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Suicide Prevention

Washington State Suicide Prevention in Higher Education Conference

Forefront is holding the [Washington State Suicide Prevention in Higher Education Conference](#) on September 28-29 on the campus of the University of Puget Sound.

Means Restriction

- The Brady Center to Prevent Gun Violence issued a new report, [The Truth about Suicide & Guns](#).
- [Gun Laws Associated with Lower Suicide Rates](#)
- [Is Gun Violence Due to Dangerous People Or Dangerous Guns?](#)

ACEs (Adverse Childhood Events)

- [Childhood Trauma](#) Impacts Serious Health Problems Later in Life

In the News

- [Robin Williams, One Year Later](#): What Will Your Verse Be?
- [College students' mental health](#) is a growing concern
- [Cyberbullying on Rise](#), Particularly for Teen Girls, Study Says
- ['It's No Longer Dark'](#): Suicide Attempt Survivors Share Messages of Hope

Interesting Websites

- According to the Centers for Disease Control and Prevention (CDC), suicide is the second leading cause of death for youth 15 to 24 years of age and the third leading cause for 10- to 14-year-olds in the United States. Much attention has been given to developing suicide awareness and prevention programs for youth, in particular through the Garrett Lee Smith Youth Suicide Prevention grant program, an initiative supported by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). However, a solid understanding and agreement on the warning signs for youth suicide has never been accomplished.

To address this gap in knowledge, a panel of national and international experts convened to resolve this problem; to help the public better understand the way youth think, feel, and behave before making life-threatening suicide attempts; and to inform them about how to effectively respond.

The main goal was to determine what changes, supported by research and rooted in clinical practice by experts, immediately preceded suicide attempts or deaths. For the first time we can now confidently put forward that these are the warning signs that a young person might be at risk of suicide.

The newly agreed-upon list of warning signs and additional resources for how to respond to recognized risk is at: [Youth Suicide Warning Signs](#).

- Trauma and Resilience: This website contains a wealth of information about ACEs, on how trauma affects brain development, and on resilience.

Indian Country

- [Suicide in Indian country](#): The continuing epidemic in rural Native American communities
- [Suicide prevention in rural, tribal communities](#): The intersection of challenge and possibility

Rural Communities

Research articles:

- [Suicide in rural areas](#): An updated review of the literature.

- [Making connections](#): Suicide prevention and the use of technology with rural veterans.
- [Suicide prevention in rural communities](#): Perspectives from a Community of Practice.
- Development, evaluation, and refinement of the [Suicide Prevention Toolkit](#) for Rural Primary Care Practices.

Veterans

The QPR Institute offers a new [Question Persuade Refer \(QPR\) course](#) for those who know and provide care for veterans.