



Washington State Mental Health Counselors, Marriage and Family Therapists,
And Social Workers Advisory Committee
Meeting Minutes

June 12, 2015

Physical Location:

Washington State Department of Health
Town Center Two
111 Israel Road S.E., Room 145
Tumwater, WA 98501
Telephone: 360-236-2912

Committee members present in person:

Carlos Carreon, LICSW, ACSW, BCD
Janys Murphy, Ph.D., LMHC, CDP
Audrey Dangtuw, MA, LMFT, LMHC

Committee members who called in:

Fredda Jaffe, LMFT
Tawney Carrier, Public Member

Committee members absent:

Jennie Lindberg, LMFT – Vice-Chair

AAG present:

Debra Defreyn

Staff members present:

Kim-Boi Shadduck, MBA, Program Manager
Sonia Ferguson, Program Support

Others present in person:

Karen Langer, WMHCA
Walter Huber, Disaster Mental Health,
Retired Social Worker

Nancy Tyson, Executive Director
Debra Mendoza, Program Manager
Jeff Wise, Policy Analyst
Joanne Miller, Credentialing Manager
Cindy Blake, Credentialing

Others who called in:

Tom Field, WMHCA
Kirk Roberts, WAMFT
Laura Groshong, WSSCSW
Ann Alan, National Association of Social Workers
Daniel Ward
Greg Endler

On June 12, 2015 the Washington State Mental Health Counselors, Marriage and Family Therapists, and Social Workers Advisory Committee (committee) met at the Department of Health (department), 111 Israel Road, Room 145, Tumwater, WA. In accordance with the Open Public Meetings Act, the meeting agenda was emailed to members of the licensed counselors' professional Listserv and posted to the professions' webpages.

Open Session

1. Call to Order – Janys Murphy, Ph.D., LMHC, CDP – Chair

9:02 a.m.

- 1.1 Introductions-** Dr. Janys Murphy conducted a roll call to identify committee members and participants within the room. The roll call also included an account of other participants in attendance via phone.
- 1.2 Staff and committee updates –** Ms. Kim-Boi Shadduck announced new public member, Ms. Tawny Carrier. Ms. Carrier said she lives in the Tri-Cities, and is a family law and guardian attorney. She is interested in the committee because she deals with people from this spectrum in her practice. She thanked the committee for welcoming her.
- Ms. Shadduck announced that Ms. Fredda Jaffe was reappointed and will be with the committee another two years.
- 1.3 Approval of the agenda-** The agenda was accepted and approved.
- 1.4 Approval of the February 27, 2015 meeting minutes-** The February 27, 2015, meeting minutes were accepted and approved as presented.

2. Manager Reports – Kim-Boi Shadduck, MBA, Program Manager

- 2.1 Budget report-** Ms. Shadduck presented the budget information for all three professions. The marriage and family therapists' (MFT) budget has a positive operating balance of \$37,239; mental health counselors' (MHC) budget has a positive operating balance of \$904,623; and the social workers' (SW) budget has a positive operating balance of \$790,752. Ms. Shadduck said there would not be a fee reduction for the MFTs, but there would be a fee reduction for the MHCs and SWs.
- 2.2 Current licensing statistics-** Ms. Shadduck presented licensing statistics as of May 22, 2015. Statistics presented are as follows:

Profession	Current Number of Credential Holders
LMFT	1,425
LMHC	5,993
LASW	120
LICSW	3,810
LMFTA	462
LMHCA	1,712
LSWAA	205
LSWICA	1,317
Total among all professions	15,044

Ms. Joanne Miller from credentialing gave an update. She said in the past six months, 94 percent of MFT applications were issued within 14 days; the average was 7.8 days. Two hundred thirty-two of 252 MHC applications were issued within 14 days. MHA was at 91 percent of

applications being issued within 14 days. SWs were at 86 percent within 14 days. SWI was at 96 percent within 14 days with an average of 7.5 days. Ms. Miller said the office has added staff members and trained them to improve this year. SWAA applications are at 90 percent within 14 days and the SWLIA is at 90 percent with an average of 10.8 days. Ms. Miller said the office is working on bringing those numbers up, and does look at exceptions.

Mr. Carlos Carreon asked Ms. Miller if the applications on which she is giving updates are completed files; Ms. Miller said that yes, they are completed files.

2.3 Program Manager Update- Ms. Nancy Tyson said the Department of Health (department) is looking at getting all of the boards, commissions and advisory committees on Citrix. Being on Citrix will help retain confidentiality and security as members communicate and access documents online.

In the near future, packets will come through electronically. Each member will receive a department email. More information will be coming. They will each be given a token, which is their password to access Citrix.

Ms. Shadduck said she would do a training.

3. Legislative Update – Ms. Shadduck handed out a spread sheet with color coded bills. She said that all red are active; all the others were dead, but they could still be mixed in with something.

Ms. Shadduck gave an update on the “meet me” calls for Ms. Jennie Lindberg. She said the last few calls focused on telemedicine and marijuana.

Ms. Shadduck said there three new credentials are being created. The three new credentials will be an applied behavior analyst, which will be at a master level; an applied behavior assistant; and an applied behavior technician.

Mr. Jeff Wise said “DEL” means “delivered to the governor,” unless legislation gives a specific date. Things will go into effect July 1, 2015.

Mr. Wise said most dead bills will come back the next year.

Mr. Wise said that in late summer or early fall the applied behavior analyst will start. There will be an advisory committee attached to the applied behavior analyst and there should be one licensed mental health (LMH) professional on the committee and also one psychologist. He said some of the rules would be like the ones this committee has. Mr. Wise said the hope is to have the advisory committee set up by July 1, 2017; there is a lot of preliminary work to get done.

4. Assistant Attorney General Report – Debra Defreyn, AAG

Ms. Defreyn said she advised the secretary on discipline. She said she has seen two dominant areas where SWs and MFTs are running into issues. One of the issues is around associates who don't understand they need supervision even once they've finished their preliminary hours. Their supervisors

are also confused that associates must always be under supervision until the associates receive full licensure.

Ms. Defreyn said there are also disciplinary issues around record keeping. She thinks the committee should look at record keeping rules.

Ms. Defreyn said her office consults with experts regarding record keeping. She said she's not sure how much information is taught about record keeping. She said she looked at other states to see how they kept records.

Ms. Laura Groshong said she wrote a book about record keeping and would be interested in discussing it with the committee. Ms. Groshong said she receives questions all the time about record keeping.

Mr. Kirk Roberts thanked Ms. Defreyn about the information on the associates. He said he would make sure to get that out on his website.

Ms. Shadduck said she has had a couple of people call in from rural Eastern Washington asking if they could have supervisor in Oregon. Ms. Shadduck said she tried to get it across to them that their supervision needs to be someone in Washington. The department doesn't have jurisdiction in Oregon.

Mr. Roberts asked as things like this come up, to please let him know and he will put it on his website. He said he has a list of supervisors.

Ms. Defreyn said her office has quite a few cases where counselor's text or instant message on facebook. These are not acceptable ways of communicating. She said in these cases, counselors realize they went too far.

Ms. Defreyn said a lot of the cases in disciplinary action are those in record keeping and dual relationships.

Dr. Murphy asked if it would be worth creating sub-committees for both issues. She said she would be on one of the sub-committees. Dr. Murphy said when she was a chemical dependency professional (CDP) they had distinct instructions on record keeping.

Dr. Murphy asked for a motion to create a clinical supervision and record keeping sub-committee to help the department. The motion was approved.

Ms. Shadduck said she would like to see at least two committee members on each sub-committee.

Record keeping sub-committee: Dr. Murphy and Ms. Jaffe.

Clinical supervision sub-committee: Mr. Carreon and Ms. Audrey Dangtuw.

5. Rules Workshop – Kim-Boi Shadduck, MBA, Program Manager

Mr. Wise said before the rules workshop, he would like to give an update on the CR 101. He said a few months back a situation was discovered with CHEA. NWCCU pulled out of CHEA.

Mr. Wise said it's hard to justify emergency rule making because this happen in 2012. He said the department needs to take care of CHEA now, through the regular process of a CR 101 and then CR 102.

Mr. Wise said most of the hard work is done. He is gearing up for the CR 102. He is looking at August to file a CR 103.

No applications are being held back because of the CHEA issue.

Dr. Murphy said the word "licensed" bothers her. Are they licensed or associates? Mr. Wise and Ms. Miller said they are licensed associates. An associate license is different than a full license.

Using the word "pre-license" was brought up. Ms. Miller said she would need to check into that.

Mr. Roberts said licensure was used to raise standards from registered counselors because it looks better when people can say they are marriage and family therapist associates (MFTA).

Dr. Murphy said she would like to have more information before making any recommendations.

WAC 246-809-040

It was asked if there are two supervisors, which one do you report to, both? Yes, you would need to report to both supervisors.

WAC 246-809-121

Mr. Roberts said that all associates seem to have a handle on this. This section is very positive.

Mr. Greg Endler brought up HB 2536. He said he works on the bill for Department of Social and Health Services (DSHS). Mr. Endler said that Washington State is moving toward research- and evidence-based practices. He said some of the newer graduates from schools do not have a good understanding of this. He would like to see students learn or hear about research- and evidence-based practice before graduating.

Dr. Murphy said she is a professor and teaches evidence-based models. She said they give people introductions to therapy. Dr. Murphy said this is something they pursue after their master's program.

Mr. Endler said that the requirements are driven from WACs. He said many agencies are moving toward research- and evidence-based practice. He would like to see graduates know what it is.

Mr. Carreon said there is no requirement with supervisors for people to know about research- and evidence-based practice. He asked Mr. Endler if he was looking for fully licensed people to have knowledge.

Mr. Endler said the drive is to use evidence-based practice. He would like to see all students and practitioners have a basic understanding of it.

Mr. Roberts said he would like to see this question brought to all the programs. He thinks all programs should be involved.

Dr. Murphy said that CACREP-accredited schools require students learn evidence-based models. Dr. Murphy said she agrees there should be conversation with all programs.

Ms. Shadduck said the committee will be working on rules for a while. If there are any questions or comments, please let her know.

Ms. Shadduck said that the issue with supervision would be discussed in the sub-committee.

WAC 246-809-140

Ms. Shadduck said the department can accept exam results only from the testing company, not from the person.

WAC 246-809-6xxx

Mr. Roberts said associates think they need 36 hours of CE's. Things have changed and associates will need to get 18 hours of CE's every year. He would like to see associates have advance notice of this change.

Ms. Miller said there is a blank space on the renewal forms. She can talk to her supervisors and see if she can add the change there letting associates know they need 18 CE's a year.

WAC 246-809-730

Ms. Shadduck said there is no inactive status in our state. People must either let their license go or become active retired.

6. Discussion on electronic data and information – Kim-Boi Shadduck, MBA, Program Manager

Ms. Shadduck said she had a question if notes from a private practice have an electronic signature. The answer is yes.

Ms. Shadduck said she would discuss this in the record keeping sub-committee.

It was also asked if things could be stored in "cloud". The issue with that is a third party could see The notes, so it would need to be disclosed to the client that things were being stored in "cloud."

It was suggested that record keeping and retention be added under the departments FAQ.

7. Consent Agenda – Janys Murphy, Ph.D., LMHC, CDP – Chair

The consent agenda was approved and accepted as presented.

8. Public Comment – Janys Murphy, Ph.D., LMHC, CDP – Chair

Mr. Walter Huber came to talk about disaster mental health. He said that he was a psychotherapist from 1958 to 1997. He retired in 1997 and started volunteering in disaster mental health locally nationally. Mr. Huber said he discovered that there weren't enough people in the disaster mental health field. He said recruiting people is easy, but unfortunately, people who are currently working can never get the time off work. He said he would like to see more retirees volunteer, but after a year, retirees end up quitting because they still have to pay to keep their licenses current.

Mr. Huber said the intent of the legislation was to help people like him, who still have the energy, to help. After retiring, people need to pinch pennies, so if the fee and hours of continuing education (CE) could be decreased that would be nice. He asked about getting the CE hours to 20 or 25 every two years.

Mr. Huber said senators are telling him that the department can make whatever rules it wants, but the department told him the senators make the rules. Then he was told to come to this advisory committee meeting.

Mr. Huber said he would like to receive a firm letter in writing saying who does what. He would like to know with whom who to work, the department or the Senate.

He would like to see something worked out for the volunteers about lowering the fees and continuing education hours, so people like him will continue to volunteer.

Dr. Murphy asked if people had to get paid CE's or if there are alternative ways to get them.

Ms. Shadduck said people can do alternative trainings through WAC 246-809-610.

Mr. Huber said some good agencies are the Southern Baptist Church and Red Cross, but unfortunately their trainings don't come close to what the department requires.

Ms. Defreyn said that statute 18.112.170 is for anyone who wants to be retired active.

Mr. Huber said that retired active is similar to what physicians do.

Ms. Defreyn said it appears to her that any changes to the rules are at the discretion of the secretary of health.

Ms. Defreyn said her understanding is that Mr. Huber would like a reduction in CE hours and would like a letter with this information from the program manager, Ms. Shadduck. He said yes.

Mr. Wise said that the department needs to respond the Mr. Huber's petition; that way Mr. Huber can show the letter to Senator Conway and what the response was from the department.

Dr. Murphy said she would like to make a recommendation to change CE's from 36 hours to 18 hours, including the six hours of ethics.

The committee would like to open the rule, but it did not have a quorum at the time to approve it, so was tabled until next meeting.

Poll of LMFT and LMHC supervisors regarding 25-hour supervisor qualification

Ms. Shadduck said that she has passed out survey results from Mr. Roberts. Mr. Roberts said he put out the question to the most veteran supervisors and Mr. Reid put the question out to a larger selection. Mr. Roberts said they were surprised at the responses.

Mr. Roberts said that 25 hours count for the associate level for MFT. For MHC, 25 hours is appropriate. The different professions have different ideas.

It was asked if consideration for each profession could be different.

Ms. Shadduck said she would like to use the survey information in the new sub-committee that was formed for clinical supervision hours.

Dr. Murphy said it needs to be known before a supervisor supervises that they are in good standing with their hours. Supervision is different from counseling. She said to look at certifications for all professions, look at the national standards and other states.

9. Future Agenda Items – Janys Murphy, Ph.D., LMHC, CDP - Chair

- Rules
- Record retention
- Clinical supervision
- Update on vacancy for committee
- Who qualifies for public members
- Telehealth-telemedicine

Ms. Shadduck said the licensed counselor brochure of what to expect from your licensed LMFT, LMHC, LASW, and LICSW was translated into Spanish. She needs to get the approval from the department's communication office and then will post it.

10. Items to Monitor – Janys Murphy, Ph.D., LMHC, CDP – Chair

- CACREP standards and schools in Washington with CACREP accreditation
- CACREP accreditation-portability etc.
- Teletherapy-telehealth
- Parenting evaluation standards

9. Adjournment

12:36 p.m.

Submitted by:

Signature on file

Kim-Boi Shadduck, MBA, Program Manager
Washington State Mental Health Counselors, Marriage and Family Therapist and Social Worker Advisory Committee

Approved by:

Signature on file

Dr. Janys Murphy, Ph.D., LMHC, CDP, Chair
Washington State Mental Health Counselors, Marriage and Family Therapist and Social Worker Advisory Committee