

Directions to WIC Training
Washington State Department of Health
DOH Town Center 2
111 Israel Road SE
Tumwater, WA 98501
Phone: 1-800-841-1410

Southbound I-5

(Seattle towards Portland)

- **Take Exit #101** (Tumwater Blvd).
- **Turn left** onto Tumwater Blvd; go over freeway.
- **Continue** on Tumwater Blvd (approximately ½ mile).
- **Turn left onto Capitol Blvd.**
- **Turn right onto Israel Road** (first stop light).
- **Take the first right** into the Department of Health parking lot. Park on either floor 4 or 5 in the parking garage.
- Enter Town Center 2.
- Sign in with the security guard to get a visitor's badge, and receive directions to the training room.

Northbound I-5

(Portland towards Seattle)

- **Take Exit 101** (Tumwater Blvd).
- **Turn right** onto Tumwater Blvd; drive ½ mile.
- **Turn left** onto Capitol Blvd.
- **Turn right** at first stop light, onto Israel Road.
- **Turn right onto Israel Road** (first stop light).
- **Take the first right** into the Department of Health parking lot. Park on either floor 4 or 5 in the parking garage.
- Enter Town Center 2.
- Sign in with the security guard to get a visitor's badge, and receive directions to the training room.

DIRECTIONS:

From I-5, take exit 101 – Tumwater Blvd (just south of Tumwater). Head east on Tumwater Blvd to Capitol Blvd; turn left on Capitol Blvd. Turn right onto Israel Road. Then right into the Town Center parking lot. Please use the parking garage if possible. The State WIC Training Center is housed in Town Center 2 on the first floor.

