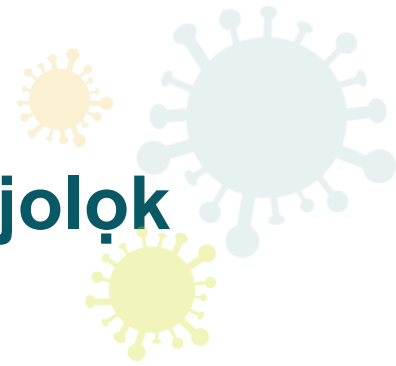


Ta in Uno ko kwōj idāāk ñan jolōk baerōj?



Uno ko rej jibāñ juon armij ej nañinmej in COVID-19 bwe en eman lak an mour.

Ñe kwōj pād ilo kauwōtata in COVID-19 im emōj an alikkar am teej ñan COVID-19 iumin raan ko 5 eliktata, kwōmāroñ aikuj in lõmṅak in ebbōk uno ko kwōj idāāk ñan jolōk baerōj. Ruo uno rej bellōk: [Paxlovid™](#) (Pfizer) im [legeviro](#) (Merck). Kwōmāroñ in tōprak ñan juon ian uno in COVID-19 kein ekkar ñan jete am yiiō, ejmour eo am, im joñan to in an pād kakōļle ko ippam.

Uno eo kwōj idāāk ñan jolōk baerōj ej jibāñ enbwinnim irre COVID-19 ilo an kabōkrak SARS-CoV-2 baerōj (baerōj eo ej kōmman COVID-19) jen an laplak ilo enbwinnim, kadiklak joñan baerōj eo ilowaan enbwinnim, ak irre ippān ejmour eo am. Ilo am ebbōk uno, kwōmāroñ kadiklak kakōļle ko relap im emāroñ kadiklak an nañinmej eo laplak im jen am nej aikuj jibāñ ilowaan oḗpitōl.

• ELMEN AŌ BŌK UNO IN JOLŌK BAERŌJ?

Bōk uno in idāāk ñan jolōk baerōj eo ej melelein kwōnij idāāk uno. Kwōj aikuj in bōk uno eo kwōj idāāk ñan jolōk baerōj āinwōt an jikin taktō eo am ba. Jab jolōk juon kōttaan ak bōk elaplōk ñe kwōjjab tōbar juon. Kwōj aikuj in loore wāwein in bōk uno eo āinwōt an mōj kōmmeļeļe ñan ñe ejemlōk ak ñan ñe jikin taktō eo am enij ba bōkrak. Uno eo kwōj idāāk im ej jolōk baerōj emāroñ in bōk ippān ak ippān an ejelōk mōñā im ej rōjañ bwe kwōn bōke uno eo ilo aolep, im jab kōmman bwe en jimetan ak katipdikdiki.

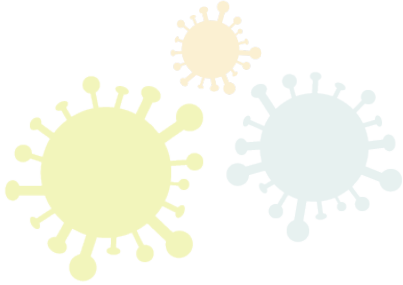
• ÑE EWŌR AŌ NAÑINMEJ KO JET ILO KIDNEY AK AJ EO AŌ?

Mokta jān am bōk jābdewōt uno, kwōj aikuj in kōnnaan kin ejmour eo am ippān jikin taktō eo am. Ej kōba ippan kwalok ñan ir kin jābdewōt nañinmej ewōr am im uno ko kwōj bōke, uno ko jet, uno ko jen ion counter, vitamin, im men ko jet kwōj bōke.

Armij ro ewōr aer nañinmej in kidney ak aj rej aikuj in kōnnaan ippān jikin taktō eo aer kake wāwein ejmour eo mokta jān bōke uno in idāāk ñan jolōk baerōj eo. Jikin taktō eo am emāroñ in kelet ñe juon uno in idāāk ñan jolōk baerōj ej jimwe ñan eok im ñe ejimwe joñan eo kwōj idāake. Jet uno ko remāroñ in jab rōjañ ñan armij ro ewōr aer wāwein.

• AK ÑE IJJAB MĀROÑ IN TŌPRAK ÑAN UNO EO EJ JOLŌK BAERŌJ?

Jikin taktō eo emāroñ kelet ñe kwōjjab māroñ in tōprak ñan uno eo kwōj idāāk ñan jolōk baerōj im ejjab jimwe ñan eok. Emāroñ wōr elōñ unin ko ñan men in. Kwōmāroñ in jab tōbar aolep aikuj ko, emāroñ in wōr am nañinmej im emāroñ jab eman ñan aolep uno. Kōnnaanōk kin uno ko remman ñan eok ippān jikin taktō eo am.



DOH 825-029 May 2022 Marshallese

Ñan kajitōk pepa in ilo juon bar wāwein, kūrloḵ 1-800-525-0127. Ro rejarroñroñ, jouj im kurloḵ 711 (Washington Relay) ak email <mailto:ecivil.rights@doh.wa.gov>.