

Indoor Water Conservation

Guideline 1

Did you know: Efficient water use can save you money on water & utility bills, and reduce the costs for sewer and septic services. Use the following household tips in the bathroom, kitchen, and laundry room to help protect the environment and save your family money!

Bathroom



Each flush wastes water. Don't use the toilet as a wastebasket.

Check toilets for leaks. Use food coloring or a leak detection tablet in the toilet tank. If color appears in the bowl without flushing, there is a leak that requires immediate attention.



Reduce the water level per flush by installing an ultra low-flow toilet or a toilet displacement device. Use a plastic bottle weighted with pebbles and water. Never use a brick.



Check faucets and pipes for leaks. A small drip can waste 20 or more gallons of water per day.

Don't let the bathroom sink run while wetting your toothbrush, brushing your teeth, or when shaving. Use a glass of water to rinse or clean your razor in a small pool of water.



Install water-efficient showerheads and take shorter showers.

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Kitchen



Only wash dishes when necessary. Turn the dishwasher on only when it is full.

Use both sides of the sink when washing dishes by hand. Use one side to wash and the other side to rinse. Do not wash dishes under a running faucet.

Install low-flow fixtures, then buy and install aerators for every faucet in the house.



Keep a bottle or pitcher of drinking water in the refrigerator. This eliminates letting the tap run while waiting for the water to get cold.



Clean vegetables in a pan of water and not under a running faucet. Water used to clean vegetables can also be used to water houseplants.

In-sink garbage disposal devices use roughly 11.5 gallons of water each day. Try composting organic wastes instead of throwing them away.

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Laundry

Pre-rinse clothes only when absolutely necessary.

Use the proper water level, load size selection, and water temperature when washing clothes. Consider installing a water efficient washing machine.



More Information

Washington State Department of Health
Office of Drinking Water
P.O. Box 47822 • Olympia, WA 98504-7828
360-236-3100 • 1-800-521-0323
<http://www.doh.wa.gov/ehp/dw/>

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