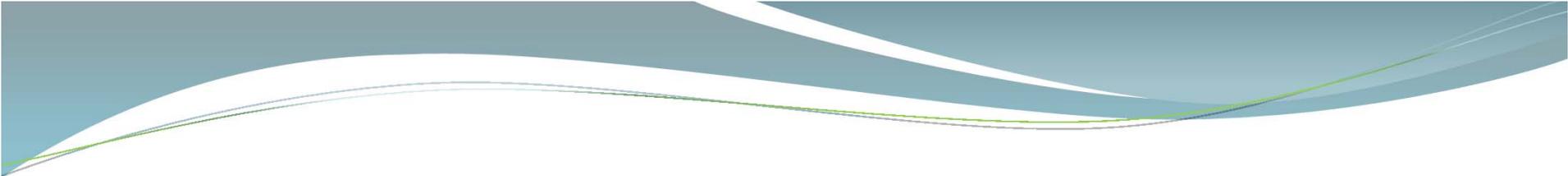


# Building a Prevention Framework

## Public Health - Health Care Delivery System Partnership

March 27, 2014

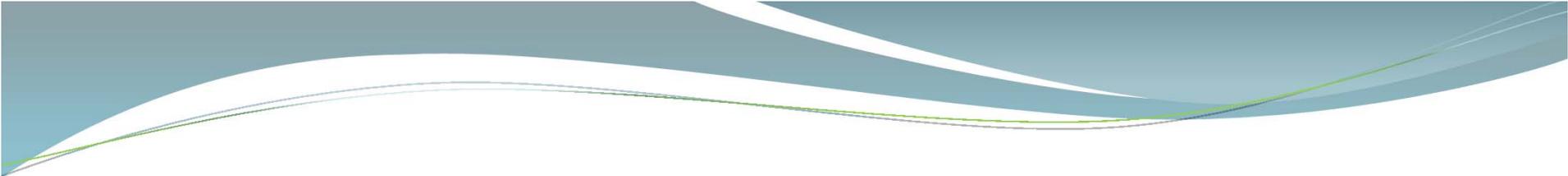




# Networking

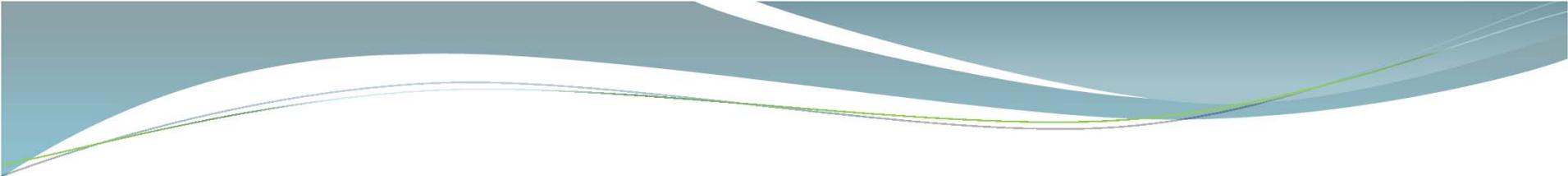
## Questions to ask:

- What is something unique or something that most people don't know about you that impacts this work?
- What do you expect to gain from this work?  
What are you expecting to give?
- Introduce your interviewee to the group using highlights from your conversation



# Meeting Objectives

- Come to general agreement on foundational elements (principles, goals, objectives) of **Prevention Framework**
- Continue to learn from each other's diverse backgrounds to shape our shared perspectives about this work
- Understand the proposed trajectory of the work and high level objectives of meetings



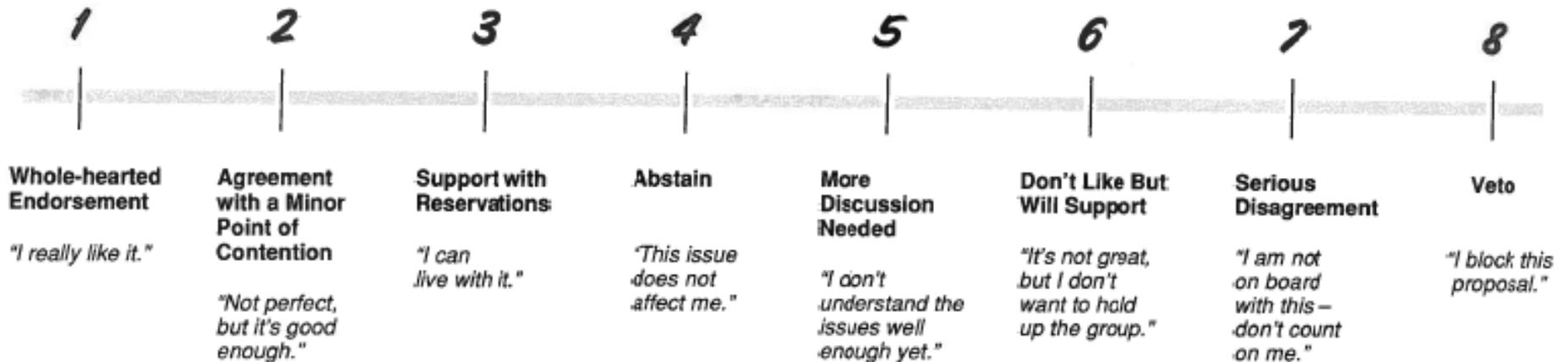
# Meeting Agenda

- Networking/Introductions
- **Prevention Framework** Trajectory and Example
- Lunch
- Afternoon Session I: Principles  
*(Large Group Exercise)*
- Break
- Afternoon Session II: Goal and Objectives  
*(Small Group Break-outs)*
- Next Steps

# Gradients of Agreement

## GRADIENTS OF AGREEMENT

BETTER  
VOCABULARY



# Prevention Framework Development Trajectory

## Keep in mind:

- On-going State Health Care Innovation Plan Implementation
- Executive Management Advisory Council Culture Building
- Innovation Legislation: 2572 and 6312
- Funding Opportunity Announcement
- Many other efforts...

**February 27, 2014**

- Grounding
- Scope
- Definition and purpose
- Priority areas

Homework and participant outreach

**March 27, 2014**

- Finalize definition and purpose
- Establish principles, goal and objectives
- Review example: Broach Strategies

Homework and participant outreach

**April 21, 2014**

- Finalize principles, goal and objectives
- Review data and establish decision making criteria
- Establish strategies
- Establish high level recommendations
- Establish proposed measures

Homework and participant outreach

**May 29, 2014**

- Finalize all PF elements
- Review with leadership
- Establish next steps and activation of Partnership Members

Recommendations brought to EMAC

Inform ACH Process

Inform SIM 2

Activate state, regional and local partners

Continue work?

Dorothy Teeter and John Weisman present to review recommendations

# EMAC's Evolving Role

## Broad Executive Leadership

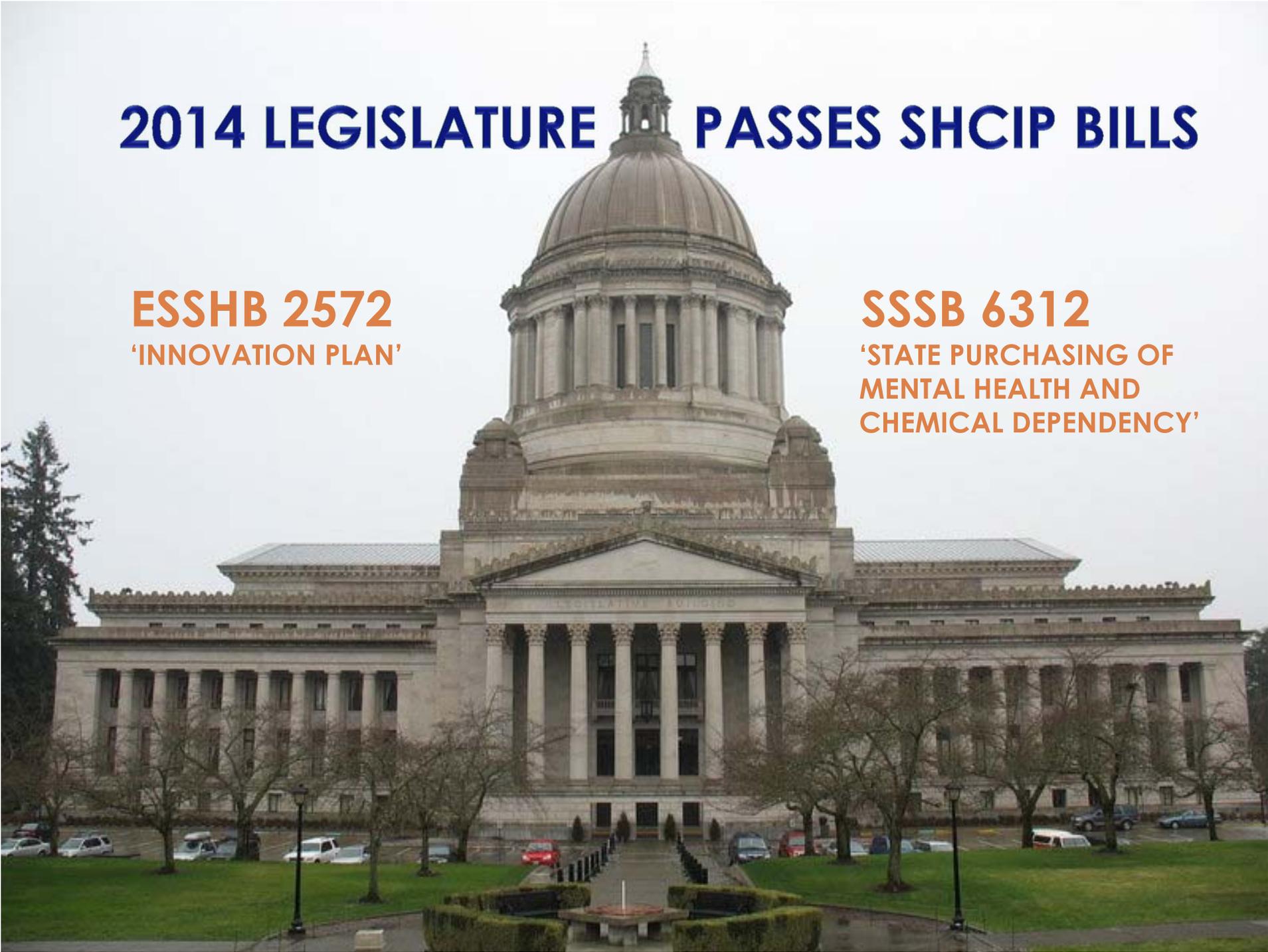
### Executive Oversight

- Agency alignment on efforts driving toward the Triple Aim for Washington
- Guidance on the state's response to the SIM Round 2 FOA:
  - Intersection of population health, payment reform and delivery system reform

### EMAC (Cabinet Level)

- **DOC** (Commerce)
- **DOH** (Health)
- **DSHS** (Social & Health)
- **DEL** (Early Learning)
- **Governor's Office**
- **HCA** (PEBB & Medicaid Purchasing)
- **HBE** (The Exchange)
- **L&I** (Labor & Industries)
- **OFM** (Financial)
- **OIC** (Insurance)
- **OSPI** (K-12 Education)
- **SBCTC** (Community & Technical Colleges)

# 2014 LEGISLATURE PASSES SHCIP BILLS



**ESSHB 2572**  
'INNOVATION PLAN'

**SSSB 6312**  
'STATE PURCHASING OF  
MENTAL HEALTH AND  
CHEMICAL DEPENDENCY'

# Side-by-Side: Homework Revisions and Comment Themes

- Themed Comments Include:
  - Majority of respondents did not comment on definition or purpose
  - General comments regarding wording and grammar: Need more active voice, insider lingo, footnoting, definitions
    - Public Health, Population Health or Community Health
    - Patients, persons, individuals
  - Call out health equity more specifically
  - Areas of Tension between the Triple Aim and Option
  - Objectives need to be measurable
  - Use of certain terms that may narrow the scope and focus of this work

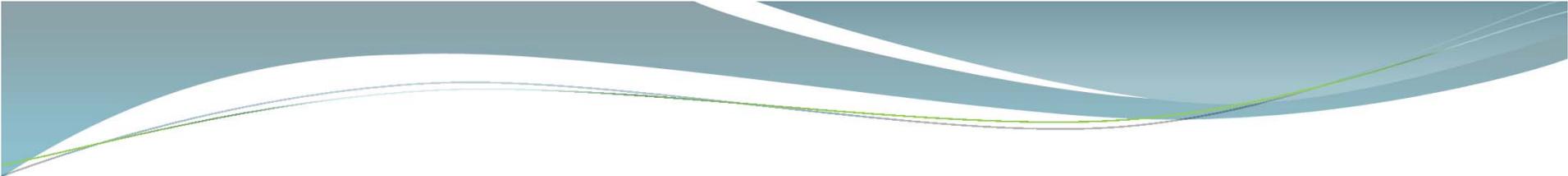
# Partnership Purpose

We are part of a 'Building Consulting' Team:  
**ARCHITECTS, BUILDERS, REMODELERS**

## Your Task

Develop the **Prevention Framework**, a companion to the Public-Private Transformation Action Strategy under the umbrella of the State Health Care Innovation Plan.





# Prevention Framework Definition

The Washington State **Prevention Framework** is the blueprint for state, regional and local partners to drive population health improvement.

The framework contains interlinked goals, objectives, measures, strategies and recommendations guided by a set of principles.



## **Prevention Framework Purpose: How It Will Be Used**

The **Prevention Framework** will improve the health of Washingtonians through intentional linkages between the public health system, health service delivery system and those systems that influence the social determinants of health.

### **The framework will:**

- Guide state, regional and local partners on community health and health care delivery improvement strategies that build healthy communities
- Advise the Executive Management Advisory Council—the guiding governing body for the State Health Care Innovation Plan—on opportunities to shape and align policies and actions that foster and support healthy communities
- Serve as a companion guide to the *Public-Private Action Strategy* developed for the State Health Care Innovation Plan

# Blueprint: Framework Elements

- Principles
- Goal
- Objectives
- Strategies
- Actions steps
  - Recommendations
- Measures



# PREVENTION FRAMEWORK

## Principles

Principles are the fundamental scientific, logical, or moral/ethical 'truths,' arising from experience, knowledge, and (often) values, on which we base our actions and thinking. They are the underpinning of our beliefs understandings, the truths that which shape both our reasons for doing the work, and the work itself

<h1>Goal</h1> <p>When the Prevention Framework is used as intended, this is what will occur</p>		<h1>Objectives</h1> <p>These are the specific measurable results of the Prevention Framework</p>		
		<h1>Measures</h1> <p>These measures tell us how we are doing against the goal and objectives</p>		<h1>Overarching Strategies for Change</h1> <p>These are the ways that we will get things done</p>
<h2>Strategy 1</h2>		<h2>Strategy 2</h2>		<h2>Strategy 3</h2>
<h3>Actions and Recommendations</h3> <p>What actions or changes will occur   Who will carry out these changes   By when they will take place   For how long</p>				
State				
Regional				
Local				

## PREVENTION FRAMEWORK

### Principles



<p><b>Goal</b></p> <p>All Washingtonians live in communities where the culture of health* is sustainable and prevalent with seamless access to systems and services that support the ability to achieve their full health potential.</p>	<p><b>Objectives</b></p> <ol style="list-style-type: none"> <li>1. Reduce the prevalence of preventable health conditions at all stages of life and their resulting costs, through effective screening, preventive care and access and connection to community based support systems.</li> <li>2. Increase access and linkage to systems and supports that foster the ability to prevent and manage physical and behavioral health conditions.</li> <li>3. Implement policies that create healthy physical and social environments that promote health equity.</li> </ol>		
<p><b>Measures</b></p> <ul style="list-style-type: none"> <li>• Proportion of adults with a healthy weight</li> <li>• Proportion of children with a healthy weight</li> <li>• Proportion of adults with healthy blood pressure</li> <li>• Proportion of the state population that is tobacco-free</li> <li>• Proportion of individuals with a chronic condition who have a medical/healthcare home</li> </ul>	<ul style="list-style-type: none"> <li>• Proportion of individuals with one or more chronic conditions whose healthcare is being well managed</li> <li>• Proportion of adults with healthy blood pressure</li> <li>• Screened for behavioral health issues</li> <li>• Death rate from suicide</li> <li>• Death rate from drug and alcohol abuse</li> <li>• Proportion of the state population with no substance abuse</li> <li>• Self-reported quality of life</li> </ul>		
<b>Overarching Strategies for Change</b>			
<b>Strategy 1</b>		<b>Strategy 2</b>	<b>Strategy 3</b>
Improve social and physical environments that make healthier behaviors easier and more convenient.		Improve the effective delivery and use of clinical and other preventive services to prevent disease, detect disease early, reduce or eliminate risk factors	Strengthen partnerships and systems between clinical service providers, public health and community based organizations to prevent, delay or manage chronic conditions
<b>Actions and Recommendations</b>			
<b>State</b>	<ul style="list-style-type: none"> <li>• Fully implement Executive Order on Smoke Free Campuses</li> <li>• Direct tobacco tax dollars to community prevention efforts</li> </ul>	<ul style="list-style-type: none"> <li>• Include tobacco in the Screening, Brief Intervention Referral and Therapy training module.</li> <li>• Provide training /technical assistance on tobacco cessation in Practice Transformation Support.</li> </ul>	<ul style="list-style-type: none"> <li>• Establish a statewide E- Referral system</li> <li>• Create and deploy Community Health Worker tobacco modules</li> </ul>
<b>Region</b>	<ul style="list-style-type: none"> <li>• Smoke Free Campus policies – regional library, hospitals, college campuses, housing authorities</li> </ul>	<ul style="list-style-type: none"> <li>• Shared staffing provide training on tobacco use and referrals</li> </ul>	<ul style="list-style-type: none"> <li>• Shared staffing includes CHW who is trained in tobacco cessation and referral</li> </ul>
<b>Local</b>	<ul style="list-style-type: none"> <li>• Smoke free city and county facilities</li> </ul>	<ul style="list-style-type: none"> <li>• Automated clinician prompt (EHR) and referral to counseling services</li> </ul>	<ul style="list-style-type: none"> <li>• Community partners provide financial incentives for behavior change</li> </ul>

**Community:** policy, systems, and environmental changes improving access to opportunities for healthy behaviors

**Community-Clinical Linkages:** improving access to high-quality preventive and chronic care services and promoting healthy behavior

**Clinical:** policy and systems changes improving quality and coordination of care

## Community

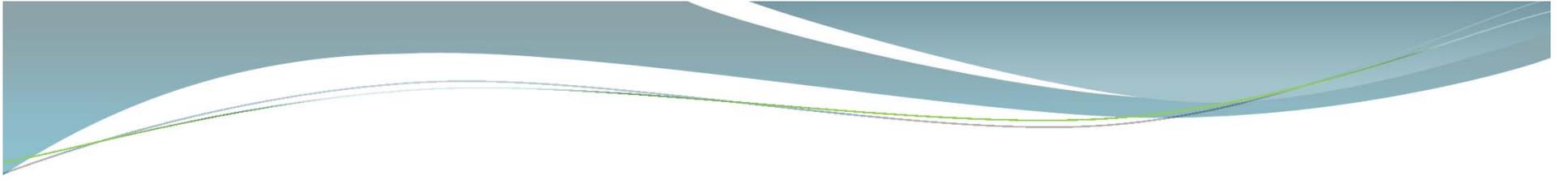
- Fully implement Executive Order on Smoke Free Campuses
- Direct tobacco tax dollars to community prevention efforts

## Clinical

- Include tobacco in the Screening Brief Intervention Referral and Therapy training module
- Provide training and technical assistance on tobacco cessation in Practice Transformation Support

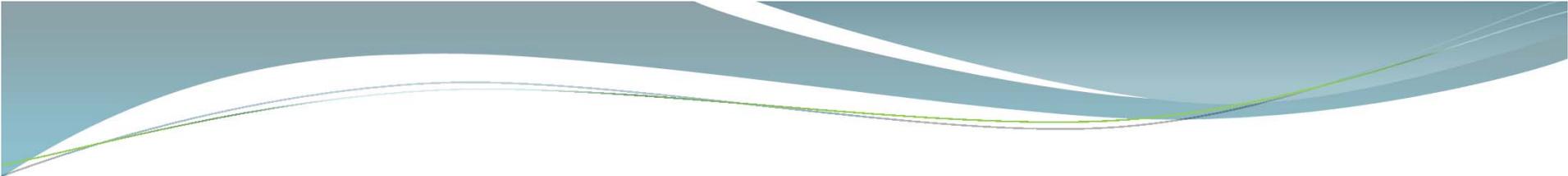
## Linkage

- Create and deploy Community Health Worker tobacco modules
- Establish a statewide E- Referral System



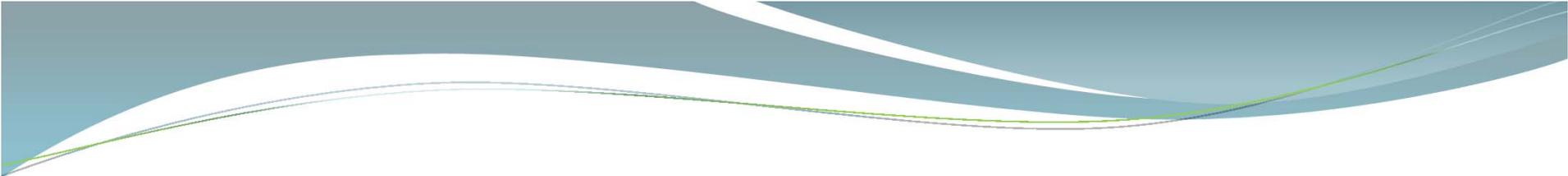
# Lunch Break

Stretch, Bio-Break, Grab Lunch



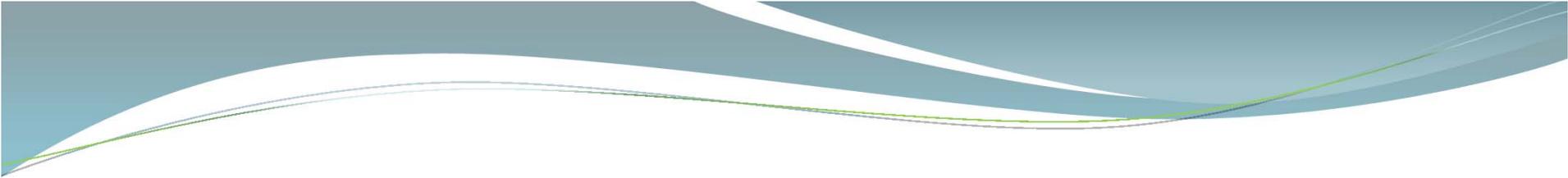
# Principles

- Reminder of how we are interpreting Principles:
  - The **Prevention Framework** encompasses the following beliefs
  - Principles are foundational to the goal of the **Prevention Framework**
- Recognition of how decision making criteria can be influence/informed by principles

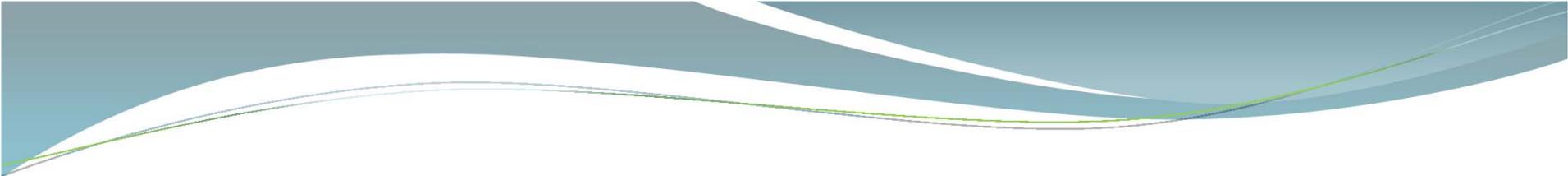


# Large Group Exercise

- Objective
  - Come away with a list that provides a solid guiding foundation for our work
  - Identify any fatal flaws or missing elements in the Principles
- Questions to consider for exercise
  - Which of these Principles are foundational to the **Prevention Framework**?
  - Identify any fatal flaws or missing elements in the Principles
  - Are there any missing?
  - Keep in mind:
    - Do these principles resonate with you?
    - Provide modifications to principles you see as critical?
    - Are there principles that can be eliminated?



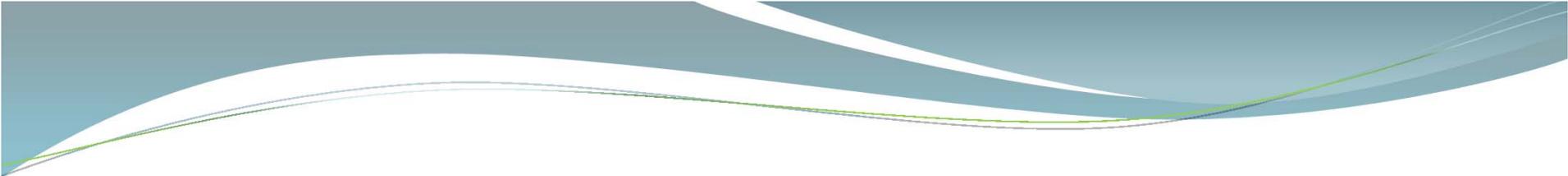
**Break**



# Goal and Objectives

## Keep in mind:

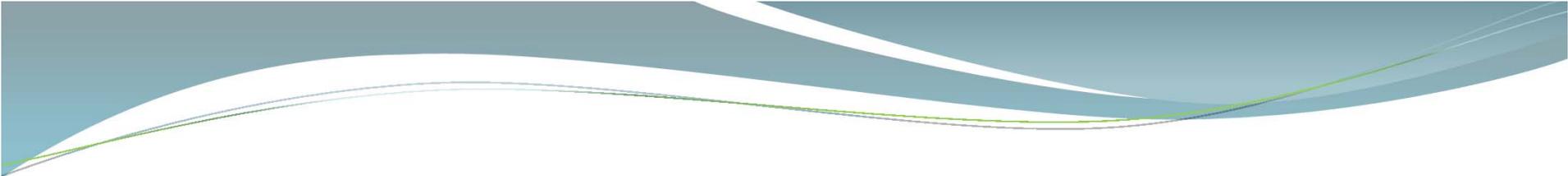
- We see the goal as:  
When the **Prevention Framework** is used as intended the goal will be achieved
- We see the objectives as:  
These are the specific measurable results of the **Prevention Framework**



# Small Group Break-out Discussion

## Goals and Objectives

- Review and discuss proposed goal
- Review and discuss proposed set of objectives
- Bring forward a recommendation for a 1 goal and set of objectives for the **Prevention Framework**



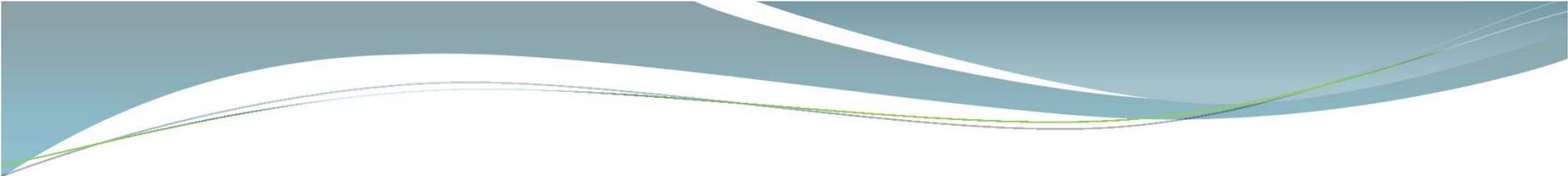
# Goal of Prevention Framework

When the **Prevention Framework** is used as intended the goal will be achieved.

All Washingtonians live in communities where the culture of health\* is sustainable and prevalent with seamless access to systems and services that support the ability to achieve their full health potential.

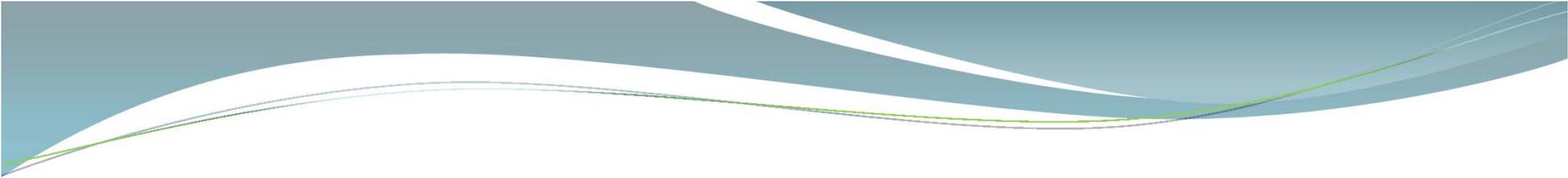
OR

All Washingtonians live in communities with seamless access to effective and efficient systems and services that support the ability to achieve their full health potential.



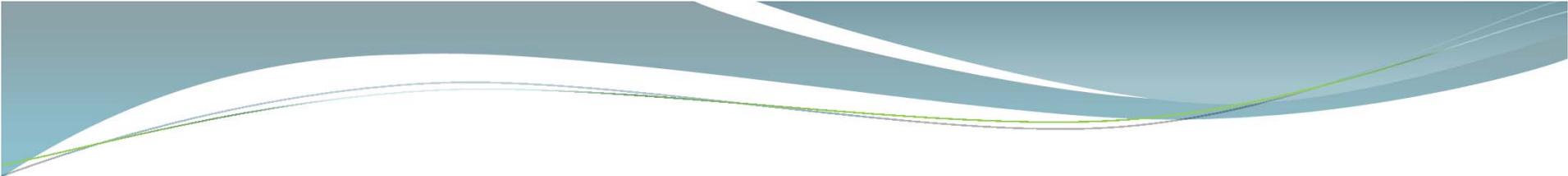
# Objectives

1. Reduce the prevalence of preventable health conditions at all stages of life and their resulting costs, through effective screening, preventive care and access and connection to community based support systems.
2. Increase access and linkage to systems and supports that foster the ability to prevent and manage physical and behavioral health conditions.
3. Implement policies that create healthy physical and social environments that promote health equity.



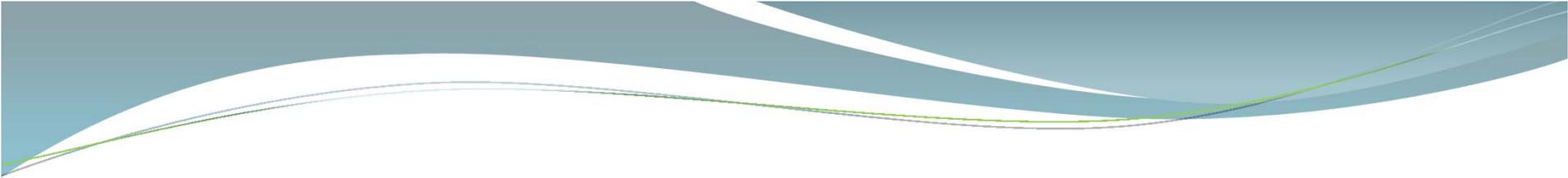
# Next Steps

- Revise document based on discussion today
- Materials including newly drafted elements (including strategies and data fact sheets) will be sent to participants
- Most likely schedule interim webinar to review materials



# Closing

- Reminder: Next Meeting – Thursday, April 21
- Meeting evaluation: Plus/Delta
- Final thoughts

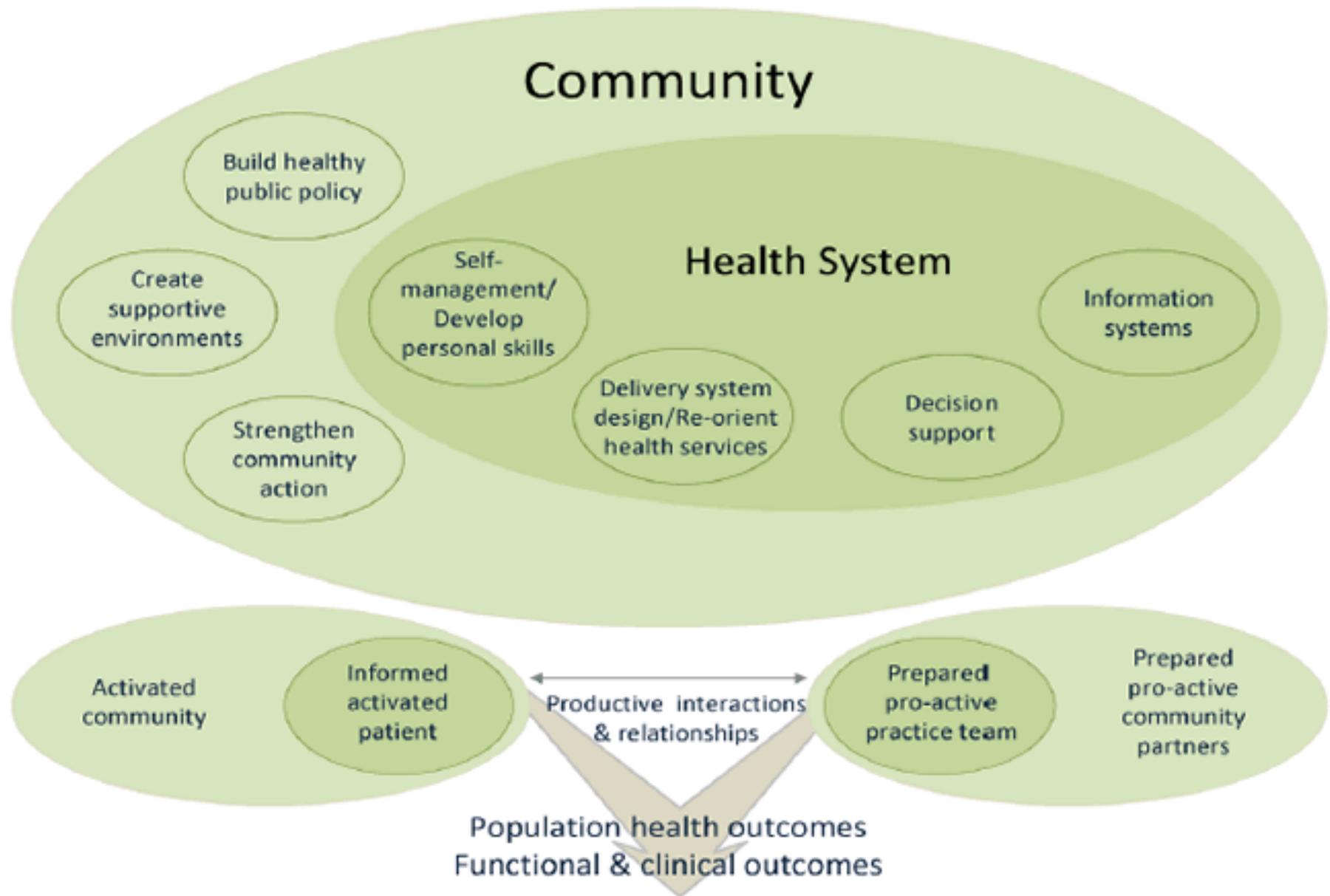


# APPENDIX

# Social Ecological Model Image Example



## Chronic Care Model Image



**Community:** policy, systems, and environmental changes improving access to opportunities for healthy behaviors

Is there improved access to healthy options for all community residents?

Has self-management of chronic conditions improved?

Have health behaviors improved for all community residents?

Is there improved reporting of client progress in community-based programs back to clinical providers?

Has social capital and well-being improved for all community residents?





