

PSA SCREENING GUIDELINES

Washington State Clinical Laboratory Advisory Council (CLAC)

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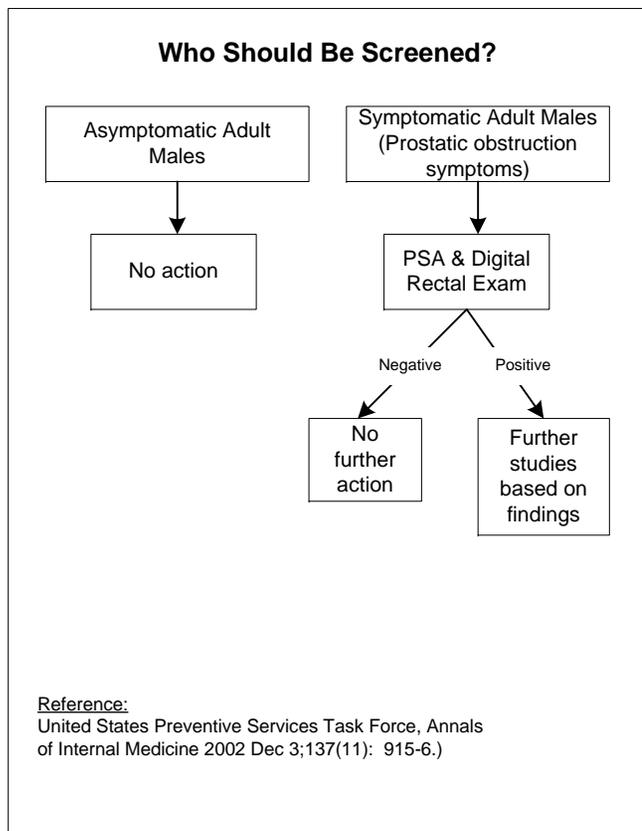
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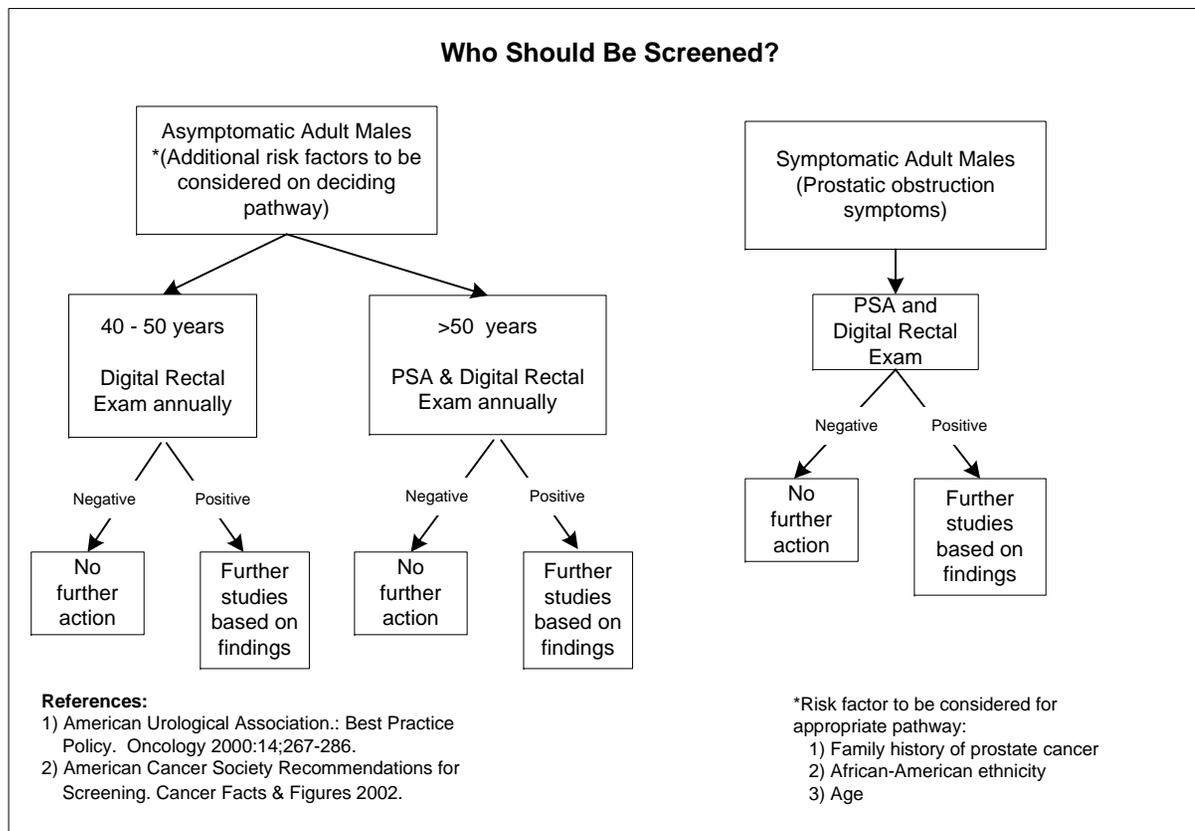
The individual clinician is in the best position to determine which tests are most appropriate for a particular patient.

There is a lack of consensus among researchers, physicians practicing in the community, and professional organizations on the appropriate screening guidelines for PSA testing. CLAC is presenting the two most commonly recognized and accepted options as its recommendation.

Option I



Option II



NOTES:

1. Some studies have indicated that PSA levels between 2.5 - 4.0 ng/ml may be abnormal for men less than 60 years old.
2. Current National Cancer Care Network Guidelines (2006) recommend that biopsy be considered if:
 - a). PSA is between 2.6 - 4.0 ng/ml; or
 - b). PSA velocity ≥ 0.5 ng/ml/year (based on 3 consecutive measurements over, at least, 18-24 months).