

## CHILDREN WITH SPECIAL HEALTH CARE NEEDS PROGRAM

### COMMUNICATION NETWORK MEETING

January 14, 2016

*CSHCN Program Mission: To promote integrated systems of care which assure the population of children with special health care needs the opportunity to achieve the healthiest life possible and develop to their full potential.*

#### CSHCN Communication Network Purpose:

*Provide for exchange of information among those programs and entities that serve children with special health care needs and their families, and facilitate an opportunity to learn more about statewide policies, programs and issues critical to this unique population.*

Attendee	Phone Number	Email Address
Kevin Cornell, Health Care Authority (unable to attend)	360-725-1423	kevin.cornell@hca.wa.gov
Colette Jones, <a href="#">Health Care Authority</a>	360-725-1782	colette.jones@hca.wa.gov
Cary Robertson, <a href="#">Amerigroup-Washington</a> (unable to attend)	206-695-7081, ext. 54552	Cary.Robertson@amerigroup.com
Melissa Shilipetar, Community Health Plan of Washington (unable to attend)	206-613-5086	melissa.shilipetar@chpw.org
Elizabeth Allen, Coordinated Care	253-442-1428	ELALLEN@coordinatedcarehealth.com
Sherry Bennatts, <a href="#">Coordinated Care</a>	253-442-1543	sbennatts@coordinatedcarehealth.com
Cathi Sears, Molina Healthcare of Washington	800-869-7175, ext. 147148	catherine.sears@molinahealthcare.com
Nikki Nordstrom, Molina Healthcare of Washington	800-869-7175, ext. 147141	nikki.nordstrom@molinahealthcare.com
Cindy Spain, UnitedHealthcare (unable to attend)	206-749-4347	cindy_l_spain@uhc.com
Jacquie Stock, <a href="#">CCSN at Seattle Children's</a> (unable to attend)	206-987-3729	jacquie.stock@seattlechildrens.org
Kate Orville, <a href="#">Medical Home Partnerships for CYSHCN</a>	206-685-1279	orville@uw.edu
Sharon Feucht, <a href="#">University of Washington, Nutrition Program</a> (unable to attend) Mari Mazon representing UW Nutrition Program	206-685-1297 206-598-3025	sfeucht@uw.edu lilmaro@uw.edu
Louis Mendoza, <a href="#">Washington State Fathers Network</a>	425-747-4004, ext. 4286	louis.mendoza@kinder.org
Susan Atkins, <a href="#">WA State Parent to Parent</a> (unable to attend)	1-800-821-5927	parent2parentwa@gmail.com
Jill McCormick, Family to Family Health Information Center (unable to attend)	253-565-2266	jmccormick@wapave.org
Katy Parrish, PAVE (unable to attend)	253-565-2266	kparrish@wapave.org
Yissel Ortega, Open Doors for Multicultural Families (unable to attend)	206-372-1072	yisselo@multiculturalfamilies.org
Robin Fleming, Office of Superintendent of Public Instruction (unable to attend)	360-725-6050	robin.fleming@k12.wa.us
Marianne Bastin, Good Samaritan Hospital, Children's Therapy Unit, <a href="#">Neurodevelopmental Centers</a> Representative	253-697-5200	marianne.bastin@multicare.org
Debi Donelan, DEL, <a href="#">Early Support for Infants and Toddlers (ESIT)</a>	360-725-4400	debra.donelan@del.wa.gov
Beth Krehbiel, DSHS, Developmental Disabilities Administration (unable to attend)	360-725-3440	beth.krehbiel@dshs.wa.gov
Christina Garcia, DSHS, <a href="#">Fostering Well-Being</a>	360-725-1737	christina.garcia@dshs.wa.gov
Hilarie Hauptman, DSHS, Kinship and Family Caregiver Program (unable to attend) Linda Porter, <a href="#">Lifespan Respite Washington</a> , attending on behalf of Hilarie	360-725-2556 425-740-3788	hilarie.hauptman@dshs.wa.gov lporter@sssc.org
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Melissa Charbonneau, <a href="#">East CSHCN Region</a> Rotating Representative (attendance via video conference)	509-324-1665	mcharbonneau@srhd.org
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Chris Zipperer, DOH, Office of Healthy Communities	360-236-3614	chris.zipperer@doh.wa.gov

<b>Guests:</b>	
Stefanie Zier, Health Care Authority	stefanie.zier@hca.wa.gov
Anna Behrens, Coordinated Care	
Jolie Heck, Coordinated Care	
Kaela Mayzus, Coordinated Care	
Adam Clarno, DSHS, Fostering Well-Being Care Coordination Unit	adam.clarno@dshs.wa.gov
Adrienne O'Brien, Department of Early Learning, Early Support for Infant and Toddlers	adrienne.obrien@del.wa.gov
Katharine Besch, Public Health – Seattle & King County	katharine.besch@kingcounty.gov
Jamie Piatt, DOH, OHC, Surveillance and Evaluation	jaime.piatt@doh.wa.gov
Sue Adelman, UW LEND Fellow	

 <p><b>Children with Special Health Care Needs (CSHCN) Program Update</b> Maria Nardella <a href="http://www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/ChildrenwithSpecialHealthCareNeeds.aspx">www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/ChildrenwithSpecialHealthCareNeeds.aspx</a></p>
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**CSHCN Program Updates**

**Staff Updates: Healthy Starts & Transitions** (See *Attachment #1* for PowerPoint presentation.)

- New Child Health Consultant: Shauna Muendel comes to us from King County Public Health, where she worked as a public health nurse for five years in both maternity support services and infectious disease prevention. She holds a Bachelor of Science in Nursing from the University of Washington and a Master's degree in Public Administration from the Evergreen State College. She is fluent in Spanish and has international experience working for Doctors without Borders.
- New Middle Childhood Health Consultant: Shanne Montague started with DOH – HST Child Health and Development on October 16, 2015. She has over nine years' experience working with Child Protective Services, Indian Child Welfare, family engagement and racial disproportionality through Children's Administration. She also has experience working with the Red Cross and Department of Early Learning. She has a Master's in Social Work from the University of Washington. Shanne will be working with staff throughout the Department of Health as a lead for the Child Health Workgroup, facilitating the Maternal Child Health listserv, working on the backbone committee for Essentials for Childhood, and improving child health services around Middle Childhood – ages 6-12.
- New Project LAUNCH Coordinator: Sherry Trout started with the health department on November 1, 2015 as the Project LAUNCH II Coordinator. She worked with the previous Project LAUNCH grant with the health department in 2013, and also with the Early Childhood Comprehensive Systems grant and Help Me Grow. She has been working in early childhood learning environments for over 10 years. She received her Master's in Business from the University of Phoenix and her undergraduate work is in Community Health. Sherry will be working not only as the Project LAUNCH Coordinator, but on the Help Me Grow Backbone team.
- Early Childhood Comprehensive Services (ECCS) Recruitment: Interviews took place last week (week of January 4) and we will have more information shortly regarding a decision. We had a great panel of candidates.

**Technical Assistance Family Leadership Project.** Healthy Starts and Transitions received an award of \$10,000 from the Association of Maternal and Child Health Programs (AMCHP) to enhance family engagement and leadership efforts across the state. The Washington program will take various elements from the New Jersey Statewide Parent Advocacy Network (SPAN) model. The SPAN program has the great distinction of being recognized by AMCHP as a best practice program. A team of five from Washington will be able to visit SPAN leadership in Newark, New Jersey, to learn about best practices and to discuss how we can adapt the programs to the needs of Washington State. (See *Attachment # 2*) For more information, contact [michelle.hoffman@doh.wa.gov](mailto:michelle.hoffman@doh.wa.gov)

**Emergency Preparedness and Response.** The CSHCN Program has received some short-term funding (\$28,000) from the DOH Office of Emergency Preparedness and Response in order to assess how well the needs of CYSHCN and their families are incorporated in state-level emergency preparedness and response planning in Washington, with a particular focus on the needs of children who (1) rely on medical equipment that requires electricity; (2) rely on medications that require refrigeration; (3) have physical disabilities that require additional mobility considerations (wheelchairs, walkers, etc.); and (4) have developmental disabilities and/or mental health conditions that require additional sensitivity and training

in an emergency response. The project partners include Seattle Children's Center for Children with Special Needs, PAVE, families, and CommNet. Look for more on this at our April 2016 meeting!

#### **State Milestones that will Impact Future CSHCN**

- New Medicaid Coverage for Developmental Screening and Autism Screening. See Announcement #2.
- New Medicaid Coverage for Prenatal Vitamins that contain Folic Acid. See Announcement #3.

#### **State DOH Budget Update**

**Items of Interest Requested by the Department of Health and Funded in Governor's Proposed 2016 Budget.** As a reminder, the Governor's release of his proposed budget is the start of the supplemental budget process. The House of Representatives and Senate will release their proposed budgets during the legislative session, which starts January 11 and is scheduled to last 60 days (a "short session"). Then there will need to be a negotiated budget between the executive branch and legislature which can pass with enough votes.

- **Public Health Reporting for Schools – \$511,000**

This funding invests in an immunization validation tool in the State's Immunization Information System (IIS) and rolls out this IIS School Module statewide. The immunization validation tool is an IIS interface that will electronically determine if a child meets all immunization requirements for school entry using data from the child's immunization records. The School Module, a tool within the IIS, will allow schools to easily and accurately determine whether a student is in compliance with school immunization requirements.

- **Healthiest Next Generation – \$264,000 (Department of Early Learning and Office of the Superintendent of Public Instruction)**

Funding is being added to the budgets in DEL at \$94,000 and OSPI at \$170,000 to continue partnering with DOH on the implementation of strategies in early learning settings, schools and communities across Washington State to support children's health.

#### **Upcoming New Grant Renewals/Opportunities**

1. ECCS. Our current Early Childhood Comprehensive Services (ECCS) grant that focuses on universal developmental screening and Help Me Grow Washington will end July 31, 2016 after three years. We've been anticipating the release of a new federal ECCS grant opportunity. We now know that it will be released February 1<sup>st</sup> and due April 4<sup>th</sup>. Fifteen grants will be awarded nationally at \$426,600 each for three years. We do not yet know what the focus of this grant will be. It will be a very competitive process. Leslie Carroll will lead the grant writing team.
2. Autism. We've also been anticipating a new federal grant opportunity for another autism implementation grant similar to what we had in 2008-2011. We now know that the grant guidance will be released March 11<sup>th</sup> and due May 13<sup>th</sup>. Nine grants will be awarded nationally at \$270,000 for three years. Here's the published purpose statement: "The purpose of this program is to increase early identification, diagnosis, and entry into Early Intervention services for children with Autism Spectrum Disorders and other Developmental Delays in underserved communities." Meredith Pyle will lead the grant writing team for this grant. Stakeholder input will be critical for the preparation of both grant applications.

#### **Transforming Clinical Practice Initiative (TCPI)**

DOH is hiring staff and planning the implementation of the new Centers for Medicare and Medicaid Services grant called Transforming Clinical Practice Initiative (TCPI). This is a four year grant with an annual award of \$4.085 million. Maria Nardella has been added to the Executive Steering Committee. The Washington Chapter of the Academy of Pediatrics is a key partner. It's a complex grant to roll-out and more planning is underway. *Interim contact: Kathleen Clark (kathleen.clark@doh.wa.gov).*

#### **Essentials for Childhood (EfC)**

The vision of Essentials for Childhood is that All children in Washington State thrive in safe, stable, and nurturing relationships and environments. Our commitment for Essentials for Childhood in Washington is that by 2025 there are measurable and significant improvements in children's health, development and education outcomes and that equity gaps are eliminated.

Three workgroups are moving forward with strategies to support this vision.

- **Community and Stakeholder Education and Action workgroup** is partnering with four communities to host community events focused on developing culturally appropriate messages on safe, stable, nurturing relationships for children and families. The activities are being funded by both public and private partners. They will leverage community wisdom and see how they can build on those lessons and work with more communities in the future.

The Innovative New Policy and Financing workgroup is exploring three target areas:

- Standardizing certification for school personnel on “trauma informed” response to students.
- Opportunities to partner with projects that are part of the Section 1115 Medicaid waiver via the Health Care Authority.
- Keeping kids out of foster care and supporting TANF families by connecting them to resources.

For more information about EfC, please contact Marilyn Gisser at 360-236-3503 or [marilyn.gisser@doh.wa.gov](mailto:marilyn.gisser@doh.wa.gov) or see our website [www.essentialforchildhood.org](http://www.essentialforchildhood.org).

### **Great LINCS (Links to Integrate and Coordinate Care) for CYSHCN Grant**

Great LINCS has been continuing to work WithinReach, the Maxillofacial Review Boards, and ESIT on three cross-state AIMS. WithinReach is beginning to work on marketing the Family Health Hotline as a shared resource for CYSHCN, the Maxillofacial Review Boards will begin working on a QA project around shared plans of care and ESIT is working with DOH on guidance for family resource coordinators around connecting families back to medical homes. Great LINCS has also worked to analyze some of the data from the year one needs assessment. Based on findings from the focus groups, DOH worked on recommendations for interpreters used by state and other agencies. (See *Attachment #3*)

For more information, please contact Allison Chee at 360-236-3526 or [allison.chee@doh.wa.gov](mailto:allison.chee@doh.wa.gov).

### **Great MINDS Grant Updates**

Great MINDS is continuing to host provider trainings around the state. The next training will be in Shelton at Mason Hospital on January 21<sup>st</sup>. Other sites under consideration for future trainings are Island, Lincoln, and Grays Harbor counties. WCAAP and DOH are working on ways to sustain trainings into next year.

For more information, please contact Allison Chee at 360-236-3526 or [allison.chee@doh.wa.gov](mailto:allison.chee@doh.wa.gov).

### **Project LAUNCH Expansion**

Project LAUNCH had its first Expansion Oversight Council meeting, which was a joint meeting with Help Me Grow Washington. A contract has been developed with the Grantee (Catholic Family & Child Service in Yakima). Currently, Memorandum of Agreements are being developed with the organization/agencies that wrote a letter of support for the Department of Health Project LAUNCH grant application. The grantee is in the midst of relationship building in the three local communities and writing a comprehensive expansion work plan. For more information please read the Project LAUNCH Factsheet (see *Attachment #4*).

For more information, please contact Sherry Trout at 360-236-3523 or [sherrylynn.trout@doh.wa.gov](mailto:sherrylynn.trout@doh.wa.gov)

### **Washington Autism Advisory Council (WAAC)**

The WAAC met on October 9th, and it was a robust meeting with lots of important topics discussed, mainly centering around adolescent and young adult needs. WAAC meeting notes, handouts, and presentations are now being hosted on the Medical Home website. Huge thanks to Kate Orville, et al. for getting this accomplished!

Here is the new WAAC page where you can access information from past, and future meetings:

<http://medicalhome.org/stateinitiatives/autism-systems-work/washington-autism-advisory-council-waac/>.

You can also refer to the news item about the WAAC materials being on this site:

<http://medicalhome.org/2015/10/26/washington-autism-advisory-council-october-2015-meeting-materials-available/>.

For more information about the WAAC, please contact Ellen Silverman at 360-236-3580 or [ellen.silverman@doh.wa.gov](mailto:ellen.silverman@doh.wa.gov).

### **Universal Developmental Screening (UDS)**

Help Me Grow Washington is a collective impact initiative with a Common Agenda. This Common Agenda sets strategy that allows partners and others to take collective and independent actions that advance our goal of *all families have equitable access to screenings that identify developmental challenges, and then are supported by services that respond to each child's needs as they learn, grow and achieve their full potential*. Our five strategies, each supported by sub-strategies, drive toward our goal. Five action teams work to implement strategies and sub-strategies. Our Focus & Momentum Team implements cross-cutting strategies, tracks progress, guides change when necessary and champions our efforts. Our shared measures drive action and determine our success. As an important player in Washington's national Help Me Grow system, we are building the four core components of the national initiative: 1) Child health care provider outreach; 2) Community outreach; 3) A centralized telephone access point; 4) Data collection. To view all the strategies of work and success measures for this initiative please see *Attachment #5*. Concrete examples of work happening includes: 1) Development and funding received for LAUNCH II Expansion of the original grant to three new communities-Chelan Douglas, Benton Franklin, North Thurston which includes developmental screening within childcares, how to speak to parents, social emotional assessment, and workforce development. 2) Yakima Nation asked Yakima UDS group for training-childcare. 3) DEL-Early Childcare packages passed; training for professional development; incentives

for providers, new rules to be written, will be stars. 4) Great MINDS training beginning again in rural areas; 5) DOH/WithinReach/Enlace Project-Working with GRAD sites-8 sites and each site has 30-80 high school parents—development of toolkit curriculum for teachers and a Hand Out for parents on childhood development; increased use of WithinReach Ages and Stages Screening Questionnaire online and importance of screening.

For more information, please contact Carol (Miller) Dean at 360-236-3572 or [carol.dean@doh.wa.gov](mailto:carol.dean@doh.wa.gov).

### **Systems of Care (SOC) Mental Health Integration Grant/WA State Mental Health System Change Wraparound Intensive Services for Youth (WISe)**

WISe services are intensive mental health services available in home and community settings for Medicaid-eligible youth. This video provides an overview of the Wraparound with Intensive Services (WISe) program model. This is a new state model based on best practices. This video on U tube is for everyone who is interested in learning what WISe is in Washington State and how it will help youth. The video incorporates the view point and voice of our own youth in the state who have been in the system and know what needs to change. Go to <https://www.youtube.com/watch?v=NScJTswT6U4>

The Division of Behavioral Health and Recovery (DBHR) is announcing that **WISe online training modules are now available!** These modules have great detail about the changes to the System of Care that we are building in the state. Medicaid mental health services are built to the WISe model and the development of the model in communities is being phased in over time across the state. Instead of a 4-day in-person WISe training format, an adaption has been made to six online modules that will be followed by a 2-day, in-person training. The online modules MUST be viewed BEFORE anyone attends a two-day training. There will be 10 in-person trainings between January and the end of March 2016– you can view the training schedule [here](#). DBHR will continue to update the schedule as more locations are chosen.

[WISe Training Module 1 – Overview](#)

[WISe Training Module 2 – Principles](#)

[WISe Training Module 3 – Phases, Part A](#)

[WISe Training Module 4 – Phases, Part B](#)

[WISe Training Module 5 – Team Meetings](#)

[WISe Training Module 6 – Crisis](#)

For more information, please contact Carol (Miller) Dean at 360-236-3572 or [carol.dean@doh.wa.gov](mailto:carol.dean@doh.wa.gov).

### **Healthy Communities Consolidated Contracts Updates**

Four regional meetings were held in October with a total of 48 local attendees including Maternal and Child Health (MCH) leads, program staff and administrators. Topics for the regional meetings included how LHJs are using a population health approach to MCH, addressing health equity, facilitating changes to local work plans to reflect changes required by the Maternal and Child Health Bureau, and the statewide Plan for Improving Population Health. Regarding prospective changes to local work plans, we recruited members for an MCHBG Workgroup to participate in five (5) planning webinars early in 2016. A total of 17 people volunteered to participate. The results from these webinars will help guide the DOH application for next year and will inform local action plan development for the 2016-2017 funding year.

During 2016, the Washington State Department of Health is hosting seven topical calls for local MCH contractors and partners:

January 7: CSHCN – Meredith Pyle and Christy Polking

February 4: Adverse Childhood Experiences – Teri Barila

March 3: Accountable Communities of Health and the Plan for Improving Population Health – Marilyn Dold

April 7: Spokane Resiliency Toolkit 123Care – Melissa Charbonneau, Rhonda Crocker and Peggy Slider

May 5: Universal Developmental Screening – Leslie Carroll, Ellen Silverman and Maria Nardella

June 2: DOH MCHBG 5 year plan and Supporting projects – Kathy Chapman and others

July 7: October 2016 – September 2017 work plan – Kathryn Akeah

All calls are scheduled at 9am.

For more information, please contact Chris Zipperer at 360-236-3614 or [chris.zipperer@doh.wa.gov](mailto:chris.zipperer@doh.wa.gov).

**Special Presentation**  
Health Care Integration Update  
Stefanie Zier, Behavioral Health Liaison, Program Manager, Health Care Services  
Health Care Authority

Presentation on Substitute Senate Bill 6312 that addresses how the state purchases mental health and substance use disorder services in the Medicaid Program. See *Attachment #6* for PowerPoint slides.

**Health Care Authority (the Medicaid agency)**  
Colette Jones and Kevin Cornell

**Integration Efforts, Purchasing and Contracting Changes coming to Medicaid in April 2016:**

In 2014, we received legislation (in the form of Substitute Senate Bill 6312) that directs the Department of Social and Health Services (DSHS) and the Health Care Authority (HCA) to alter how the state purchases mental health and substance use disorder services. This legislation guides the state to fully integrate the financing and delivery of physical health, mental health and substance use disorder services within Medicaid via managed care by 2020 statewide. The combination of these integration efforts has a cumulative effect of touching every individual who receives care from DSHS and HCA in Washington.

Beginning April 2016, the HCA will contract with Managed Care Organizations (MCOs) at financial risk for the full scope of Medicaid physical, mental and substance use disorder services in Clark and Skamania counties (also known as the Early Adopter region). Two MCOs have been selected to provide integrated managed care in Southwest: Molina Healthcare of Washington and Community Health Plan of Washington (CHPW). Individuals who currently receive care through Columbia United Providers will be transitioned to Molina in January 2016.

The legislature, in Substitute House Bill (SHB) 1879, directed the HCA to provide services to the individuals who are in foster care, are foster care alumni or who receive adoption support into one managed care contract with one MCO statewide. In 2015, the legislature further clarified that they would like this MCO to provide fully integrated physical and behavioral health services for these individuals by 2018 statewide. The Apple Health Foster Care contract will begin April 1, 2016 and this contract with Coordinated Care of Washington (with plans of integrating mental health and substance use disorder services into it by 2018).

What does this mean to you?

- For clients living in Clark and Skamania counties: Significant changes are not expected for physical health and dental care. Mental health and substance use services will be integrated into the client's managed care plan.
- For clients in foster care, adoption support, or foster care alumni: All will be assigned Coordinated Care as their managed care plan. Coordinated Care can partner with you to coordinate the child's health care needs.
- For all other clients in the State, the structure of mental health and substance use disorders is changing to combine them into one organization called a Behavioral Health Organization (BHO). Changes are not planned for physical health and dental care structure for April 2016, but do expect that physical health purchasing will be integrated with mental health and substance use disorders by 2020.

For more information: [http://www.hca.wa.gov/hw/Pages/integrated\\_purchasing.aspx](http://www.hca.wa.gov/hw/Pages/integrated_purchasing.aspx)

For Health Care Integration Update trainings: [http://www.hca.wa.gov/hcr/me/pages/training\\_education.aspx](http://www.hca.wa.gov/hcr/me/pages/training_education.aspx)

For questions contact HCA: [EarlyAdopterQuestion@hca.wa.gov](mailto:EarlyAdopterQuestion@hca.wa.gov)

**Transition of CUP Medicaid Members to Molina Healthcare of WA:** Effective January 1, 2016, roughly 60,000 individuals on Columbia United Providers (CUP) Apple Health managed care had their benefits and membership moved to Molina Healthcare of Washington. CUP members were sent a notification on November 19, 2015 advising of this change.

**Coverage of Prenatal Vitamins/Folic Acid:** Washington Apple Health (Medicaid) covers over-the-counter and prescription prenatal vitamins for all women planning on becoming pregnant or capable of pregnancy in order to provide a daily vitamin supplement containing 0.4 to 0.8 mg of folic acid, according to the recommendation of the United States Preventative Services Task Force.

**Developmental and Autism screenings:** Effective for claims with dates of service on and after January 1, 2016, the Health Care Authority is implementing the developmental and autism screenings for young children as recommended by the American Academy of Pediatrics' Bright Futures Guidelines. This change complies with Substitute Senate Bill 5317

passed in the 2015 legislative session. For Washington Apple Health clients, the agency will pay for developmental screenings at ages 9 months, 18 months, and 24 months, and autism screenings at age 18 months and 24 months. The agency will update the [Early Periodic Screening, Diagnosis and Treatment \(EPSDT\) Provider Guide](#) by January 1, 2016, to reflect this change.

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**Annual Renewals of Apple Health coverage:** All individuals who are covered under a MAGI-based coverage program (Parenting Adults, New Adults, Pregnant Women, Children) must complete an annual renewal of their eligibility through the [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org) portal. This renewal is accomplished in 1 of 4 ways –

1. **Ex Parte** – At application the individual authorizes a systematic “ping” of IRS/Wage data at renewal. Ten months later we perform a systematic check of income information which confirms the individual is still eligible for coverage and they are renewed automatically (67% fall into this category) for another year. No additional action is required of the individual to complete the renewal.
2. **Online** – The individual goes online and completes a renewal through [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org).
3. **By Phone** – The individual calls the HBE call center (855) 923-4633, or MEDS (855) 623-9357 and completes their renewal over the phone.
4. **By paper** – The individual completes a paper renewal form and faxes (855) 889-2266, or mails the form in. The document is then manually reviewed and input into HPF.

For individuals who are covered under a “classic” program (SSI-related medical, long term care, waiver program, etc.) renewals are completed via paper and faxed or mailed in, or electronically submitted via a SAW account. These renewals are processed by staff at DSHS.

Children or Adults who are members of a deemed eligibility group (SSI recipients, IV-E Foster/Adopt children) do not have a renewal requirement.

#### **Adding Newborns to Apple Health in Healthplanfinder, UPDATE**

The instructions regarding how to add a newborn to Apple Health coverage in Healthplanfinder has been revised. Please review the updated step-by-step process: [http://www.hca.wa.gov/hcr/me/Documents/adding\\_newborns.pdf](http://www.hca.wa.gov/hcr/me/Documents/adding_newborns.pdf). Questions may be directed to your [HCA Area Representative](#).

**News on the Status of Uninsured:** According to a Gallup poll released in August 2015, Washington is one of five states to exceed a 10 percent drop in the number of uninsured people. Seven of the 10 states with the biggest reductions have two things in common: They expanded Medicaid and established a state-based health exchange (ours is called Washington Healthplanfinder). Over 95% of Washington children have healthcare coverage.



**Health Plans**  
**Amerigroup-Washington**  
Cary Robertson  
[www.amerigroupcorp.com](http://www.amerigroupcorp.com)

*[ Coverage Area Includes: All Counties except Adams, Chelan, Clallam, Clark, Cowlitz, Douglas, Ferry, Grant, Kittitas, Lincoln, Okanogan, Skamania, and Wahkiakum ]*

Cary Robertson is unable to attend. The following are updates for Amerigroup:

Kathleen Nelson is no longer with AMG

New Contacts:

Primary:

Courtney Foos, RN – Peds – [Courtney.foos@amerigroup.com](mailto:Courtney.foos@amerigroup.com), 206-695-7081 x 54607

Secondary:

Cary Robertson, RN CCM – [cary.robertson@amerigroup.com](mailto:cary.robertson@amerigroup.com), 206-695-7081 x 54552

Also we have Tanya Dansky, as our new CMO, with a background in Pediatrics so we are excited to have her up and running.



**COMMUNITY HEALTH PLAN**  
of Washington

**Health Plans**  
**Community Health Plan of Washington (CHPW)**

Melissa Shilipetar  
[www.chpw.org](http://www.chpw.org)

[ Coverage Area Includes All Counties except Clallam, Columbia, Garfield, Jefferson, Klickitat, Lincoln, Mason, Skamania, and Whitman ]

Melissa Shilipetar was unable to attend.



**coordinated**  
**care**

**Health Plans**  
**Coordinated Care**

Elizabeth Allen and Sherry Bennatts  
[www.coordinatedcarehealth.com](http://www.coordinatedcarehealth.com)

[ Coverage Area Includes: All Counties except Clallam, Ferry, Kittitas, and Pend Oreille ]

Coordinated Care (CC) continues to use the national standards and best practices when working with our pediatric members. We have created work flows to examine frequent Emergency Room users for children under the age of 18 years. This will help identify any barriers or gaps in care for children.

CC is working with corporate to create new products for our Start Smart for Baby program.

CC is actively looking for a Pediatric nurse case manager. Please contact Sherry Bennatts, [sbennatts@coordinatedcarehealth.com](mailto:sbennatts@coordinatedcarehealth.com), if you have any questions.

CC is currently working on the new foster care program. This program will "go live" April 1, 2016. If you have any questions regarding this, please contact Elizabeth Allen at [ELALLEN@coordinatedcarehealth.com](mailto:ELALLEN@coordinatedcarehealth.com).



**Health Plans**  
**Molina Healthcare of Washington**

Nikki Nordstrom  
[www.molinahealthcare.com](http://www.molinahealthcare.com)

[ Coverage Area Includes All Counties except Island, Jefferson, Klickitat, Skamania, and Wahkiakum ]

No updates at this time.



**Health Plans**  
**UnitedHealthcare**

Cindy Spain  
[www.uhc.com](http://www.uhc.com)

[ Coverage Area Includes: All Counties except Clallam, Cowlitz, Garfield, Pend Oreille, San Juan, Skagit, and Whatcom ]

Cindy Spain was unable to attend.



**The Center for Children with Special Needs (CCSN) at Seattle Children's**

Jacque Stock  
[www.cshcn.org](http://www.cshcn.org)



**Seattle Children's**  
HOSPITAL · RESEARCH · FOUNDATION

**Seattle Children's Center for Children with Special Needs**

CSHCN.org

Facebook: <https://www.facebook.com/CSHCN.org>

Twitter: @ChildSpecNeeds

**Families as Teachers** – In the last 3 ½ months, 4 pediatric medical residents participated in this home visit program in which residents meet with families who have a child with special needs. During the home visit, participants engage in conversations about what life outside the hospital is like for the child and family. These conversations and interactions with the family in their home yield insight and understanding for the residents involved.

**Pediatric Nursing Update: *Evidence-Based Practice for Nurses in School and Ambulatory Care Settings***—Experts from Seattle Children’s and the community will present evidence-based recommendations on commonly occurring medical and **mental health issues**. You will gain practical tips and tools, resources and information to better serve children with special health care needs and their families in your practice setting. We invite you to bring your questions and concerns to share with the conference faculty and your colleagues. For more information visit [seattlechildrens.org/outreach/](http://seattlechildrens.org/outreach/).

**Medical Home Partnerships for CYSHCN and Their Families**

Kate Orville

[www.medicalhome.org](http://www.medicalhome.org)

**Staff Transitions**

- Dr. Kathy TeKolste, Development-Behavioral Pediatrician and longtime Co-Director of the MHPP retired on October 12 but has returned at 23 % FTE, mostly focusing on Universal Developmental Screening work.

**Universal Developmental Screening**

- Kathy continues to be active in the Focus and Momentum Team (Steering Committee) and Executive Team for the Early Childhood Comprehensive System and Help Me Grow Washington. Kate and Amy participate in the Centralized Access Network work group. We all participated in the state Help Me Grow WA and Project LAUNCH meeting December 9.
- Kathy provided technical assistance on the survey anticipated for parents and providers to further the work on the development of a UDS Data System as well as the DOH guidelines for developmental and autism screening for the managed care organizations.
- Kathy revised many pages on the [medicalhome.org](http://medicalhome.org) website relating to developmental and other screening including the state universal developmental screening initiatives (<http://medicalhome.org/stateinitiatives/developmental-screening/>), and the health and developmental monitoring pages.

**Great MINDs Developmental Screening in Practices Trainings**

- We continue to help link the WCAAP and DOH trainings with new interested communities and are helping to explore how communities might combine the online developmental screening module through the Washington Health Improvement Network (WHIN) with in-person trainings.

**Community Asset Mapping (CAM)/Medical Home Leadership Network Teams**

- We have had a series of exploratory conversations with community leaders in Chelan-Douglas and Pierce County about their interest in pursuing a CAM approach for their communities. Initial discussions have focused on helping make linkages among the different groups working on issues related to young children with potential delays or other special health care needs.
- The October 10 PCP Autism Conference at Seattle Children’s allowed us to connect with PCPs and some care coordinators across WA. We have followed up with multiple PCPs who had questions after the conference, primarily about how to access local resources or the best way to increase autism diagnosis in their county. PCPs including those from Clallam, Island, Lewis, King and Yakima Counties.
- The School Medical Autism Evaluation (SMART) Team materials developed by the Lewis County Autism Coalition are now available online in PDF Fillable English and Spanish. These forms facilitate information sharing, with family permission, among schools, early intervention programs, and local medical personnel. This ensures that a more complete picture of the child being evaluated for autism is available. The new Island County SMART team has taken off and is using the forms as well.
- We are connecting with CAM coalition and Medical Home teams and will send out a new newsletter with community updates this winter.

**Conferences/Presentations:**

- Kathy and Kate helped plan the DOH Aces and PCP breakout session at the National Zero to Three Conference in December and they and Amy hosted a breakout table on the Patient-Centered Medical Homes and ACES.

- Amy and Kate each gave 2 presentations on Family-Centered Care and Medical Homes to the Nutrition Network Trainings in October and November. Kate also gave a presentation on Medical Homes and health care changes to an MCH class at the UW School of Public Health.

**Questions?** Contact Kate Orville ([orville@uw.edu](mailto:orville@uw.edu)) or 206-685-1279, or Amy Carlsen ([carlsa@uw.edu](mailto:carlsa@uw.edu)), or Kathy TeKolste at ([kat423@uw.edu](mailto:kat423@uw.edu)).

**University of Washington CSHCN Nutrition Project at CHDD**

Sharon Feucht

[depts.washington.edu/cshcnnut/](http://depts.washington.edu/cshcnnut/)

The Nutrition Training contract between the CSHCN Program, DOH, and CHDD-UW, provides training and technical assistance to registered dietitian nutritionists (RDNs) that are part of the CSHCN Nutrition Network, and to Community Feeding Teams, as well as projects related to improving nutrition through medical nutrition therapy and addressing issues related to cost of and reimbursement for nutrition and feeding team services.

**Nutrition Network (NN) Training and Development**

1. **Nutrition Network Training** – This fall 25 Registered Dietitian Nutritionists (RDNs) joined the Nutrition Network for Children with Special Health Care Needs. With the collaboration with WSU to present a training 13 RDNs in the Spokane area joined the network. In addition RDNs working in Moses Lake, Richland, Yakima, Eastsound, Kennewick, Centralia and Seattle participated in the Seattle area training. These RDNs work in a variety of settings including WIC, public health, local and regional hospitals, Head Start and ECEAP, community health clinics, and home health care.
2. **Nutrition Network Webinar** – This annual webinar is scheduled Wednesday, February 3, 2016 from 11:30 a.m. to 2:00 p.m. This webinar is open to Nutrition Network members and CSHCN Coordinators to join; however, they can invite others to listen/watch with them.

The agenda:

11:30 a.m. – 12:45 p.m. – *Pediatric Obesity and Application of Evidence-Based Practices in Children with Autism*. This will be presented by Julie Miller, OT and Feeding Team Department Head and Jonae Perez, MPH, RDN from Professional Child Development Associates, Pasadena, CA.

12:45 a.m. – 2:00 p.m. *Beyond Motivational Interviewing: Successful Engagement with Parents About Feeding*. Presented by Deb Weiner, IMHE, Early Intervention Family Therapist.

3. A topic survey for the spring Nutrition Network gathering on Monday, April 25<sup>th</sup> at UW is completed. Program planning and speaker identification is ongoing.

**WA Community Feeding Teams**

1. *Transition from Hospital to Home for Infants at Risk for Feeding & Nutrition Concerns* - Plans for a key informant gathering in June 2016 are underway. We plan to contact those from the Communication Network who offered to share information at the October meeting. If you are interested in this topic or have information to share please contact [sfeucht@uw.edu](mailto:sfeucht@uw.edu)
2. A topic survey for the spring WA Community Feeding Team gathering on Tuesday, April 26<sup>th</sup> at UW is completed. Program planning and speaker identification is ongoing.

**Other Activities**

December 3-4, 2015, Mari Mazon attended the National Training Institute hosted by Zero to Three in Seattle. Mari used this opportunity to network with local and out-of-state professionals in the field of early development who might serve as speakers for future Nutrition Network or Feeding Team meetings or, who might inform the work on fragile infant feeding after hospital discharge.

**Questions?** Contact Sharon Feucht ([sfeucht@uw.edu](mailto:sfeucht@uw.edu)) or 206-685-1279, or Mari Mazon ([lilmaro@uw.edu](mailto:lilmaro@uw.edu)).



**Washington State Fathers Network (WSFN)**

Louis Mendoza

[www.fathersnetwork.org](http://www.fathersnetwork.org)

This being my first full quarter heading up the Fathers Network much of my time was spent getting up to speed on the state of the Network and meeting with staff from many of the organizations that make up the CSHCN Communication

Network. I thank all those people for spending time with me. Below are some of the notable items that took place or began in the last quarter:

- An assessment of the Network shows that we have fewer active chapters than assumed. Currently there are 7 active chapters: Bellevue/Bothell, Seattle, South King County, Everett, Chelan, Spokane and Yakima.
- It was apparent that the chapter leaders did not know what other chapters were doing so a survey was sent out to capture information such as how often the chapter meets, average number of attendees, meeting day and time, fees, format, marketing, etc. That information was then shared back with the leaders.
- An exploration of the idea to have a father/child weekend camp experience at Camp Korey in Carnation.
- A growing relationship with Dads Move in Tacoma
- An agreement with Open Doors for Multi-Cultural Families to pilot a fathers group with one of the communities they work with. The first effort will be with the Latino community. Hopefully we can take those lessons learned and apply them to working with fathers in other communities.
- With The Arc of King County a plan was developed to, in early 2016, have a focus group of dads help with making the Helping Parents training dad friendly.
- Presentations to at the ESIT local lead agency meetings in Tacoma and Ellensburg.
- An exciting possibility to use the facility at one of the Bellevue YMCAs for Fathers Network meetings and parent respite (with childcare provided).
- Informational emails have begun being sent to Network members. The topics are divided into the areas of Articles and Postings; Workshops, Conferences and Classes; and General Information.
- A dad was recruited to take part in the UW Masters in Public Health parent panel
- Co-sponsored The Arc of Spokane's Family Support Conference which was attended by 71 people.
- The "Unexpected Journey" course was conducted for parents having a child with a new diagnosis or wishing to learn about adjusting to disability and chronic health challenges.



#### Washington State Parent-to-Parent (P2P)

Susan Atkins  
[www.arcwa.org](http://www.arcwa.org)

A. Great newsletter: ***Informing Families Today and Tomorrow***

From Washington State Developmental Disabilities Council

Reply to: [grier@ddc.wa.gov](mailto:grier@ddc.wa.gov) to get on the mailing list

[Crucial Connection blog](#) by Rachel Nemhauser, May 2015.

"Connecting with other parents became crucial for me. I needed to check in regularly with this army of other parents. They were part of my new life and were where I turned to find the support, insight, perspective, acceptance and humor that I couldn't always get from the rest of the world. I needed to learn from those more experienced than me, and eventually even pass that support on to others. In fact, the support I received from these new friends is what inspired me to become a Helping Parent, and then the Parent to Parent coordinator of King County. Supporting other parents who have children with disabilities inspires me in a million ways."

B. WA State Parent to Parent Programs listing sheet and Ethnic Outreach Coordinators- January 2016 (See *Attachment's #7 and #8*)

C. Listing of trainings offered by Parent to Parent programs and Arc's in 2015 – If you would like to see a list of the multiple trainings offered by Parent to Parent programs throughout Washington State, contact Susan Atkins at [parent2parentwa@gmail.com](mailto:parent2parentwa@gmail.com).

D. Legislative Priorities from Arc of Washington, Developmental Disabilities Council, Wee Care and Parent Coalitions:

The Legislative Notebook is now posted online at

[http://arcwa.org/index.php/takeaction/washingtonstate/issue\\_papers/2016\\_legislative\\_notebook/](http://arcwa.org/index.php/takeaction/washingtonstate/issue_papers/2016_legislative_notebook/)

Fast Facts about Early Support for Infants and Toddlers (ESIT)

Check out our website at [www.weecarecoalition.org](http://www.weecarecoalition.org) and like us on facebook <https://www.facebook.com/WEE-CARE-Coalition-247663068722404/>

E. History of Parent to Parent Roadmap (See *Attachment #9*)

F. Quote: "Parent to Parent was a lifesaver for me and my husband during the beginning years of our daughter's diagnosis. The events and support allowed us to meet other families and feel connected, laugh and have fun. We also

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*found other parents had wonderful ideas and tips. I feel grateful to have connected to the program and wish there was a Parent to Parent program in every county". Betsy McAlister, parent*



**Family to Family Health Information Center (F2FHIC)**

Jill McCormick

[www.familyvoicesofwashington.com](http://www.familyvoicesofwashington.com)

Jill McCormick was unable to attend.



**Open Doors for Multicultural Families**

Yissel Ortega

[www.multiculturalfamilies.org](http://www.multiculturalfamilies.org)

Yissel Ortega was unable to attend.

**Office of Superintendent of Public Instruction (OSPI)**

Robin Fleming

Program Supervisor for Coordinated School Health

[healthyschools.ospi.k12.wa.us/waschool/](http://healthyschools.ospi.k12.wa.us/waschool/)

Robin Fleming was unable to attend.

**Neurodevelopmental Centers (NDCs) Update**

Marianne Bastin, Good Samaritan Hospital, Children's Therapy Unit

[www.birthtothree.org](http://www.birthtothree.org), [www.boyercc.org](http://www.boyercc.org), [www.childrensdevelopmentalcenter.org](http://www.childrensdevelopmentalcenter.org), [www.ctckids.org](http://www.ctckids.org),  
[www.goodsamhealth.org](http://www.goodsamhealth.org), [www.hollyridge.org](http://www.hollyridge.org), [www.kindering.org](http://www.kindering.org), [www.multicare.org/marybridge/developmental-services](http://www.multicare.org/marybridge/developmental-services), [www.theprogresscenter.org](http://www.theprogresscenter.org), [www.providence.org/everett/](http://www.providence.org/everett/), [www.sparckids.org](http://www.sparckids.org), [www.skagitvalleyhospital.org](http://www.skagitvalleyhospital.org),  
[www.guildschool.org](http://www.guildschool.org), [www.peacehealth.org/st-joseph](http://www.peacehealth.org/st-joseph), [www.valleymed.org](http://www.valleymed.org), [www.yakimachildrensvillage.org/](http://www.yakimachildrensvillage.org/)

**Children's Therapy Center:**

- Our SPIO staff attended Medica in Germany – the "World's largest medical device trade show". We now have distributors in 9 countries.
- Had many staff attend the ASHA conference in Denver
- Received a grant from the Gary E. Milgard Family Foundation to help us with recruiting in order to expand our programs in Pierce County
- Received a grant so we can purchase laptops so our therapists can do point of service documentation (in homes and in clinics)
- We rented space in our Burien building to the South King Council of Human Services – Additional space available for compatible organizations
- Launched our new website [www.ctckids.org](http://www.ctckids.org)

**Kindering Center:**

**Sibshops**

If you have a 6-11 year old typically developing brother or sister in addition to a child with special needs, please consider Sibshops as a great place for siblings to connect with others who share some of their experiences. For more information, please call Deb Weiner at 425-653-4306.

**Fathers Network**

Dads are invited to join other great dads for a good cup of coffee and valuable discussion. Issues may be complicated for dads having children with special health care needs and/or disability. Dads are great resources for other dads! Meetings are held at Kindering. Call Louis Mendoza, 425-653-4286, with any additional questions or requests for information.

SPEAKER SERIES 2016

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Back by popular demand Kindering will be offering the topic of Successful Sleep Strategies on Wednesday, January 27<sup>th</sup>. Rsvp required to [colleen.willis@kindering.org](mailto:colleen.willis@kindering.org)

### **Children's Therapy Unit, Mary Bridge Children's**

CTU is now licensed under Mary Bridge Children's rather than Good Samaritan Hospital. This allows CTU to be supported for growth and development along with other Mary Bridge (pediatric) strategic growth plans. Nothing is changing regarding programs or staffing. Demand for services continues to increase. We have served approximately 10% more patients in 2015 than 2014. We expect to have provided over 40,000 patient visits in 2015. We scheduled 68% of patients within 30 days of referral during 2015.

We continue to offer Sibshop and Education classes for professionals and parents. Please see our website for more information. <http://www.multicare.org/events-page/?search=&p=1&from=From&to=To&cat=29>

Easier access: Beginning in December we instituted one point of access for all therapy referrals and appointment scheduling for CTU and Mary Bridge locations including OT, PT, Speech, Audiology, and Neonatal Follow-Up programs. Phone: 253-697-5200 Fax: 697-5248

### **Spokane Guilds' School**

Cover page of Visions newsletter is attached with recent news and stories. You can find the entire newsletter at <http://www.guildschool.org/newsletter-archives/>. (See Attachment #10)

### **Valley Medical Center:**

UW Medicine – Valley Medical Center Children's Therapy is now offering the Integrated Listening System (iLS). Here is the website describing this approach :<http://valleymed.org/Our-Services/Childrens-Therapy/Integrated-Listening/>  
We have also hired a new SLP and new OT...still have a position open for another OT!

### **Children's Village - Yakima**

An Insurance Navigator from WAAA (Washington Alliance and Advocacy) has been placed at Children's Village. This new advocate position is an employee of WAAA doing work in the area of Yakima and Wenatchee. The advocate role will provide much needed support to families who are experiencing insurance denials and health coverage challenges in these rural communities. While the focus is primarily for those families who experience an autism spectrum disorder, children with other neurodevelopmental concerns can also benefit.

 <p>Washington State Department of <b>Early Learning</b></p> <p>Early Support for Infants and Toddlers</p>	<p><b>Department of Early Learning</b> <b>Early Support for Infants and Toddlers (DEL-ESIT)</b> Debi Donelan <a href="http://www.del.wa.gov/esit">www.del.wa.gov/esit</a></p>
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**ESIT Staff Updates:** Adrienne O'Brien is the newest member of the ESIT team, and comes to us with a Bachelor's degree in Sociology from Western Washington University and Masters' degree in Early Childhood Special Education from the University of Alaska Anchorage. She has worked in the early intervention field since 2009, as Quality Assurance Coordinator, Developmental Specialist and Program Director for an Early Intervention Program in Alaska. Adrienne has been trained in several evidence-based interventions including DIR Floortime, Hanen SPARK Communication, infant massage, and the ARC Framework. She has also completed graduate level work in the area of childhood hearing loss and cochlear implants with PPCI (Professional Preparation in Cochlear Implants) which included the development of early childhood hearing screening training and protocols.

**Annual Performance Report:** ESIT is finalizing the Annual Performance Report (APR), due to the Office of Special Education Programs (OSEP) on February 1, 2016. A special APR review meeting will occur on January 20, 2016 to obtain State Interagency Coordinating Council feedback.

**Annual Application for Federal Funding:** ESIT will apply for FFY 2016 funding in April, 2016. As part of the application process, ESIT is required to hold a public comment period prior to each year's application submission. The 60 day public comment period, prior to submitting the application, will be held Feb/March, 2016.

**State Systemic Improvement Plan (SSIP):** Phase II of the SSIP work is due to OSEP on April 1, 2016. We have wrapped up a series of monthly action team meetings with subject matter experts on the following topics:

- 1) Professional Development for Early Intervention Services
- 2) Qualified Personnel/Partnerships and Resources

- 3) Assessment
- 4) Accountability

We are in the process of developing a plan, based on recommendations from the action teams, that includes infrastructure development, supporting early intervention providers in implementing evidence-based practices, and an evaluation plan.

**Data Management System (DMS):** DMS information on system updates and enhancements is provided through GovDelivery: <https://public.govdelivery.com/accounts/WADEL/subscriber/new>. Users are encouraged to sign up to receive the most up-to-date news regarding the DMS.

**Family Resources Coordinator (FRC) Training:** The next Year 1 FRC training/Professional Learning Community (PLC) is scheduled for March 8, 2016. The topic is developing functional outcomes. Interested individuals may participate in trainings as space allows. For more information, contact Sue Blount at [sue.blount@esd112.org](mailto:sue.blount@esd112.org).

**IECC Conference:** The annual Infant and Early Childhood Conference will be held May 4, 5, and 6, 2016 at the Tacoma Convention Center. Parent scholarships will be available through an application process. For more information, contact Debbie Jackson at [djackson@birthtothree.org](mailto:djackson@birthtothree.org).

**State Interagency Coordinating Council (SICC):**

1. The next SICC meeting is January 20 at the Department of Early Learning in Olympia. This is a special APR review meeting.
2. The SICC meeting on February 24 at Thurston County Fairgrounds has a legislative focus.
3. SICC Contact: Linda Jennings at 360-725-3514 or email [Linda.Jennings@del.wa.gov](mailto:Linda.Jennings@del.wa.gov) for more information.

**DSHS, Developmental Disabilities Administration (DDA)**  
Jamie Bond

Jamie Bond was unable to attend.

**DSHS, Fostering Well-Being Care Coordination Unit (FWB CCU)**  
Christina Garcia

- FWB CCU staff continue to provide care coordination daily for children and youth in out-of-home placement who are referred to us. The days are full and busy!
- Staff from our unit continues to be involved in work-groups for the upcoming transition of all foster children into the single Apple Health Foster Care Plan through Coordinated Care, with an implementation date of April 1, 2016. Discussion of future FWB role after the April 1, 2016 implementation date is still occurring, and updates will follow.
- Meanwhile, in addition to the referrals we are receiving from social workers, a large focus of our work is being spent monitoring children in foster care 0-5 years of age on psychotropic medications.
- Additionally, we started a pilot project with Seattle Children's Hospital in August of 2015. We are receiving a monthly list of children in foster care from SCH with canceled or no-show appointments. Each month we contact SCH to verify whether the appointments have been re-scheduled or not, and work with the assigned social workers at Children's Administration to assure there are no gaps in care. This has been a very valuable pilot project so far, and we have outreached on hundreds of children, making sure that their specialty appointments are in order.
- Dr. Roy Simms is no longer in the position of lead Regional Medical Consultant for Fostering Well-Being. He accepted the position of Medical Director for the Apple Health Foster Care Program, so we are thankful to still have the opportunity to work with him. The Regional Medical Consultant position for the Yakima area will be posted shortly.

**DSHS, Kinship and Family Caregiver Program**  
Hilarie Hauptman  
[www.dshs.wa.gov/kinshipcare](http://www.dshs.wa.gov/kinshipcare)

Hilarie Hauptman is unable to attend. No updates available at this time.

Linda Porter, Lifespan Respite Washington, will be attending on behalf of Hilarie. The following are Linda's updates:

Lifespan Respite Washington completed its move in September from its startup host agency, Easter Seals, to Senior Services Snohomish County (SSSC), a nonprofit that, going forward, will serve unpaid family caregivers throughout the entire State of Washington. It is anticipated that family (or friends or neighbors) providing 40 or more hours of care to individuals (all ages, all conditions) per week, will be eligible to apply shortly for a limited supply of respite vouchers. These vouchers, with a value up to \$1,000, can be redeemed through various respite provider agency vendors ranging from in-home care, home health, adult day centers, overnight respite, and camps (see *Attachment #'s 11 and 12* for Lifespan Respite Voucher Application and Eligibility Information). SSSC will also be supporting the respite coalition in its quest for sustainability funding. Watch the website, [www.lifespanrespitewa.org](http://www.lifespanrespitewa.org), for updates about when this program will begin, or provide your email address to Linda Porter, Program Coordinator, [lporter@sssc.org](mailto:lporter@sssc.org).



### **Great LINCS (Links to Integrate and Coordinate Services) for CYSHCN (Children and Youth with Special Health Care Needs)**

WithinReach (WR) has been working with the Great LINCS website workgroup, the steering committee, and Department of Health (DOH) to evaluate gaps, resources, and planning for CYSHCN. The Family Support Coordinator continues to participate in outreach, direct service, and systems collaboration including Great MINDS trainings, Interagency Coordinating Councils, and the Zero to Three national conference in December, 2015.

### **Child Development**

WithinReach presented at the Early Learning Conference in Kennewick in November, 2015. Presentations were made in English and Spanish to a group of 86 parents and Early Childhood Educators. Most participants were unfamiliar with the Ages and Stages Questionnaire (ASQ) before this presentation, and were able to learn in detail about the tool and what to expect when doing the ASQ through WithinReach.

In December 2015, Our Child Development Coordinator, Stephanie Orrico, participated in training with GRADS (Graduate Reality and Dual Skills) class of high school mothers in Vancouver, WA. She facilitated a hands-on training with GRADS participants around the Ages and Stages Questionnaire (ASQ) as well as other child development resources.

### **Medicaid and Qualified Health Plans (QHP's)**

Open enrollment for 2016 began on November 1<sup>st</sup>, 2015 and lasts through January 31<sup>st</sup>, 2016. And just as a reminder, Medicaid and CHIP enrollment is open year-round! Our Outreach and Enrollment Specialists are certified navigators who can assist with the enrollment process and answer questions. Staff is available over the phone, Monday through Thursday from 8:00 a.m. to 5:30 p.m., and Friday from 8:00 a.m. to 5:00 p.m. by calling the Family Health Hotline at 1-800-322-2588. Families and individuals can also visit [Parenthelp123.org](http://Parenthelp123.org) for more information.

### **Resource Finder**

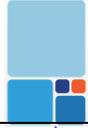
Resource Finder, WithinReach's database of over 4000 geo-located resources, is getting an upgrade! Our cloud based, scalable, mobile friendly Resource Finder will be available soon with a key word search function in addition to location filters for resources in your area. As of January, we have updated the publicly searchable Resource Finder to include over 200 community mental health services. We are always looking for more resources to include, so if you have some in mind, please let us know.

### **WithinReach on the Radio!**

On December 2nd, José Villalobos, Outreach & Enrollment Coordinator, was featured on El Rey 1360 AM, a Spanish radio talk show with a broadcast range from Olympia to Mount Vernon. He discussed WithinReach's health insurance outreach to the Mexican Consulate and directed listeners to call the Family Health Hotline if they had questions. The hotlines received a number of calls as a direct result of José's radio piece.

### **WCOMO: Spotlight on American Indian and Alaska Native health insurance outreach**

December's WCOMO meeting in Renton brought together government agencies, community health clinics, and the non-profit sectors to further understand how to better form successful partnerships with Tribal communities. Topics discussed during a panel presentation included outreach, impact of historical trauma, and understanding the unique needs of the Urban Indian population.



**THRIVE Washington**  
Liv Woodstrom  
[thrivewa.org](http://thrivewa.org)

New CSHCN Communication Network partner. Welcome Liv!

Thrive Washington supports our states 10 Early Learning Regional Coalition (ELRC). Each coalition has a home visiting lead who is responsible for leading home visiting coordination efforts within their Early Learning Regional Coalition. To find out who your ELRC home visiting lead in your area is contact Liv Woodstrom at [liv@thrivewa.org](mailto:liv@thrivewa.org). This year as part of FY16 grant applications, the coalitions had the opportunity to apply for an additional Birth to Three Systems Navigation grant. Two awards were available, of \$45,000 each. This month we are featuring the coalitions who were awarded those grants and their goals for the grant.

Pierce County (First Five Fundamentals) –Pierce County's main goal with this grant is to create a comprehensive systems map around birth to three services in Pierce County. The map will include existing services as well as gaps. To build this map, First Five Fundamentals will engage stakeholders in many different agencies and positions. After creating the map, the focus will be planning activities to address the identified gaps in services as well as policy recommendations at a state level.

Southwest (Southwest Early Learning SWEL)-With their systems navigation grant, Southwest Early Learning will design Para Los Ninos (For Children), an enhanced referral pathway system to ensure improved birth to three services for Latino families. Southwest Early Learning recognizes there is a disconnect between information/resources availability and Latino families who could benefit from specific services. This project will focus on developing referral pathways using trusted messengers and providing professional development to increase cultural competency of service providers.

#### **DOH Screening and Genetics Unit**

Deb Lochner Doyle

[www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/GeneticServices.aspx](http://www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/GeneticServices.aspx)

Deb Lochner Doyle reported that at the last legislative session, they adopted a critical congenital heart disease screening process (with no money attached to this). They are looking at infant death and seeing if there were issues around Congenital Heart Defects that weren't caught. There is work being done around a screen for Adrenoleukodystrophy - a fatty chain that accumulates in the body, usually in males, and they can develop neuropathies. This impacts the thyroid. Deb thought that possibly in July of 2017 that this screening will begin.

#### **CSHCN Regions – East**

Melissa Charbonneau, Spokane County

[ The East Region includes the following counties: Adams, Asotin, Columbia, Garfield, Lincoln, NE Tri-County (*Ferry, Pend Oreille, and Stevens*), Spokane, and Whitman ]

The East Region met November 12th. See *Attachment #13* for the region meeting minutes.

East Region Meeting schedule for 2016: January 14<sup>th</sup> (in conjunction with Communication Network via video conference), May 12<sup>th</sup>, August 11<sup>th</sup>, and November 10<sup>th</sup>.

#### **CSHCN Regions, Southwest**

Andrea Ryker, Tacoma-Pierce County

[ The Southwest Region includes the following counties: Clark, Cowlitz, Grays Harbor, Klickitat, Lewis, Mason, Pacific, Skamania, Tacoma-Pierce, Thurston, and Wahkiakum ]

The Southwest Region met via conference call December 10<sup>th</sup>. See *Attachment #14* for the region meeting minutes.

Southwest Region Meeting schedule for 2016: February 25<sup>th</sup> (via conference call), May 26<sup>th</sup>, August 25<sup>th</sup>, and November 17<sup>th</sup> (all in-person meetings).

**CSHCN Regions, Northwest**

Judy Ward, Snohomish County

[ The Northwest Region includes the following counties: Clallam, Island, Jefferson, Kitsap, San Juan, Seattle-King, Skagit, Snohomish, and Whatcom ]

The Northwest Region met via conference call December 9<sup>th</sup>. See *Attachment #15* for the region meeting minutes. Northwest Region Meeting schedule for 2016: March 31<sup>st</sup> (Skagit Family Resource Center, Mt. Vernon), June 30<sup>th</sup> (Snohomish Health District), September 29<sup>th</sup> (Island County Public Health, Coupeville), and December (telephone conference call – time and date to be determined).

**CSHCN Region – Central**

Carol McCormick, Chelan-Douglas County

[ The Central Region includes the following counties: Benton-Franklin, Chelan-Douglas, Grant, Kittitas, Okanogan, Walla Walla, and Yakima ]

The Central Region met via conference call December 2<sup>nd</sup>. See *Attachment #16* for the region meeting minutes. Central Region Meeting schedule for 2016: March 24<sup>th</sup>, June 15<sup>th</sup>, September 14<sup>th</sup>, and December 14<sup>th</sup>.

**Announcements**

1. **Free Online STARS training Course: Let's Move! Child Care: Breastfeeding Support**

This training is for early childhood professionals on how to support breastfeeding moms and babies. The training was developed and is maintained by state-approved trainers at the University of Washington Center for Public Health Nutrition. The material has been adapted from the national Let's Move! Child Care training on infant feeding. Participants who complete the training will earn 1 STARS continuing education credit in Health, Safety & Nutrition. This online training is available to early childhood professionals with support from the Centers for Disease Control and Prevention (CDC) and the Washington State Department of Health.

[http://depts.washington.edu/uwcpnh/work/ece/lmccbfs\\_module.shtml](http://depts.washington.edu/uwcpnh/work/ece/lmccbfs_module.shtml)

2. **Medicaid Reimbursement for Developmental Screening**

Effective January 1, 2016, the Health Care Authority is implementing the developmental and autism screenings for young children as recommended by the American Academy of Pediatrics' Bright Futures Guidelines. This change complies with Substitute Senate Bill 5317 passed in the 2015 legislative session. For Washington Apple Health clients, the agency will pay for developmental screenings at ages 9 months, 18 months, and 24 months, and autism screenings at age 18 months and 24 months. The agency will update the [Early Periodic Screening, Diagnosis and Treatment \(EPSDT\) Provider Guide](#) to reflect this change.

3. **Medicaid Coverage for Prenatal Vitamins**

January is Birth Defects Prevention Month and includes Folic Acid Awareness. Folic Acid is important for prevention of neural tube defects including spina bifida and anencephaly. It is important that women capable of becoming pregnant take a vitamin containing 400-800 micrograms of folic acid daily. HCA recently announced: **Effective retroactively for dates of service on and after October 1<sup>st</sup>, 2015** Washington Apple Health covers both over-the-counter and prescription prenatal vitamins for all women of reproductive potential.

A fact sheet for providers is available on the H.E.R.E site ([http://here.doh.wa.gov/materials/folic-acid-b-aware/13\\_FolicAcid\\_E15L.pdf](http://here.doh.wa.gov/materials/folic-acid-b-aware/13_FolicAcid_E15L.pdf)). Links on Page 2 of the fact sheet provide education material in English and Spanish which can be ordered from CDC or March of Dimes.

4. **2016 Duncan Seminar – Congenital Heart Conditions and Child Development**

The Annual Duncan Seminar, held at the Seattle Children's Hospital is Friday, April 15, 2016. The topic – **The Heart of the Matter – Congenital Cardiac Conditions and Child Development**. The seminar will focus on important aspects of child development and family outcomes for children with congenital cardiac disease. Speakers will include national recognized researchers and local clinicians with expertise and interest in the challenges facing these children and their families. A family panel will provide depth and perspective to the day's discussion. We will send a link when the agenda is available.

**5. The Road to Recovery: Supporting Children with Intellectual and Developmental Disabilities Who Have Experienced Trauma**

This National Child Traumatic Stress Network (NCTSN) Toolkit consists of a *Facilitator Guide* and a *Participant Manual*. Together, they are designed to teach basic knowledge, skills, and values about working with children with IDD who have had traumatic experiences, and how to use this knowledge to support children's safety, well-being, happiness, and recovery through trauma-informed practice. The Toolkit, in its entirety, is available for download from the [Trauma & IDD Toolkit webpage](#) on the NCTSN Learning Center. Network sites and Affiliates are eligible to receive a free copy of the Toolkit. If you would like a copy, please contact Preston Finley at [hfinley@mendet.ucla.edu](mailto:hfinley@mendet.ucla.edu).

8. Upcoming Training Opportunities on Trauma Informed Care and Motivational Interviewing provided by the WA Health Improvement Network at the DOH. To learn more, see *Attachment # 17*, or to register, contact: [WHIN@doh.wa.gov](mailto:WHIN@doh.wa.gov)

<b>Attachments</b>
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1. Healthy Starts and Transitions PowerPoint Slides
2. Technical Assistance Family Leadership Project Flyer
3. Interpreter Services for Children and Youth with Special Health Care Needs – Results from the Great LINCS Needs Assessment
4. Project LAUNCH Expansion Grant Factsheet
5. Help Me Grow Washington, Common Agenda
6. Health Care Integration Update – PowerPoint Presentation
7. Parent to Parent Site List, January 2016
8. Parent Support/Ethnic Outreach Coordinators, December 2015
9. History of Parent to Parent Roadmap
10. November 2015 Vision Newsletter, Spokane Guilds' School and Neuromuscular Center
11. Lifespan Respite Washington Caregiver Eligibility Information
12. Lifespan Respite Washington Application for Lifespan Respite Voucher
13. East CSHCN Region Minutes
14. Northwest CSHCN Region Minutes
15. Southwest CSHCN Region Minutes
16. Central CSHCN Region Minutes
17. Trauma Informed Care and Motivational Interviewing Training Flyer

**Next CSHCN Communication Network Meeting**

Thursday, April 14, 2016  
Creekside Two at Centerpoint  
20425 72<sup>nd</sup> Avenue South  
Kent, Washington  
Conference Room 309