First, we would like to ask a few questions about you and the time before you got pregnant with your new baby. Please check the box next to your answer.

| the | box                 | next                       | to your  | ans  | wer.                    |                                |                     |
|-----|---------------------|----------------------------|--|--|-------------------------|--------------------------------|---------------------|
| 1.  | hea                 | lth ins                    | you gourance?  | Do   | not co                  | unt Me                         |                     |
|     |                     | No<br>Yes                  |  |  |                         |                                |                     |
| 2.  | Me                  |                            | you go<br>Health   |  |                         |                                |                     |
|     |                     | No<br>Yes                  |  |  |                         |                                |                     |
| 3.  | with<br>did<br>vita | h your<br>you tal<br>min?  | e <i>month</i> new bal ke a mu These an                  | <b>by, h</b> o<br>I <b>ltivit</b> a<br>re pill | ow ma<br>amin<br>s that | ny timo<br>or a pro<br>contain | es a week<br>enatal |
|     |                     | a pren<br>1 to 3<br>4 to 6 | 't take a<br>atal vita<br>times a<br>times a<br>day of t | min a<br>week<br>week                          | t all                   | in or                          |                     |
| 4.  | Wh                  | at is yo                   | our date   | of bi  | rth?                    |                                |                     |
|     | Mo                  | nth                        | Day  | 19   | Year                    |                                |                     |
| 5.  |                     |                            | you go<br>much o   |  |                         |                                | our new             |
|     |                     | Poi                        | unds <b>O</b>  | R  | F                       | Kilos                          |                     |

| 6.  | Ho  | w tall are you without shoes?   |
|-----|-----|---|
|     |     | Feet Inches   |
|     |     | OR Centimeters  |
| 7.  | bab | fore you got pregnant with your new by, did you ever have any other babies o were born alive?   |
|     |     | No ———— Go to Question 10 Yes   |
| 8.  | wei | I the baby born <i>just before</i> your new one 1 the baby born <i>just before</i> your new one 1 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new one 2 the baby born <i>just before</i> your new yo |
|     |     | No<br>Yes   |
| 9.  |     | s the baby <i>just before</i> your new one born re than 3 weeks before its due date?  |
|     |     | No<br>Yes   |
|     |     | xt questions are about the time when t pregnant with your <i>new</i> baby.  |
| 10. | pre | inking back to <i>just before</i> you got gnant with your <i>new</i> baby, how did you about becoming pregnant?   |
|     |     | Check <u>one</u> answer   |
|     |     | I wanted to be pregnant sooner I wanted to be pregnant later I wanted to be pregnant then I didn't want to be pregnant then or at any time in the future  |

2 11. When you got pregnant with your new The next questions are about the prenatal baby, were you trying to get pregnant? care you received during your most recent pregnancy. Prenatal care includes visits to ☐ No a doctor, nurse, or other health care worker ☐ Yes -Go to Question 14 before your baby was born to get checkups and advice about pregnancy. (It may help to 12. When you got pregnant with your new baby, look at the calendar when you answer these were you or your husband or partner doing anything to keep from getting pregnant? questions.) (Some things people do to keep from getting pregnant include not having sex at certain times 14. How many weeks or months pregnant were [rhythm] or withdrawal, and using birth control vou when you were *sure* you were pregnant? methods such as the pill, condoms, cervical (For example, you had a pregnancy test or a ring, IUD, having their tubes tied, or their doctor or nurse said you were pregnant.) partner having a vasectomy.) ☐ No Weeks **OR** Months ☐ Yes — Go to Question 14 ☐ I don't remember. 13. What were your or your husband's or partner's reasons for not doing anything to 15. How many weeks or months pregnant were keep from getting pregnant? you when you had your first visit for prenatal care? Do not count a visit that was only for a Check all that apply pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, ☐ I didn't mind if I got pregnant Infants, and Children). ☐ I thought I could not get pregnant at that ☐ I had side effects from the birth control Weeks **OR** \_\_\_\_\_ Months method I was using ☐ I didn't go for prenatal care ☐ I had problems getting birth control when I needed it ☐ I thought my husband or partner or I was 16. Did you get prenatal care as early in your sterile (could not get pregnant at all) pregnancy as you wanted? ☐ My husband or partner didn't want to use ☐ No anything ☐ Yes ☐ Other — → Please tell us: ☐ I didn't want prenatal Go to Question 18

17. Here is a list of problems some women can have getting prenatal care. For each item, circle Y (Yes) if it was a problem for you during your most recent pregnancy or circle N (No) if it was not a problem or did not apply to you.

|    | No                                    | Yes |
|----|---------------------------------------|-----|
| a. | I couldn't get an appointment when    |     |
|    | I wanted one N                        | Y   |
| b. | I didn't have enough money or         |     |
|    | insurance to pay for my visitsN       | Y   |
| c. | I had no way to get to the clinic or  |     |
|    | doctor's office N                     | Y   |
| d. | I couldn't take time off from work N  | Y   |
| e. | The doctor or my health plan would    |     |
|    | not start care as early as I wanted N | Y   |
| f. | I didn't have my Medicaid card,       |     |
|    | Healthy Options card,                 |     |
|    | or medical couponN                    | Y   |
| g. | I had no one to take care of          |     |
|    | my children N                         | Y   |
| h. | I had too many other things           |     |
|    | going onN                             | Y   |
| i. | I didn't want anyone to know I was    |     |
|    | pregnant N                            | Y   |
| j. | Other                                 | Y   |
|    | Please tell us:                       |     |
|    |                                       |     |

If you did not go for prenatal care, go to Page 4, Question 21.

## 18. How was your prenatal care paid for?

Check all that apply

|   | Medicaid, Healthy Options, or medical   |
|---|---|
| _ | coupon                                  |
| Ч | Personal income (cash, check, or credit |
| _ | card)                                   |
| Ц | Health insurance or HMO (including      |
|   | insurance from your work or your        |
|   | husband's work)                         |
|   | Military TRICARE-Standard (formerly     |
|   | CHAMPUS)                                |
|   | I still owe                             |
|   | Other → Please tell us:                 |
|   |   |
|   |   |

19. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos. For each item, circle Y (Yes) if someone talked with you about it or circle N (No) if no one talked with you about it.

|     |                                       | No   | Yes |
|-----|---------------------------------------|------|-----|
| a.  | How smoking during pregnancy          |      |     |
|     | could affect my baby                  | . N  | Y   |
| b.  | Breastfeeding my baby                 |      | Y   |
| c.  | How drinking alcohol during           |      |     |
|     | pregnancy could affect my baby        | . N  | Y   |
| d.  | Using a seat belt during              |      |     |
|     | my pregnancy                          | . N  | Y   |
| e.  | Birth control methods to use after    |      |     |
|     | my pregnancy                          | . N  | Y   |
| f.  | Medicines that are safe to take       |      |     |
|     | during my pregnancy                   | N    | Y   |
| g.  | How using illegal drugs could         |      | _   |
| ₽.  | affect my baby                        | N    | Y   |
| h.  | Doing tests to screen for             |      | •   |
| 11. | birth defects or diseases that        |      |     |
|     | run in my family                      | N    | Y   |
| i.  | What to do if my labor starts early   |      | Y   |
| j.  | Getting tested for HIV (the virus     | . 1  | 1   |
| J.  | that causes AIDS)                     | N    | Y   |
| k.  | · · · · · · · · · · · · · · · · · · · | . 11 | 1   |
| ĸ.  | Physical abuse to women by their      | NI   | Y   |
|     | husbands or partners                  | . IN | Y   |
|     |                                       |      |     |

20. During any of your prenatal care visits, did a doctor, nurse, or other health care worker do any of the things listed below? For each item circle Y (Yes) if someone asked or talked with you about it or circle N (No) if no one asked or talked with you about it.

|     |            |  | No                     | Yes      |
|-----|------------|--|------------------------|----------|
| a.  | Ask        | if you were smoking cigarettes   | . N                    | Y        |
| b.  |            | how much alcohol you   |                        |          |
|     |            | e drinking   | . N                    | Y        |
| c.  |            | if someone was hurting you   |                        |          |
|     |            | · · · · · · · · · · · · · · · · · · ·  | . N                    | Y        |
| d.  |            | if you were using illegal drugs  |                        |          |
|     |            | urijuana or hash, cocaine,   |                        |          |
|     |            | ck, etc.).   | . N                    | Y        |
| e.  |            | if you wanted to be tested for   | 3.7                    | 3.7      |
| C   |            | (the virus that causes AIDS)   | . N                    | Y        |
| f.  |            | if you planned to use birth  | NT                     | v        |
| ~   |            | trol after your baby was born k with you about how eating fish   | . IN                   | Y        |
| g.  |            | taining high levels of mercury   |                        |          |
|     |            | ld affect your baby  | N                      | Y        |
| h.  |            | k with you about the bacteria  | . 11                   | 1        |
| 11. |            | oup B Strep (or Beta Strep)  | N                      | Y        |
|     | Ort        | rup B surep (or Betti surep)   |                        | •        |
|     |            |  |                        |          |
| 21. | pre        | any time during your most recer<br>gnancy or delivery, did you have<br>HIV (the virus that causes AIDS   | e a te                 | est      |
| 21. | pre<br>for | gnancy or delivery, did you have<br>HIV (the virus that causes AIDS  | e a te                 | est      |
| 21. | pre<br>for | gnancy or delivery, did you have<br>HIV (the virus that causes AIDS  | e a te<br>S)?          |          |
| 21. | pre<br>for | gnancy or delivery, did you have HIV (the virus that causes AIDS  No Yes   | e a te<br>S)?          |          |
| 21. | pre for    | gnancy or delivery, did you have<br>HIV (the virus that causes AIDS  | e a te<br>S)?          |          |
|     | pre for    | gnancy or delivery, did you have HIV (the virus that causes AIDS  No Yes   | e a te<br>S)?<br>stion | 25       |
|     | pre for    | gnancy or delivery, did you have HIV (the virus that causes AIDS  No Yes — Go to Ques I don't know  re you offered an HIV test durin st recent pregnancy or delivery?  | e a te<br>S)?<br>stion | 25<br>ur |
|     | pre for    | gnancy or delivery, did you have HIV (the virus that causes AIDS  No Yes Go to Ques I don't know  re you offered an HIV test durin st recent pregnancy or delivery?  | e a te<br>S)?<br>stion | 25<br>ur |
|     | pre for    | gnancy or delivery, did you have HIV (the virus that causes AIDS  No Yes Footo Quest I don't know  re you offered an HIV test during trecent pregnancy or delivery?  No Footo Quest Foot | e a te<br>S)?<br>stion | 25<br>ur |
| 22. | we mos     | gnancy or delivery, did you have HIV (the virus that causes AIDS  No Yes Footo Quest I don't know  re you offered an HIV test during trecent pregnancy or delivery?  No Footo Quest Foot | e a te<br>S)?<br>stion | 25<br>ur |
| 22. | we mos     | gnancy or delivery, did you have HIV (the virus that causes AIDS  No Yes   | e a te                 | 25 ur 25 |
| 22. | we mos     | gnancy or delivery, did you have HIV (the virus that causes AIDS  No Yes   | e a te                 | 25 ur 25 |

| 24. | Why did you turn down the HIV test? |   |  |
|-----|-------------------------------------|---|--|
|     |                                     |   | Check <u>all</u> that apply                                      |
|     |                                     | for HIV<br>I was afraid of getti<br>I was tested before<br>not think I needed t | le to think I was at risk  ng the result this pregnancy, and did |
| rec | ent ]                               | xt questions are a<br>pregnancy and th<br>appened during y                      | ings that might  |
| 25. | you<br>Nut                          | ring your most rece<br>on WIC (the Speci<br>crition Program for<br>Children)?   |  |
|     | _                                   | No<br>Yes   |  |

| 26. | <b>Did you have any of these problems dur your most recent pregnancy?</b> For each is circle <b>Y</b> (Yes) if you had the problem or circle <b>N</b> (No) if you did not. | tem |
|-----|--|-----|
|     | No   | Yes |
| a.  | High blood sugar (diabetes) that   |     |
|     | started before this pregnancy N  | Y   |
| b.  | High blood sugar (diabetes) that   |     |
|     | started during this pregnancy N  | Y   |
| c.  | Vaginal bleeding N   | Y   |
| d.  | Kidney or bladder (urinary tract)  |     |
|     | infection N  | Y   |
| e.  | Severe nausea, vomiting, or  |     |
|     | dehydration N  | Y   |
| f.  | Cervix had to be sewn shut   |     |
|     | (incompetent cervix)N  | Y   |
| g.  | High blood pressure, hypertension  |     |
|     | (including pregnancy-induced   |     |
|     | hypertension [PIH]), preeclampsia,   |     |
|     | or toxemia N   | Y   |
| h.  | Problems with the placenta (such as  |     |
|     | abruptio placentae or  |     |
|     | placenta previa) N   | Y   |
| i.  | Labor pains more than 3 weeks  |     |
|     | before my baby was due (preterm  |     |
|     | or early labor) N  | Y   |
| j.  | Water broke more than 3 weeks  |     |
|     | before my baby was due (premature  |     |
|     | rupture of membranes $[PROM]$ ) N  | Y   |
| k.  | I had to have a blood transfusion N  | Y   |
| 1.  | I was hurt in a car accident N   | Y   |

If you did not have any of these problems, go to Page 6, Question 28.

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| Did you do any of the following things because of these problems? For each item, circle Y (Yes) if you did that thing or circle                            | 30. In the <i>last 3 months</i> of your pregnancy, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)  |  |  |
|--|--|--|--|
| I went to the hospital or emergency room and stayed less than 1 day  | ☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ None (0 cigarettes)   |  |  |
| I stayed in bed at home more than 2 days because of my doctor's or   | 31. How many cigarettes do you smoke on an average day now? (A pack has 20 cigarettes.  □ 41 cigarettes or more □ 21 to 40 cigarettes □ 11 to 20 cigarettes □ 6 to 10 cigarettes □ 1 to 5 cigarettes   |  |  |
| e next questions are about smoking arettes and drinking alcohol.   |  |  |  |
| Have you smoked at least 100 cigarettes in the past 2 years? (A pack has 20 cigarettes.)   | ☐ Less than 1 cigarette ☐ None (0 cigarettes)  |  |  |
| □ No ——— Go to Question 32 □ Yes   | <b>32.</b> Have you had any alcoholic drinks in the past 2 years? (A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or  |  |  |
| In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)                                  | cooler, can or bottle of beer, snot of liquor, or mixed drink.)  No ———————————————————————————————————  |  |  |
| ☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ None (0 cigarettes) | 33a. During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?  14 drinks or more a week 7 to 13 drinks a week 4 to 6 drinks a week 1 to 3 drinks a week Less than 1 drink a week I didn't drink then  |  |  |
|  | because of these problems? For each item, circle Y (Yes) if you did that thing or circle N (No) if you did not.  No Yes  I went to the hospital or emergency room and stayed less than 1 day N Y I went to the hospital and stayed 1 to 7 days N Y I went to the hospital and stayed more than 7 days N Y I stayed in bed at home more than 2 days because of my doctor's or nurse's advice N Y  e next questions are about smoking arettes and drinking alcohol.  Have you smoked at least 100 cigarettes in the past 2 years? (A pack has 20 cigarettes.)  No Go to Question 32  Yes  In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)  41 cigarettes or more 21 to 40 cigarettes 11 to 20 cigarettes 6 to 10 cigarettes 11 to 5 cigarettes 1 to 5 cigarettes 1 to 5 cigarettes 1 Less than 1 cigarette |  |  |

| pregnant, how many times did you drink 5 alcoholic drinks or more in one sitting?   | women. These next questions are about things that may have happened before and  |  |  |  |  |
|---|---|--|--|--|--|
| ☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 5 drinks or more in 1 sitting ☐ I didn't drink then                      | <ul> <li>35. This question is about things that may have happened during the 12 months before your new baby was born. For each item, circle Y (Yes) if it happened to you or circle N (No) if it did not. (It may help to use the calendar.)</li> </ul> |  |  |  |  |
| 34a. During the <i>last 3 months</i> of your pregnancy, how many alcoholic drinks did you have in an average week?                                | a. A close family member was very sick and had to go into the hospital N Y  b. I got separated or divorced from my  |  |  |  |  |
| ☐ 14 drinks or more a week ☐ 7 to 13 drinks a week ☐ 4 to 6 drinks a week ☐ 1 to 3 drinks a week ☐ Less than 1 drink a week ☐ I didn't drink then | husband or partner  |  |  |  |  |
| 34b. During the <i>last 3 months</i> of your pregnancy, how many times did you drink 5 alcoholic drinks or more in one sitting?                   | h. My husband or partner said he didn't want me to be pregnant  |  |  |  |  |
| ☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 5 drinks or more   | <ul> <li>i. I had a lot of bills I couldn't pay N Y</li> <li>j. I was in a physical fight N Y</li> <li>k. My husband or partner or I went to jail N Y</li> <li>l. Someone very close to me had a bad</li> </ul>   |  |  |  |  |
| in 1 sitting  I didn't drink then   | m. Someone very close to me died N Y  36. During the 12 months before your new baby   |  |  |  |  |
|   | was born, did you ever eat less than you felt<br>you should because there wasn't enough<br>money to buy food?   |  |  |  |  |
|   | □ No □ Yes  |  |  |  |  |

□ No □ Yes

The next questions are about your labor and delivery. (It may help to look at the calendar when you answer these questions.)

| 40. | When        | was   | your   | baby  | due?  |          |        |
|-----|-------------|-------|--------|-------|---|----------|--------|
|     |             |       |        |       |   |          |        |
|     | <br>Month   |       | Dani   |       | Year  |          |        |
|     | Month       | Į     | Day    |       | rear  |          |        |
| 41. | When your b |       |        | o int | o the hos                                     | pital to | have   |
|     |             |       |        |       |   |          |        |
|     | Month       |       | Day    |       | Year  |          |        |
|     |             |       | ,      | . m 1 | baby in a                                     | hoenita  | 1      |
|     | <b>-</b> 10 | aidii | t nave | illy  | baby iii a                                    | поѕрна   | I      |
| 42. | When        | was   | your   | baby  | born?   |          |        |
|     |             |       |        |       |   |          |        |
|     | <br>Month   |       | Day    |       | Year  |          |        |
|     |             |       |        |       |   |          |        |
| 43. |             |       |        |       | narged fr<br>born? (I                         |          |        |
|     | use the     |       |        |       | <b>, , , , , , , , , , , , , , , , , , , </b> | t may m  | orp to |
|     |             |       |        |       |   |          |        |
|     | Month       |       | Day    |       | Year  |          |        |
|     |             |       | -      | ms/ l | baby in a                                     | hoenita  | 1      |
|     |             | aidii | t nave | illy  | oaoy iii a                                    | поэрна   | ı      |
|     |             |       |        |       |   |          |        |
|     |             |       |        |       |   |          |        |
|     |             |       |        |       |   |          |        |
|     |             |       |        |       |   |          |        |
|     |             |       |        |       |   |          |        |
|     |             |       |        |       |   |          |        |
|     |             |       |        |       |   |          |        |
|     |             |       |        |       |   |          |        |

| 44. How was your delivery paid for?   | 47. Is your baby alive now?   |
|---|---|
| Check <u>all</u> that apply  ☐ Medicaid, Healthy Options, or medical  | ☐ No —— Go to Page 10, Question 58☐ ☐ Yes   |
| coupon  Personal income (cash, check, or credit card)  Health insurance or HMO (including insurance from your work or your                    | 48. Is your baby living with you now?  ☐ No → Go to Page 10, Question 58 ☐ Yes  |
| husband's work)  ☐ Military or TRICARE-Standard (formerly CHAMPUS)  ☐ I still owe ☐ Other → Please tell us:                                   | 49. Did you ever breastfeed or pump breast milk to feed your new baby after delivery?  ☐ No → Go to Page 10, Question 53 ☐ Yes  |
|   | 50. Are you still breastfeeding or feeding pumped milk to your new baby?  |
| The next questions are about the time since your new baby was born.   | <ul> <li>□ No</li> <li>□ Yes</li></ul>  |
| 45. After your baby was born, was he or she put in an intensive care unit?  | 51. How many weeks or months did you breastfeed or pump milk to feed your baby?   |
| □ No □ Yes □ I don't know   | Weeks <b>OR</b> Months  ☐ Less than 1 week  |
| 46. After your baby was born, how long did he or she stay in the hospital?  Less than 24 hours (less than 1 day) 24 to 48 hours (1 to 2 days) | <b>52.</b> How old was your baby the first time you fed him or her anything besides breast milk? Include formula, baby food, juice, cow's milk, water, sugar water, or anything else you fed your baby. |
| ☐ 3 days ☐ 4 days ☐ 5 days ☐ 6 days or more ☐ My baby was not born in a hospital ☐ My baby is still in the hospital                           | Weeks OR Months  My baby was less than 1 week old  I have not fed my baby anything besides breast milk  If your baby is still in the hospital, go to Page 10, Question 58.                              |

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| 53.         | About how many hours a day, on average, is your new baby in the same room with someone who is smoking?  Hours  Less than 1 hour a day  My baby is never in the same room | 58. | any<br>(Sor<br>preg<br>[rhy<br>met<br>ring   | thing now to keep f<br>me things people do<br>gnant include not have     | ubes tied, or their                 |
|-------------|--|-----|--|--|-------------------------------------|
|             | with someone who is smoking  |     |  | No<br>Yes —  | Go to Question 60                   |
| 54.         | How do you <i>most often</i> lay your baby down to sleep now?  Check <u>one</u> answer   |     | . What are your or your husband's or partner's reasons for not doing anything to keep from getting pregnant now? |  |                                     |
|             | ☐ On his or her side   |     | NCC  | p irom getting preg  | Check <u>all</u> that apply         |
| 55          | ☐ On his or her back ☐ On his or her stomach  How often does your new baby sleep in the  |     |  | I am not having sex<br>I want to get pregna                              | s<br>ant                            |
| <i>JJ</i> . | same bed with you or anyone else?  |     |  | I don't want to use birth control  My husband or partner doesn't want to |                                     |
|             | □ Always □ Often □ Sometimes □ Rarely □ Never  |     |  | use anything   | get pregnant (sterile)<br>n control |
| 56.         | Was your new baby seen by a doctor, nurse, or other health care worker during the first week after he or she left the hospital?  |     |  |  |                                     |
|             | □ No □ Yes   |     |  |  |                                     |
| 57.         | Has your new baby had a well-baby checkup? (A well-baby checkup is a regular health visit for your baby usually at 2, 4, or 6 months of age.)  □ No □ Yes                |     |  |  |                                     |
|             |  |     |  |  |                                     |

62. During the 12 months before your new baby

was born, how many people, including

The next few questions are about the time during the 12 months before your new baby was born.

| wa  | vas born.   |  |   | yourself, depended on this income?   |    |  |  |
|-----|---|--|---|--|----|--|--|
| 50. | During the 12 months b was born, what were th household's income?   | The next few questions are on a variety of topics.                     |   |  |    |  |  |
|     | □ Paycheck or money □ Money from family □ Money from a busin or rental income □ Aid such as Tempora Needy Families (TA  | or friends ess, fees, dividends, ary Assistance for NF), welfare, WIC, | 63. Which of the following statements best describes you during the 3 months before you got pregnant?  Check one answer   |  |    |  |  |
|     | public assistance, general assistance, food stamps, or Supplemental Security Income (SSI)  ☐ Unemployment benefits ☐ Child support or alimony ☐ Social security, workers' compensation, disability, veteran benefits, or pensions ☐ Other — ▶ Please tell us: |  |   | <ul> <li>I was trying to get pregnant</li> <li>I wasn't trying to get pregnant or trying keep from getting pregnant</li> <li>I was trying to keep from getting pregna but was not trying very hard</li> <li>I was trying hard to keep from getting pregnant</li> </ul> |    |  |  |
| 61. | During the 12 months b was born, what was you income before taxes? It your husband's or partner.  | prodid<br>act<br>mo<br>swi<br>Do                                       | egnant with your ne<br>l you participate in<br>civities or exercise for<br>ore? (For example, wimming, cycling, dar<br>not count exercise y<br>part of your regular j | w baby, how often<br>any physical<br>or 30 minutes or<br>valking for exercise,<br>acing, or gardening.)<br>you may have done   |    |  |  |
|     | other income you may have used. (All information will be kept private and will not affect any services you are now getting.)  Check one answer  |  |   | Less than 1 day per<br>1 to 4 days per wee<br>5 or more days per   | ek |  |  |
|     | □ Less than \$10,000 □ \$10,000 to \$14,999 □ \$15,000 to \$19,999 □ \$20,000 to \$24,999 □ \$25,000 to \$34,999 □ \$35,000 to \$49,999 □ \$50,000 or more  |  |   |  |    |  |  |

12

65. At any time during your pregnancy, did a doctor, nurse, or other health care worker talk to you about the following things? For each thing, circle Y (Yes) if it applies to you, N (No) if it does not apply to you, or DK (Don't Know) if you are unsure.

|    | No  | Yes | Don't<br>Know |
|----|---|-----|---------------|
| a. | "Baby blues" or postpartum depression N                 | Y   | DK            |
| b. | How much weight you should gain during your pregnancy N | Y   | DK            |
| c. | Diseases or birth defects that could run in your family |     |               |
|    | or your partner's familyN                               | Y   | DK            |

If you did not smoke during the *3 months* before you got pregnant, go to Question 67.

If you did not go for prenatal care, go to Question 67.

66. Listed below are some things about smoking that a doctor, nurse, or other health care worker might have done during any of your prenatal care visits. For each thing, circle Y (Yes) if it applied to you during any of your prenatal care visits or circle N (No) if it did not.

During any of your prenatal care visits, did a doctor, nurse, or other health care worker—

|    |                                     | No | Yes |
|----|-------------------------------------|----|-----|
| a. | Spend time with you discussing      |    |     |
|    | how to quit smoking                 | N  | Y   |
| b. | Suggest that you set a specific     |    |     |
|    | date to stop smoking                | N  | Y   |
| c. | Prescribe a nicotine nasal spray or |    |     |
|    | nicotine inhaler                    | N  | Y   |
| d. | Prescribe a pill like Zyban® (also  |    |     |
|    | known as Wellbutrin® or bupropion)  |    |     |
|    | to help you quit                    | N  | Y   |
| e. | Recommend using nicotine gum        |    | Y   |
| f. | Recommend using a nicotine patch    | N  | Y   |
| g. | Suggest you attend a class or       |    |     |
|    | program to stop smoking             | N  | Y   |
| h. | Provide you with booklets, videos,  |    |     |
|    | or other materials to help you quit |    |     |
|    | smoking on your own                 | N  | Y   |
| i. | Refer you to counseling for help    |    |     |
|    | with quitting                       | N  | Y   |
| j. | Ask if a family member or friend    |    |     |
|    | would support your decision to quit | N  | Y   |
| k. | Refer you to a national or state    |    |     |
|    | quit line                           | N  | Y   |
|    | •                                   |    |     |

| 67.            | . Which of the following statements best describes the rules about smoking <i>inside</i> your home during your most recent pregnancy?   |  | 69.      | This question is about things that may have<br>happened during your most recent pregnancy<br>For each thing, circle Y (Yes) if it happened to<br>you or circle N (No) if it did not. |  |  |  |  |
|----------------|---|--|----------|--|--|--|--|--|
|                |   | Check one answer   |          | During your most recent pregnancy—   |  |  |  |  |
| 68.            | inside my home Smoking was allow at some times  | s of help listed below<br>n? For each thing,<br>uld have had this kind | a. b. c. | you or made you feel unsafe in some way  |  |  |  |  |
| a.<br>b.<br>c. | Someone to loan me \$50<br>Someone to help me if I<br>and needed to be in bed.<br>Someone to take me to t<br>doctor's office if I neede<br>Someone to talk with ab<br>my problems | were sick  | 70a.     | to take part in any sexual activity when you did not want to (including touch that made you uncomfortable)   |  |  |  |  |
|                |   |  | 70b      | . Since your new baby was born, how of have you had little interest or little ple in doing things?   |  |  |  |  |
|                |   |  |          | ☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never  |  |  |  |  |

If your baby is no longer alive or is not living

|     | ith you now, go to Question 74.  | iot ii | vilig         |     | <b>dentist or dental hygienist?</b> For each of the three time periods, circle <b>Y</b> (Yes) if you had                         |   |  |
|-----|--|--------|---------------|-----|--|---|--|
| 71. | Listed below are some statements   |        |               |     | your teeth cleaned then or circle <b>N</b> (No) if you did not have your teeth cleaned then.                                     |   |  |
|     | <b>safety.</b> For each thing, circle <b>Y</b> (Yes) if it applies to you, <b>N</b> (No) if it does not apply to you, or <b>DK</b> (Don't Know) if you are unsure. |        |               |     | Before my most recent pregnancy N During my most recent pregnancy N  |   |  |
|     | No   | Yes    | Don't<br>Know | c.  |  | Y |  |
| a.  | Your home has a working smoke alarm that has been tested in the past year N  | Y      | DK            | 76. | 6. Which of the following statements best describes the rules about smoking <i>inside</i> your home <i>now?</i>                  |   |  |
| b.  | The last time your baby rode in a car he or she was  |        |               |     | Check one answe  | r |  |
|     | in a car safety seat N   | Y      | DK            |     | No one is allowed to smoke anywhere inside my home   |   |  |
| 72. | Do you have an infant car seat(s) new baby?  | for y  | our           |     | Smoking is allowed in some rooms or a some times   |   |  |
|     | ☐ No ——— Go to Que   | estio  | n 74          |     | Smoking is permitted anywhere inside home  | m |  |
| 73. | When your new baby rides in an i seat, is he or she <i>usually</i> facing for facing the rear of the car, truck, o   | rwar   | d or          | 77. | 7. Do you get the water you use in your hou<br>apartment, or trailer from a city or coun<br>water supply or from a private well? |   |  |
|     | ☐ Facing forward ☐ Facing the rear   |        |               |     | ☐ City or county water supply ☐ Private well   |   |  |
| 74. | Have you <i>ever</i> had your teeth clea dentist or dental hygienist?  | ned l  | by a          | 78. | 3. What is today's date?   |   |  |
|     | □ No — Go to Qu  | estio  | n 76          |     | Month Day Year   |   |  |
|     |  |        |               |     |  |   |  |
|     |  |        |               |     |  |   |  |
|     |  |        |               |     |  |   |  |
|     |  |        |               |     |  |   |  |

75. When did you have your teeth cleaned by a

Please use this space for any additional comments you would like to make about the health of mothers and babies in Washington.

Thanks for answering our questions!

Your answers will help us work to make Washington mothers and babies healthier.

