

Genetic Counseling Resources for Hemoglobin Disorders and Traits

Western Washington

Eastside Maternal Fetal Medicine
1135 116th Ave E, Suite 320
Bellevue, WA 98004
Phone: (425)-688-8111
Fax: (425)-688-8110

Evergreen Hospital Medical Center
Maternal-Fetal Medicine
12333 NE 130th Ln, # 230
Kirkland, WA 98034
Phone: (425) 899-2200
Fax: (425) 889-2210

Children's Hospital and Regional Medical Center – Medical Genetics Clinic
4800 Sand Point Way NE/
PO Box 5371, M2-9
Seattle, WA 98105-0371
Phone: (206) 987-2056
Fax: (206) 987-2495

Columbia Health Center
4400 - 37th South
Seattle, WA 98118
Phone: (206) 296-4650
Fax: (206) 205-6075

Group Health Cooperative
Genetic Services
201 16th Ave E Mailstop CMB-5
Seattle, WA 98112
Phone: (206) 326-3111
Fax: (206) 326-2010
(For members only)

Odessa Brown Sickle Cell Clinic
2101 E. Yesler Way
Seattle, WA 98122
Message: (206) 987-7290
Appointment: (206) 987-7232
Fax: (206) 329-9764

Swedish Medical Center
Perinatal Medicine
1229 Madison
Nordstrom Tower, Ste. 750
Seattle, WA 98104
Phone: (206)-386-2101

University of Washington Medical Center
Medical Genetics Clinic
Box 357720
1959 NE Pacific Street
Seattle, WA 98195-7720
Phone: (206) 598-4030
Fax: (206) 598-3269

University of Washington Medical Center
Prenatal Genetics and Fetal Therapy
Box 356159
1959 NE Pacific Street
Seattle, WA 98195
Phone: (206) 598-8130
Fax: (206) 598-2359

Madigan Army Medical Center
Developmental Pediatrics
Bldg 9040 Fitzsimmons Drive
Tacoma, WA 98432
Scheduling Phone: (253) 968-3043
Genetic Counselor's phone: (253) 968-1389
Fax: (253) 968-0384
(Services limited to Armed Services personnel and their dependents)

Mary Bridge Sickle Cell Clinic
P.O. Box 5299
Tacoma, WA 98415-0299
Phone: (253) 403-3476
Fax: (253) 403-8674

MultiCare Regional Maternal-Fetal Medicine
314 Martin Luther King Jr. Way Suite # 402
Tacoma, WA 98405
Phone: (253) 403-9205
Fax: (253) 403-9201

Eastern Washington

Inland NW Genetics Clinic in the Tri-Cities
7221 W. Deschutes, Suite D
Kennewick, WA 99336
Phone: (509)-535-2278
Fax: (509)-535-7502

Inland NW Genetics Clinic in Moses Lake
1550 South Pioneer Way
Moses Lake, WA 90937
Phone: (509) 535-2278
Fax: (509) 535-7502

Kadlec Medical Center
712 Swift Blvd, Suite 1
Richland, WA 99352
Phone: (509) 942-2821
Fax: (509) 943-1497

Inland Northwest Genetics Clinic
2607 Southeast Blvd #A100
Spokane, WA 99223
Phone: (509) 535-2278
Fax: (509) 535-7502

Blue Mountain Genetics Clinic
320 Willow Street
Walla Walla, WA 99362
Phone: (509) 525-1302
Fax: (509) 522-9448

Central Washington Hospital-
Genetics Program
1201 South Miller
Wenatchee, WA 98807-1887
Phone: (509) 667-3350
Fax: (509) 665-6259

Central Washington Genetics Program
Yakima Valley Memorial Hospital
2811 Tieton Drive
Yakima, WA 98902
Phone: (509) 575-8160
Fax: (509) 577-5088

Oregon

Center for Genetics & Maternal –
Fetal Medicine
1200 Hilyard, Ste 510
Eugene, OR 97401
Phone: (541) 349-7600

Kaiser Permanente
Department of Genetics
3325 N. Interstate Ave.
Portland, OR 97227
Phone: (503) 331-6593
Toll Free: 1-800-813-2000 ext 16-6593
(For members only)

Legacy Emanuel Hospital &
Health Center
Center for Maternal-Fetal Medicine
300 N. Graham Street, Ste 100
Portland, OR 97227
Phone: (503) 413-1122
Toll Free: 1-800-452-7032 ext 31122

Northwest Perinatal Center
9701 SW Barnes Road, Ste 299
Portland, OR 97225
Phone: (503) 297-3660

Oregon Health Sciences University
Prenatal Diagnosis and Counseling
3181 SW Sam Jackson Park Road
Portland, OR 97239
Phone: (503) 418-4200

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Hemoglobin Variant

Information for parents
about Hemoglobin Variant

What is hemoglobin?

Hemoglobin is the part of the red blood cell that carries oxygen through the body.

What is a hemoglobin variant?

The body makes several different types of hemoglobin. Hemoglobin variant means that one of the types is made slightly different than usual.

Why was my child tested for hemoglobin variant?

The Newborn Screening Program screens all infants born in Washington state for certain disorders, including hemoglobin disorders. A small amount of blood was collected from your infant's heel and sent to the State Laboratory for testing. In the process of screening for disease-causing hemoglobin disorders, your child's variant was detected.

What should I know about my child's hemoglobin variant?

There are over 800 different hemoglobin variants, but only a few cause serious health problems. The State Laboratory testing can identify most of the serious hemoglobin variants. Your child's is not one of these, so it is unlikely that it will ever cause any health problems.

How does this affect the rest of our family?

Hemoglobin variants are inherited, so you and other family members may also have this variant hemoglobin. If this hemoglobin variant is inherited with a disease-causing variant, such as hemoglobin S (sickle cell), it may result in significant health problems.

What should I do now?

There is no need for your baby to have any more hemoglobin testing unless he or she begins to show signs of anemia (a condition where a person has smaller and fewer red blood cells than usual).

If you have a history of anemia yourself, you might want to have your hemoglobin tested. This may provide information that is helpful to you and your family.

What can I do if I have more questions?

If you have more questions, you should speak with your child's health care provider or you can contact the Newborn Screening Program using the information provided below.

Newborn Screening Program
1610 NE 150th Street
Shoreline, WA 98155
Phone: (206) 418-5410
Toll Free 1-866-660-9050
Email: NBS.Prog@doh.wa.gov
Internet: www.doh.wa.gov/nbs

