



Washington State Department of Health  
Board of Naturopathy  
Meeting Minutes  
**November 14, 2014**

**Location:** This meeting took place at the following locations utilizing videoconferencing.

Primary Meeting Site

Department of Health  
Creekside Two at CenterPoint, Suite 310, Room 307  
20425 72<sup>nd</sup> Avenue South  
Kent, WA 98032

Secondary Meeting Site

Department of Health  
16201 E Indiana Ave Room 112  
Spokane Valley, WA 99216

**BOARD MEMBERS**

Amira Ahdut, ND, LAc  
Chad Aschtgen, ND  
Jennifer Booker, ND, Vice Chair  
Barbara Grant, Public Member (absent)  
Mark Monwai, ND, Chair  
Michael Whitney, ND, DC  
Deborah Wright, Public Member

**STAFF PRESENT:**

Susan Gragg, Program Manager  
Lisa Hodgson, Director, HPF  
Debra Defreyn, Assistant Attorney General  
Alexander Lee, Staff Attorney  
Irina Tiginyanu, Health Services Consultant  
Deborah Johnson, Policy Analyst  
Ericka Brown, Customer Service Supervisor

**OTHERS PRESENT:**

Robert May, ND, Executive Director, WANP  
Adam Geiger, ND, WANP  
Mona Fahoum, ND, WANP  
Angela Ross, ND  
Curtis Eschels, EAMP, WEAMA  
Leslie Emerick, WEAMA  
Terry Kohl, Lobbyist, WANP

**OPEN SESSION**

**1. Call to Order/Introductions**

Chair Mark Monwai, ND, called the meeting of the Washington State Board of Naturopathy (board) to order at 8:30 a.m. on November 14, 2014. All those in attendance introduced themselves.

**2. Consent Agenda**

The board approved the following by a single action:

- 2.1. Approval of November 14, 2014 meeting agenda
- 2.2. Approval of May 16, 2014 meeting minutes

- 2.3. Approval of May 30, 2014 case review, investigation authorization meeting minutes
- 2.4. Approval of June 13, 2014 case review, investigation authorization meeting minutes
- 2.5. Approval of June 13, 2014 special meeting minutes
- 2.6. Approval of June 27, 2014 case review, investigation authorization meeting minutes
- 2.7. Approval of July 11, 2014 case review, investigation authorization meeting minutes
- 2.8. Approval of July 18, 2014 case review, investigation authorization meeting minutes
- 2.9. Approval of August 1, 2014 case review, investigation authorization meeting minutes
- 2.10. Approval of August 15, 2014 case review, investigation authorization meeting minutes
- 2.11. Acceptance of August 22, 2014 meeting summary
- 2.12. Approval of September 5, 2014 case review, investigation authorization meeting minutes
- 2.13. Approval of September 8, 2014 special meeting minutes
- 2.14. Approval of September 19, 2014 case review, investigation authorization meeting minutes
- 2.15. Approval of September 26, 2014 case review, investigation authorization meeting minutes
- 2.16. Approval of October 2, 2014 special meeting minutes
- 2.17. Approval of October 3, 2014 case review, investigation authorization meeting minutes
- 2.18. Approval of October 10, 2014 case review, investigation authorization meeting minutes
- 2.19. Approval of October 24, 2014 case review, investigation authorization meeting minutes
- 2.20. Approval of November 7, 2014 case review, investigation authorization meeting minutes

### 3. Discuss Items Removed from the Consent Agenda

There were no items removed from the Consent agenda.

### 4. Old Business

#### 4.1. Withdrawal of Regenerative Injection Techniques (RIT) Rule Project

The board considered a request by the Washington Association of Naturopathic Physicians (WANP) to withdraw their rule petition regarding Regenerative Injection Techniques (RIT).

**MOTION:** The Chair entertained a motion to withdraw the WANP rule making petition on RIT. The motion was seconded and unanimously approved.

The Washington Association of Naturopathic Physicians (WANP) petitioned the board to initiate rule making on WAC 246-836-220 with regard to routes of administration.

**MOTION:** The Chair entertained a motion to direct the Assistant Attorney General Adviser to research laws and rules on the issue and bring an informal opinion to the board in order for the board to determine whether to deny the petition request or approve it to initiate rule making. The motion was seconded and unanimously approved.

#### 4.2. Dry Needling

The board received a presentation by from Curtis Eschels, EAMP, President of the Washington East Asian Medicine Association (WEAMA), with regard to WEAMA's concerns on dry needling.

#### 4.3. Controlled Substance Frequently Asked Questions and Analysis Diagram updates

The board reviewed updates to the Controlled Substance Frequently Asked Questions and Analysis Diagram documents and pointed out that since the FDA has reclassified Vicodin, the documents should be updated to reflect that.

**MOTION:** The Chair entertained a motion to approve the November 2014 updates to the Controlled Substance Frequently Asked Questions and Analysis Diagram documents, along with the additional update, and have staff upload these versions to the board's website. The motion was seconded and unanimously approved.

## 5. New Business

### 5.1. Prescription Monitoring Program (PMP)

Gary Garrety, Operations Manager for the PMP, provided the board with the annual update on the monitoring program. The on-line training is working to educate practitioners on how to use the database. Now that certain technical pieces are in place, the program's next step includes data sharing agreements with other state PMP's. This would allow Washington providers to request data from other states when using the system. The program has \_\_\_\_ naturopathic physicians enrolled. It was suggested that Mr. Garrety contact the Washington Association of Naturopathic Physicians (WANP) in an effort to reach out to more naturopathic physicians.

### 5.2. Medical Marijuana Authorization Practice Guidelines

Chad Aschtgen, ND, gave a brief report regarding draft guidelines developed by the Medical Marijuana Authorization Practice Guidelines workgroup, which met on August 8, 2014. The board reviewed and discussed the draft guidelines.

**MOTION:** The Chair entertained a motion for the board to approve the Medical Marijuana Authorization Practice Guidelines, as published, and have staff upload the approved guidelines to the board's website. The motion was seconded and unanimously approved.

### 5.3. Elections

The board received the following nominations for the officer positions:

- Chad Aschtgen, ND, Chair
- Deborah Wright, Public Member, Vice Chair

**MOTION:** The Chair entertained a motion to elect Dr. Aschtgen as Chair and Ms. Wright as Vice Chair. The motion was seconded and unanimously approved.

### 5.4. 2015 Legislative Meet Me Calls

Amira Ahdut, ND, LAc, volunteered to participate in the 2015 Health Systems Quality Assurance (HSQA) Legislative Meet Me calls. These calls are held in order for representatives of boards and commissions to discuss bills of interest involving multiple health professions.

### 5.5. 2015 Regular Meeting Schedule and Hearing Dates

The board set their 2015 regular meeting schedule as follows:

- February 27, 2015 in Kent
- May 29, 2015 in Tumwater
- August 28, 2015 in Kent
- November 6, 2015 in Tumwater

With regard to 2015 dates for disciplinary hearings, the board deferred making a decision and determined to revisit at the next couple of business meetings.

### 5.6. Rules

#### 5.6.1. Rule Revision Concerning the Definition of Sexual Misconduct

The board discussed the Department of Health (department) request to strengthen the terms and definitions regarding sexual misconduct. The updates would establish clearer standards of conduct for health care providers and help to be consistent with

enforcement activities related to RCW 18.130.062 and Executive Order 06-03. The clarification state that sexual misconduct would also include sexual contact with any person involving force, intimidation, or lack of consent; or a conviction of a sex offense as defined in RCW 9.94A.030.

**MOTION:** The Chair entertained a motion to approve initiating rules to update the sexual misconduct language to be consistent with the department's request. The motion was seconded and unanimously approved.

5.6.2. Rule Project on Acceptable Examinations

The board reviewed the suggested revisions of the draft rule language.

**MOTION:** The Chair entertained a motion to approve the revisions to the acceptable examination rules, as published. The motion was seconded and unanimously approved.

5.6.3. Rule Project on Continuing Education/Suicide Prevention Training

The board reviewed the suggested revisions of the draft rule language.

**MOTION:** The Chair entertained a motion to approve the revisions to the continuing education/suicide prevention training, as published. The motion was seconded and unanimously approved.

5.7. Recruitment Update

Ms. Gragg provided the board with the following recruitment highlights:

- Position 1 – Amira Ahdut, ND, LAc, was appointed on September 22, 2014, (this position was formerly filled by Daniel Newman, MD, ND, who left the board in November 2013); this term runs until August 1, 2015.
- Position 3 – Elizabeth Prater, ND, appointed effective November 15, 2014, (currently filled by Mark Monwai, ND); this term runs until August 1, 2018.
- Position 4 – Jennifer Booker, ND, has elected not to be reappointed but will remain with the board in Pro Tem status to complete her disciplinary cases. The recruitment packet of applicants used for Positions 1 and 3 will be forwarded to the Governor's office for an appointment to this position.
- Position 6 – Barbara Grant, Public Member, has resigned from the board due to having relocated to California. Ms. Gragg will conduct a full recruitment effort.

5.8. Washington Health Professional Services (WHPS)

The board received the annual WHPS annual update from Mikel Olsson, Health Services Consultant. Mr. Olsson also reported

6. **Program Reports**

6.1. Program Reports – Susan Gragg

Budget – Ms. Gragg gave a brief overview of the board's budget.

Statistical Reports – Ms. Gragg provided the credential count report (1,215 active licensees).

Active Case Report – Ms. Gragg shared the current active case report; there are currently 58 open complaint cases.

6.2. Assistant Attorney General (AAG) Report – Debra Defreyn, AAG Adviser

There was no AAG Adviser report.

7. **Open Forum/Future Agenda Items**

None.

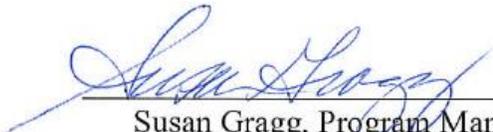
**8. Presentations**

There were no Agreed Orders for presentation.

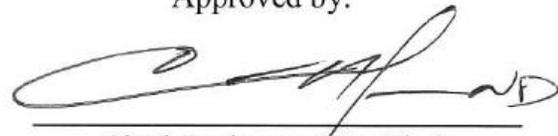
**9. Adjournment**

The open public session of the meeting adjourned at 12:20 pm.

Submitted by:

  
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Susan Gragg, Program Manager  
Naturopathy Program

Approved by:

  
\_\_\_\_\_  
Chad Aschtgen, ND, Chair  
Board of Naturopathy