

Directions to WIC Training
Washington State Department of Health
DOH Town Center 2
111 Israel Road SE
Tumwater, WA 98501
Phone: 1-800-841-1410

Southbound I-5

(Seattle towards Portland)

- **Take Exit #101** (Tumwater Blvd).
- **Turn left** onto Tumwater Blvd; go over freeway.
- **Continue** on Tumwater Blvd (approximately ½ mile).
- **Turn left onto Capitol Blvd.**
- **Turn right onto Israel Road** (first stop light).
- **Take the first right** into the Department of Health parking lot. Park on either floor 4 or 5 in the parking garage.
- Enter Town Center 2.
- Sign in with the security guard to get a visitor's badge, and receive directions to the training room.

Northbound I-5

(Portland towards Seattle)

- **Take Exit 101** (Tumwater Blvd).
- **Turn right** onto Tumwater Blvd; drive ½ mile.
- **Turn left** onto Capitol Blvd.
- **Turn right** at first stop light, onto Israel Road.
- **Turn right onto Israel Road** (first stop light).
- **Take the first right** into the Department of Health parking lot. Park on either floor 4 or 5 in the parking garage.
- Enter Town Center 2.
- Sign in with the security guard to get a visitor's badge, and receive directions to the training room.

