



Tuesday – Room 153

9:00 - 9:30	Registration
9:30 - 9:45	Welcome and Introduction to Core WIC Training
9:45 - 11:00	WIC – Getting Started
11:00 -11:15	Break
11:15 - 12:15	Income, Residency, & ID
12:15 - 1:15	Lunch
1:15 - 2:45	Income, Residency, & ID (continued)
2:45 - 3:00	Break Move to Room 158
3:00 - 4:45	Introduction to WIC Foods and WIC Checks Room 158
4:45 - 5:00	Assignments, Complete Feedback Forms, & End of Day
Homework	Check Education Module

Wednesday – Room 153

8:30 - 9:45	WIC Foods & Checks
9:45 – 10:00	Break
10:00 -10:45	WIC Foods & Checks (continued)
10:45 - 10:50	Stretch Break Move to Room 158
10:50 – 12:30	WIC Prescriptions – They’re Not For Everyone Room 158
12:30 - 1:30	Lunch
1:30 – 3:00	Anthropometrics Room 153
3:00 – 3:15	Break
3:15 – 4:45	Anthropometrics (continued)
4:45 - 5:00	Complete Feedback Forms & End of Day

Thursday

	TRACK 1 <i>For those who certify clients</i> Room 158	TRACK 2 <i>For those who do not certify clients</i> Room 153
8:30 – 10:30	Risk Assessment	Transfers
10:30 – 10:45	Break	Break
10:45 - 12:00	Assessing Iron Status	No Show Management, Appointment Book, and more
12:00 – 1:00	Lunch	Lunch
1:00- 2:30	Assessment Questions	Skills and troubleshooting for Frontline Staff
2:30-2:45	Break Move to Room 153	
2:45-4:45	Putting the Pieces Together – Applying Your Knowledge	Room 153
4:45-5:00	Assignments, Complete Feedback Forms, & End of Day	
Homework	Scheduling and Careplans	

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Friday– Room 158

8:15 -8:45	Submit Travel Reimbursement Request Forms & More Practice Opportunities
8:45 -10:30	Nutrition Education
10:30 -10:45	Break
10:45 -12:15	Breastfeeding Promotion
12:15 -12:30	WIC Works
12:30	Submit Feedback Forms & End of Training

For persons with disabilities, this document is available on request in other formats.
To submit a request, please call 1-800-841-1410 (TDD/TTY 1-800-833-6388).

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program does not discriminate.

DOH 960-309 February 2011

