



**WASHINGTON STATE  
DEPARTMENT OF HEALTH  
CHEMICAL DEPENDENCY CERTIFICATION ADVISORY COMMITTEE  
MEETING MINUTES**

**September 27, 2013**

**LOCATION:** Department of Health  
Point Plaza East  
111 Israel Road S.E., Conference Room 158  
Tumwater, WA 98501

**COMMITTEE MEMBERS PRESENT:**

Bridgette Agpaoa Ryder, LMHC, CDP, Chair  
Mark Loes, CDP, Vice-Chair  
Anthony Hanley, CDP  
Jerome Dirkers, MD, CDP  
Ryan Calsyn, Public Member  
Deb Cummins, DSHS/DBHR Representative  
Betty Hames, CDP

**COMMITTEE MEMBERS ABSENT:**

Brandy Branch, LMHC, CDP

**STAFF PRESENT:** Betty J. Moe, Program Manager  
Billie Jo Dale, Program Manager

**AAG PRESENT:** Elizabeth Baker, Assistant Attorney General

**OTHERS PRESENT:** Melissa Johnson, AAP  
Karl Kester, AAP  
Judy Holman, LICSW, LMHC, CDP, DSHS/DBHR  
Lauren Davis, King County Suicide Prevention Coalition

On Sept. 27, 2013, the Chemical Dependency Professional Advisory Committee met at Department of Health, Town Center 2, Room 158, Tumwater, WA 98501. In accordance with the Open Public Meetings Act, the meeting agenda was emailed to members of the Chemical Dependency Professional Listserv.

**1. CALL TO ORDER – Bridgette Agpaoa Ryder, LMHC, CDP, Chair 9:04am**

- 1.1 The agenda was approved as written.
- 1.2 The June 28, 2013 meeting minutes were approved as written.

**2. MANAGER REPORTS – Betty Moe, Interim Executive Director and Billie Jo Dale, Program Manager**

2.1 Ms. Moe provided an update on organizational changes within the department. Martin Mueller will be the new assistant secretary for Health Systems Quality Assurance as of Oct. 1, 2013. The Office of Health Professions and Facilities is recruiting for the office director position. Lisa Hodgson will be the acting office director until a permanent appointment is made.

2.2 Ms. Dale provided the licensing statistics as of September 10, 2013.

Current number of active chemical dependency professionals (CDP): 2,689  
Current number of active chemical dependency professional trainees (CDPT): 3,085

The committee agreed that it would like to continue to receive licensing statistic updates for the certified counselor, certified adviser, agency affiliated counselor, and the associate credentials.

2.3 Ms. Moe provided a budget update. The CDP and CDPTs have a balance of \$162,774. The budgets for chemical dependency professionals and chemical dependency professional trainees have been merged, which will avoid a fee increase.

2.4 Ms. Dale provided a recruitment update. We are recruiting for three positions. We have received 15 applications and have started the review process.

2.5 Diane Young, credentialing manager, provided an update on the online application process for chemical dependency professional trainees. Since May 2013 when CDPTs were able to begin applying online 50 applications have been received with an average processing time of eight days. When the online application was first available applicants had to mail to the department the declaration that they are enrolled in an approved school and gaining the education required to receive a CDP credential. This is being updated and applicants will soon be able to declare online, which will reduce the processing time.

**3. SUICIDE ASSESSMENT CONTINUING EDUCATION RULES UPDATE – Betty Moe, Interim Executive Director**

Ms. Moe reported that the rules hearing will be held in November or December. The rules may not be effective by Jan. 1, 2014; however, we are looking at requesting that the rules become effective when filed instead of 31 days after filing. The rules are taking longer as we have waited for the changes coming from HB 1376, which clarified the requirement that certain professions would be required to complete only three hours in suicide assessment and referral. It was a cost savings to hold the rules package rather than go forward and have to amend the rules later.

Information regarding the rules hearing will be sent to the listserv and posted online.

**4. AGENCY REQUEST LEGISLATION – Betty Moe, Interim Executive Director**

Ms. Moe provided an update on proposed changes to RCW 18.205.040 and provided the draft language. The changes would amend where a CDP can use the title if the CDP also holds one of the following credentials:

- Advanced registered nurse practitioner
- Licensed marriage and family therapist
- Licensed mental health counselor
- Licensed advanced social worker
- Licensed independent clinical social worker
- Licensed psychologist
- Osteopathic physician
- Osteopathic physician assistant
- Physician
- Physician assistant

The changes attempt to remove barriers for those in other professions who also hold a CDP credential to use the title outside of a DBHR approved agency.

Some committee members expressed concerns about making these changes. Concerns focused on the changes being viewed as premature and a misguided solution to workforce development.

**5. DISCUSSION ON THE DEVELOPMENT OF A PROCEDURAL RULE RELATED TO EDUCATIONAL PROGRAM AND ALTERNATIVE TRAINING – Betty Moe, Interim Executive Director**

The committee discussed items 4 and 5 together. Ms. Moe said a CR 101 is in process and will be provided at the next meeting. With the filing of the CR 101 the advisory committee can begin to look at development of standards and procedures for alternative training programs.

Karl Kester, president of Lake Side Milam Recovery Centers, commented regarding the professions' concerns. Mr. Kester said it has been suggested that changes in the Affordable Care Act will produce 40,000 citizens in Washington looking for chemical dependency treatment. Those numbers are not supported by the Substance Abuse and Mental Health Services Administration (SAMSHA) study. According to the SAMSHA study only 5 percent of those who had access to insurance would actually seek CD services, meaning that only 750 people would seek services; 750 compared to 40,000 is a wide range, leaving enough doubt to proceed with caution.

Melissa Johnson, Bogard and Johnson, LLC supported Mr. Kester and asked the department to wait on this piece of legislation.

**6. DBHR UPDATES – Deb Cummins**

Ms. Cummins said the Department of Social and Health Services has deferred the use of the DSM-5 for agencies until Sept. 1, 2014 in order to support the transition to the new behavioral health rules.

Ms. Cummins also said DBHR plans to allow physicians who are certified by the American Society of Addiction Medicine (ASAM) and are practicing within their scope to be recognized as CD providers in DBHR facilities.

Ms. Cummins also announced that she will leave DBHR in October. Judy Holman, LICSW, LMHC, CDP will replace her as the DSHS/DBHR representative. Ms. Cummins said she has enjoyed working with everyone on the committee. The committee thanked Ms. Cummins for her great and very valuable service to the committee.

**7. NAADAC EXAM - Bridgette Agpaoa Ryder, LMHC, CDP, Chair**

In March 2013 the NAADAC exam had a very low pass rate of 58 percent. The pass rate is usually about 80 percent. Ms. Ryder contacted the testing company that administers the exam for NAADAC regarding the recent exam and the low pass rate. The testing company said that every few years the level II exam is updated regarding co-occurring treatment and this may have caused the pass rate to be lower than usual. The June pass rate was back up to 86 percent.

**8. ASSISTANT ATTORNEY GENERAL (AAG) REPORT – Elizabeth Baker, AAG**

Ms. Baker relayed to the committee that applicants are saying that their schools told them that their criminal history would not be a barrier to certification. She just wanted to let the committee know that this is something her office is seeing.

Ms. Ryder, Chair is a part of Washington State Consortium of Addiction Studies Educators (WACASE) and will bring this issue to an upcoming WACASE meeting.

**9. PUBLIC COMMENT – Bridgette Agpaoa Ryder, LMHC, CDP, Chair**

Karl Kester said he would like to reaffirm the earlier request by the association. He is very familiar with who needs services; however, there is a difference between need and seeking treatment. He said there needs to be a balanced conversation before changes are made and cautioned the department from going forward with legislation.

**10. CONSENT AGENDA**

The items listed under the consent agenda (informational items) are considered routine agency matters. These items were approved by a single motion of the committee.

**10.1** Current issue of The Sentinel News for Department Employees.

**10.2** Prescription Monitoring Program article

**11. FUTURE AGENDA ITEMS – Bridgette Agpaoa Ryder, LMHC, CDP, Chair**

- Budget
- Alternative Training Procedural Rule
- Suicide Prevention Rules Update
- Legislative Update
- Discussion of DSM V Changes in Language and the WAC

**12. ADJOURNMENT – Bridgette Agpaoa Ryder, LMHC, CDP, Chair 10:26a.m.**

Future Meetings:

- Dec. 13, 2013 – Tumwater, WA
- April 4, 2014 – Tumwater, WA
- June 27, 2014 – Tumwater, WA
- Sept. 26, 2014 – Tumwater, WA
- Dec. 5, 2014 - Teleconference

Submitted by:

Approved by:

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Betty J. Moe, Interim Executive Director  
Chemical Dependency Certification  
Advisory Committee

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Bridgette Agpaoa Ryder, LMHC, CDP, Chair  
Chemical Dependency Certification  
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