

Nurse Staffing Plan

COVER PAGE

The following is the nurse staffing plan for Providence Centralia Hospital, submitted to the Washington State Department of Health in accordance with Revised Code of Washington 70.41.420.

I, the undersigned with responsibility for Providence Centralia Hospital, attest that the attached staffing plan was developed in accordance with RCW 70.41.420 for 2023 and includes all units covered under our hospital license under RCW 70.41.

This plan was developed with consideration given to the following elements:

- Census, including total numbers of patients on the unit on each shift and activity such as patient discharges, admissions, and transfers
- Level of intensity of all patients and nature of the care to be delivered on each shift
- Skill mix
- Level of experience and specialty certification or training of nursing personnel providing care
- The need for specialized or intensive equipment
- The architecture and geography of the patient care unit, including but not limited to placement of patient rooms, treatment areas, nursing stations, medication preparation areas, and equipment
- Staffing guidelines adopted or published by national nursing professional associations, specialty nursing organizations, and other health professional organizations
- Availability of other personnel supporting nursing services on the patient care unit; and
- Strategies to enable registered nurses to take meal and rest breaks as required by law or the terms of an applicable collective bargaining agreement, if any, between the hospital and a representative of the nursing staff.

This staffing plan was adopted by the hospital on: 12.7.2022

As approved by Darin Goss, Chief Executive



Darin Goss, MPH, FACHE

Chief Executive
South Puget Sound
Providence Swedish

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Pursuant to the Nurse Staffing Law (Patient Safety Act. HB 1714), the following is provided to meet the regulatory compliance standard.

1. Matrix by Unit and Shift
2. Chief Executive Attestation Form

Please reach out to me if there are any questions, clarifications, or concerns. I am happy to respond and provide clarification as to the staffing plan for Providence Centralia Hospital.



Date: 12/20/2022

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Nurse Staffing Plan Scope: Hospital Units (IP / OP)

The following areas of the hospital are covered by the nurse staffing plan:

- Medical South
- Medical East
- Surgical
- Progressive Care Unit
- Critical Care Unit
- Emergency Department
- Family Birth Center
- Operating Room
- PACU
- Endoscopy
- Outpatient Surgery
- Providence Regional Cancer Center (PRCS)

Medical South

27 bed unit providing care 24/7/365

Provides general medical services for adult patients. Diagnoses include: Covid, chronic obstructive pulmonary disease, diabetes, heart failure, gastrointestinal disorders, alcohol withdrawal, cellulitis, kidney disease and other co-morbid medical conditions requiring hospitalization.

In general, RNs on the unit are assigned 4-7 patients.

Census	Day			Night	
	RN	CNA	HUC	RN	CNA
27	8	2	1	5	4

Medical East

21 bed unit providing care 24/7/365.

Provides general medical services for stable adult patients who need inpatient care as well as long-length-of-stay patients that do not meet medical necessity for acute hospitalization.

In general, RNs on the unit are assigned 6-8 patients

Census	Day		Night	
	RN	CNA	RN	CNA
21	3	2	3	2

Surgical

21 bed unit providing care 24/7/365

Provides general medical/surgical services for adults and stable surgical pediatrics over the age of 5. Primarily postoperative care for orthopedic, urologic, gastrointestinal, gynecological and podiatry surgeries.

In general, RNs on the unit are assigned 4-5 patients

Census	Day			Night	
	RN	CNA	HUC	RN	CNA
21	5	1	1	5	1

Progressive Care Unit

27 bed unit providing care 24/7/365

Provides general medical/surgical/telemetry services for adults. Diagnoses include dysrhythmias, mild hemodynamic instability, R/O and stable MI, neurologic and metabolic disorders.

In general, RNs on the unit are assigned 3-5 patients

Census	Day			Night	
	RN	CNA	HUC	RN	CNA
27	10	1	1	9	2

Critical Care Unit

6 bed unit providing care 24/7/365

Provides general medical/surgical/telemetry care for the critically ill adult. Diagnoses include hemodynamic instability, cardiac ischemic events, metabolic and neurologic disorders, and respiratory compromise. This unit is supported Telemedicine. Intensivists and CCU RNs are available 24/7 for consult.

In general, RNs on the unit are assigned 1-2 patients

Census	Day		Night	
	RN	HUC	RN	HUC
6	3	1	3	1

Emergency Department

22 bed and 12 hallway bed unit providing care 24/7/365

Provides comprehensive emergency care as well as Level IV trauma services to patients of all ages. Patients range from non-urgent to critical, and are either discharged home, admitted to an inpatient unit, or transferred to another facility based upon the specific need of the patient.

RNs typically provide care for 3-4 patients based upon acuity and progression of their care.

- 1:1 typically reflects unstable patients requiring multisystem support and complex critical care
- 1:1-2 typically reflects patients requiring intensive care
- 1:2-3 typically reflects patients requiring immediate care
- 1:4-6 typically reflects patients whose initial work-up has been completed and are awaiting disposition

RN staff are supplemented by Techs, CNAs and Phlebotomists who assist with procedures, phlebotomy, casts/splints and other duties. Sitters are also utilized for close observation of patients requiring extra safety measures.

Care is provided to patients following Emergency Nurses Association Scope and Standards for Emergency Nursing Practice.

Day			Eve		Night		
RN	LPN/Tech	HUC	RN	LPN/Tech	RN	LPN/Tech	HUC
7	2	1	14	3-4	9	1	1

Family Birth Center

10 bed unit and 1 OR providing care 24/7/365

Provides antepartum, intrapartum and postpartum care for pregnant patients. Newborns room in with mother for normal newborn care.

Staffing guidelines and patient care are based upon Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) guidelines.

In general, RNs on the unit are assigned 1-3 patients for stable antepartum, 1-2 patients for intrapartum and 3-4 couplets for Postpartum.

Census	Day			Night		
	RN	ST	HUC	RN	ST	HUC
10	4	1	1	3	1	0

Operating Room

4 Operating Rooms providing care 24/7/365

Provides general surgical services to adults and pediatrics patients who meet certain criteria.

Regular hours of operation: M-F 7:45a-5:30p

Urgent/emergent services are provided by call team members during all non-staffed hours and holidays.

Daily core staffing is based upon the surgery schedule. Each scheduled room will have 1 RN as circulator, 1 RN or ST as a scrub. Additional core staff include RN team leader, surgery aides.

Staffing guidelines and patient care are based upon AORN's Guidelines for Perioperative Practice

Staff per OR	RN	RN or ST
	1	1

Post Anesthesia Care Unit

4 bay unit providing care 24/7/365

Provides Phase 1 recovery services to patients requiring this level of care after surgery or procedure.

Regular hours of operation: M-F 7:45a-5:30p

Call team members are available during all non-staffed hours and holidays.

Staffing guidelines and patient care are based on ASPAN Perianesthesia Nursing Standards.

In general, RNs typically provide care for 1-3 patients.

Census	Charge RN	PACU RN
4	1	3
3	1	2
2	1	1
1	1	1

Endoscopy

This unit supports 3 endo rooms providing care 24/7/365

Regular hours of operation: M - F 7a-5p

Urgent/emergent services are provided by call team members during all non-staffed hours and holidays.

Care is provided to patients following the SGNA (Society of Gastroenterology Nurses and Associates) Standards of Practice.

Staff per endo room	RN	Tech
	1	1

Ambulatory Care Unit (ACU)

6 bed unit

Provides general outpatient care. Provides prep and Phase 2 recovery services for the OR, as well as infusion services and pain services.

In general, RNs on the unit are assigned 1-3 patients

Census	Day
	RN
13-15	5
10-12	4
7-9	3
4-6	2
2-3	1

Providence Regional Cancer Center (PRCS)

3 clinic sites (Aberdeen, Centralia, Lacey) providing care for the ambulatory outpatient. Provides prescribed chemotherapy, biologics, immunotherapy, and associated support services for adult patients.

Regular hours of operation: M-F 7:30a-5:00p

Staffing guidelines and patient care are based upon Oncology Nursing Society guidelines

In general, RNs care for 1-5 patients, depending on acuity and treatment type.

Clinic	Capacity		Daily Core Staffing	
	Chairs	Beds	RN	CNA
Aberdeen	11	1	4-5	0
Centralia	17	4	4-5	1
Lacey	25	1	8-10	1-2