

# WASHINGTON STATE PROFILE, 2023

Washington State Department of Health Sexual & Reproductive Health Program is devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funding supports services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). Washington State works with sexual and reproductive care providers across the state to deliver these services.

In 2023, providers served 81,902 clients over 115,687 clinic visits across the state, representing a 4% decrease in clients and a 3% decrease in clinic visits from 2022. An estimated 86% of female clients of reproductive age served in 2023 across the state were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

## Washington State served over 81,000 clients in 2023

	2023		2022	
	Count	% of total	Count	% of total
<b>Total</b>	<b>81,902</b>	<b>100%</b>	<b>84,937</b>	<b>100%</b>
Male	9,859	12%	9,566	11%
Female	72,043	88%	75,371	89%
Females of reproductive age (15-44)	69,006	84%	72,488	85%
Hispanic	24,561	32%	24,235	29%
Non Hispanic:				
American Indian/Alaskan Native	1,280	2%	1,343	2%
Asian	3,808	5%	3,984	5%
Black or African American	4,425	6%	5,157	6%
Native Hawaiian/Other Pacific Islanders	750	1%	880	1%
White	40,764	52%	42,444	50%
More than one race	2,406	3%	1,821	2%
	2023		2022	
	Count	% of total	Count	% of total
Female Reproductive Age Clients by Contraception				
No method	9,734	14%	10,345	14%
Combined hormonal methods	21,039	30%	22,128	31%
3-month hormonal injection	8,802	13%	9,645	13%
LARC	13,088	19%	15,069	21%
Barrier	10,690	15%	10,000	14%
Other methods	5,653	8%	5,301	7%

\* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).



930-140

Title: Washington State Sexual & Reproductive Health Network

**Sexual & reproductive health services provided in Washington State prevented an estimated\* 12,710 unintended pregnancies and 4,300 abortions, and saved over \$68M in health care costs in 2023 alone**

Washington State’s sexual & reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2023 the program’s services prevented an estimated 12,710 unintended pregnancies, 5,990 unplanned births, and 4,300 abortions resulting in net savings of over \$68 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

**Estimate of unwanted outcomes and health expenditures prevented by Washington State family planning services, 2023**

Unintended pregnancies	12,710
Unplanned births	5,990
Abortions	4,300
Miscarriages following unintended pregnancies prevented	2,430
Maternal & birth-related gross costs saved from contraceptive services	\$84,444,150
Miscarriage & ectopic pregnancy gross costs saved	\$2,682,640
Chlamydia infections	1,050
Gonorrhea infections	140
HIV infections	**
Gross costs saved from STI testing	\$1,229,430
Gross costs saved from Pap and HPV testing & vaccinations	\$143,220
<b>Total gross savings</b>	<b>\$88,499,430</b>
<b>Total family planning costs</b>	<b>\$20,388,000</b>
<b>Total net savings</b>	<b>\$68,111,430</b>

*Estimates are based on Washington State Sexual & Reproductive clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/doi/10.1111/1468-0009.12080>>.)*

\*\* Data unavailable because number is too low.

**Data sources:** (1) Washington State Clinic Visit Record data 2023 & 2022; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/1/2023

**FOR ADDITIONAL INFORMATION PLEASE CONTACT:**

SEXUAL & REPRODUCTIVE HEALTH PROGRAM  
SRHP@DOH.WA.GOV