# Specimen Collection and Submission Instructions

## Listeria monocytogenes (Environmental) (Version 1)

**Page 1 of 2**

<table>
<thead>
<tr>
<th>Specimen Type</th>
<th>Collection Time</th>
<th>Collection Frequency</th>
<th>Collection Procedures</th>
<th>Transport Media</th>
<th>Shipping &amp; Handling (S&amp;H)**</th>
</tr>
</thead>
</table>
| Food                   | ASAP            | NA                   | • If possible send in original packaging or container.                                | NA              | • Transport device: Sterile, leak-proof bag or container.  
                        |                 |                      | • Sterile/Aseptic technique is necessary for handling and packaging food items.       |                 | • Rejection Criteria:  
                        |                 |                      | • Items must be individually bagged in sterile, leak-proof containers.               |                 |   - Testing not approved by CDE.  
                        |                 |                      | • Amount: 50-100 grams (1.7-3.5 ounces) of specimen is required.                    |                 |   - Leaking or inappropriately packaged specimen.  
                        |                 |                      |                                                                                   |                 |   - Improper storage or shipping conditions.  
| Environmental Swab     | NA              | NA                   | • Sterile/Aseptic technique is necessary for handling and packaging swabs.           | NA              | • Transport: Cold (Not frozen).  
                        |                 |                      | • Swabs must be individually bagged in sterile, leak-proof containers.              |                 | • Storage: Refrigerate.  

*Preferred specimen type, if applicable  **All specimens must be shipped meeting IATA, OSHA, and USPS requirements.  NA: Not Applicable  Last Revised: March 2015*
General Rejection Criteria (for additional details, see S&H)

- Unaccepted specimen type.
- Leaky specimen.
- Failure to follow specific S&H requirements.

Collection kit availability

Not available.

Comments

- If necessary, please contact laboratory before collection or shipping for additional assistance.
- For Environmental Swabs, commercial swab/sponge collection kits may be acceptable. Please call lab before collection to verify.