

County	PM#	Activity	Resources
Asotin	3	Continue to gather data relative to obesity and chronic disease in Asotin County residents	Staff, DOH data sources, Healthy Community Grant support
Asotin	3	Support ACHD employee wellness program and encourage other businesses to establish a similar program	ACHD administration, DOH and community partners
Asotin	3	Transition HIP (Health Improvement Project from healthiest state in the nation grant) coalition into Healthy Communities Coalition	Community partners HIP and Healthy Communities grant dollars
Asotin	3	Continue to plan and hold community activities and encourage participation through advertising and word of mouth	Grant dollars, program funds and staff
Asotin	3	Continue to use dietician and staff to educate individuals and groups about nutrition and physical activity	Dietician, staff and grant and program dollars
Benton-Franklin	3	BFHD does not fund activities in Performance Measure #3 however BFHD will continue collaborating with the Benton Franklin Health Alliance's Food and Fitness committee to address obesity in Benton and Franklin Counties	Current BFHD nutrition staff
Chelan-Douglas	3	SAMPLE: Contract with xyz organization to conduct community health assessment on obesity related topics	Contracted services
Chelan-Douglas	3	SAMPLE: Initiate a coalition with a local school district to provide obesity prevention education	---
Clallam	3	None	
Clark	3	Provide staffing and Public Health leadership to support the Clark County Food System Council.	Maintain staff resources: 0.5 FTE RD Manager 0.5 FTE RD staff
Clark	3	Promote Work place Breastfeeding policy and support structures	Implement the Business case for Breastfeeding program
Clark	3	Assist schools to Implement Federal and State nutrition and activity standards to qualify for the local ordinance allowing fee waivers.	Provide technical assistance, consultation and linkages to other community assets.
Clark	3	Lead efforts and maintain or strengthen partnerships to support efforts increase opportunities for physical activity and access to healthy food choices	Lead and participate in community coalitions and partnerships to promote physical activity and nutrition through policy and systems change.
Columbia	3	Collaboration with local Hospital System and community partners in promoting educational, outreach, and assessment activities addressing obesity and consequent chronic disease in Columbia County.	Columbia County Health System and Hospital RD, contracted LHJ WIC Program nutritionist, and other community partners.
Cowlitz	3	Support increased activities through Cowlitz on the Move and other community based groups with the focus of increasing general physical activity within the community.	Health Educator
Cowlitz	3	County government through the intervention of health department has adopted CDC guidelines for activity as a model for the community to lead the way to increase awareness of the linkage between healthy activity and obesity for children.	Health Educator
Cowlitz	3	Identify at risk children with childhood depression who are at risk for morbid obesity and	Associate Planner

		provide consultation to RSN patients and therapists to increase awareness and activity as part of treatment plans for children as appropriate	
Grant	3	Evaluate GCHD internal workplace wellness activities and provide appropriate evaluation information to community.	GCHD Biggest Loser contest, GCHD all-staff meetings wellness component.
Grant	3	Survey families to assess barriers in keeping with a nutrition improvement program.	Assessment coordinator in LHJ, healthy communities program participants, Hispanic health group participants.
Grant	3	Conduct inventory of school-based resources, programs for obesity prevention, among early adolescents.	Assessment coordinator in LHJ, Healthy Communities projects, Hispanic health group participants.
Grant	3	Initiate inventory of community-based resources, programs for obesity prevention, among early adolescents.	Assessment coordinator in LHJ, Healthy Communities projects, Hispanic health group participants.
Grant	3	Initiate conversations with school districts regarding assessment of BMI or similar measure.	Pilot programming with small school district, as appropriate.
Grant	3	Update current LHJ materials for obesity prevention outreach purposes.	Use information from school or community level assessments of current programs, and review of current literature.
Grays Harbor	3	Add staff capacity to coordinate healthy communities activities	Hire 1.0 FTE of health educator
Grays Harbor	3	Work with local schools to implement senior projects focused on policy issues surrounding healthy communities.	Coordinate with schools, provide staff advisor stipend.
Grays Harbor	3	Work with local governments to examine and implement policy changes to improve access to healthy food, physical activity and to decrease exposure to tobacco.	Contact local policymakers and community leaders.
Jefferson	3	Complete web-based survey provided by DOH.	Assessment contractor
Kitsap	3	None	
Kittitas	3	SAMPLE: Contract with xyz organization to conduct community health assessment on obesity related topics	Contracted services
Kittitas	3	SAMPLE: Initiate a coalition with a local school district to provide obesity prevention education	---
Kittitas	3	Organize and facilitate a local coalition which focuses on increasing access to healthy foods and nutrition education in order to address obesity.	<ul style="list-style-type: none"> Recruit additional coalition members for representation from school parent groups, local businesses and local government. Develop focus areas and a plan for 2010 Implement strategies.
Kittitas	3	Provide support for community activities which increase access to healthy foods and nutrition education in order to address obesity	<ul style="list-style-type: none"> Assist with planning and recruiting volunteers for gleaning project, Assist with writing a WIC fruit and vegetable grant, Help promote community gardens
Kittitas	3	Work with coalition and other community partners to conduct a community food	<ul style="list-style-type: none"> Work with the Coalition to develop a food

		assessment to highlight both community resources and areas of need in terms of access to healthy food and nutrition.	<p>assessment survey.</p> <ul style="list-style-type: none"> • Implement survey in target areas and within target populations using both electronic and written formats to assure accessibility and equal representation of the community. • Analyze and report data to key stakeholders to influence policy at the local level.
Kittitas	3	Review and evaluate local city and county healthy food policies.	<ul style="list-style-type: none"> • Review current city and county health food policies. • Research best practices from other city and counties. • Develop one new Kittitas County policy for implementation in 2011.
Kittitas	3	Through the Kittitas County electronic medical record health information exchange, access and report chronic disease and obesity data to influence development and use of 'best practices' for chronic disease management and prevention by local providers.	<ul style="list-style-type: none"> • Develop a report to extract chronic disease data beginning with BMI and Diabetes. • Assess chronic disease data quarterly. • Research best practices for obesity and diabetes management. • Develop EMR templates to support change in care delivery. • Prepare for 2011 implementation of new care delivery strategies including evaluation and quality improvement activities. • Support providers in securing reimbursement for innovative services from payer sources.
Klickitat	3	Maintain K.C. Healthy People Alliance	<p>Community partner lists Designated staff person HPA minutes & documents</p>
Klickitat	3	Continue implementation of ACHIEVE Community Action Plan steps as previously developed including but not limited to: increase public awareness of chronic disease risk community gardens, employee wellness initiatives, increasing opportunities for physical activity and increased consumption of fresh fruits/vegetables and breast feeding	<p>ACHIEVE project resources Partner agencies WIC program Potential grants</p>
Lewis	3	Complete assessment of obesity and its effects within our county. Based on assessment outcome, identify possible interventions.	<p>Staff time to conduct assessment; community meetings held to discuss assessment process and results.</p>
Lewis	3	Continue work with local media contacts to provide health information for mass broadcast and print outlets.	<p>Staff time for PSAs, press releases, and other health messages developed.</p>
Lewis	3	Continue to support (county) employee wellness program	<p>Wellness program; staff time to provide</p>

			educational sessions for employees.
Lewis	3	Continue relationship with Northwest Pediatrics (and other medical providers), schools, worksites, and other community organizations via local obesity coalition and other evidence based interventions to address obesity and it's consequent burden of chronic disease.	Relationships with community partners; ongoing research/training opportunities regarding evidence based practices for improved health behaviors specifically related to obesity.
Lewis	3	Community education regarding obesity and its health consequences.	Staff time for preparation and delivery of educational requests.
Lincoln	3	Track Lincoln County trends with childhood obesity compared to National Standards	Collect height, weight, and age measurements for every school district in Lincoln County for K-7 th grade to compare local BMI and obesity rates with national rates.
Lincoln	3	Develop school based healthy living campaign at Reardan School District.	Partner with Reardan School District and Lincoln Hospital District 1 to develop and implement a school based healthy living campaign to improve healthy lifestyles of school aged kids.
Lincoln	3	Provide easier access to fresh fruits and vegetables for Lincoln County residents	Partner with local organizations to establish local farmer markets and a community garden.
Mason	3	Coordinate and participate in Mason County Community Health Task Force steering committee in identifying current community interventions and develop community strategy and interventions targeting obesity and the consequence burden of chronic disease.	Staff time to participate in task force and related intervention activities
Mason	3	Surveying internal and external stakeholders on programs and gaps, reviewing best practices, training staff, and using data to guide program development.	Staff time to participate
PHSKC	3	SAMPLE: Contract with xyz organization to conduct community health assessment on obesity related topics	Contracted services
PHSKC	3	SAMPLE: Initiate a coalition with a local school district to provide obesity prevention education	---
PHSKC	3.1	Strengthen and maintain infrastructure for the Chronic Disease Injury Prevention (CDIP) Section through integration of programs, strategic planning, and grant development in order to expand program services and use 5930 funding to leverage other grant resources.	Maintain Disease Control Officer (DCO), Health Services Administrator, and support staff positions, to coordinate and enhance efforts of existing program staff. The DCO is also principal investigator on other section grants funded program to develop environments that support health eating and active living activities.
PHSKC	3.2	Identify and support key local, state and federal policies to decrease obesity and subsequent burden of chronic diseases	CDIP Section staff funded by 5930 and other grant funds will provide multiple activities such as coalition building, health promotion and policy change activities.
PHSKC	3.3	Lead and Support coalitions and community partnerships that seek to decrease obesity and subsequent burden of chronic disease. This effort will include: <ul style="list-style-type: none"> An integrated approach to obesity prevention that connects healthy eating and 	CDIP Section staff

		<p>active living with prevention and control of many chronic illnesses, and</p> <ul style="list-style-type: none"> Working with internal and external stakeholders on programs and gaps, reviewing best practices, training staff, and using data to guide program development. 	
Skagit	3	SAMPLE: Contract with xyz organization to conduct community health assessment on obesity related topics	Contracted services
Skagit	3	SAMPLE: Initiate a coalition with a local school district to provide obesity prevention education	<i>We will no longer do anything in area #3. We were contracting the work out but our commissioners demanded that we not contract but try to do all of the activities in house. We are not set up to do any Chronic Disease activities or programs. We will put more effort into #1 and #2.</i>
Skamania	3	Partnering with child care, head start and WIC to promote healthy eating, communication with parents and caregivers	Fill open position FTE .5 Use of WIC staff
Skamania	3	Facilitate a Health Fair	Invitation to community partners to address healthy eating and physical activity.
Skamania	3	Utilize the Community Health website for resources on obesity prevention	Use of our new website to inform the community of resources and activities available in preventing childhood obesity.
Snohomish	3	Provide ongoing supervision of part-time Healthy Communities/chronic disease prevention staff	0.1 FTE program manager
Snohomish	3	Support minimal program capacity for Healthy Communities/chronic disease efforts through: <ul style="list-style-type: none"> Technical assistance to Lynnwood Healthy Communities; and Program evaluation assistance and support during implementation phase of Marysville and Lynnwood Healthy Communities sites. 	0.1 built environment specialist 0.5 epidemiologist
Spokane	3	SAMPLE: Contract with xyz organization to conduct community health assessment on obesity related topics	Contracted services
Spokane	3	SAMPLE: Initiate a coalition with a local school district to provide obesity prevention education	---
Spokane	3	We are not able to address chronic disease issues in addition to immunizations and communicable diseases with this level of funding.	
Tacoma-Pierce	3	None	
Wahkiakum	3	Collaborate with Human Services and WSU Extension to implement a community garden to draw attention to healthy eating	Human Services, WSU, AmeriCorps volunteer
Wahkiakum	3	Develop and initiate community walking groups	AmeriCorps volunteer, community volunteers, faith-based organizations, schools

Walla Walla	3	Increase the percentage of WW County employees reporting a health behavior improvement.	Provide monthly wellness newsletter to county employees.
Walla Walla	3	Increase physical activity by WWCHD staff.	Introduce WWCHD staff to one exercise incentive each quarter.
Walla Walla	3	Develop a baseline of BMI measurements for a minimum of one grade of elementary students in 3 county schools.	Weigh and measure students at 3 elementary schools at the beginning and end of school year.
Walla Walla	3	Increase knowledge of healthy food choices by low-income populations.	1. Attend SNAP-Ed training 2. Adopt one strategy to address healthy food choices by low-income populations.
Walla Walla	3	Raise school dietician awareness of WWCHD's interest and resources for improved nutrition of school meals.	Initiate dialogue with at least one registered dietician responsible for school meal planning.
Walla Walla	3	Engage a coalition of diverse community members to address obesity in Walla Walla County	Implement MAPP strategy for addressing chronic disease.
Whatcom	3	Finalize and implement Community Action Plan (CAP) for nutrition and physical activity with community partners <ul style="list-style-type: none"> ▪ CAP includes policy, systems and environmental approaches to improve access to healthy foods and increase safe, active community environments. Sectors include the community-at-large, health care, schools, community institutions, and worksites. 	National Association of Chronic Disease Directors ACHIEVE Grant
Yakima	3	Implement and sustain nutrition education curriculums in conjunction with SNAP-ED program	0.5 FTE Health Promotion Specialist, 0.3 FTE Coordination and Oversight
Yakima	3	Maintain Rev it Up! website (www.revityakima.org) as a resource for the community on healthy lifestyles	0.2 FTE Health Promotion Specialist to manage website development and maintenance
Yakima	3	Continue to coordinate group of community partners and individuals (Rev it Up! Coalition) who collaborate on a regular basis around obesity prevention in Yakima County.	0.5 FTE Public Health Specialist
Yakima	3	Work with coalition and other community partners to implement programs and policies based on Rev it Up! Coalition priorities: <ul style="list-style-type: none"> • Access to Healthy Foods • Access to Low Cost Recreation Opportunities • Decrease Food Insecurity • Improve School Wellness • Increase Breastfeeding 	0.5 FTE (also listed above for third activity)
Adams	3	The first ever county obesity assessment was completed in 2009. Next steps for 2010 are to share a summary of the completed report with providers, school nurses and the licensed child care. With the completed summary will be a list of changes that were suggested in the obesity report. Providers will be questioned re; any changes already implemented or anticipated to implement. Results will be collected and reviewed. The assessment coordinator began mailing a health department newsletter in 2009. 4 newsletters have been sent to date. The 2010 year topics in each newsletter will address interventions suggested in the obesity report.	Assessment coordinator, obesity report, "Just for the Health of It" newsletter.
Adams	3	County work group established as part of the healthy community's project. The assessment coordinator will present the summary from the obesity report to this group	Obesity project report. Assessment coordinator. Oversight group for healthy community's program.

		to elicit ideas on suggested changes.	
Adams	3	Evaluate improvement in obesity rate.	Assessment coordinator will continue data collection and evaluate and report progress.
Garfield	3	SAMPLE: Contract with xyz organization to conduct community health assessment on obesity related topics	Contracted services
Garfield	3	SAMPLE: Initiate a coalition with a local school district to provide obesity prevention education	---
Garfield	3	Staff education to increase knowledge on obesity and chronic disease	Staff salary
Garfield	3	Community education through meetings, individual, and website	Staff salary and maintain website
Garfield	3	Coalition involvement locally, including the school wellness committee, to coordinate efforts concerning obesity and chronic disease	Staff salary
San Juan	3	Unable to fund activities in Performance Measure #3 at this time.	
Okanogan	3	Attend Community Wellness Coalition meetings	Look for increasing partnerships with schools, community organizations, to provide expertise.
Okanogan	3	Promote worksite wellness programs by participating in health fair at Nespelem Co-op in April 2010 to encourage private businesses to initiate employee wellness programs and incentives	Staff wellness booth, present example of OCPH wellness program
Okanogan	3	Actively participate in other county health fairs to promote chronic disease prevention and physical activity	OK County has numerous community fairs throughout the year. OCPH will attend at least 4
Okanogan	3	Support and participate in "Winter Wellness" community program	Outreach efforts, including media outlets, which promote community wellness participating
Thurston	3	SAMPLE: Contract with xyz organization to conduct community health assessment on obesity related topics	Contracted services
Thurston	3	SAMPLE: Initiate a coalition with a local school district to provide obesity prevention education	---
Island	3	Support our ACHIEVE coalition in developing and implementing policy, systems, and environmental change strategies to increase physical activity and healthy eating opportunities. Local Partners: South Whidbey Parks and Recreation City of Oak Harbor School districts Youth-serving agencies	<ul style="list-style-type: none"> - We Can! – Ways to Enhance Children’s Activity & Nutrition - CDC’s Reference Guide of Physical Activity Programs for Older Adults - Childhood Obesity: Harnessing the Power of Public and Private Partnerships - The Community Guide - Environmental Nutrition and Activity Community Tool - Nutrition and Physical Activity in Washington: Partners in Action - Partnership for Prevention - Washington State Nutrition & Physical Activity Plan - What Works: Programs and Interventions that May Influence Outcomes for Youth and Young Children

Island	3	<p>Develop and implement school programs (i.e. walking school bus, safe routes to school) and policies (i.e. healthy snacks, PE skills curricula).</p> <p>Local Partners: Local school districts (Oak Harbor, Coupeville, South Whidbey, Stanwood-Camano)</p>	<ul style="list-style-type: none"> - Action for Healthy Kids - Center for Safe Routes to School - Coordinated Approach to Child Health (CATCH) - Kids Walk-to-School - Focused Fitness - Policy Legislation and Nutrition (PLAN): What Works to Improve Student Health? - Safe Ways to School Toolkit - WSDOT Safe Routes to School
Island	3	Foster a worksite wellness intervention for Island County employees	- WA-DOH Worksite Wellness Resource Guide
Pacific	3	Partner with local schools to offer Healthy Strides program-a locally developed 12 week nutrition and physical activity curriculum for preschool-2nd grade students attending all 5 local school districts.	<p>Retain .3 FTE Health Educator (\$26,453)</p> <p>Funds used as portion of 55% local match required for SNAP-Ed funds</p>
Pacific	3	Implement 4 week Loving Your Family-Feeding Their Future best practice nutrition education program targeting WIC moms with children age 2-18	Funds used as portion of 55% local match required for SNAP-Ed funds