visit Volume:	70

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		During Operating Hours					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	5	5	5	4	1	Closed
Medical Assistant	Closed	2	2	1	2	1	Closed

ENT and Allergy Clinic Mt Vernon Division St

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatric
Types of Services Provided:	ENT
Speciality Services:	ENT
Average Daily Visit Volume:	40

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			Dur	ing Operating I	Hours		
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	1	Closed
Medical Assistant	Closed	2	3	3	3	2	Closed

ENT and Allergy Clinic Anacortes

Date of Services Budgeted: 2023

Patient Population:	Adults/Pediatric
Types of Services Provided:	ENT
Speciality Services:	ENT
Average Daily Visit Volume:	30

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	0	0	1	0	Closed	Closed
Medical Assistant	Closed	1	2	1	1	Closed	Closed

Skagit Regional Clinics, SRC Podiatry Clinic Mt Vernon

Date of Services Budgeted: 2023

Patient Population:	Adults
Types of Services Provided:	Podiatry
Speciality Services:	Podiatry
Average Daily Visit Volume:	45

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			Dur	ing Operating I	Hours		
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	0	1	1	Closed
Medical Assistant	Closed	4	4	4	4	4	Closed

Skagit Regional Clinics, SRC GME Residency Family Medicine Clinic

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatrics
Types of Services Provided:	General Care
Speciality Services:	General Care
Average Daily Visit Volume:	60

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			Dur	ing Operating I	Hours		
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	1	Closed
Medical Assistant	Closed	5	5	5	5	5	Closed

Skagit Regional Clinics, SRC GME Residency Internal Medicine Clinic

Date of Services Budgeted: 2023

Patient Population:	Adults
Types of Services Provided:	Adult Care
Speciality Services:	Adult Care
Average Daily Visit Volume:	75

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	1	Closed
Medical Assistant	Closed	6	6	6	6	6	Closed

MV Family Medicine North Clinic

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatric
Types of Services Provided:	General Care
Speciality Services:	General Care
Average Daily Visit Volume:	80

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		E BER	During Operating Hours					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
RN	Closed	2	2	2	2	2	Closed	
Medical Assistant	Closed	9	9	9	9	9	Closed	

Skagit Regional Clinics, SRC MV Family Medicine South Clinic

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatrics
Types of Services Provided:	General Care
Speciality Services:	General Care
Average Daily Visit Volume:	40

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		During Operating Hours					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	1	Closed
Medical Assistant	Closed	4	4	4	4	4	Closed

Skagit Regional Clinics, SRC Station Square Family Medicine Clinic

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatric
Types of Services Provided:	General Care
Speciality Services:	General Care
Average Daily Visit Volume:	60

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		Re I he					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	3	3	3	3	3	Closed
Medical Assistant	Closed	10	10	10	10	10	Closed

Skagit Regional Clinics, SRC Division Street Internal Medicine

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatric
Types of Services Provided:	General Care
Speciality Services:	General Care
Average Daily Visit Volume:	60

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		Project S	During Operating Hours						
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
RN	Closed	1	1	1	1	1	Closed		
Medical Assistant	Closed	3	3	3	3	3	Closed		

Skagit Regional Clinics, SRC Stanwood Family Medicine Clinic

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatrics
Types of Services Provided:	General Care
Speciality Services:	General Care
Average Daily Visit Volume:	65

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		During Operating Hours					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	2	2	2	2	2	Closed
Medical Assistant	Closed	4	5	6	5	4	Closed

Skagit Regional Clinics, SRC Camano Island Family Medicine Clinic

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatrics
Types of Services Provided:	General Care
Speciality Services:	General Care
Average Daily Visit Volume:	30

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		ST. Frank					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	1	Closed
Medical Assistant	Closed	2	3	3	3	3	Closed

Granite Falls Family Medicine Clinic

Date of Services Budgeted: 2023

Patient Population:	Adults/Pediatrics
Types of Services Provided:	Adults/Pediatrics
Speciality Services:	Adults/Pediatrics
Average Daily Visit Volume:	20

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	0	0	1	0	0	Closed
Medical Assistant	Closed	2	2	2	2	2	Closed

Smokey Point Family Medicine Clinic

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatrics
Types of Services Provided:	General Care
Speciality Services:	General Care
Average Daily Visit Volume:	90

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		During Operating Hours					
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	1	1	1	Closed
Medical Assistant	Closed	9	9	9	9	9	Closed

Skagit Regional Clinics, SRC Women's Health Clinic MV

Date of Services Budgeted: 2023

Patient Population:	Adults
Types of Services Provided:	Women's Health
Speciality Services:	Women's Health
Average Daily Visit Volume:	35

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

	During Operating Hours						
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	2	2	2	2	2	Closed
Medical Assistant	Closed	4	4	4	4	4	Closed

Pediatrics Clinic Riverbend

Date of Services Budgeted: 2023

Patient Population:	Pediatric
Types of Services Provided:	Pediatric Care
Speciality Services:	Pediatric Care
Average Daily Visit Volume:	80

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			During Operating Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	2	1	1	1
Medical Assistant	Closed	4	7	7	7	4	1

Pediatric Clinic Arlington

Date of Services Budgeted: 2023

Patient Population:	Pediatrics
Types of Services Provided:	Pediatrics
Speciality Services:	Pediatrics
Average Daily Visit Volume:	35

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		ing Operating H	Hours				
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	Closed	1	1	0	1	1	Closed
Medical Assistant	Closed	1	1	1	1	1	Closed

Urgent Care Clinic Station Square

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatric
Types of Services Provided:	Urgent Care
Speciality Services:	Urgent Care
Average Daily Visit Volume:	70

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			Dur	ing Operating I	Hours		
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	2	2	2	2	2	2	2
Medical Assistant	2	2	2	2	2	2	2

There are many variables to consider in establishing safe, and efficiently staffed clinic settings. Patient care in our clinics differ based upon the types of patients cared for, and the why in which care is organized and delivered, as well as the unique characteristics and mission of our organization. Our strategy is to make sure meal and rest periods are being offered and taken by assisting staff with proactively scheduling these breaks. Staffing variability is at times impacted by availability of staff, during such times the organization will work diligently and pursue all available staffing options to ensure a safe and efficient work environment. RN meal and rest breaks do not impede patient care in the clinic setting. Based on the number of providers scheduled, number of LPN, MA, MA-Rs will increase.

Urgent Care Clinic Riverbend

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatric
Types of Services Provided:	Urgent Care
Speciality Services:	Urgent Care
Average Daily Visit Volume:	85

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

		Cik Lake	Dur	ing Operating I	Hours		
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	2	2	2	2	2	2	2
Medical Assistant	2	2	2	2	2	2	2

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Skagit Regional Clinics, SRC Urgent Care Clinic Smokey Point

Date of Services Budgeted: 2023

Patient Population:	Adult/Pediatric
Types of Services Provided:	Urgent Care
Speciality Services:	Urgent Care
Average Daily Visit Volume:	75

A well-staffed unit is not only defined by the number of caregivers included in a team, but by the carefully chosen members of each team depending upon the needs of each patient and the unit overall.

			D	THE RESERVED			
Direct Caregivers	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RN	2	2	2	2	2	2	2
Medical Assistant	2	2	2	2	2	2	2

There are many variables to consider in establishing safe, and efficiently staffed clinic settings.
Patient care in our clinics differ based upon the types of patients cared for, and the why in which care is organized and delivered, as well as the unique characteristics and mission of our organization. Our strategy is to make sure meal and rest periods are being offered and taken by assisting staff with proactively scheduling these breaks. Staffing variability is at times impacted by availability of staff; during such times the organization will work diligently and pursue all available staffing options to ensure a safe and efficient work environment. RN meal and rest breaks do not impede patient care in the clinic setting. Based on the number of providers scheduled, number of LPN, MA, MA-Rs will increase. increase.