

Ej ekkā an juōn armij wōr an abnōnō kin wāwein an wā ko an COVID-19 māroñjelete ejmour eo an ribelele. Centers for Disease Control and Prevention (CDC, Jikin Kantūrol Nañinmej Im Bobrae) ej rōjañ wā ko an COVID-19 ñan aolep ro 6 allōñ im rittolak, ekoba armij ro rej kajeoñ in bararo kiō, ak māroñ bararo ilju im jeklaj. Ejjalak kein kamool ilo törre in ej kwalok ke jabdewōt wā ko, ekoba wā ko an COVID-19, rej kōmman jorāān ilo an ribelele bararo kiō ak ilju im jeklaj.

Jōt armij remāroñ abnōnō kin menin kenono ko ilo pepa in kin ke ewōr aer entaan ilo aer māroñ kar bararo, aer mijak an kar armij nana aer jerbal ñan ro oktag kalar in kilier jen Ri-Belle, ak an taktō kajekdoon abnōnō ko an kōrā/emmaan erom kōrā im kōrā/armij ro rejjab einwōt emmaan ak kōrā, ilo jikin taktō ko.

Lale ilal ñan jellā uwaak ko ñan jet kajitōk ko ekkā kin wā ko **COVID-19 im ejmour eo an ribelele**.

### Kajitōk: Aō māroñ wōr nejū ajri enij ke jelot jān wā eo an COVID-19?

#### Uwaak:

Ejjelak kein kamool ej kwalok ke jabdewōt wā, ekoba wā ko an COVID-19, ej jelet an ribelele bararo, jekdoon ñe er emmaan/kōrā. Wā ko rej jerbal ippen kobbāñ enbwinnim ñan an māroñ wōr jumae coronavirus im ejjab jelot am māroñ in wōr nejim ajri. Ilo ien kemelman in wā ko an COVID-19, im ilo juōn katakin elap in ribelele ro rej kajjeoñ in wōr nejier ajri, joñan ko armij rej bararo rej einwōt juōn ñan rio rej bōk wā ko an COVID-19 im ro rejjab bōk wā ko. Wā ko an COVID-19 rej kōjbarok im emman aer jerbal. [Centers for Disease Control and Prevention \(CDC\)](#), [American College of Obstetricians and Gynecologists \(ACOG, Doulul in Kaloj eo an Taktō ro an Kōrā im Kiraë ilo Amedka\)](#), im [Society for Maternal-Fetal Medicine \(SMFM, Doulul eo an Uno ñan Kiraë im Ko in Niñniñ\)](#) rej rōjañ wā eo an COVID-19 ñan ro rej bararo, ro rej kaninnin, ak ro rej pepe ñan aer bararo.

Etal ñan link in ñan am roñjak jen Dr. LaSalle ilo etke rej rōjañ wā eo an COVID: [Māroñ Bararo im Wā ko an COVID-19 - YouTube](#)

### Kajitōk: Wā ko renaj kejeni ien aō mejen allōñ?

#### Uwaak:

Jōt uwaan armij ro rekar bōk wā eo an COVID-19 emoj aer kar ripoot ke ewōr oktag ilo ien in mejen allōñ ko aer elikin aer bōk wā eo, einwōt an aitoklak ien aer mejen allōñ, diiklak ien kotaan ien in mejen allōñ ko aer ak eddolak aer toor. [Ilo juōn katak jen 2022](#), rekar loe ke armij ro rej mejen allōñ rekar bōk wā eo an COVID-19 ekar diiklak jen juōn-raan an laplak ien in mejen allōñ ko aer ilo ien eo rekar bōke wā ko. Juōn-raan oktag ej bed ilo joñan ko rej ekkā walok ilo ien mejen allōñ. Meñe ej wōr oktag kein kadu ilo ien mejen allōñ, **ejjalak kein kamool ke COVID-19 ej kōmman jorāān ilo an armij bararo**. Juōn oktag ilo mejen allōñ eo am emāroñ jenij ien in am māroñ bararo. Armij ro rej kōjberbal pepe ñan baamle im kein jibāñ ko jet rej bedbed ion an waje ien in aer māroñ baroro remāroñ loe ke eben in lukkun jellā ñāāt ej walok ien in aer māroñ bararo im kabōjrak/pepe ñan aer bararo. Kenono ippen taktō eo am ñan am kōnaan kin ien am māroñ bararo im bōk katak ko relaplak kin pepe ñan baamle.

### Kajitōk: Wā eo an COVID-19 ej ke jelet uno in kabōjrak an juōn bararo?

#### Uwaak:

Ekkā ñan Planned Parenthood, ejjalak kein kamool ke wā eo an COVID-19 ej kōmman bwe en diiklak ak laplak an jerbal uno in kabōjrak an juōn baroro. Ilo ien in, ejjalak riboot jān armij ro rekar bōk wā eo ke uno in kabōjrak aer bararo ekar bōjrak an jerbal elikin aer bōk wā eo. Meñe elōñ riboot in an wōr oktag ilo an armij mejen allōñ, men in ejjab jelet an emman an jerbal uno in kabōjrak an juōn armij bararo. Men in emāroñ kōmman an ben in waje ien in mejen allōñ in an juōn armij māroñ bararo; armij rej kōjberbal wāwein ko jet ñan kabōjrak aer bararo, einwōt juōn wāwein aer jellā ñāāt remāroñ bararo, remāroñ loe an ben in jellā ñāāt rej māroñ bararo. Elōñ kein jerbal ko remāroñ jibāñ armij waje ñāāt remāroñ bararo. Ej rōjañ bwe kwōn kenono ippān taktō eo am kin kelet ko am im bōk katak ko relaplak.

## **Kajitōk: Wā eo emāroñ ke jelet pek im/ak kōmman bwe emmaan ren jab māroñ pād ippen kōrā?**

**Uwaak:** Ejjalak kein kamool ej kwalok ke jabdewōt wā ko, ekoba wā ko an COVID-19, ej kōmman bwe emmaan ro ippen jorāān ko ilo enbwinnier ren jab māroñ wōr nejier ak pād ippen kōrā ilo ien in. Juōn [katak eo diik kin 45 emmaan ro rejmour](#) rar bōke wā in [wā in mRNA eo an COVID-19](#) rar lale jekjekin pek ko, einwōt joñan an lap im aer emakütük, mōkta im elikin aer wā. Ro rej katak rar jab loe oktak ko relap ilo jekjekin pek ko elikin wā eo. Bōtaab, [juōn katak](#) ekar loe ke nañinmej in COVID-19 emāroñ kōmman an diiklak an emmaan māroñ wōr nejier lak ñan 60 raan elikin aer nañinmej. Piba jān jabdrewōt nañinmej, im ej juōn kakolle ekkā an COVID-19, emāroñ kōmman an diiklak an emmaan kōmman pek ilo ien eo ekadu. Jekdoon piba emāroñ juōn abnōnō ej walok jen wā eo an COVID-19, ejjalak kein kamool ilo tōrre in ke piba eo elikin wā eo an COVID ej jelet an emmaan kōmman pek. Kenono ippān taktō eo am ñe ewōr am bar abnōnō.

## **Kajitōk: Wā eo ej ke jelet uno in IVF (Uno in Jibañ ro Ebin an wōr Nejier)?**

**Uwaak:** Ejjalak kein kamool ñan aer kwalok ke wā eo an COVID-19 ej jelete armij ro rej bōk uno in IVF. Katak ko rekar jab loe an wā in mRNA eo an COVID-19 ej jelet joñan ko an emman an jerbal IVF. Juōn [katak](#) ekar jab loe oktak ko relap ilo an juōn ebbōk uno in aer māroñ bararo, jekjek in lep ko aer, an walok niñniñ eo, ak tōprak in ribararo ro ikotaan ro rekar bōk wā eo jen ro rekar jab bōk wā eo. Wā ko an COVID-19 rekar jab loe aer jelet an juōn māroñ baroro, ak kōmman bwe en laplak an ben ñan ro rej entaan ñan aer wōr nejier niñniñ. Elōñ wā ko rej ekkā aer lelak ñan ribararo ilo joñan eo emman ilo ien eo rej bararo im bar mokta, einwōt wā ko an flu, tetanus im diphtheria. Wā eo an COVID-19 ej rōjañ ñan jabrewōt armij 6 allōñ im rittolak, ekoba ro rej kajeoñ in wōr nejier niñniñ.

## **Kajitōk: Wā ko an COVID-19 rej kōmman an kōrā warone?**

**Uwaak:** Jab, wā eo an COVID-19 ej kōjbarok mokta, ilo ien, im elikin an juōn bararo. Ejjalak kein kamool ke an kōrā bōke wā ko an COVID-19 ej kalaplak kauwatata in aer warone. Joñan ko relap ilo an kōrā warone rekar jab loe ilo ro rekar wā jen COVID-19. Joñan eo an kōrā warone ej laplak jān an armij lōmnak, tarin [10 ñan 20 percent](#) ilo ribararo ro rej tōprak ilo aer warone. Jōt armij rekar wa remāroñ eñjake aer warone, ak men in ejab ikijen wā eo- an kōrā warone emāroñ walok jekdoon rekar bōk wā eo an jab. Ilo mool, armij ro rekar bōk nañinmej eo elap an COVID-19 ilo ien eo rekar bararo rej bed ilo kawautata elap ñan aer warone. Am ebbōk wā eo ej am, im niñniñ eo nejim wāwein eo emman tata in bōbrae jen COVID-19.

## **Kein Jibāñ ko**

Centers for Disease Control and Prevention, “COVID-19 Vaccines for People Who Would Like to Have a Baby”. 2022. Bellök anlain ilo: [COVID-19 Vaccines for People Who Would Like to Have a Baby | CDC](#)

American College of Obstetricians and Gynecologists, “COVID-19 Vaccination Considerations for Obstetric-Gynecologic Care”. 2022. Bellök anlain ilo: [COVID-19 Vaccination Considerations for Obstetric–Gynecologic Care | ACOG](#)

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Mount Sinai, “Large Study Provides Reassurance that COVID-19 Vaccination Does Not Affect Fertility or Early Pregnancy.” 2022. Bellök anlain ilo: [Large Study Provides Reassurance that COVID-19 Vaccination Does Not Affect Fertility or Early Pregnancy | Mount Sinai - New York](#)

**Kōnaan ippen taktō eo am ilo pepe ko ñan am taktō aolep ien otemjej.**