

Public Health Performance Management Centers for Excellence

2014 Quality Improvement Grantees
Learning Congress

September 26, 2014

Clinical Obesity Intervention

Lincoln County Health Department

North Basin Medical Clinics

Lincoln ospital District 3



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Lincoln County

- Total population: 10,570
- 46% residing in unincorporated areas
- 6.8 FTEs with an annual budget of \$560,000
- Limited Quality improvement experience



Lincoln County

September 26, 2014

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LINCOLN
COUNTY

HEALTHY WEIGHT
COLLABORATIVE



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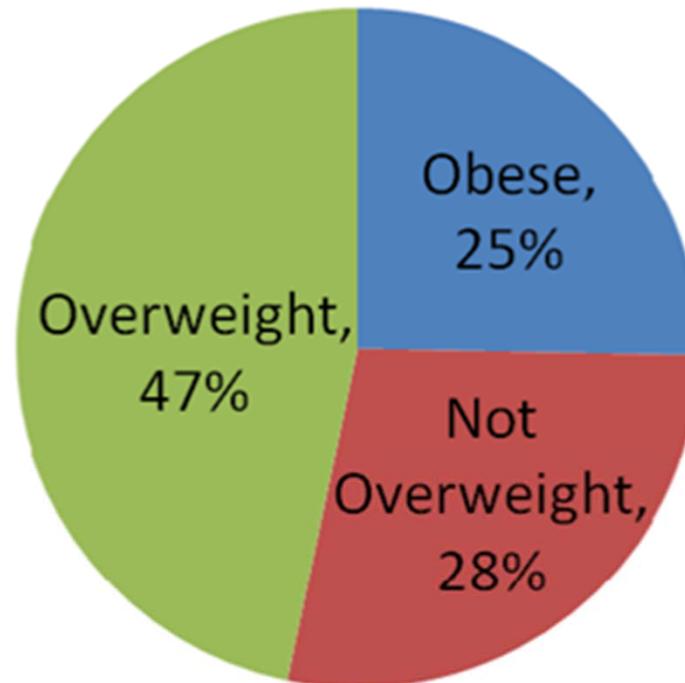
Mike Bell, P.A.C.

September 26, 2014

Funded by the U. S. Centers for Disease Control's National Public Health Improvement Initiative

Project Identification

Weight Status of Lincoln County Adults, 2010



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AIM Statement

The project team will identify and remove barriers to the integration of patient centered healthy weight plans developed by physicians and patients during clinic visits to impact health outcomes.

September 26, 2014

Project Activities

- Assess (Goal)
 - Increase the number of clinic visits that include provider/patient interactions around healthy lifestyles
- Define
 - Enhance the patient/provider interaction
 - Every patient has a healthy weight plan
 - Stakeholders: NBMC, LCHD, patients

Analyze the reasons for not developing the healthy weight plan:

- difficult conversation
- not enough time during clinic visit
- lack of reimbursement
- not a priority for patient

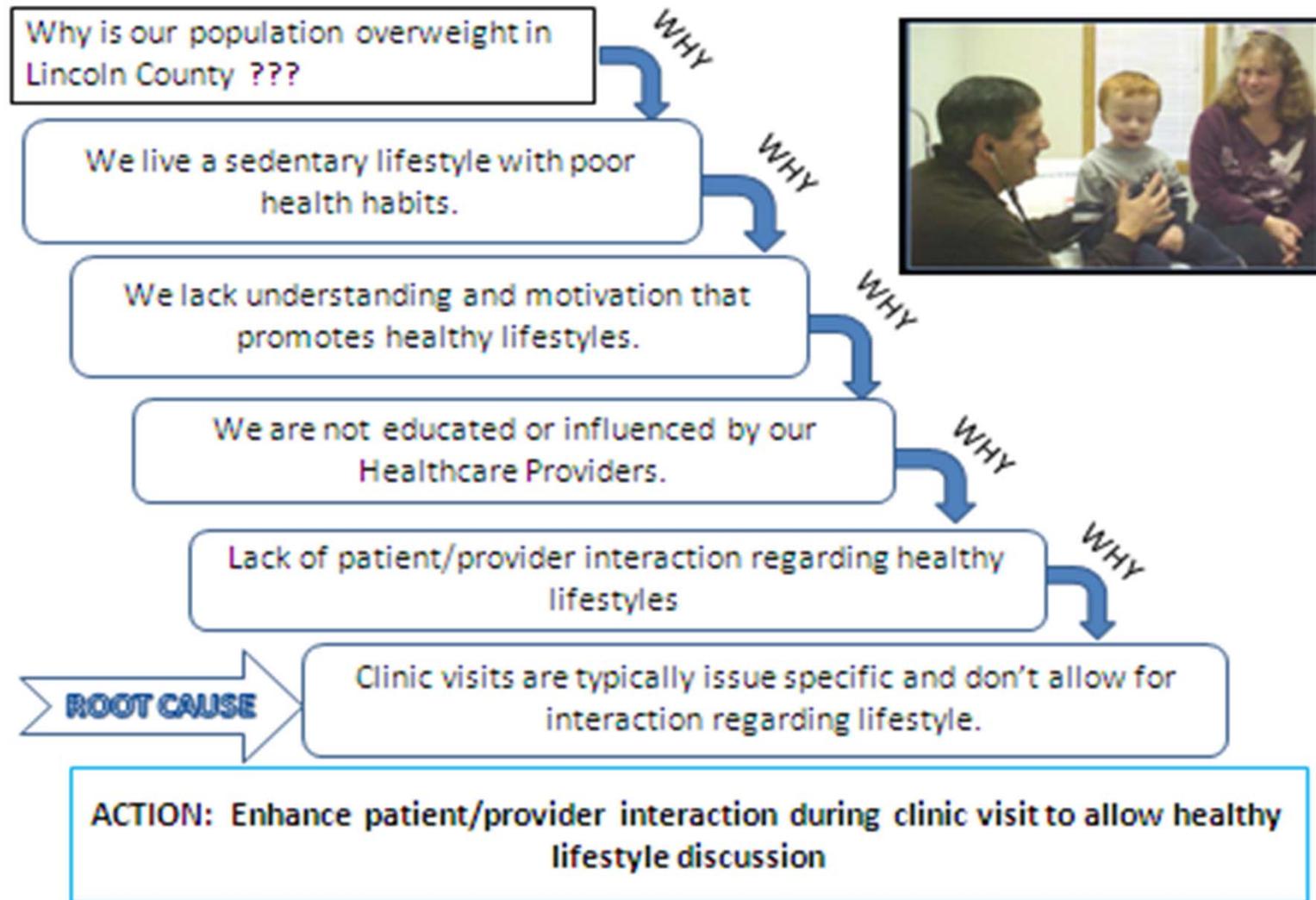
Exploring solutions

- Evaluated billing practices and reimbursement
- Identified need for a simple questionnaire/plan for providers and patients to use
- Evaluated scheduling to possibly allow more time for the identified patients

Evaluate

- Reimbursement does not occur for healthy weight counseling in most plans (2 insurance plans will reimburse for some counseling in certain circumstances)
- Scheduling was impractical without pre-identified patients

Quality Tools - Root Cause



Results

Date	Patient Count	w/BMI	Exercise Counseling	Nutrition Counseling
13-Dec	322	248 (77%)	2 (1%)	0
Jan-14	388	283 (73 %)	0	0
Feb-14	318	229 (72 %)	3 (1%)	1 (0%)
March-14	353	294 (83%)	3 (1%)	2 (1%)
Apr-14	364	262 (72%)	0	0
14-May	328	255 (78%)	2 (1%)	0
14-Jun	332	277 (83%)	2 (0%)	11 (3%)
Jul-14	301	245 (81%)	1 (0%)	1 (0%)

Barriers to Success

- Reorganization at North Basin Clinic to address ACA and Patient Centered Medical Home.
- Physician understanding of EMR to track data - text/notes boxes are not counted
- Lack of reimbursement for preventive care
- Not the reason for the patient visit
- Patient refused to fill out form - too personal

Next Steps

- Conduct interviews of key informants including providers and support staff to identify potential process changes
- Evaluate healthy weight plan to see if revisions are needed to meet the needs of patients and providers
- Continue to implement and expand to other clinics

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