

Effective Effective Interventions? Health Indicators? Where to Start?

This resource list was provided by **Carrie J. McLachlan, MPA** | Program Manager | Healthy Communities & Assessment, Snohomish Health District
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Healthy Communities

www.healthycommunities.org

- Creating fact sheets on local issues
- Community toolbox <http://ctb.ku.edu/en/default.aspx>
- Indicators

The Community Guide

www.thecommunityguide.org

- Community interventions

Washington State Department of Health, The Health of Washington State report

<http://www.doh.wa.gov/DataandStatisticalReports/HealthcareinWashington/HealthofWashingtonStateReport/MostRecentReport>

- Chapters on most health issues
- Contains information on effective interventions

Promising Practices

www.promisingpractices.net

- Children/family interventions

Center for Health Improvement/Health Policy Coach

www.healthpolicycoach.org

- Many short chapters on a number of the topics we are working on
- Healthy lifestyles fact sheets

Centers for Disease Control and Prevention

www.cdc.gov

- Health topics list many areas, interventions, examples
- Health topic education/awareness

The Sustainable Communities Movement

www.sustainable.org

- Overview of sustainability
- Many links to community indicator projects

California Healthy Communities

www.civicpartnerships.org

- Community-based systems change
- Sustainability toolkit

- "Fresh ideas" physical activity examples
- Public health awareness
- Community health education

Healthy People 2020

<http://www.healthypeople.gov>

Also*** <http://phpartners.org/hp/>

Healthfinders

<http://www.healthfinder.gov>

Office of Disease Prevention and Health Promotion

<http://odphp.osophs.dhhs.gov>

Minnesota Department of Health

Strategies for Public Health

<http://www.health.state.mn.us/strategies/index.html>

Examples of county health indicator tables

www.health.state.mn.us

***Grey Literature, Gateway, New York Academy of Medicine

*** <http://www.healthpolicycoach.org>

A great site for policy focused interventions!

Center for Substance Abuse Prevention—Application of Prevention Technologies

<http://captus.samhsa.gov>

Information I just provided to Children's Commission members:

Some Other Resources on Community Change/Current Status of Children and Youth

Multiple reports on Washington Kids Count and the State of Washington's Children
At the University of Washington, Human Services Policy Center, School of Public Health
and Community Medicine

<http://www.hspc.org/publications/>

Accelerating Our Impact: Philanthropy, Innovation and Social Change

A report from the JW. McConnell Family Foundation—focused on grantmakers but with some important insights into implementing and sustaining social innovation. Examines issues such as where to invest, potential impact, role of policy and research, etc

NET GAINS: A Handbook for Network Builders Seeking Social Change by Peter Plastik and Madeleine Taylor

An interesting read on networks (e.g the Children's Commission is one) with a chapter on Strategies for Building Civil Sector's Networks and just some great background reading for starting, sustaining, growing social change networks.

Some resources for Chronic Disease (physical activity and healthy eating) come from

Project Lean

<http://www.californiaprojectlean.org/>

Promising Practices Catalog: The Finance Project's easy to search collection of innovative programs, practices and initiatives. The focus is one improving the lives of children, families and communities.

<http://www.financeproject.org/index.cfm?page=23>

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