State Health Care Innovation Plan Overview: A Window of Opportunity

Public Health - Health Care Delivery System Partnership

December 16, 2013

Today we will…

- Provide a brief recap of the State Health Care Innovation Plan
- Identify potential areas where the partnership can focus its efforts
- Seek Agreements on Proposal
- Set meeting dates

Key Guideposts

- The State Health Care Innovation Plan is a first step
- We do not have all the answers (or all the questions)
- There is a lot of work still to be done
- This is adaptive work (evolving, living, breathing process)
- Requesting word amnesty
- Need your engagement
- Today is not a 'deep dive' of the plan
- Focus in on what is essential for the discussion

Context and Timeline

Context

- State Innovation Model Initiative
  - Not a testing grant; a Planning Grant awarded in April; the SCHIP is the deliverable
  - Anticipated second round of testing grants in January 2014

Timeline

- April-July: As-Is; July-October: To-Be
- October 31: Plan posted for public comment
- November/December: Incorporate public comment
- Completed plan due to CMMI by December 31
- Anticipate early submission and posting on SIM website
- Get ready! (more on later slide)

SHCIP Objectives

Test innovative payment and service delivery models with the potential to lower costs for Medicare, Medicaid and CHIP, while:

- Maintaining or improving quality of care
- Raising community health status
- Reducing long-term health risks for federal beneficiaries

All of the above, for the rest of Washington State's population

- Refresh our approaches for health and health care improvement through evidence-driven approaches, innovation, collaboration and full use of the 'levers' at our disposal

Transformation in Washington State

Goals for Transformation

- Healthy people and Communities
- Better care
- Affordable care for all

Three Strategies

1. Drive value-based purchasing across the community, starting with the state as first mover
2. **Improving health overall by building healthy communities and people through prevention and mitigation of disease throughout the life course**
3. Improve chronic illness care through better integration of care and social supports, particularly for individuals with behavioral and physical co-morbidities

Strategy 1

Drive value-based purchasing across the community, starting with the State as "first mover"

- Lead by example–financing and purchasing across all state-purchased programs
- Serve as multi-stakeholder and multi-payer market organizer
- **Implement the 'Public/Private Transformation Action Strategy'**
- Align public and private purchasers on purchasing expectations and benefit design efforts

Strategy 2

Improve health overall by building healthy communities and people through prevention and early mitigation of disease throughout the life course

- Begin a 'Health in All Policies' approach
- Foster accountability and coordination for population improvement through Accountable Communities of Health through building a common agenda and regional health improvement planning
- **Setting a 'Comprehensive Framework'**
- Apply a regional context for Medicaid
- Apply data to drive community decisions
- Explore new capabilities for cross-sector innovation investment

Strategy 3

Improve chronic illness care through better integration of care and social supports, particularly for individuals with physical and behavioral co-morbidities

- Spread and sustain effective models of integrated physical and behavioral health care
- Restructure Medicaid procurement to support integrated physical and behavioral health care with links to community resources

Foundational Building Blocks

FOUNDATIONAL BUILDING BLOCK 1
Build a culture of robust quality and price transparency

FOUNDATIONAL BUILDING BLOCK 2
Activate and engage individuals and families in their health and health care

FOUNDATIONAL BUILDING BLOCK 3
Regionalize transformation efforts

FOUNDATIONAL BUILDING BLOCK 4
Create Accountable Communities of Health

FOUNDATIONAL BUILDING BLOCK 5
Leverage and align state data capabilities

FOUNDATIONAL BUILDING BLOCK 6
Provide practice transformation and support

FOUNDATIONAL BUILDING BLOCK 7
Increase workforce capacity and flexibility

Next Steps for the State Innovation Planning

- Plan submission and posting: mid-late December
- Legislative session – January 14th
  - Proposed Innovation legislation
- Anticipated CMMI Round 2 State Innovation Model Testing
  - Late January 2014
- Implementation planning in 2014
- Future roadmap: 2014-2019….

Window of Opportunity

From the State Health Care Innovation Plan:

State and regional stakeholders together will build a comprehensive prevention framework that will be a companion tool to the Public-Private Transformation Action Strategy with a primary focus on hospitals and ambulatory care settings.

- The **framework** will elevate recommendations and policies at a state and regional level around Washington's desired qualities that shape and create healthy communities and healthy populations including:
  - Healthy eating, active living, mental well-being, reduction in tobacco use
  - Preconception health for women and healthy starts for all children
  - Prevention and mitigation of adverse childhood experiences (ACES)/toxic stress[1][1] in families
  - Improved clinical-community linkages
  - Services and supports that build pathways to better health and improved quality of life that address social determinants of health
- The process will be informed by best practices and existing frameworks in communities the state, and nation (a number of plans listed in the State Health Care Innovation Plan from Healthy Communities Plan, DEL Strategy, Frontiers of Innovation, Prevention Research Initiative)

The Proposal:

Create the Comprehensive Framework

- Many partners need to work together to achieve the *Triple Aim*
- Shared definitions and a comprehensive framework are needed to ensure better coordination and partnerships
- Comprehensive framework for communities
- Will offer practical guidance to improve population health
- A companion to the 'Public Private Transformation Action Strategy' (handout)
- Tool for the Accountable Communities of Health
- Built on existing state frameworks and plans

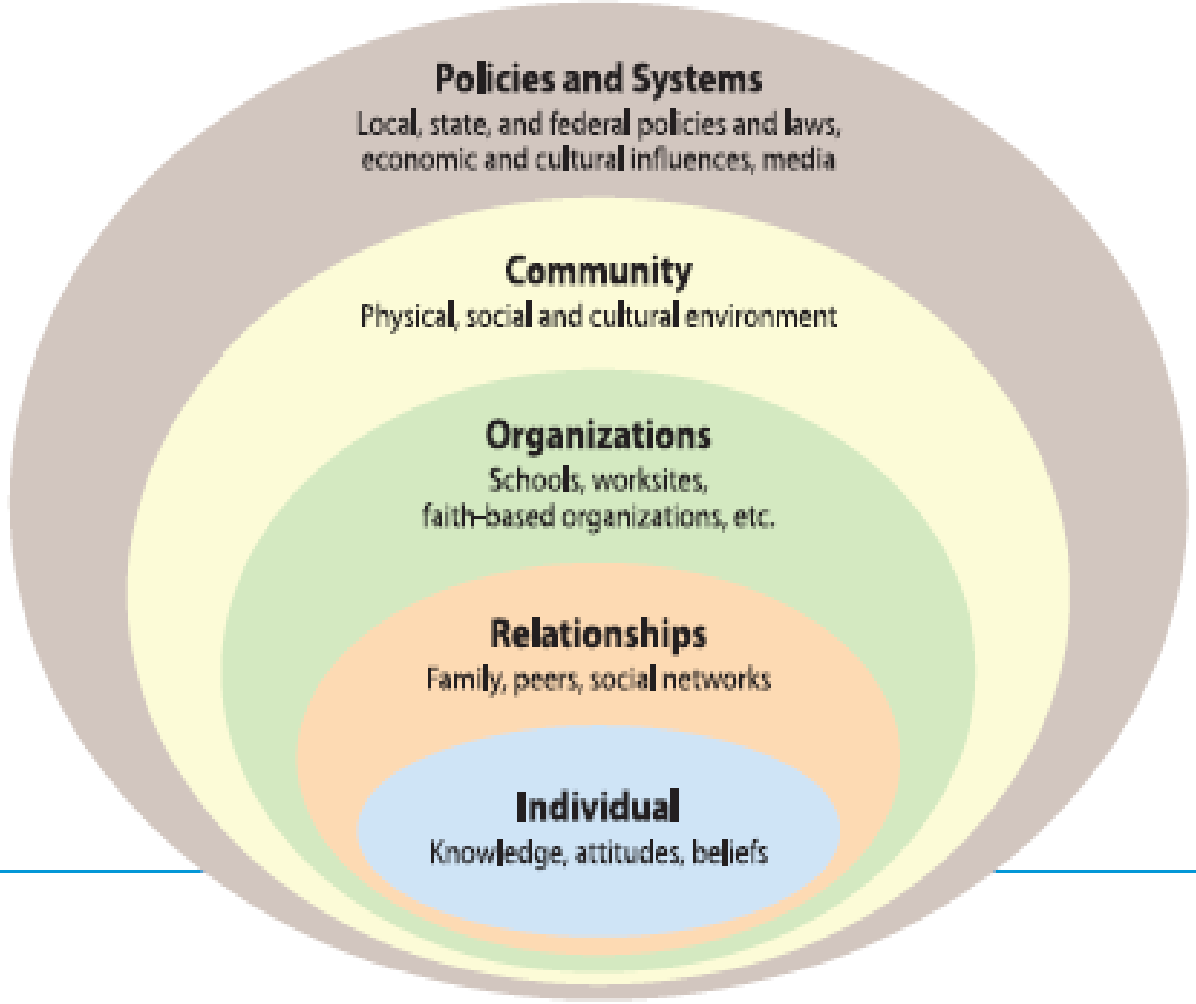
Group Discussion

- What questions do you have?
- What concerns do you have?
- Is the suggested proposal clear?
- Do you support moving forward with this proposal?
- Are there others that should be at this table?
- What do we need to do to make this successful?

Implications

- Accelerated time period
- Full day work sessions
- Actively engage with your constituents
- Homework in between meetings

Appendix

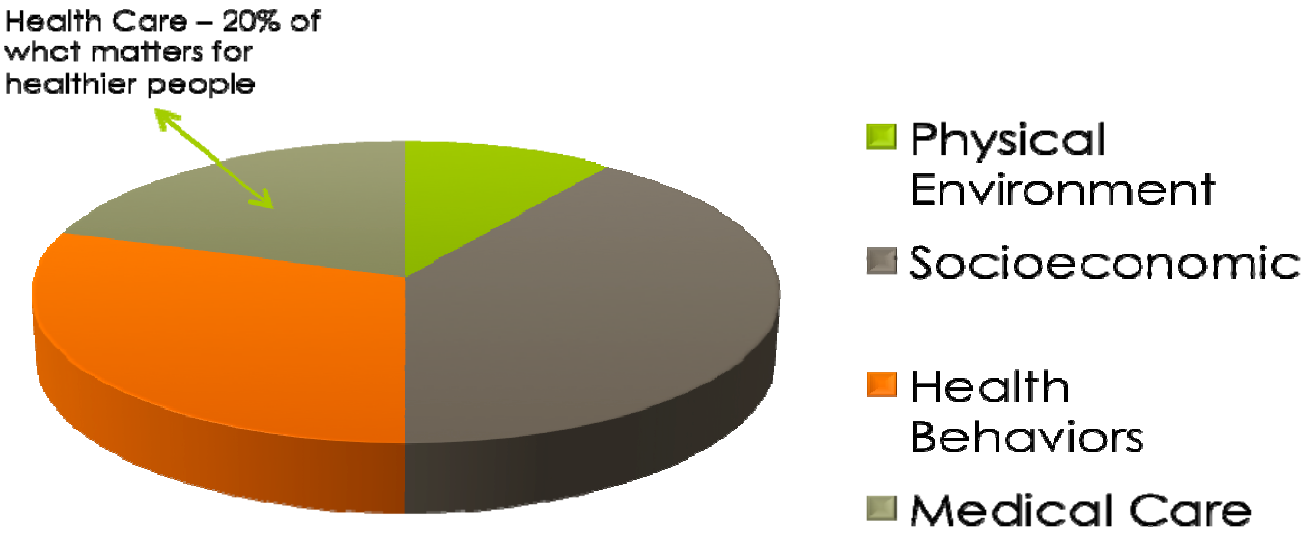

Policies and Systems
Local, state, and federal policies and laws, economic and cultural influences, media
Community
Physical, social and cultural environment
Organizations
Schools, worksites, faith-based organizations, etc.
Relationships
Family, peers, social networks
Individual
Knowledge, attitudes, beliefs

Broad Participation

Consultants and partners	10
State agencies	12
Formal presentations	60
Thought leaders/organizations engaged	289
Comments received/recorded pages	427
Feedback network members	759
Webinar attendance	854

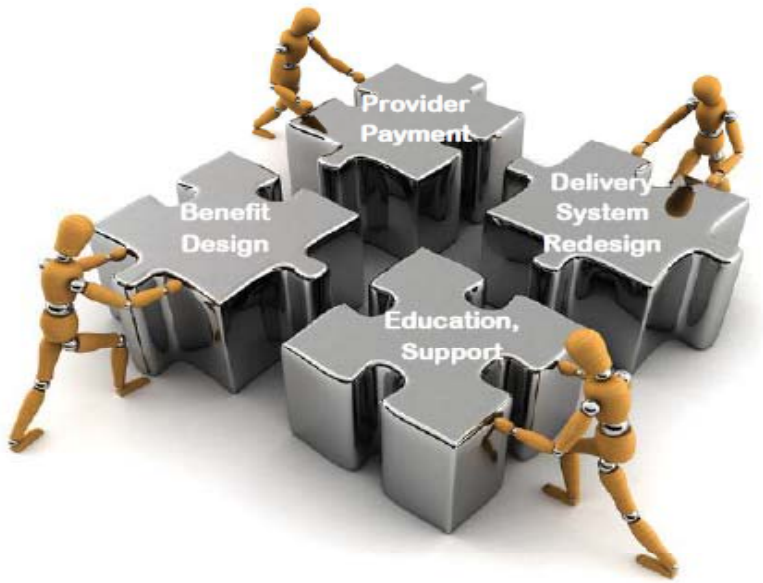
- More was done and more was needed

Feedback into Action



- Too much on the 20% not enough on the 80%
- More engagement

Included in the SHCIP is the 'Public-Private Transformation Action Strategy' which addresses a more hospital and ambulatory care focus

ACTION GUIDES FOR IMPLEMENTATION – ALIGNING THE STRATEGIES

The principles and actions listed on the following pages represent one desirable approach to health care delivery, payment, and benefit reform. Alternative approaches that achieve better outcomes at a lower cost will be encouraged, but in all cases, alignment of care delivery, payment, and benefit design is key to successful transformation.