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Suicide Prevention

Training

- The Centers for Disease Control are offering a [free online violence prevention course](#) that addresses child abuse and neglect, intimate partner violence, sexual violence, suicide, and youth violence. The course takes 75 to 90 minutes.

Conference

The fifth annual Thrive Conference for American Indian and Alaska Native youth ages 13-19 strengthens supportive factors such as connectedness to friends and culture, engaging in activities, support, and encouragement.

The conference takes place from June 22-26 at the Portland State University campus in Portland, OR. [Registration is now open.](#)

Impact Effect of Garrett Lee Smith Youth Suicide Prevention Programs on Suicide Mortality

Our current youth suicide prevention grant from SAMHSA is a Garrett Lee Smith (GLS) grant. The *Weekly Spark* of the Suicide Prevention Resource Center had this to say about the effectiveness of GLS grants:

Analysis of evaluation data from Garrett Lee Smith (GLS) Memorial Youth Suicide Prevention Program grantees found that counties with GLS programs "had significantly lower suicide rates among the population aged 10 to 24 years the year after GLS training than similar counties." The researchers calculated that GLS programs prevented 427 suicides between 2007 and 2010. The impact on suicide rates did not persist after one year. The authors suggest that this may have resulted from staff turnover, the need for refresher gatekeeper training, and the possibility that "adherence and focus on comprehensive programming may fade over time."

Project Aware

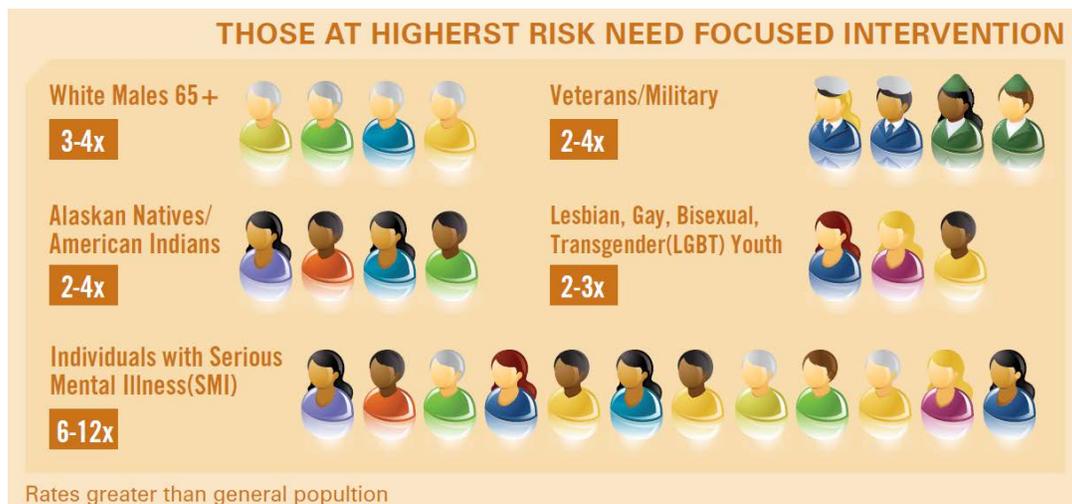
The Office of the Superintendent of Public Instruction (OSPI) received a federal grant to implement [Project AWARE](#) (Advancing Wellness and Resilience in Education). Goals are to increase awareness of mental health issues among school-aged youth, as well as to provide training for school personnel, families, and community members to detect and respond to mental health issues in children and young adults.

The project will be implemented in the Marysville, Shelton, and Battle Ground school districts. Educational Service District 112 will provide training and technical assistance in Youth Mental Health First Aid.

Project AWARE aims to improve mental health among youth and families, and to increase access to school- and community-based mental health services. These are also the Department of Health's goals for youth suicide prevention. We're excited to work together with Project Aware staff members to align our work, and to continue to look for opportunities to collaborate.

Useful Websites

- [Not another Life to Lose: Suicide in America](#): This website consists of colorful infographics about suicide facts, such as this one, for example:



- [Military Suicide Research Consortium](#): MSRC is part of an ongoing strategy to integrate U.S. Department of Defense and civilian efforts to implement a multidisciplinary research approach to suicide prevention.

Firearms Safety Coalition

[New Hampshire's Firearms Safety Coalition](#) consists of people and organizations with a broad range of views on gun ownership. The group includes gun shops, firing ranges, legislators, injury prevention professionals, mental health advocates, researchers, and volunteers. All share a concern about firearm safety and work together to prevent suicide. This coalition shows us that there is a role for firearm dealers and ranges in suicide prevention.

In the News

- [Working through depression: Many stay on the job, despite mental illness](#): This topic received attention after a Germanwings co-pilot crashed a plane into the French Alps.
- Lauren Davis from Forefront gave an [interview](#) to KING-TV.
- Spokane: [Five teen suicides have left 'whole community hurting'](#)
- [Suicides rare in young children: rate edged up in black boys](#)
- [Agencies work to reverse increase in Inland Northwest suicide rates](#): A police department's approach to suicide prevention among the elderly.

Zero Suicide

- Zero Suicide is a suicide prevention model with the potential to dramatically reduce the suicide rate for patients in health care systems. [On this page](#) you'll find an overview of Zero Suicide and a list of Zero Suicide resources, models, and trainings.
- What is Zero Suicide? It's a commitment to suicide prevention in health and behavioral health care systems, and is also a specific set of strategies and tools. Find out more on the new [Zero Suicide website](#).

Bullying

A [new study](#) suggests that being bullied as a child may take a bigger toll in a person's life than child abuse and neglect.

Military

Here is a [website](#) that encourages vets to let their health care providers know that they have served in the military. This information can help improve the accuracy and timeliness of diagnoses. It lists resources for veterans and contains helpful information for the care providers: How to determine military history, areas of concern for all veterans, factors that point to suicide risk.