

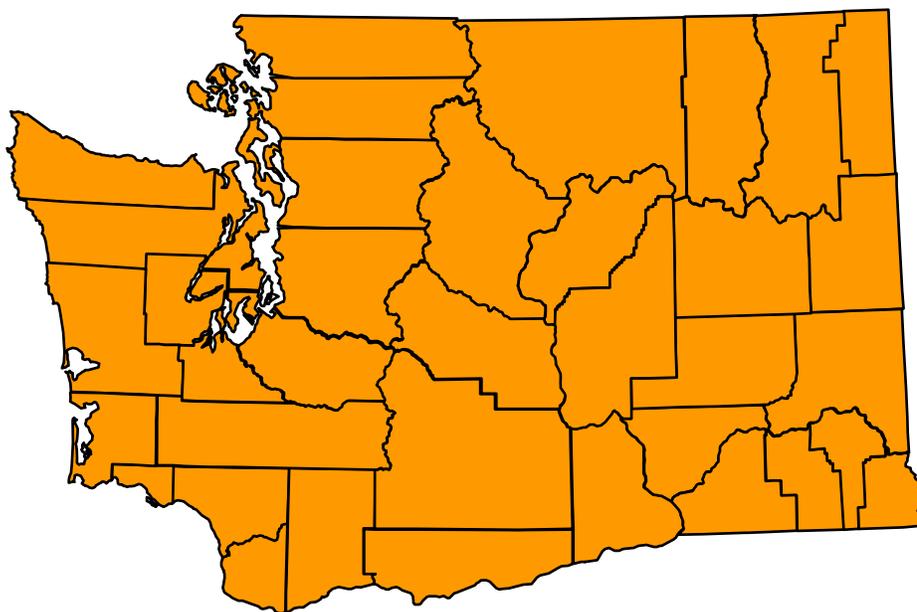


# Washington State

*Tobacco Prevention & Control*

## Statewide Policy Outcomes

August 2010



Prepared for:  
Washington State Department of Health  
Tobacco Prevention and Control Program

Prepared by:  
More Voices Inc.



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# Introduction

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Over the course of the past three years the Washington State Department of Health Tobacco Prevention and Control Program has researched and documented local level tobacco-related policies across the state. This report represents policies collected from community tobacco program contractors as well as from other sources. Included are 46 'policy pages' that describe policies developed and implemented at the community level across Washington State. In most instances these policy efforts were supported by local Tobacco Prevention and Control (TPC) programs. Support has included participation in planning committees, educational presentations to policymakers, guidance in writing policies, and provision of educational materials

Tobacco-related policies have become increasingly common, and many businesses and agencies have adopted policies independently without support from local prevention programs. In addition to the policy pages, this report includes tables with brief descriptions of policies implemented by local entities. The tables reflect all the known policies, with varying degrees of available detail.

There are seven distinct policy categories representing policies from thirty-seven counties and three tribes in Washington State. While some of the policies were implemented before 2005, the majority were adopted after December 2005 when Washington State's Smoking in Public Places law was implemented.

For fiscal year 2009-2010 county tobacco program contractors conducted a local policy assessment as a required workplan activity. Policy assessments received from 28 counties added 174 new policies to the state policy tracking system for a total of 259 documented tobacco policies. This report includes only the secondhand smoke-related policies that went beyond the restrictions of the Smoking in Public Places Law.

The report is organized to reflect the policy priorities selected by the Washington State Department of Health Tobacco Prevention and Control Program. The Tobacco Prevention and Control Program has identified three priority policy areas for local tobacco prevention and control.

- Smoke-free hospital campuses
- Smoke-free college campuses
- Smoke-free multi-unit housing

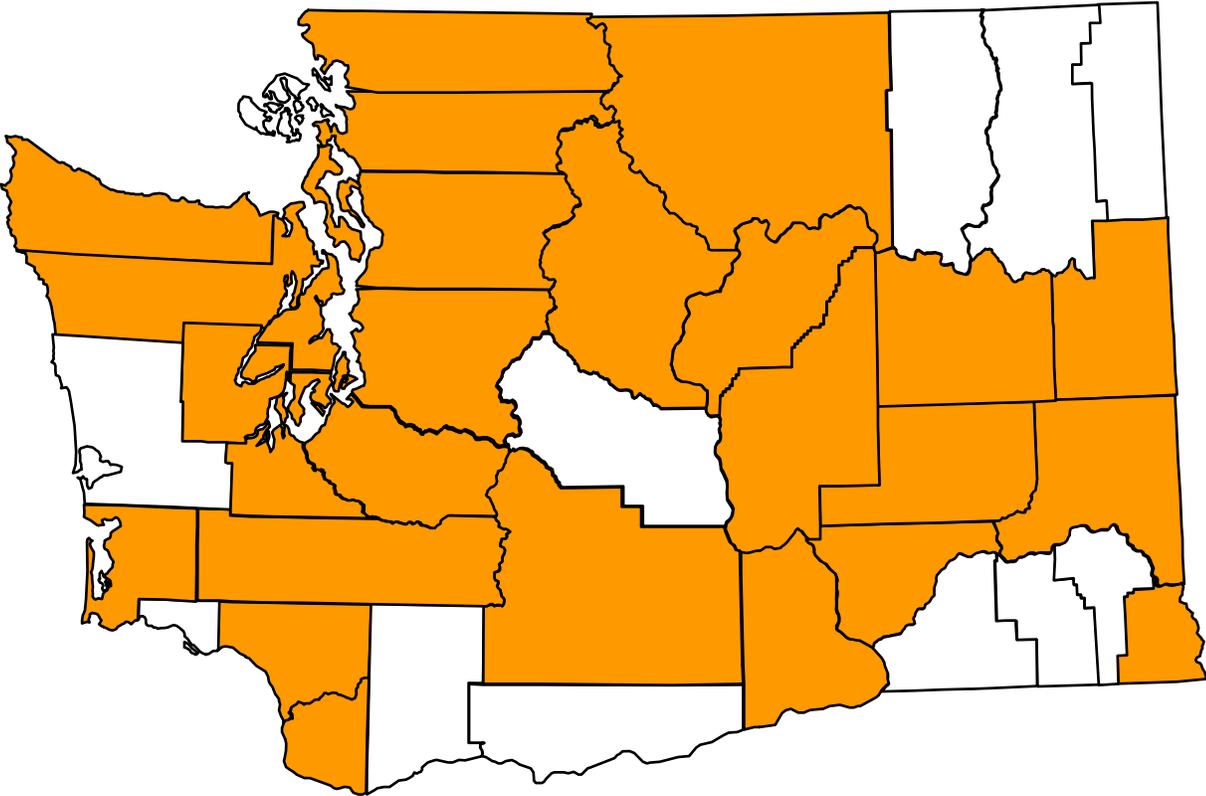
Smoke-free parks, tobacco-free employment, tobacco-free businesses, and provider intervention policies are other areas of policy being tracked and documented. Recent feedback from the TPC external advisory committee included recommendations to search for best practices in tobacco prevention and control policy and provide guidance to local contractors to achieve these policy outcomes.

The current priority policy areas may change based on this recommendation and further research.

Creating the policy pages entailed ongoing communication with local TPC contractors. Contractors provided process details, content clarification and supporting documents. When possible the original policy and/or related documents for each policy submission were collected. These documents are being used for future policy analysis projects.

# Public Health in Action- Reducing Tobacco Exposure on Hospital Campuses

Hospitals across Washington State have adopted policies restricting or prohibiting tobacco use. The table below outlines all the hospitals with identified tobacco policies. The pages that follow provide more details about the processes that led to policy change in some communities.

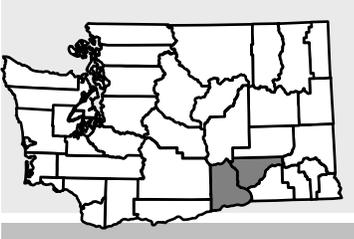


## Tobacco Policies in Hospitals Across Washington State

County	Hospital	Year	Partial/ 100%	Policy Details
Adams	Othello Community Hospital	2007	100%	Policy included brief interventions with patients
Asotin	Tri-State Memorial Hospital	2006	100%	Employee cessation support included in policy
Benton-Franklin	Kadlec Medical Center	2007	100%	* See policy page for more details Employee cessation support included in policy NRT is available to patients
Benton-Franklin	Kennewick General Hospital	2009	100%	Employee Cessation support included in policy
Chelan-Douglas	Cascade Medical Center	2007	100%	Preference for hiring non-tobacco users Smoking in cars specifically prohibited
Chelan-Douglas	Lake Chelan Community Hospital	2008	100%	
Clallam	Olympic Medical Center	2008	100%	* See policy page for more details
Clark	Legacy Salmon Creek	2010	100%	Smoking in cars specifically prohibited Employee cessation support included in policy
Cowlitz	Kaiser Permanente	2006	100%	This is a national policy
Cowlitz	Peace Health	2006	100%	* See policy page for more details Smoking in cars is specifically prohibited Employee cessation support included in policy Enforcement procedures are detailed
Grant	Samaritan Health Care	2001	Partial	Staff must smoke out of sight of public
Grant	Coulee Community Hospital	2004	Partial	
Grant	Columbia Basin Hospital	2004	Partial	
Grant	Moses Lake Clinic	2008	100%	* See policy page for more details Smoking in cars is specifically prohibited
Island	Whidbey General Hospital	2011	policy in progress	Scheduled to implement in 2011
Jefferson	Jefferson Healthcare	2008	100%	* See policy page for more details Smoking in cars is specifically prohibited Employees may not smell of tobacco NRT is available to patients
King	Virginia Mason	1991	100%	
King	Northwest Hospital	2005	100%	
King	Seattle Cancer Care Alliance	2005	100%	Employee cessation support included in policy Enforcement procedures are detailed
King	Seattle Children's	2005	Partial	
King	Enumclaw Regional Hospital	2006	100%	

King	Navos	2009	100%	
King	Swedish Hospital (3 campuses)	Unk	100%	Smoking in cars is specifically prohibited Employee cessation support included in policy NRT is available to patients
King	Evergreen Healthcare	Unk	100%	Covers hospital campus, primary care clinics, & hospice Smoking in cars is specifically prohibited
King	Fred Hutchinson Cancer Research Center	Unk	100%	
King	Harborview Hospital	Unk	Partial	
King	Auburn Regional Medical Center	Unk	Partial	
King	Fairfax Hospital	Unk	Partial	Psychiatric Hospital- smoking allowed outdoors
King	Highline Medical Center	Unk	Partial	No smoking anywhere by patients or visitors, except addiction recovery patients NRT is available to patients
King	Overlake Hospital	Unk	Partial	
King	University of Washington Medical Center	Unk	Partial	
Kitsap	Harrison Hospital	2007	100%	<i>* See policy page for more details</i> Smoking in cars is specifically prohibited Employee cessation support is included in policy Employees may not smell of tobacco
Kitsap	Naval Hospital	2009	Partial	
Lewis	Providence Centralia Hospital	2008	Partial	100% policy scheduled to implement August 2, 2010
Lincoln	Odessa Memorial Hospital	2009	100%	Smoking in cars is specifically prohibited NRT is available to patients Nicotine gum available to visitors.
Mason	Mason General Hospital	2005	100%	
Multiple counties	Group Health Cooperative	2007	100%	
Okanogan	Mid-Valley Hospital in Omak	2007	100%	<i>* See policy page for more details</i> Policy includes brief interventions with patients NRT is available to patients
Pacific	Willapa Harbor Hospital	2009	100%	
Pacific	Ocean Beach Hospital	Unk	100%	
Pierce	Madigan Army Medical Center	1994	Partial	

Pierce	Franciscan Hospitals (St Joseph, St Clare, St Anthony, St Francis)	2006	100%	
Pierce	Good Samaritan Hospital	2006	100%	
Pierce	Multicare Hospitals (Tacoma General, Allenmore)	2006	100%	Smoking in cars is specifically prohibited Enforcement procedures are detailed Employees may not smell of tobacco NRT is available to patients Physicians may not write orders for tobacco
Pierce	Mary Bridge Children's Hospital	2006	100%	
Skagit	Island Hospital	1995	Partial	Smoking is permitted within personal vehicles.
Skagit	Skagit Valley Hospital	2007	100%	* See policy page for more details Smoking in cars is specifically prohibited Enforcement procedures are detailed Employees may not smell of tobacco Physicians may not write orders for tobacco
Skagit	United General Hospital	2009	100%	
Snohomish	Stevens Hospital	2006	100%	* See policy page for more details NRT is available to patients
Snohomish	Cascade Valley Hospital	2007	100%	* See policy page for more details Enforcement procedures are detailed Physicians may not write orders for tobacco
Snohomish	Community Health Center of Snohomish County	2007	100%	
Snohomish	Providence Everett Medical Center	2007	100%	* See policy page for more details Employees may not smell of tobacco Physicians may not write orders for tobacco
Spokane	Rockwood Clinic	2008	100%	Smoking in cars is specifically prohibited Employee cessation support included in policy Enforcement procedures are detailed Policy specifically mentions smokeless tobacco
Thurston	Providence St. Peter and Capital Medical Center	2010	Policy in progress	Scheduled to implement August 2, 2010
Whatcom	St Joseph Hospital	2000	100%	Employee cessation support covered in policy Enforcement procedures are detailed NRT available to patients
Whitman	Pullman Regional Hospital	Unk	Partial	smoking is permitted within personal vehicles
Yakima	Yakima Regional Hospital	2008	Partial	



# Benton-Franklin Counties

*Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free Hospital Campus (100%)

**Year Achieved:** 2007

**Time needed to achieve outcome:** Unknown

**Description of Policy Outcome:** In January of 2007 Kadlec Medical Center (KMC) became the only hospital in the Tri City area with a totally smoke free campus. Kadlec was prompted to go smoke free by the requests of physicians and board members. The final straw was when the hospital received a letter from a mother of a baby who had been in the Neonatal Intensive Care Unit. The letter thanked KMC for all they had done to keep her baby healthy, but was disappointed that she had to take her newborn through secondhand smoke at the front door of the hospital when discharged.

**Resources and Partnerships in Policy Development and Implementation:** Staff time planning, coordinating and preparing for the transition.

**Successes that led to policy outcomes / milestones:** KMC approached Tobacco-free Benton and Franklin Counties (TFBFC) to partner in transitioning to a smoke-free campus. Tobacco Free helped increase the awareness of the need to seriously address tobacco use with patients by offering Brief Tobacco Intervention Training, they provided Quit line information for employees and patients, information about other hospitals who had taken steps to become a smoke free campus and offered cessation classes to employees who wished to quit.

**Results and Next Steps:** Kadlec reports having received mostly positive feedback. The community was prepared in advance, and compliance is reported to be good. This policy may be used to pursue similar policies at other area medical facilities.

**For more information contact:**

Corey Wakeley, Tobacco-free Benton and Franklin Counties  
(509) 374-8742 [corey.wakeley@verizon.net](mailto:corey.wakeley@verizon.net)



# Clallam County

## Tobacco Control Policy Outcome

**Policy Type:** Tobacco-free Hospital Campus (100%)

**Year Achieved:** 2008

**Time needed to achieve outcome:** Six months

**Description of Policy Outcome:** Clallam County's Olympic Medical Center (OMC), including the hospital, cancer center and several outpatient facilities, became 100% smoke-free on November 20, 2008. This change positively affects the 70,000 residents of Clallam County, as well as over 1,000 people employed by OMC.

**Resources and Partnerships in Policy Development and Implementation:** Hospital officials and administrators made the decision to become a smoke-free campus, joining other healthcare facilities in Washington State. When Jill Dole, Clallam County Tobacco Prevention & Control Specialist, heard about the upcoming event she contacted the Hospital Education Department and Head of Human Resources to offer support.

**Successes that led to policy outcomes / milestones:** Clallam County Tobacco Prevention & Control staff played a role in the smooth transition to smoke-free status by offering Brief Tobacco Intervention Skills training to over forty hospital department heads, and providing every department with educational resources and Quit Line information. News releases were published in the local media, and a panel made up of doctors, administrators, and Tobacco Prevention & Control staff discussed the transition on the local radio station. The Department of Health Tobacco Cessation Resource Center provided a Power Point presentation outlining all the steps necessary for a medical center to become smoke-free.

**Results and Next Steps:** The head of Human Resources at OMC says that overall, the transition has gone very well with few patient or visitor complaints. Every OMC patient discharge form has a Brief Tobacco Intervention, asking if patients smoke, advising them to discuss quitting with their healthcare professional, and referring them to the Washington State Quit Line. Information about the Quit Line is in every department. In addition, hospital pamphlets include the American Cancer Society's information about what physical changes occur when an individual quits smoking.

**For more information contact:**

Jill Dole, Clallam County Public Health  
(360) 565-2608 / [jdole@co.clallam.wa.us](mailto:jdole@co.clallam.wa.us)



# Cowlitz County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Hospital Campus (100%)

***Year Achieved:*** 2006

***Time needed to achieve outcome:*** 18 months

***Description of Policy Outcome:*** Peace Health became a Tobacco-free campus November 16, 2006. Smoking is prohibited anywhere on the campus, including the parking structure and in personal vehicles. Creation of this policy included providing cessation support for staff who use tobacco. Parking attendants monitor the parking garage for compliance, and remind people of the policy if needed.

***Resources and Partnerships in Policy Development and Implementation:*** Tobacco Prevention and Control staff participated in monthly meetings, and recruited a trainer for a Freedom from Smoking trainer course. Local media covered the launch date. The hospital created and posted signage.

***Successes that led to policy outcomes / milestones:*** The passage of I-901, the statewide indoor smoking ban, provided impetus for the hospital's decision to become a tobacco free campus. A group was created that involved staff from all hospital departments as well as the health department and other community members. This group helped write the policy and plan implementation. Employee cessation classes began a few months before the official Quit date. Parking attendants monitor the parking garage for compliance, and remind people of the policy if needed.

***Results and Next Steps:*** The policy group continues to meet quarterly to assess success and plan future directions. Compliance with the policy is reportedly good. Currently there are no plans to do a formal evaluation of the policy. Lower Columbia Community College is exploring the possibility of becoming a tobacco-free campus. They are interested in following the procedures that Peace Health used, and are consulting with the health department for guidance.

***For more information contact:***

Jessica Bell, Cowlitz County Health Department  
(360) 501-1228 [bellj@co.cowlitz.wa.us](mailto:bellj@co.cowlitz.wa.us)



# Grant County

## Tobacco Control Policy Outcome

**Policy Type:** Tobacco-free Hospital

**Year Achieved:** 2008

**Time needed to achieve outcome:** 8 months

**Description of Policy Outcome:** The Moses Lake Clinic (MLC) Campus adopted a Tobacco Free Policy as of June 1, 2008. POLICY: It is the Policy of Wenatchee Valley Medical Center (WVMC) that Tobacco use is not allowed by anyone in or on any Moses Lake Clinic buildings, grounds or parking areas, in an effort to maintain a safe and healthful environment for patients, visitors, employees and physicians.

**Resources and Partnerships in Policy Development and Implementation:** Grant County Health District coordinated with GMMB to provide stress balls, posters and Quit for U, Quit for 2 Fliers to be handed out in the pediatricians, family physicians, and obstetricians offices to publicize this great change.

**Successes that led to policy outcomes / milestones:** MLC staff member who provides cessation classes advocated for a tobacco-free policy through participation in the agency's wellness committee. After working with Health District staff on the Systems Change Pilot Project, motivation for this policy increased. The passage of I-901 helped pave the way too.

**Results and Next Steps:** To date, the policy change has gone smoothly. There have been a dozen or so encounters with smokers but all have been 100% compliant. I am not aware of any "official complaints" about the change. Both the Freedom from Smoking classes as well as the Washington State Quitline information is available on the printed material that is available to all customers/patients announcing the new policy. I have had a few patients who have actually contacted both me and the Quitline from the TFC marketing materials.

There is now increased discussion about the possibility of making this a system wide policy, but nothing official has been announced. The Freedom from Smoking classes will continue on a regular basis at both MLC and WVMC.

**For more information contact:**

Grant County Health District  
(509) 754-6060 [www.granthealth.org](http://www.granthealth.org)



# Jefferson County

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free Hospital Campus (100%)

**Year Achieved:** 2008 Jefferson Healthcare

**Time needed to achieve outcome:** Unknown

**Description of Policy Outcome:** Jefferson Healthcare in Jefferson County implemented a tobacco-free environment (TFE) healthcare campus policy March 1, 2008. This policy prohibits use of tobacco everywhere on campus including inside vehicles, and applies to all off-campus Jefferson Healthcare clinics. All patients are screened for tobacco use at admission. Tobacco users are offered NRT during their hospital stay as well as tobacco cessation counseling & Quit Line info.

**Resources and Partnerships in Policy Development and Implementation:** The hospital board of commissioners (BOC) created the Tobacco Free Environment committee. The committee members include representatives from: Human resource, Pharmacy, Nursing, Lab, Medical records and Jefferson County Public Health. Funds were spent on signage and awareness campaign supplies. Maintenance crew removed and cleaned employee smoking area.

**Successes that led to policy outcomes / milestones:** The passage of I-901 provided some impetus for the hospitals decision to become tobacco free. The hospital offers free tobacco cessation classes for employees, their families, and community members. The BOC also approved covering the cost of NRT and Chantix filled at the hospital pharmacy for employees. TFE policy awareness campaign for employees and community started months before TFE implementation date. BTIS training was provided for hospital staff.

**Results and Next Steps:** Jefferson Healthcare has received positive feedback from outpatients about the TFE policy. Compliance is reported to be good.

Main hospital signs changed to include TFE statement. Expand fragrance free employment policy to include the smell of smoke on employee uniforms. BTIS trainings offered at hospital. Obtain BOC approval to add tobacco screening at vital signs procedure at hospital owned clinics. TFE committee is scheduled to meet to assess success and plan future direction.

**For more information contact:**

Karen Obermeyer, Jefferson County Public Health  
(360)385-9417 [kobermeyer@co.jefferson.wa.us](mailto:kobermeyer@co.jefferson.wa.us)



# Kitsap County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Hospital Campus (100%)

***Year Achieved:*** 2007

***Time needed to achieve outcome:*** 1½ years

***Description of Policy Outcome:*** Harrison Hospital in Bremerton decided to alter staff and personnel policies as well as hospital campus policy. Smoking is prohibited on hospital property by patients, visitors and staff. The policy includes smoking while in personal vehicles parked in hospital lots.

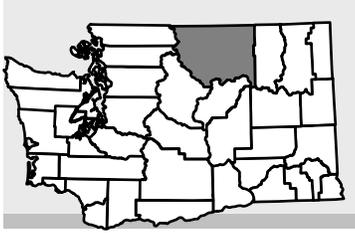
***Resources and Partnerships in Policy Development and Implementation:*** The hospital took the lead in making this change. Health department staff supported the effort by providing educational materials on the effects of secondhand smoke and cessation resources. The hospital provides a cessation benefit for employees and their dependents who use tobacco.

***Successes that led to policy outcomes / milestones:*** The Silverdale hospital campus, opened in 2000, was always tobacco free. The 2005 passage of I-901 provided the impetus for implementing a smoke free policy on all campuses.

***Results and Next Steps:*** The health department is in regular contact with the hospital education department, and continues to provide resource materials as requested.

***For more information contact:***

Shelley Smith-Rose, Kitsap County Health District  
(360) 337-5230 [roses@health.co.kitsap.wa.us](mailto:roses@health.co.kitsap.wa.us)



# Okanogan County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Hospital Campus (100%)

***Year Achieved:*** 2007

***Time needed to achieve outcome:*** approximately 1 year after I-901 passed

***Description of Policy Outcome:*** Mid-Valley Hospital in Omak transitioned to a 100% smoke-free campus.

***Resources and Partnerships in Policy Development and Implementation:*** Mid-Valley Hospital took the lead in development of this policy. Hospital staff wrote the policy and had signage created. Okanogan County Public Health was available as an information resource and provided Quitline materials.

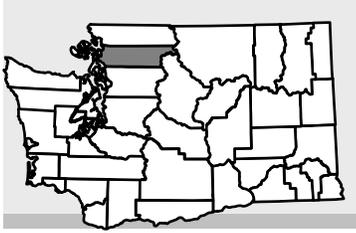
***Successes that led to policy outcomes / milestones:*** The hospital has participated in Okanogan County's Tobacco Coalition for a few years. The passage of I-901 made this transition easier, as tobacco-free norms are becoming more widespread.

***Results and Next Steps:*** No formal evaluation has been conducted, though the hospital reports that establishing patient and visitor compliance has been a challenge. Determining how to enforce this policy is an ongoing issue.

There are two other hospitals in Okanogan County, neither of which has gone tobacco free. Future directions may include working with them to adopt tobacco-free policies.

***For more information contact:***

Crystal Pritchard, Okanogan County Public Health  
(509) 422-7391 [cpritchard@co.okanogan.wa.us](mailto:cpritchard@co.okanogan.wa.us)



# Skagit County

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free Hospital Campus (100%)

**Year Achieved:** 2007

**Time needed to achieve outcome:** 18 months

**Description of Policy Outcome:** Skagit Valley Hospital in Mount Vernon, WA adopted a tobacco-free campus policy on June 1, 2007. Tobacco use is not permitted on any hospital grounds including parking lots. This is the first hospital in Skagit County to go tobacco free.

**Resources and Partnerships in Policy Development and Implementation:** The Skagit County Tobacco Control Program staff worked with Skagit Valley Hospital staff to conduct a survey. The hospital wellness coordinator took the lead in creating and implementing the policy. Signage was then created.

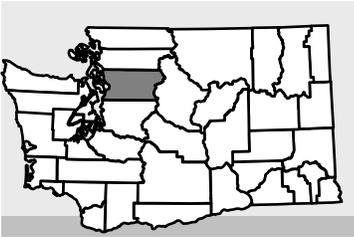
**Successes that led to policy outcomes / milestones:**

- The staff survey indicated a high level of support for a tobacco-free campus policy.
- In 2006 the psychiatry department implemented a tobacco-free policy that was well received.
- Administrators, tobacco users and medical boards all endorsed the proposed policy.

**Results and Next Steps:** Support Skagit Valley Medical Center as it goes tobacco free in March 2008. Continue efforts to see United General Hospital go tobacco free as well.

**For more information contact:**

Allison Johnston, United General Hospital  
(360) 856-7389 [Allison.johnston@unitedgeneral.org](mailto:Allison.johnston@unitedgeneral.org)



# Snohomish County

## *Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free Hospital Campus (100%)

**Year Achieved:** 2006 (Stevens Hospital) and 2007 (Providence Everett Medical Center and Cascade Valley Hospital)

**Time needed to achieve outcome:** Varied from 3 months to 1 year, depending on hospital key partners' readiness

**Description of Policy Outcome:** 3 of the 4 hospitals in Snohomish County implemented tobacco-free healthcare campus policies. These policies prohibit smoking by staff, patients and visitors anywhere on the campus.

**Resources and Partnerships in Policy Development and Implementation:** Staff and key partners (monetary resources can be spent on meetings or on creation of materials for hospitals, if needed – we did not do so as the hospitals had dedicated resources.)

**Successes that led to policy outcomes / milestones:**

- 1) Snohomish Health District hosted a meeting with all of the hospitals and a panel of invited guests from three Pierce County hospitals to introduce creation of partnership to implement policy as a county.
- 2) Local Health Jurisdiction (LHJ) staff participated on hospital committees established to implement policies.
- 3) LHJ staff tailored role at each hospital – they each had their own strengths, obstacles and timeframe. We did not push them to implement in a certain way, instead we supported their unique process.

**Next Steps:**

- 1) Provide ongoing technical assistance/consultation for promoting cessation for hospital staff.
- 2) Facilitate Brief Tobacco Intervention Skills trainings at hospital and clinics to increase provider skills and confidence to promote cessation.
- 3) Remain member of tobacco-free policy committee.

**For more information contact:**

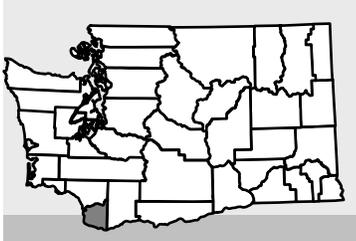
Jonnae Tillman, Snohomish Health District  
(425) 339-8634 [jtillman@shd.snohomish.wa.gov](mailto:jtillman@shd.snohomish.wa.gov)



## Tobacco Policies in Colleges and Universities across Washington State

County	College	Year	Policy Details
Clark	Clark College	2005	* See policy page for more details 100% smoke free campus Smokeless tobacco use prohibited as well as tobacco sales, advertising, sampling & sponsorship
Cowlitz	Lower Columbia College	2009	Designated outdoor areas Smokeless tobacco use prohibited
Franklin	Columbia Basin College	2006	Smoking prohibited in parking lots and vehicles
Grant	Big Bend Community College	1991	Smokeless tobacco use prohibited
King	Bellevue Community College	Unk	Designated outdoor areas
King	Cornish College of the Arts	Unk	Smoking not allowed within 30' of building entrances
King	Green River Community College	2005	Designated outdoor areas
King	Highline Community College	2004	Designated outdoor areas
King	Lake Washington Technical College	2008	Designated outdoor areas
King	North Seattle Community College	1998	Designated outdoor areas
King	Northwest University	Unk	100% smoke free campus includes residence halls
King	Renton Technical College	Unk	
King	Seattle Central Community College	Unk	Smoking not allowed within 50' of building entrances
King	Seattle Pacific University	Unk	100% smoke free campus
King	Shoreline Community College	2009	Designated outdoor areas
King	South Seattle Community College	Unk	Designated outdoor areas
King	The Art Institute of Seattle	Unk	
King	University of Washington, Seattle	2007	Designated outdoor areas Sale of tobacco on campus is prohibited Residence halls are smoke free
Kitsap	Olympic College	2005	Designated outdoor areas
Lewis	Centralia College	2009	*See policy page for more details No smoking while walking across campus
Pacific	Grays Harbor Community College - South & North Pacific County Campuses	Unk	
Pierce	Bates Technical College	2006	Designated outdoor areas
Pierce	Clover Park Technical College	2006	Designated outdoor areas
Pierce	Faith Evangelical Lutheran Seminary	1969	100% smoke free campus Has always been smoke free
Pierce	Pacific Lutheran University	2006	Designated outdoor areas

Pierce	Pierce College	2006	Smoking not allowed within 30' of building entrances
Pierce	University of Washington, Tacoma	2006	Designated outdoor areas No smoking while walking across campus
Skagit	Skagit Valley College	Unk	Designated outdoor areas
Thurston	Evergreen State College	2007	<i>*See policy page for more details</i> Designated outdoor areas Residence halls are smoke free
Thurston	South Puget Sound Community College	2005	Designated outdoor areas No smoking within 50' of child care center
Whitman	Washington State University	2009	No smoking in dorms or at sporting events
Yakima	Perry Technical Institute	2008	Designated outdoor areas Smokeless tobacco use prohibited



# Clark County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Tobacco-free College Campus (100%)

***Year Achieved:*** 2005

***Time needed to achieve outcome:*** 2 years

***Description of Policy Outcome:*** In order to provide a healthy working and learning environment, Clark College is proud to be the first 100% tobacco free campus in the state of Washington, and one of the first 100% tobacco free campuses in the nation. Smoking is not allowed anywhere on the campus. Spitting smokeless tobacco is likewise prohibited. Also prohibited are the sale of tobacco, tobacco advertisement, tobacco product sampling, and sponsorship of events by tobacco companies.

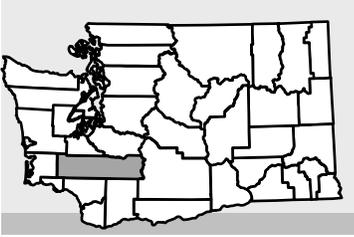
***Resources and Partnerships in Policy Development and Implementation:*** Time was needed for research and planning, including coordination with Clark County Secondhand Smoke Task Force. After implementation, campus security is responsible for enforcement.

***Successes that led to policy outcomes / milestones:*** This change in policy occurred using a shared governance model, including over two years of data gathering from students, staff and faculty. This policy was approved by the Board of Trustees on November 21, 2005, and was reported on the front page of The Columbian on November 22, 2005.

***Results and Next Steps:*** Word of mouth indicates that the policy has become "standard operating procedure." The next step is ongoing work to promote this policy as a model for other college campuses.

***For more information contact:***

Theresa Cross, Clark County Health Department  
(360) 397-8000 ext. 7378 [Theresa.Cross@clark.wa.gov](mailto:Theresa.Cross@clark.wa.gov)



# Lewis County

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free College Campus (Partial)

**Year Achieved:** 2009

**Time needed to achieve outcome:** 5 years

**Description of Policy Outcome:** Beginning fall quarter 2009, Centralia College has implemented smoke-free corridors crossing the campus east to west and north to south. Smoking is only permitted in designated areas and in personal vehicles.

**Resources and Partnerships in Policy Development and Implementation:** This policy resulted from collaboration between students, faculty and staff, with support from the county tobacco prevention and control program.

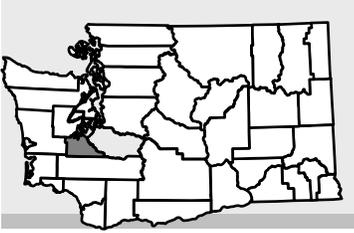
**Successes that led to policy outcomes / milestones:** About five years ago tobacco prevention staff met with the college deans, who wanted to enforce existing policy prohibiting smoking near building entrances, and eventually make the campus smoke free. At that time signage was posted, and the issue appeared to have been dropped.

This August a representative from the Student Government approached tobacco prevention staff about having the campus be smoke free by the Great American Smokeout in November. Interest in smoke-free campus policies has increased over the past few years, and the parties involved agreed to upgrade the policy. Newspaper coverage has brought positive publicity.

**Results and Next Steps:** Follow up meetings have been scheduled, with plans to assess the success of the new policy, and discuss upgrading the policy to 100%.

**For more information contact:**

Sonia Ferguson, Program Coordinator  
360-740-1489 [SAFerguson@co.lewis.wa.us](mailto:SAFerguson@co.lewis.wa.us)



# Thurston Together!

*Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free College Campus (Partial)

***Year Achieved:*** 2007

***Time needed to achieve outcome:*** 6 months

***Description of Policy Outcome:*** The Evergreen State College campus is a smoke-free campus except in designated areas. As a part of this, residence halls are now 100% tobacco free (whereas they were not 100% tobacco free prior to this policy change).

***Resources and Partnerships in Policy Development and Implementation:*** Community readiness, administration support, staff time to correspond with project coordinator (Vice President for Student Affairs) and follow up as appropriate.

***Successes that led to policy outcomes / milestones:*** Evergreen administration created the policy and then approached Tobacco-Free Thurston County (TFTC) for help creating a more comprehensive plan. Ongoing questions about how the policy will be enforced and how tobacco sales on campus will be addressed have yet to be resolved.

***Results and Next Steps:*** Evaluation will be conducted once final plans for implementing the policy are in place. TFTC will continue to work with Evergreen to create a comprehensive cessation education system and to address enforcement and social norms issues.

***For more information contact:***

Meghan Sullivan, TOGETHER!

(360) 493-2230 [msullivan@thurstontgether.org](mailto:msullivan@thurstontgether.org)



## Tobacco Policies in Multi-Unit Housing Complexes across Washington State

County	Agency	Year	Policy Details
Adams	Othello Housing Authority	2010	Policy includes common areas and parking lots
Clallam	Housing Authority of Clallam County	2010	* See policy page for more details Designated outdoor areas
Clark	Vancouver Housing Authority	2008	Designated outdoor areas Smoking prohibited in common areas
Franklin	Franklin County Public Housing Authority	2007	Policy covers 240 units
Franklin	HUD housing	2008	Policy covers 180 units
Jefferson	Admiralty Apartments	2008	
King	Seattle Housing Authority	2003	
King	King County Housing Authority	2007	* See policy page for more details Smoking prohibited in common areas and within 50' of building entrances Policy covers 3 buildings & 222 units
Kitsap	Bremerton Housing Authority- The Firs apartments	2008	Policy includes hallways and common areas. Policy is detailed in lease agreement.
Kitsap	Winslow Manor Apartments	Unk	
Kittitas	Briarwood Commons	2008	Policy includes common areas and parking lots
Mason	Holiday House Apartments	1979	Policy is detailed in rental agreement.
Mason	Brookside Apartments	2005	
Mason	Mason County Homeless Shelter & Shelton Creek Apartments	2007	
Mason	Fir Tree Park Apartments	2008	* See policy page for more details Policy covers stairwells, balconies and entrances
Mason	Goldsborough Court Apartments	Unk	No smoking language is in the rental agreement.
Mason	Lawton & Gateway Apartments	Unk	Smoking prohibited in common areas
Mason	Spanish Apartments	Unk	
Multiple counties	Guardian Management	2007	Indoor and outdoor smoking prohibited on its properties in 11 Washington cities
Skagit	Alpine Ridge Retirement Apartments	Unk	
Skagit	Bayside Apartments	Unk	
Skagit	Brigadoon Apartments	Unk	Smoking allowed outside. If residents smoke inside, they lose their security deposit.
Skagit	Campus View Village	Unk	Smoking only allowed in porch area
Skagit	Cascade Meadows Apts.	Unk	No smoking in units or balconies
Skagit	Cascade West Apartments	Unk	Smoking allowed on balconies

Skagit	Evergreen Manor	Unk	
Skagit	Fairhaven Manor	Unk	
Skagit	Fircrest Apartments	Unk	
Skagit	Glendale Apartments	Unk	Smoking not allowed on premises. Does not rent units to people who smoke.
Skagit	Harbor Villa Apartments	Unk	No smoking anywhere on premises
Skagit	Harborview Apartments	Unk	Designated smoking tent or tenants can smoke off property
Skagit	Heatherwood Apartments	Unk	Designated smoking tent or tenants can smoke off property
Skagit	Highland Greens Senior Apartments	Unk	No smoking in building or within 25 feet of entrances/exits/windows/ventilation intakes.
Skagit	Logan Park Apartments	Unk	
Skagit	Norris Place Apartments	Unk	
Skagit	Parkwood Apartments	Unk	No smoking in units or anywhere on balconies. Permitted within 25 feet of units.
Skagit	Salem Village Apartments	Unk	Current residents allowed to smoke in units; new applicants not allowed
Skagit	Sedro Villa	Unk	low-income/handicapped seniors
Skagit	Silverwood Apartments	Unk	Designated smoking tent or tenants can smoke off property
Skagit	Somerset place	Unk	No smoking in units, allowed on porches
Skagit	Stanford Apartments	Unk	No smoking anywhere on premises
Skagit	Trail West Apartments	Unk	No smoking in units, allowed on balconies
Skagit	Villa Kathleen Apartments	Unk	policy prohibits smoking
Skagit	Woodgate Apartments	Unk	Designated outdoor smoking areas
Snohomish	Senior Services of Snohomish County	2008	
Snohomish	Housing Hope	2009	
Spokane	Spokane Housing Authority	2010	Policy covers units and common areas. Violation fine structure in place
Spokane	Catholic Charities	2008	All senior housing smoke free
Walla Walla	Walla Walla Housing authority	2008	<i>* See policy page for more details</i>
Whatcom	Adams Property Management	Unk	Designated outdoor smoking areas
Whatcom	Apex Property Management	Unk	No smoking in building or within 30 feet of buildings
Whatcom	Bayview Property Management	Unk	All units are smoke free
Whatcom	Chuckanut Property Management	Unk	All units are smoke free
Whatcom	Daylight Properties	Unk	All units are smoke free
Whatcom	Ebright-Wright Windermere	Unk	New tenants must not smoke, smoking tenants grandfathered
Whatcom	Lakeway Realty	Unk	All units are smoke free
Whatcom	Landmark Real Estate Management	Unk	All units are smoke free

Whatcom	Property Management Professionals	Unk	All units are smoke free
Whatcom	Son-Rise Property Management	Unk	All units are smoke free
Whatcom	Sun-Mark Property Management	Unk	All units are smoke free
Yakima	Yakima Housing Authority	2005	Policy covers senior housing



# Clallam County

*Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free housing

**Year Achieved:** 2010

**Time needed to achieve outcome:** 6 months

**Description of Policy Outcome:** The Housing Authority of Clallam County adopted a no-smoking policy for all properties in June 2009 and took effect January 1, 2010. After the new policy was approved, a 30-day period was set out for tenants to give written input on the decision. Eight tenants out of 500 units responded in writing. Of those, six were opposed to the new policy and two were in favor of it. Since January 1, the Housing Authority of Clallam County has received many comments of appreciation from tenants who are happy they can breathe again.

**Resources and Partnerships in Policy Development and Implementation:**

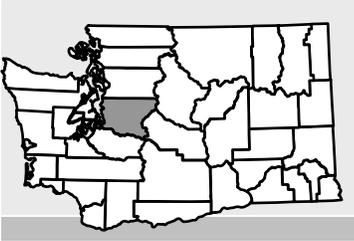
The Clallam County Tobacco Prevention & Control Program supported Housing Authority by providing information, booklets, and power point presentations about successfully transitioning to smoke-free housing, and by coordinating smoking cessation groups as needed for tenants who wished to stop smoking.

**Successes that led to policy outcomes / milestones:** The Property Managers at each site had all new tenants as of July 1, 2009 sign the non-smoking lease addendum. Current tenants signed the lease during their annual re-examination if it occurred between July and December 2009. Other tenants were mailed the new non-smoking lease addendum, which had a Dec. 31 deadline. At the end of January 2010, the Housing Authority of Clallam County conducted inspections in all units in which a smoking deposit had been paid. Tenants were informed that their deposit would be returned if there was absolutely no smoking damage done to their unit from cigarette smoke.

**Results and Next Steps:** The move towards a non-smoking environment is very beneficial for many, but creates challenges for smokers. In order to ease the transition, the Housing Authority constructed smoking 'sheds' 25 feet from the buildings for their residents' use. Smoking is now only allowed in that designated area on all properties. The transition has been difficult for a few, but overall the majority of tenants are pleased about the new policy. The new non-smoking environment is now enjoyed by staff, tenants, and their guests.

**For more information contact:**

Jill Dole, Clallam County Health & Human Services  
(360) 565-2608 [jdole@co.clallam.wa.us](mailto:jdole@co.clallam.wa.us)



# King County

*Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free multi-unit housing (partial)

**Year Achieved:** 2007

**Time needed to achieve outcome:** 18 months

**Description of Policy Outcome:** King County Housing Authority (KCHA) board voted to prohibit smoking in two buildings in 2008 and in a third building when renovations are complete. This ban covers a total of 222 housing units. Smoking is prohibited in common areas and within 50 feet of building entrances. The authority owns and manages 2,700 units of public housing.

**Resources and Partnerships in Policy Development and Implementation:** Tobacco program staff time conducting an initial survey. KCHA provides signage and receptacles in designated areas. KCHA monitors compliance and handles enforcement when necessary.

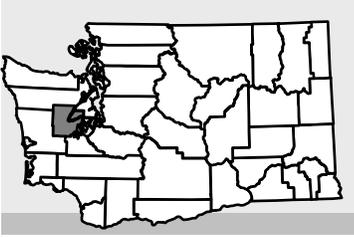
**Successes that led to policy outcomes / milestones:** In 2006, the King County Tobacco Prevention Program conducted a survey of the tenants at the housing authority about smoke-free housing and found a lot of support. The Authority formed an internal task force to plan how to use this knowledge, did some additional census surveying of particular buildings, and produced this policy.

**Results and Next Steps:** The Housing Authority is preparing to evaluate several factors, including: resident satisfaction surveys, transfer requests in and out of the building, property insurance rate changes, and unit turn cost changes.

KCHA is moving into the monitoring and evaluating phase that will continue through the rest of 2008. There may be plans to expand the program depending on the results and their interpretation. The King County Tobacco Prevention Program will support KCHA with information about resources for tenants who want to quit smoking.

**For more information contact:**

Paul Zemann, Public Health Seattle/King County  
(206) 296-7613 [paul.zemann@metrokc.gov](mailto:paul.zemann@metrokc.gov)



# Mason County

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free public housing (100%)

**Year Achieved:** 2008

**Time needed to achieve outcome:** One year

**Description of Policy Outcome:** Fir Tree Park Apartments adopted a smoke-free policy that prohibits smoking in stairwells, balconies, entrances and within 25 feet of buildings as of November 1, 2008. All new tenants are prohibited from smoking in their apartments, and indoor smoking will be banned altogether by August 1, 2009.

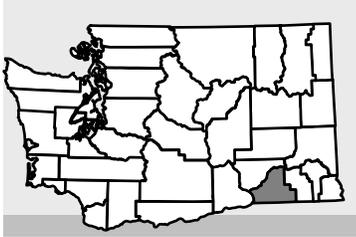
**Resources and Partnerships in Policy Development and Implementation:** Sample policies and landlord/tenant rights were found at [www.smokefreewashington.com](http://www.smokefreewashington.com). Other resources included staff time, building relationships with management/owners, Board of Health support, and Quit Line resources.

**Successes that led to policy outcomes / milestones:** A Fir Tree Park Apartment tenant became a champion for this effort. He didn't want his health compromised by the secondhand smoke from his neighbor smoking outside his apartment window. He pressed the property management company to do something about his neighbor smoking next to his apartment. When he that didn't work, he made a formal complaint to the apartment owner to express his concerns. The health department supported his efforts by providing smoke-free policy information to the owner and property manager. The health department supported the new smoke-free policy during a tenant meeting and encouraged tenants to call the WA State Tobacco Quit Line if they wanted to quit. The Board of Health recognized the tenant and apartment manager for their effort in promoting a healthier living environment for Mason County residents.

**Next Steps:** The Health Department is developing a toolkit to encourage other apartment managers/owners to go smoke-free.

**For more information contact:**

Ben Johnson, Mason County Public Health  
360-427-9670 ext. 400 [benj@co.mason.wa.us](mailto:benj@co.mason.wa.us)



# Walla Walla County

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free housing (100%)

**Year Achieved:** 2008

**Time needed to achieve outcome:** 2 years

**Description of Policy Outcome:** The Walla Walla Housing Authority has banned smoking in all the units it owns and/or manages.

**Resources and Partnerships in Policy Development and Implementation:** One angry grandmother!

**Successes that led to policy outcomes / milestones:** One apartment building was originally church affiliated and was smoke free. The tenants were long-term and elderly on a fixed income. When the housing authority took ownership a smoking manager moved in, and vacant suites were filled with no regard as to tenants' smoking status. Existing tenants were frustrated with the now smoke-filled hallways, smoke seeping under their doors, through the walls and pouring out of the heating vents. Requests to management fell on deaf ears at which point the tenants began a phone campaign to the Walla Wall Health Department, complaining of the SHS. I promised to meet with WWHA to attempt a resolution, in addition to mailing both the concerned tenants and WWHA a booklet from California discussing the issues around smoke free public housing. At the first meeting with WWHA they claimed that smoke free public housing was an impossibility. Fast forward to February 2008 – I received a call from one angry grandmother, Roberta Hunt – chairperson of Grandmother's Roundtable - who indicated she was ready to move out of the building on account of the SHS, but felt responsible for several other seniors who did not have the choice to move. I gave her additional materials from Michigan, Maine and California – also suggesting they might look at the Disabilities Act because some of the tenants had asthma. After 3 or 4 visits to my office in addition to a number of phone calls, Roberta stated that WWHA was likely going to pass a smoke free public housing policy and all would be well.

**Results and Next Steps:** WWHA enacted the new policy in January 2008 and reports that 'there have been no complaints from managers or tenants so far'. Offering Quit Line information and community cessation resources to tenants in WWHA would be a logical follow up to the policy.

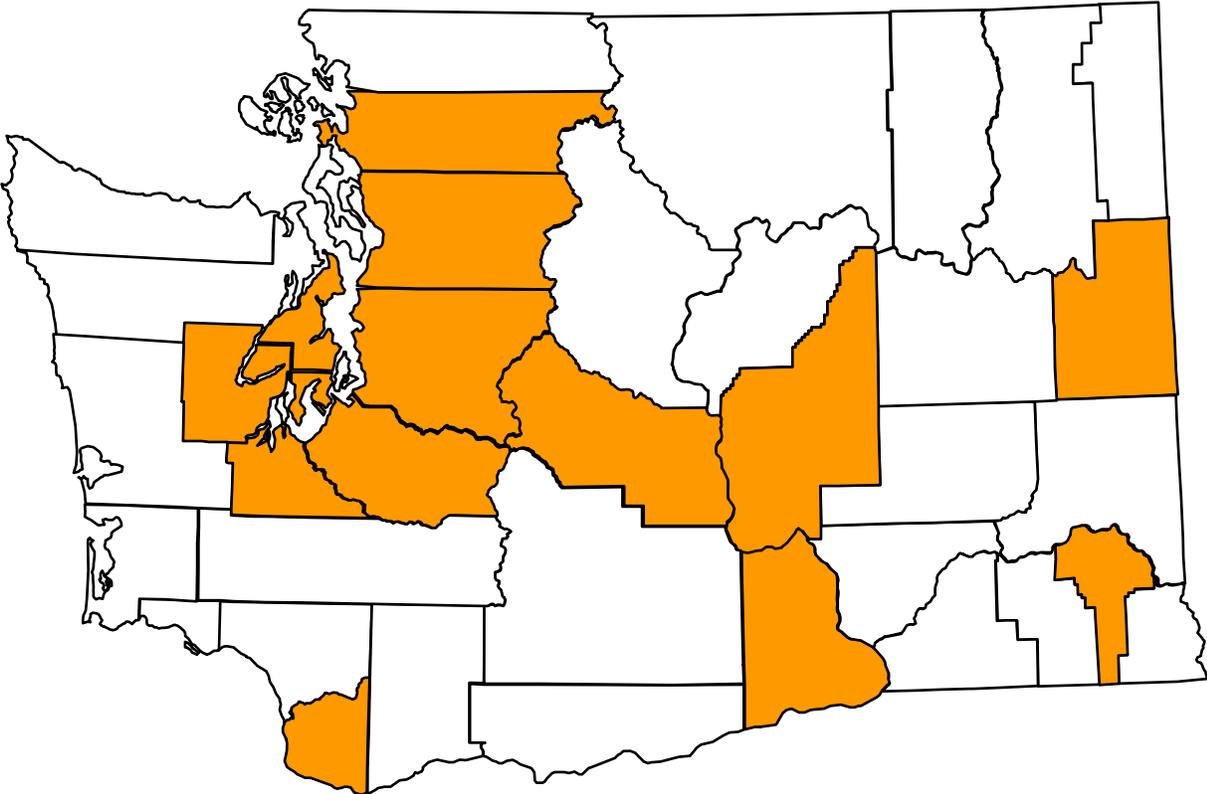
**For more information contact:**

Walla Walla County Health Department

(509) 527-3290

# Public Health in Action- Reducing Tobacco Exposure in Parks

Parks across Washington State have adopted policies restricting or prohibiting tobacco use. The table below outlines all the parks with identified tobacco policies. The pages that follow provide more details about the processes that led to policy change in some communities.



## Tobacco Policies in Parks across Washington State

County	Park	Year	Policy Details
Benton	Kennewick Parks	2005	Playgrounds are smoke free with a 25' rule around perimeter. Signs are posted at 26 playgrounds.
Benton	Richland Parks	2006	Playgrounds are smoke free with a 50' rule around perimeter. Signs are posted at 20 playgrounds.
Benton	West Richland Parks	2007	Parks are smoke free and spit tobacco is specifically prohibited.
Chelan-Douglas	Wenatchee City Parks	2010	Citywide policy covers all parks. Signs posted at play areas, sports fields and wading pools.
Clark	City of Vancouver & Clark County Parks	2005	* See policy page for more details Playgrounds are smoke free. Signs are posted at playgrounds and restrooms.
Clark	City of Battleground Parks	2007	* See policy page for more details Skate park section is smoke free and there are designated smoking areas
Columbia	City of Dayton Parks	2010	* See policy page for more details Smoke free zones 25' around playgrounds, pools, athletic complex
Garfield	Pioneer Park	2008	* See policy page for more details a pocket park in Pomeroy- entire park covered by 25' rule
Grant	City of Moses Lake Parks	2006	* See policy page for more details Rule covers playgrounds, ballparks, playing fields, bleachers, restrooms, concession stand and any public gathering
King	Seattle Parks	2010	all tobacco use prohibited within 25' of other people, play areas, beaches
Kitsap	City of Poulsbo	1999	
Kittitas	City of Ellensburg	2006	* See policy page for more details Rule covers playgrounds, restrooms, ball fields, beaches and events
Mason	Mason County property	2006	All county-owned property is smoke free, including parks and the fairgrounds
Pierce	City of Puyallup	2004	Entire park is smoke free, compliance is voluntary
Pierce	Metro Parks	2009	* See policy page for more details Parks are smoke free and the policy includes enforcement provisions.
Pierce	Pierce County Parks	2009	* See policy page for more details Parks are smoke free and the policy includes enforcement provisions.
Skagit	Bakerview Park	2005	* See policy page for more details Entire park is smoke free, compliance is voluntary
Skagit	Clear Lake Beach	2005	* See policy page for more details Entire park is smoke free, compliance is voluntary
Skagit	Montgomery-Duban Headlands	2007	* See policy page for more details Entire park is smoke free, compliance is voluntary
Skagit	Sharpe Park	2007	* See policy page for more details Entire park is smoke free, compliance is voluntary

Snohomish	City of Marysville	2001	* <i>See policy page for more details</i> First park in Snohomish County to enact policy
Snohomish	City of Lake Stevens	2008	* <i>See policy page for more details</i> Smoke free policy includes enforcement provision and fine structure
Snohomish	Parks in 13 Snohomish communities	2002-2007	* <i>See policy page for more details</i> Cities of Arlington, Granite Falls, Gold Bar, Monroe, Mukilteo, Index, Sultan, Snohomish, Everett, Lynnwood, Mountlake Terrace, Edmonds, Bothell
Spokane	City of Spokane Parks	2009	* <i>See policy page for more details</i> 25' rule covers playgrounds, pools, restrooms, skate parks, and community events
Thurston	City of Olympia	2005	Signs are posted at playgrounds
Thurston	City of Tumwater	2007	* <i>See policy page for more details</i> Entire park is smoke free, compliance is voluntary



# Chelan and Douglas Counties

## Tobacco Control Policy Outcome

**Policy Type:** Tobacco-free Parks

**Year Achieved:** 2009

**Time needed to achieve outcome:** 2 years

**Description of Policy Outcome:** Sometimes we take baby steps, and sometimes we take leaps, but our effort to facilitate tobacco-free parks policy is finally paying off. After a two-year effort, a city-wide policy was passed in November of 2009.

From Wenatchee Parks Resolution 2009-65: "Wenatchee City Parks are designated as Tobacco Free Zones. Use of tobacco products is not allowed." This policy covers all of the parks, however, verbal consensus was to post the signage around the playgrounds, wading pools, and sports fields, as those are the areas of concern. Twelve parks are affected by the policy; eight of those parks will post signage.

**Resources and Partnerships in Policy Development and Implementation:**

60 hours staff time was used in preparing talking points, attending meetings, mobilizing advocates, and fund raising for signage. Funds for signs will total \$2000; no DOH funds were used. By raising funds we are able to visibly demonstrate community buy-in.

**Successes that led to policy outcomes / milestones:** Chelan-Douglas Tobacco Coalition partnered with City of Wenatchee Parks Department to identify and overcome perceived and actual barriers to such a policy. Ours is a conservative community with a fiercely independent streak, so there were some lively discussions! We listened to the concerns of citizens - including park users - and elected officials. We educated City Council members, recruited community advocates, and encouraged a positive approach to policy implementation. Together for Drug Free Youth offered to lead a fund-raising effort to pay for the new signage that would be required.

**Results and Next Steps:** Parks Director Dave Erickson held a student sign-design contest among the city's seven elementary schools; the winning entry was chosen in January. Service clubs and local businesses are stepping up with offers to "sponsor" signage for a given park. As the largest community in the region, the precedent-setting effect is already being felt in neighboring communities. We look forward to reporting additional successes in future!

**For more information contact:**

Marilyn Dold, Chelan-Douglas Together  
(509) 662-7201 [togethermd@nwi.net](mailto:togethermd@nwi.net)



# Clark County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Parks (City of Battle Ground, partial)

***Year Achieved:*** 2007

***Time needed to achieve outcome:*** 2 years

***Description of Policy Outcome:*** In 2006, Battle Ground's Fairgrounds Park was renovated and a 25,000 square foot skate park was built. The Battle Ground City Council proposed that the skate park section of the park be tobacco-free as a way to reduce litter and possibly vandalism. The final outcome was to create designated smoking areas.

***Resources and Partnerships in Policy Development and Implementation:*** The proposal and decision to designate the park tobacco-free, in addition to alcohol- and drug-free was entirely done by the City Council. Neither Clark County Public Health nor the Clark County Tobacco Free Coalition was aware of their decision until the day of the city council meeting where the issue was on the consent agenda.

***Successes that led to policy outcomes / milestones:*** In 2004, youth in the Clark County Health Department's Breathe coalition advocated for tobacco-free policies at Battle Ground city parks and testified at city council meetings in support of such policies. A policy passed but did not include enforcement.

***Results and Next Steps:*** The fact that no one from outside the community proposed or advocated for or against a tobacco-free parks policy is an example of how this community now "owns" this policy and the health value of protecting the public from secondhand smoke exposure. Now, the idea of smoke free parks truly is a community norm. Pursue expanding policy to more parks.

***For more information contact:***

Theresa Cross, Clark County Health Department  
(360) 397-8000, ext. 7378 [Theresa.Cross@clark.wa.gov](mailto:Theresa.Cross@clark.wa.gov)



# Columbia County

## *Tobacco Control Policy Outcome*

**Policy Type:** Smoke Free Zones – City of Dayton Parks & Recreation Areas

**Year Achieved:** 2010

**Time needed to achieve outcome:** 6 months

**Description of Policy Outcome:** The City of Dayton has established "Smoke Free" zones on City property where children play. The following City and City Park amenities, play areas and/or community events will be designated as "Smoke Free" and identified by appropriate signage. The zones encompass areas that are 25 ft. from:

- Wood-chipped play areas (play ground equipment) in the City Park
- Dayton Athletic Complex
- Dayton Swimming Pool, tennis court, skate park and City Park restrooms
- Community events which choose to be exclusively "Smoke Free" may be designated as such by temporary signage for each specific event.

The outdoor Areas Smoke Free Policy will be endorsed and evaluated as a voluntary compliance policy only.

**Resources and Partnerships in Policy Development and Implementation:** City of Dayton Council and Parks & Safety Committee, Columbia County Health Department Tobacco Staff

**Successes that led to policy outcomes / milestones:** Tobacco program staff initially gave presentations on secondhand smoke health issues, fire hazards, and increased litter concerns. Staff attended every city council meeting to field questions, attended the monthly Parks Recreation and Safety meeting. Continuing to provide additional information on SHS issues and risk to the public, especially the youth in our community at the recreational/family sites eventually got the city council on board.

**Results and Next Steps:** For the purpose of measuring the success of the policy, City of Dayton Parks and Public Grounds and Public Safety Committees and the Columbia Co. Public Health Dept. Tobacco staff will collect input from community members who utilize the City Park amenities. This information will be used to evaluate the policy in one year.

**For more information contact:**

Vickie Hodgson, Columbia County Health Department  
(509) 382-2181 Vickie\_hodgson@co.columbia.wa.us



# Garfield County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Park

***Year Achieved:*** 2008

***Time needed to achieve outcome:*** 8 months

***Description of Policy Outcome:*** Pioneer Plaza, a new pocket park in Pomeroy, has been designated tobacco free due to efforts by the Tobacco Program and Community Health and Prevention Advisory Board (CHAPAB).

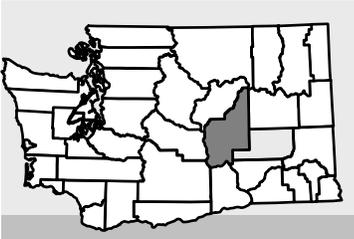
***Resources and Partnerships in Policy Development and Implementation:*** Staff time working with CHAPAB board, support from city council, the Health District provided funds for signs.

***Successes that led to policy outcomes / milestones:*** In October 2007 discussion was raised at our Community Health and Prevention Advisory Board (CHAPAB) that the Health district would propose that the new city park, Pioneer Plaza, be tobacco free. The board liked the idea and agreed to draft a letter in support to be sent to the city council. In April the city had a park planning committee meeting. Work started on the park in late April early May. Our board drafted a letter in April to be reviewed by the members, signed by all 17 board members, and sent on to the city council. The city council agreed to place signs up, but did not pass an ordinance or make it an official policy. The park is located 25ft within adjacent buildings, so technically it would make it a state law that they can't smoke in the park.

***Next Steps:*** The Health District is purchasing signs from a local sign company, and they are expected to be in place by the end of June.

***For more information contact:***

Tina Warren, Garfield County Health District  
(509) 843-3412 [twarren@co.garfield.wa.us](mailto:twarren@co.garfield.wa.us)



# Grant County

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free Parks (City of Moses Lake, 100%)

**Year Achieved:** 2006

**Time needed to achieve outcome:** Unknown

**Description of Policy Outcome:** Ordinance No. 2262 is an ordinance creating Chapter 8.56 of the Moses Lake Municipal Code Entitled "Smoking and Tobacco Use Prohibited in City Parks." This ordinance prohibits smoking within 25 feet of playgrounds, ballparks, playing fields, bleachers, restrooms, concession stands and any public gathering at city parks. The city created signage and ensures that signs are posted.

**Resources and Partnerships in Policy Development and Implementation:** This was not an activity in Grant County Health District's tobacco workplan. The City of Moses Lake created this policy entirely of its own volition.

**Successes that led to policy outcomes / milestones:** A city council member who was a former high school vice-principal and athletic coach championed this policy. He wrote the policy and guided its passage through the city council.

**Results and Next Steps:** Since this policy was implemented in 2006, no evaluation has been conducted. The Grant County Health District has been active in creating great public awareness of the policy within the community and with local partners.

While enforcement is written in the language of the ordinance, it is not clear how the ordinance is enforced or who is responsible. A next step may be to clarify who is responsible for enforcement and how it will be conducted.

**For more information contact:**

Grant County Health District  
(509) 754-6060 [www.granthealth.org](http://www.granthealth.org)



# Kittitas County

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free Parks (City of Ellensburg, 100%)

**Year Achieved:** 2006

**Time needed to achieve outcome:** 6 months

**Description of Policy Outcome:** Properties that are run by the Ellensburg Parks & Recreation Department, the following park amenities, situations and/or events will be designated as "Tobacco Free", and will be identified by appropriate signage:

1. The immediate area of playgrounds and play areas.
2. The immediate area around public restrooms.
3. The immediate area around any public event at a park or ball field, such as concerts, and during adult and youth league games and practices.
4. On public beaches.

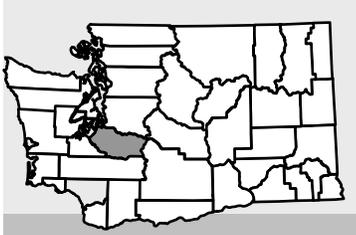
**Resources and Partnerships in Policy Development and Implementation:** Money to print signs, City of Ellensburg staff to hang signage, relationship with council to approve policy, local youth and community center director to advocate for it to council, TPCP staff time to design signs, create press release and draft the policy.

**Successes that led to policy outcomes / milestones:** The Tobacco Prevention and Control Coordinator first approached the Parks and Recreation Commission and requested a letter of support. The letter of support along with examples of tobacco-free parks from Spokane, Olympia, Kennewick and Snohomish were used to persuade the City Council to adopt a tobacco-free parks resolution.

**Next Steps:** There are signs in reserve to be hung at new parks or replace damaged ones, and sign monitoring will be ongoing. An education campaign including newspaper articles will be conducted in the future.

**For more information contact:**

Sarah Bedsaul, Kittitas County Public Health Dept  
509-962-7680 [sarah.bedsaul@co.kittitas.wa.us](mailto:sarah.bedsaul@co.kittitas.wa.us)



# Pierce County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Parks (Partial)

***Year Achieved:*** 2003

***Time needed to achieve outcome:*** 1 year

***Description of Policy Outcome:*** A voluntary smoking ban was implemented in City of Puyallup as well as parks managed by Pierce County Parks and Recreation Department, and by the Metro Parks system.

***Resources and Partnerships in Policy Development and Implementation:*** Staff time for research, meetings and presentations. Key partners included The City of Tacoma Metro Parks Board of Commissioners, Pierce County Parks and Recreation, Northwest Trek Wildlife Park, Point Defiance Zoo, Tobacco-free Puyallup Coalition, and their respective community Advisory Boards.

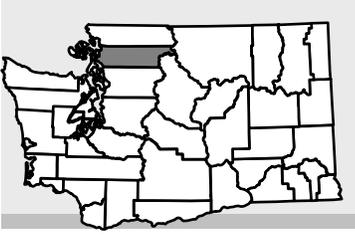
***Successes that led to policy outcomes / milestones:*** Tobacco-free Puyallup and the Pierce County Tobacco Advisory Board presented proposals for tobacco free parks to park boards and city officials. Public debate followed in newspapers and radio, concerning the health and safety impacts of tobacco on children and the specific issue of smoking in parks.

***Results and Next Steps:*** An evaluation was planned to assess the awareness and impacts of signs at key parks and key changes in attitudes and beliefs of park patrons. Results of the evaluation are unknown at this time. For more information contact information is provided below.

After the initial implementation the plan was to continue creating and posting signs for all current parks, and for any new parks. We are uncertain of the current status of this project.

***For more information contact:***

Tacoma-Pierce County Health Department  
(253) 798-3579 [www.tpchd.org](http://www.tpchd.org)



# Skagit County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Parks (4 County Parks, 100%)

***Year Achieved:*** 2005 & 2007

***Time needed to achieve outcome:*** 10 months for each set of parks

***Description of Policy Outcome:*** Two county parks in Mount Vernon, WA (Bakerview Park and Clear Lake Beach) adopted tobacco-free policies in April 2005. Two county parks in Anacortes, WA (Montgomery-Duban Headlands Park and Sharpe Park) adopted tobacco-free policies in April 2007. The Mount Vernon parks policy served as the model for Anacortes parks, and the policies are virtually identical.

***Resources and Partnerships in Policy Development and Implementation:*** Skagit County Tobacco Control Program staff supported the youth coalition. The Skagit County Health Department was involved in planning. Skagit HEAT (Helping Educate About Tobacco) youth coalition members led the efforts to create and implement this policy. Skagit County Parks and Recreation created signage for the parks.

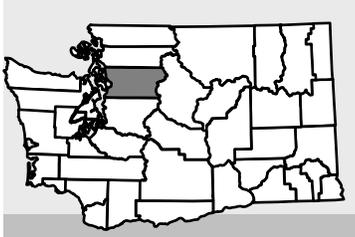
***Successes that led to policy outcomes / milestones:***

Skagit HEAT members wrote letters to the Parks director about having more Tobacco Free Parks. Then two Skagit HEAT members presented to the city council as well as the commissioners. All council and commissioners passed and signed the resolution.

***Next Steps:*** Continue to work toward making all parks in Skagit County tobacco free.

***For more information contact:***

Allison Johnston, United General Hospital  
(360) 856-7389 [Allison.johnston@unitedgeneral.org](mailto:Allison.johnston@unitedgeneral.org)



# Snohomish County

## *Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free Parks (13 communities, 100%)

**Year Achieved:** 2001- Present

**Time needed to achieve outcome:** This has been an ongoing process, with more cities adopting parks policies over time.

**Description of Policy Outcome:** The Snohomish Health District, along with the Marysville Parks & Recreation Department, established the “For Our Kids” Tobacco Free Parks program in November 2001. The city of Marysville was first to implement the program in all its city parks. Since that time, 12 more communities in Snohomish County have adopted tobacco-free parks policies. The city of Lake Stevens has a comprehensive tobacco-free policy that includes enforcement and a fine structure.

**Resources and Partnerships in Policy Development and Implementation:** Snohomish Health District staff started the project. Partnerships included Parks and Recreation leadership, the mayor, city council members, and community members. Snohomish Health District paid for the signs, and Parks and Recreation installed the signs.

**Successes that led to policy outcomes / milestones:** The Snohomish Health District approached the city parks board and city council to adopt a voluntary smoking ban. The health district and parks and recreation collaborated to design and produce the “For Our Kids” park signs. A kickoff celebration included media coverage to raise community awareness. Since that time, more parks have become smoke free, and some have included enforcement/fines in their policies.

**Results and Next Steps:** Follow-up tracking has shown no citizen complaints since the ban took effect. Parks maintenance crews have seen a significant decrease in the amount of cigarette butts and other garbage. The overall cleanliness of parks has been noted. As part of a comprehensive secondhand smoke campaign, the Snohomish Health District will implement a secondhand smoke homes campaign in the upcoming year.

**For more information contact:**

Annie Peterson, Snohomish Health District  
(425) 339-5279 [apeterson@shd.snohomish.wa.gov](mailto:apeterson@shd.snohomish.wa.gov)



# Spokane County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Parks (Partial)

***Year Achieved:*** 2003

***Time needed to achieve outcome:*** Unknown

***Description of Policy Outcome:*** The Spokane Regional Health District worked with city organizations to establish tobacco-free zones in city parks where children are commonly present. Playground areas in all Spokane City parks, swimming pools, golf clubhouses and golf course buildings are "tobacco-free" zones. Spokane Regional Health District is responsible for installation and maintenance of signage.

***Resources and Partnerships in Policy Development and Implementation:*** Key partners included: tobacco program staff, the secondhand smoke task force, City of Spokane Parks Board, Land Committee, Neighborhood Councils, the Parks Foundation, Spokane Teens Against Tobacco.

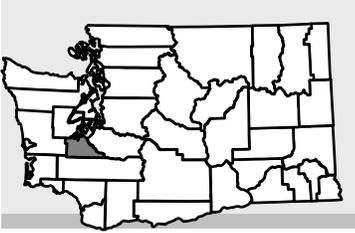
***Successes that led to policy outcomes / milestones:*** The Spokane Regional Health District met with city groups, facilitated three community forums, and then presented to the city Park Board. Youth collected cigarette butts at a park and presented the evidence.

The Park Board initially approved a six-month pilot project. After the pilot, it was agreed to make the policy permanent.

***Results and Next Steps:*** Phone surveys before and after the pilot project showed an increase in favorable responses to smoke-free zones where children play. Revisit this policy to determine its effects. Explore expanding the policy to other parks, making it more comprehensive.

***For more information contact:***

Spokane Regional Health District  
(509) 324-1538



# Thurston Together!

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free Parks (City of Tumwater, 100%)

**Year Achieved:** 2006-2007

**Time needed to achieve outcome:** 1 year

**Description of Policy Outcome:** The Tumwater City Council passed a resolution banning the use of tobacco products in all areas of all parks owned and operated by the City. This policy does not include enforcement. Signs notifying park visitors of the policy and requesting that they refrain from using tobacco in the park will be created and posted by the Parks Department.

**Resources and Partnerships in Policy Development and Implementation:** community readiness, staff time to gather information and prepare educational packet, arrange time on the Council's agenda to present, staff time to engage youth in cigarette butt clean up and Council presentation efforts, staff time to gather and draft sample policies, staff time to follow up with key Council Members and Parks and Recreation Department Director.

**Successes that led to policy outcomes / milestones:** This policy came about in part due to Tobacco-Free Thurston County's work through the years in raising awareness and increasing community readiness. The City of Olympia adopted a parks tobacco ban in 2005. TFTC educated the Parks Board and City Council, Youth coalition members took part in educating Council members and presenting the policy.

**Results and Next Steps:** After signage is posted, youth coalition members will survey parks for compliance. Tobacco-Free Thurston County will continue to work with the city of Tumwater to ensure success and sustainability. TFTC will support the city in efforts to create and post signage.

**For more information contact:**

Meghan Sullivan, TOGETHER!

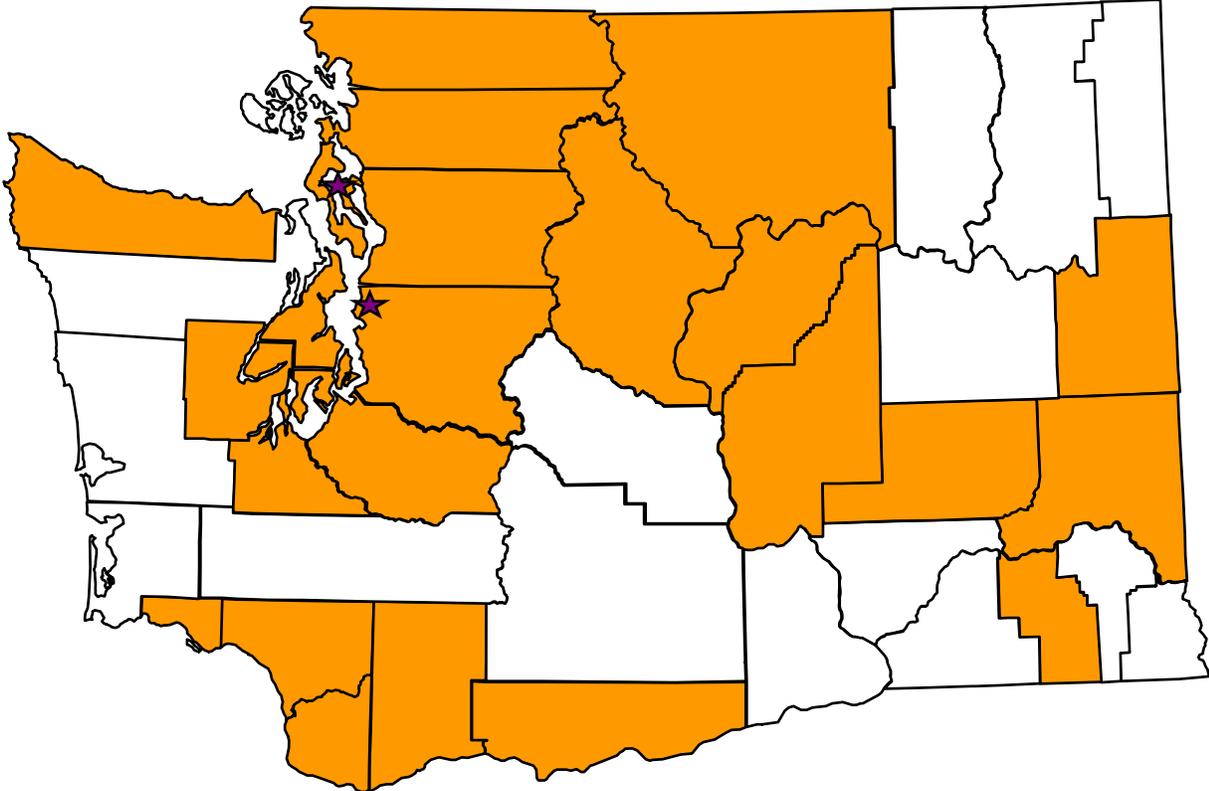
(360) 493-2230 [msullivan@thurstontogogether.org](mailto:msullivan@thurstontogogether.org)

# Public Health in Action-

## Reducing Tobacco Exposure in Other Businesses/Sites



Businesses across Washington State have adopted policies restricting or prohibiting tobacco use. The table below outlines all the businesses and worksites with identified tobacco policies. The pages that follow provide more details about the processes that led to policy change in some communities.



The following section has three tables for tobacco-related policies at other businesses/sites, at nursing homes, and at farmers markets.

### Tobacco Policies at Other Businesses/Sites Across Washington State

County	Agency	Year	Policy Details
Adams	McCain Foods	2005	* See policy page for more details Smoke free property, including company vehicles. Employee cessation support is covered
Clallam	Clallam County	2004	* See policy page for more details County campus has designated smoking areas There is a fine structure for employees caught smoking
Clallam	Clallam County Fair	2005	County Fair has designated smoking tents
Clark	Columbia River Mental Health	2010	Tobacco free campus, including in personal vehicles
Columbia	Columbia County Fair	2006	* See policy page for more details County fair is smoke free, with designated areas off site
Cowlitz	Cowlitz County Health Department	2010	Health Department adopted a 100% smoke free campus
King	Woodland Park Zoo	2007	Smoke free indoors and outdoors
Kitsap	Kitsap Community Resources	Unk	KCR prohibits smoking in all KCR-owned or leased facilities, in KCR vehicles and on all KCR-owned or leased properties.(Social Service Agency)
Kitsap	Peninsula Community Health Services	Unk	The three medical clinics have designated outdoor smoking areas
Klickitat	Innovative Composite Engineering	2008	All tobacco use prohibited in facilities, vehicles & property
Mason	Mason County	2007	* See policy page for more details County property is all smoke free, including parks & fairgrounds
Mason	City of Shelton	2006	Smoking in designated areas physically separated from work areas and areas of public access (off campus)
Multiple counties	Lowe's	Unk	Employees are not permitted to smoke on the property
Multiple counties	Boeing	2007	All sites are tobacco free including Puget Sound area, Moses Lake and Portland
Okanogan	Okanogan County Public Health	2007	* See policy page for more details Wellness policy includes cessation support for employees
Puyallup Tribe	Puyallup Tribal Health Authority	2002	* See policy page for more details Smoke free grounds, with two designated smoking shelters
Skagit	Cascade Job Corps	2010	* See policy page for more details Moving toward 100% smoke free campus, with training days smoke free now

Skamania	Skamania County Fairgrounds	2008	signs are up informing fairgrounds is a non tobacco use area but not enforced during events
Snohomish	Evergreen Manor-Summit Campus	2009	* See policy page for more details Smoking is prohibited anywhere on campus, including in personal vehicles
Suquamish Tribe	Tribal property	2007	* See policy page for more details Designated outdoor smoking areas at administration, human services and education buildings
Thurston	St Placid Priory	2007	* See policy page for more details Tobacco free campus, including in personal vehicles
Wahkiakum	Wahkiakum County Health & Human Services	2009	TF county campus includes chemical dependency & mental health agencies
Whatcom	Whatcom Transportation Authority	2007	No smoking on entire property including 2 depots and all bus shelters. Signage is posted
Whatcom	Bellingham Library	2009	Smoking is permitted in the right of way and on sidewalks beyond 25 feet from doors and windows but nowhere else on library property, Including the park area behind the library downtown.
Whitman	Schweitzer Engineering Laboratories	Unk	Smoke free campus, employees may not leave facilities to smoke, and may not smell of smoke

### Tobacco Policies in Nursing Homes across Washington State

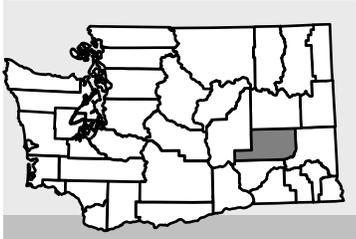
County	Facility	Year	Policy Details
Grant	Columbia Basin Hospital, Garden Oasis Assisted Living	2004	Designated outdoor smoking areas
Grant	Lake Ridge Solana Alzheimer's Care Center	2004	Designated outdoor smoking areas
Grant	McKay Healthcare & Rehab Center	2006	Designated outdoor smoking areas
Grant	Columbia Crest Care and Rehabilitation Center	2008	Designated outdoor smoking areas
Pierce	Manor Care Health Services	1996	Designated outdoor smoking areas
Pierce	Orchard Park	1997	Designated outdoor smoking areas
Pierce	Alaska Gardens Health & Rehabilitation Center	2006	Designated outdoor smoking areas
Pierce	Avamere Heritage Rehabilitation of Tacoma	2006	Designated outdoor smoking areas
Pierce	Avamere Highlands Memory Care & Rehabilitation	2006	Designated outdoor smoking areas
Pierce	Cottesmore of Life Care	2006	Residents prohibited from smoking Staff smoking shelter 50' from building
Pierce	Linden Grove Health Care Center	2006	Designated outdoor smoking areas
Pierce	Nisqually Valley Care Center	2006	Designated outdoor smoking areas

Pierce	Regency at Tacoma Rehabilitation Center	2006	Residents prohibited from smoking Employees smoke in designated area 50 ft. away from building.
Pierce	Tacoma Lutheran Home	2006	Designated outdoor smoking areas
Pierce	Lakewood Health Care Center	2006	Designated outdoor area 60' from entrance
Pierce	Washington Soldiers Home	2007	Designated outdoor smoking areas
Pierce	Life Care Center of Puyallup	2009	No smoking on the grounds or in cars for residents or staff except for those who have been grandfathered in by history of smoking.
Pierce	Regency at Puyallup Rehabilitation Center	2009	Residents prohibited from smoking Employees can only smoke in cars parked 25 feet away from building.
Pierce	Heartwood Extended Health Care	2010	100% smoke free facility
Pierce	University Place Care Center	Unk	Designated outdoor smoking areas
Skagit	Mira Vista Care Center	Unk	100% smoke free facility
Skagit	Fidalgo Care Center	Unk	Designated outdoor smoking areas
Skagit	Life Care Center of Mount Vernon	Unk	Designated outdoor smoking areas

### Tobacco Policies in Farmers Markets across Washington State

County	Market	Year	Policy details
Chelan-Douglas	Wenatchee Valley Farmers Market	Unk	Vendors must be 100 feet or more away from market area while using tobacco.
Clallam	Port Angeles Farmers Market	2008	Vendor smoking prohibited
Island	Coupeville Farmers Market	Unk	smoking is prohibited in the market and signs are posted
King	Duvall Farmers Market	Unk	Duvall Farmers Market has always been smoke free
King	Seattle – Broadway Sunday, Columbia City, Lake City, Magnolia, University District, West Seattle & Phinney Ridge Farmers Markets	Unk	All markets are smoke free
Kitsap	Bremerton Farmers Market	2009	Smoke free market
Kitsap	Poulsbo Farmers Market	2009	Smoking is not allowed within 25 feet of the entire Market area
Kitsap	Suquamish Farmers Market	2009	Smoking is not allowed in the vendor sales areas.
Mason	Shelton Farmers Market	Unk	No smoking within market premises. In vendor agreement and might be in by-laws.
Pierce	Puyallup Farmers Market	2002	
Pierce	Key Peninsula Farmers Market	2003	Smoke free market
Pierce	Tacoma farmers market	2003	Vendor smoking prohibited
Pierce	Gig Harbor Farmers Market	2007	Smoke free market

Skagit	Mount Vernon Farmers Market	Unk	Smoke free market
Skagit	Sedro Woolley Farmers Market	Unk	Vendor smoking prohibited
Spokane	Airway Heights Farmers Market	2010	Informal Policy with plan to adopt official policy in 2010
Spokane	South Perry Farmers Market	2010	South Perry Farmers Market Will be adopting policy
Spokane	Spokane Farmers Market	2010	Spokane Farmers Market Informal Policy. Plans are to adopt official policy in 2010
Spokane	Spokane Valley Farmers Market	2010	Spokane Valley Farmers Market – plans are to adopt policy for 2010 season
Thurston	Olympia Farmers Market	Unk	Smoke free market
Whitman	Pullman Farm Fresh Market	2009	Smoke free market



# Adams County

## Tobacco Control Policy Outcome

**Policy Type:** Tobacco-free Business (100%)

**Year Achieved:** 2005

**Time needed to achieve outcome:** 6 months

**Description of Policy Outcome:** The Othello based worksite for McCain Foods, Inc. went 100% tobacco free, including all indoor and outdoor areas of the plant grounds, on July 1, 2005. The policy also applies to all company owned vehicles. Tobacco use in personal vehicles is not allowed on-site and employees are not allowed to leave the campus to smoke. Employees and their dependents are eligible for tobacco cessation services including reimbursement up to \$250 annually for approved aids or programs related to tobacco cessation. On-site cessation and support groups have been created. Employees receive \$300 annual reduction in medical plan premiums after 90 days tobacco free.

**Resources and Partnerships in Policy Development and Implementation:** McCain Foods invited the Adams County Health Department Tobacco Prevention and Control Program Coordinator to advise their plans to provide staff with cessation support.

**Successes that led to policy outcomes / milestones:** A Tobacco Free Transition Committee was formed with broad-based staff participation. 450 employees were surveyed for their smoking status and readiness to quit. The plant nurse, shift managers and Transition Committee members received training to provide brief interventions with tobacco users.

**Results and Next Steps:** Informal evaluation has shown good overall compliance. Only 2 violations have been noted in two years. Provide ongoing support to McCain's as needed. Promote this model to other businesses.

**For more information contact:**

Karen Potts, Adams County Health Department  
(509) 659-3320 [karenp@co.adams.wa.us](mailto:karenp@co.adams.wa.us)



# Clallam County

## *Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free County Campus (Partial)

**Year Achieved:** 2004

**Time needed to achieve outcome:** 1 year

**Description of Policy Outcome:** In 2004, Clallam County instituted a County Ordinance prohibiting smoking on county property. The primary aim of the ordinance was to protect public health by reducing exposure to secondhand smoke. Smoking is prohibited in all county workplaces, except in designated areas outlined in the policy.

If an employee does smoke on county property, they are fined \$65 for the first offense; the fine increases by \$40 for each subsequent offense. In lieu of paying a fine, employees may complete a smoking cessation program. Local law enforcement can enforce the ordinance. If a non-employee smokes on county property, they are subject to fines as well. However, since the ban was implemented, no one has been fined to date.

**Resources and Partnerships in Policy Development and Implementation:** Staff time participating in Public Health Advisory Committee, researching laws and making recommendations, negotiating with union representative. The county created signage and is responsible for enforcement.

**Successes that led to policy outcomes / milestones:** The ordinance resulted from a grant from the Washington State Department of Health to reduce smoking and tobacco exposure among pregnant and parenting low-income women, rates which were high in Clallam County. The grant primarily emphasized policy change. The Clallam County Board of Commissioners was very supportive of these approaches.

**Next Steps:** Follow up to determine if this policy has been expanded or led to further policy outcomes.

**For more information contact:**

Jill Dole, Clallam County Public Health  
(360) 565-2608 [jdole@co.clallam.wa.us](mailto:jdole@co.clallam.wa.us)



# Columbia County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free County Fair (100%)

***Year Achieved:*** 2006

***Time needed to achieve outcome:*** 5 months

***Description of Policy Outcome:*** Columbia County Fair Board adopted a "Smoke Free" Fair concept from 2006 to all future fairs. Smoking is prohibited on the fair grounds. There is a designated smoking area at a nearby golf course. Law enforcement officers enforce the policy.

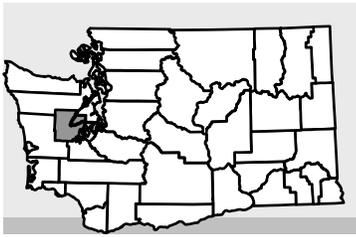
***Resources and Partnerships in Policy Development and Implementation:*** Staff worked with 4-H youth to present the policy to the Fair Board. Staff also creates and posts no-smoking signs each year, and advertises the policy in the fair program. Support from the Fair Board and the County Commissioners.

***Successes that led to policy outcomes / milestones:*** 4-H/SWAT youth with the support of Columbia County Health District Tobacco Program provided a power point demonstration to the Fair Board and the 4-H leaders Council promoting the positive aspects of a Smoke Free Fair (safety from fire, family event, SHS issues). The Fair Board was so supportive in 2005-06 they presented this to the Columbia County Commissioners, who also supported their decision. In August 2006 CCHD Tobacco again approached the Fair Board to consider continuing with a Smoke Free Fair. They decided to make this event Smoke Free permanently.

***Results and Next Steps:*** Anecdotal evidence indicates that compliance with the policy has been good, and there have been no complaints. Since the smoke-free fair policy has been implemented, other events at the fairgrounds have seen a decline in smoking. The next step is to work with the county to make the fairgrounds smoke free at all times.

***For more information contact:***

Vickie Hodgson, Columbia County Public Health District  
(509) 382-2181 [Vickie.Hodgson@co.columbia.wa.us](mailto:Vickie.Hodgson@co.columbia.wa.us)



# Mason County

*Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free County Campus, Smoke-free Parks (County-wide, 100%)

**Year Achieved:** 2007

**Time needed to achieve outcome:** 1 year

**Description of Policy Outcome:**

Mason County Board of County Commissioners adopted new smoking policies into county code after working with the Health Department for a year to develop the codes. The codes prohibit smoking on all county property, including parks and fairgrounds. The codes also prohibit tobacco sampling, advertising, sales, and sponsorship on county property or during county-sponsored events.

Signs were created and posted immediately on county property. Park signage has also been created and posted.

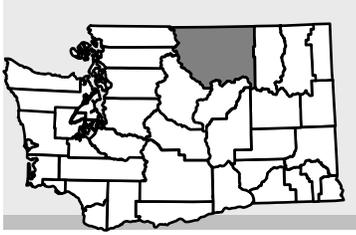
**Resources and Partnerships in Policy Development and Implementation:** Staff time to research policies and present to the Board of Health. Staff used data from their strategic plan and from the Behavioral Risk Surveillance System to demonstrate community support for tobacco-free norms. They researched similar policies in Snohomish and Kitsap Counties, and made recommendations to the Board of Health.

**Successes that led to policy outcomes / milestones:** Mid-way through the process I-901 passed, with 54% voter approval in Mason County. This statewide initiative reinforced the local tobacco-free efforts. The Board of Health first approved the policy, and then it went to the County Commissioners for a public hearing to adopt the policy into county code.

**Results and Next Steps:** Educational efforts are ongoing as this community norm becomes more accepted. Occasional reminders go to county employees through human resources. The tobacco-free status of the fairgrounds is included in Fair and Oysterfest literature. The non-smoking policy is also stated in all fairground and park use agreements.

**For more information contact:**

Ben Johnson, Mason County Public Health  
(360) 427-9670 ext. 545 [benj@co.mason.wa.us](mailto:benj@co.mason.wa.us)



# Okanogan County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Agency Wellness Policy

***Year Achieved:*** 2007

***Time needed to achieve outcome:*** 3 months to write the policy, review it, present to the Board of Health, and get approval.

***Description of Policy Outcome:*** Okanogan County Public Health established a Wellness Policy to benefit the health of employees. This policy emphasizes nutrition, physical activity, tobacco cessation, and stress management. There is a wellness room with exercise equipment, employees are allotted 30 minutes daily for exercise, and guest speakers are brought in to present on a variety of topics.

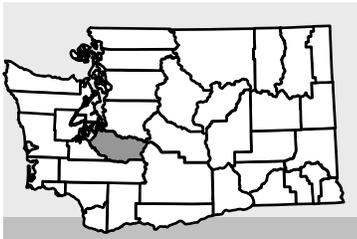
***Resources and Partnerships in Policy Development and Implementation:*** Tobacco control staff wrote and presented the policy. Tobacco control staff has been involved in implementation, and provides cessation support when requested. Funding came from a Department of Health Grant, with the county adding matching funds.

***Successes that led to policy outcomes / milestones:*** The tobacco program took the lead in creating this policy, and has been instrumental in seeing the wellness program established.

***Next Steps:*** A Worksite Wellness Grant provided measuring tools for outcomes and dollars to provide pre/post biometric assessments at no cost to the employee. Baselines were conducted in January 2007, and final assessment will be completed in February 2008. While the program is ongoing, funding for assessments and educational materials has ended. Future funding sources need to be researched.

***For more information contact:***

Crystal Pritchard, Okanogan County Public Health  
(509) 422-7391 [cfowler@co.okanogan.wa.us](mailto:cfowler@co.okanogan.wa.us)



# Puyallup Tribe

## Tobacco Control Policy Outcome

**Policy Type:** Smoke-free Site (Partial)

**Year Achieved:** 2002

**Time needed to achieve outcome:** 18 months

**Description of Policy Outcome:** In 2002 The Puyallup Tribal Health Authority (PTHA) implemented an outdoor smoke-free policy that prohibits smoking on the grounds except in two designated areas. Smoking gazebos were erected more than 25' from building entrances and 15' from sidewalks. Compliance is voluntary and dependent on ongoing education efforts

**Resources and Partnerships in Policy Development and Implementation:** Staff: the Tobacco Program Coordinator, Tobacco Advisory Board, Tobacco Education Committee, PTHA Management Team, Performance Improvement Team, and smokers were involved in the development and implementation of this policy. The Tribal Council passed the policy.

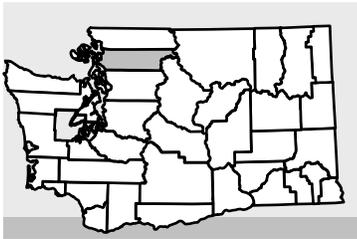
Funding: the PTHA used funding from the state Tobacco Prevention and Control Program, and a Smoke Free Families grant from the Centers for Disease Control and Prevention to support the tobacco prevention coordinator position. PTHA purchased the smoking gazebos from non-grant resources.

**Successes that led to policy outcomes / milestones:** This policy built on a 2000 policy prohibiting smoking within 10 feet of doorways. An employee survey was conducted. A committee of 30 smokers gave input on approaches to ensure compliance. The new policy was proposed and approved by the Tribal Council.

**Results and Next Steps:** There was a jump in enrollment in the clinic cessation program in the three months after implementation. Conduct a patient survey at an education event for World No Tobacco Day in April.

**For more information contact:**

Puyallup Tribal Health Authority  
(253) 593-0232



# Skagit County

## Tobacco Control Policy Outcome

**Policy Type:** Tobacco-free Campus

**Year Achieved:** 2010

**Time needed to achieve outcome:** 1 year +

**Description of Policy Outcome:** Cascades Job Corps campus in Sedro-Woolley, currently has a tobacco-free training day policy of no tobacco-use 7am – 4pm. This policy is a result of a set of transition phases that began September 2009 to slowly transition to a tobacco-free campus. The last currently scheduled phase of no tobacco use 7am -6pm Monday - Friday is set to begin July 19<sup>th</sup>, 2010, with an eventual end goal of a 24 hour, seven day a week policy. The policy, developed with support from United General Hospital's Community Health Outreach Programs, prevents staff and students from using any tobacco products on campus. Additional program efforts include cessation support to students and staff, and increased healthy alternatives such as after school clubs, healthy snacks, and lunch time entertainment. Cascades is one of 118 Job Corps campuses nationwide that provide residential education and career training to disadvantaged and economically challenged youth ages of 16-24.

In addition, to support the new policy and to encourage quitting, Job Corps launched a counter-marketing campaign developed by United and GMMB Marketing Firm. Besides a series of posters placed all over the campus, students canvassed the school with chalk art showing quotes from tobacco executives. The campaign also included a video with quit tips, the American Legacy Foundation's "Truth" ads, and the "Dear Me" ads created by the Washington State Department of Health, along with Dear Me letters written by Cascades Job Corps students.

**Resources and Partnerships in Policy Development and Implementation:** United General Hospital received a Small Innovative Grant from the American Legacy Foundation to support Cascades Job Corps in its efforts to go tobacco-free. United received \$150,000 over two years to implement the project including hiring a .6FTE program coordinator. Alyssa Pavitt was hired as the ALF Grant Program Coordinator, with other key partners from United being, Allison Johnston Tobacco Control Program Coordinator, and Carol Hawk Program Director. Key partners from Cascades were Kathy Howell Center Director, Harvey Ruschmann TEAP Specialist, and Jen Logan Programs Director. A Wellness Committee comprised of Cascades students and staff met twice a month to provide direction and support to program efforts.

**Successes that led to policy outcomes / milestones:** In 2008, a survey of Cascades Job Corps students showed a tobacco use rate of 53%. Skagit County's adult smoking rate is 18.9 percent; compared with 15.3 percent in Washington State. Although Cascades had partnered with United since 2000 to provided cessation services on campus, more was clearly needed. To help address this alarmingly high rate, United partnered with Cascades to apply for and receive an American Legacy Foundation Small Innovative Grant. The grant was received in Dec 2008, with the first step being the establishment of a wellness committee

### ***Skagit Cascades Job Corps Continued***

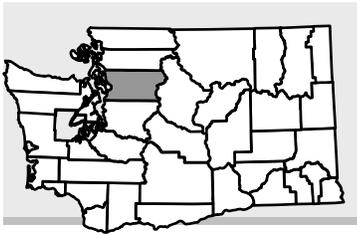
to guide the transition process. The committee was comprised of Cascades students/staff/administrators, along with United staff, a representative from GMMB, and the grant evaluator. In March 2009, pre-surveys were conducted with all Cascades students & staff to measure current attitudes, beliefs, and behaviors. In addition to planning for upcoming changes, the first nine months of grant efforts focused on increasing cessation resources, and prepping students and staff for upcoming policy changes through general tobacco education, promotion of positive healthy changes, and a counter marketing campaign. In September 2009 the campus began a series of incremental phases to transition to a tobacco-free campus, while increasing healthy alternatives. The first phase eliminated tobacco-use during the students' first break, while providing music & healthy snacks to students as an alternative. The campus is currently in the sixth phase eliminating tobacco use on campus 7am-4pm Monday – Friday. In April 2010 a post survey was conducted with Cascades Students.

***Results and Next Steps:*** To celebrate the tobacco-free training day policy, well-known drummer and key speaker Kenya Masala performed on campus encouraging students to make positive changes in their lives while providing a fun and unique, hands-on musical experience. United will continue its work with Cascades, supported by the American Legacy Foundation grant through November 2010. United will continue to support Cascades in reaching the goal of establishing a tobacco-free policy, 24 hours a day, seven days a week. In addition United is developing a tool kit to share with Job Corps centers nationwide highlighting the lessons learned from this experience.

Extensive evaluation was conducted throughout the project. Evaluation results show that 82% of students believed enough support and alternative activities were available during the transition phases, with 71% of students participating in 5 or more programs to assist in the transition. 78% of students felt they personally would be successful following the policy. In depth evaluation results are currently being analyzed of all aspects of the process.

#### ***For more information contact:***

Alyssa Pavitt Program Coordinator, Community Health Outreach Programs  
United General Hospital (360) 856-7785 [Alyssa.pavitt@unitedgeneral.org](mailto:Alyssa.pavitt@unitedgeneral.org)



# Snohomish Health District

*Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free campus (100%)

**Year Achieved:** 2009

**Time needed to achieve outcome:** 5 months

**Description of Policy Outcome:** Evergreen Manor - Summit Campus, a residential pregnant/parenting women's program (chemically dependent mothers with children) that includes medical detoxification and transitional housing became a tobacco-free campus January 1, 2009. Smoking is prohibited anywhere on the campus, including the parking lots and in personal vehicles. Creation of this policy included providing cessation support for staff members who use tobacco. The policy also states that staff smelling of tobacco smoke will be asked to leave and eliminate the source, and will not be reimbursed for the time to go home or change. The policy applies to all off-campus Evergreen Manor staff when they visit or work at summit campus. All clients who smoke are provided NRT as well as tobacco cessation counseling through the Quit Line and their health care providers, as well as in-house relapse prevention classes.

**Resources and Partnerships in Policy Development and Implementation:** Snohomish Health District (SHD) forged partnership with residential services clinical manager to provide trainings with emphasis on BTIS and ongoing technical assistance & resource support to staff. The executive service coordinator and nursing supervisor along with a planning committee led a very successful effort to develop the smoke-free policy. SHD provided specific support for the drafting and implementation of the policy, pursuit of effective cessation resources and benefits for the clients, content of relapse prevention class curriculum and campus signage.

The organization secured an excellent insurance plan that covered free cessation medication, counseling and actual cessation classes to the staff.

**Successes that led to policy outcomes / milestones:** This policy developed out of concern for the health of clients and staff. SHD assisted with policy formulation, staff BTIS training and tobacco-free norms are becoming more widespread.

**Results and Next Steps:** Informal evaluation indicated cessation is observed and several staff who smoked quit and no evidence of smoking detected. The health district is in regular contact with the organization, and continues to provide resources and requested materials.

**For more information contact:**

Pam Wessel-Estes Snohomish Health District

425.339.8703 [pwesselestes@shd.snohomish.wa.gov](mailto:pwesselestes@shd.snohomish.wa.gov)



# Suquamish Tribe

## *Tobacco Control Policy Outcome*

***Policy Type:*** Smoke-free Site (Partial)

***Year Achieved:*** 2007

***Time needed to achieve outcome:*** 4 years

***Description of Policy Outcome:*** Tribal government created a policy for smoking to be restricted to designated smoking areas only. Tents that serve as smoking shelters have been put up at all three campuses (administration, human services and education). This is a big change as people used to smoke right outside entrances.

***Resources and Partnerships in Policy Development and Implementation:*** Tobacco prevention staff worked with the tribal lawyer and human resources staff to determine the language of the policy, then presented the policy for approval by the Tribal Council.

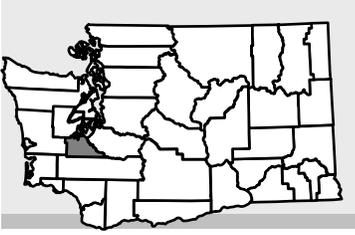
***Successes that led to policy outcomes / milestones:*** Tobacco prevention staff spent a great deal of time developing this policy, without much support. Then an incident occurred in which the Tribal Government Executive Director was bothered by people smoking outside his door, and support for the policy increased.

***Results and Next Steps:*** Preparations are being made for posting signage. Currently the part-time tobacco prevention staff is the only person trying to enforce the policy. She is working with other staff to increase their willingness to remind people about the policy.

***For more information contact:***

Barbara Hoffman, Suquamish Tribe

(360)394-8468 [bhoffman@suquamish.nsn.us](mailto:bhoffman@suquamish.nsn.us)



# Thurston Together!

*Tobacco Control Policy Outcome*

**Policy Type:** Smoke-free Site (100%)

**Year Achieved:** 2007

**Time needed to achieve outcome:** 4 months

**Description of Policy Outcome:**

St. Placid Priory, a Benedictine women's community, is now a 100% tobacco free campus. The Priory includes a retreat center with guest houses, and rents its conference rooms to non-profit groups. All visitors to Priory, including event attendees and overnight guests are prohibited from using tobacco on the grounds and inside personal vehicles.

**Resources and Partnerships in Policy Development and Implementation:** Community readiness, staff time to correspond with key contact, staff time to gather information and research to share with key contact.

**Successes that led to policy outcomes / milestones:** The Priory contacted Tobacco-Free Thurston County for information and support in developing this policy. TFC worked with the Priory to develop a timeline, research tobacco policies of similar agencies, and develop policy language.

**Results and Next Steps:** Groups with contracts to use the Priory were notified of the new policy, and only one group cancelled. Observation of butt litter indicates that compliance with the policy is good. Publicize and promote use of this venue. Use policy as a model to promote to other organizations.

**For more information contact:**

Meghan Sullivan, TOGETHER!

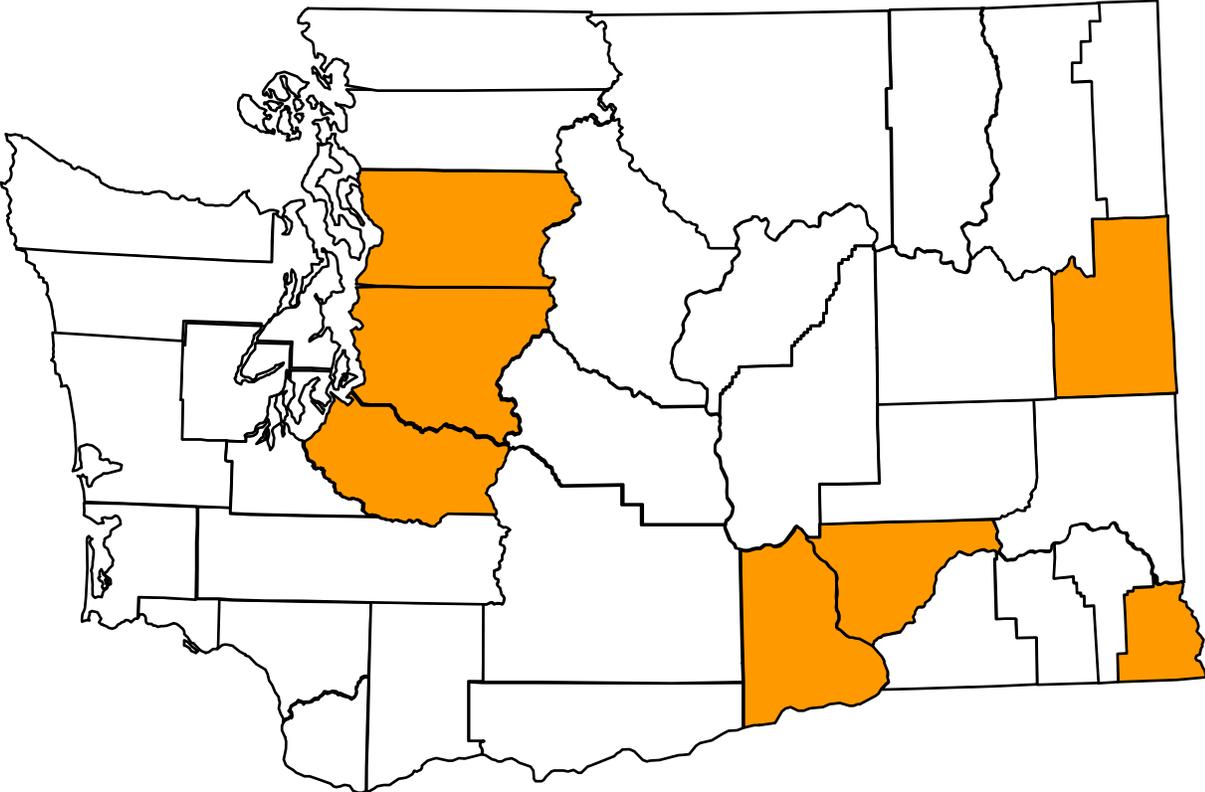
(360) 493-2230 [msullivan@thurstontogogether.org](mailto:msullivan@thurstontogogether.org)

# Public Health in Action-

## Reducing Tobacco Exposure through Hiring/Employment Policies



Businesses across Washington State have adopted policies restricting or prohibiting tobacco use by their employees. The table below outlines all the businesses with identified hiring/employment tobacco policies. The pages that follow provide more details about the processes that led to policy change in some communities.



## Tobacco-free Hiring/Employment Policies

County	Agency	Year	Policy Details
Asotin	Asotin County Health District	2008	<p><i>* See policy page for more details</i></p> <p>Employees are required to be tobacco free and to remain so for the duration of their employment. They sign an affidavit of non-tobacco use and there was no grandfathering when policy was implemented.</p>
Benton-Franklin	Benton-Franklin Health District	unk	<p>Job applicants must sign an affidavit of non-tobacco use, affirming that they will not use tobacco and that they will educate others who violate the agency's rule prohibiting smoking within 50 feet of building entrances.</p>
King	Free & Clear	Unk	<p>Nicotine free work environment. Applicants must disclose tobacco use and be tobacco free.</p>
Pierce	Tacoma Pierce County Health Department	2001	<p>Job applicants must sign an affidavit of non-tobacco use, affirming that they will not use tobacco and that they will educate others who violate the agency's rule prohibiting smoking within 50 feet of building entrances.</p>
Snohomish	Snohomish Health District	2006	<p><i>* See policy page for more details</i></p> <p>New employees sign a document pledging to remain tobacco free for the duration of their employment. Smoking employees were grandfathered in.</p>
Snohomish	Index Sensors, Stanwood	2006	<p><i>* See policy page for more details</i></p> <p>Non tobacco use is a condition of employment. Other employee wellness measures are in place.</p>
Spokane	Spokane Valley Fire Department	2008	<p>Only non-users of tobacco products are hired. Firefighters who use tobacco were grandfathered in, though they may not use any form of tobacco while on duty.</p>



# Asotin County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Tobacco-free Hiring/Employment (100%)

***Year Achieved:*** 2008

***Time needed to achieve outcome:*** Several months

***Description of Policy Outcome:*** Asotin County Health District now has an official (written) tobacco use policy that requires new employees to be tobacco-free and to remain so for the duration of their employment. In addition to the tobacco use policy, an Affidavit of Non-Tobacco Use document has been created. The affidavit has been signed by 100% of current employees (no grandfathering!) The Board of Health adopted the policy on 9/8/08. Signed policy supports sustainable change.

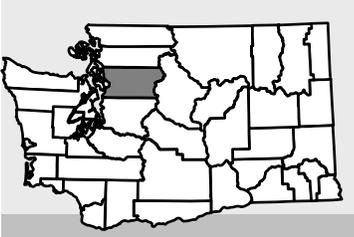
***Resources and Partnerships in Policy Development and Implementation:*** Staff time to develop policy, promote within the agency and to the Health District Administrator, attend Board of Health meeting.

***Successes that led to policy outcomes / milestones:*** The new policy represents a long-sought success for Asotin County Health District, reflecting the ideas and attitudes of two administrations, various groups of employees (i.e., clinical, clerical, and environmental), and both current and former employees.

***Next Steps:*** Continue to promote tobacco-free hiring policies at other agencies.

***For more information contact:***

Donna Franklin, Asotin County Health District  
(509) 758-3344 [dschaff@co.asotin.wa.us](mailto:dschaff@co.asotin.wa.us)



# Snohomish County

## *Tobacco Control Policy Outcome*

**Policy Type:** Tobacco-free Hiring/Employment (100%)

**Year Achieved:** 2006

**Time needed to achieve outcome:** 2 years

**Description of Policy Outcome:** The tobacco-free workforce hiring policy is in place at the Snohomish Health District and became effective beginning September 2006. As a condition of employment, new hires sign a document pledging to remain tobacco free for the duration of their employment. Current tobacco users at the time the policy was adopted were grandfathered in, though they are encouraged to quit.

**Resources and Partnerships in Policy Development and Implementation:** Staff time to gather data, develop presentations and present to the Board of Health.

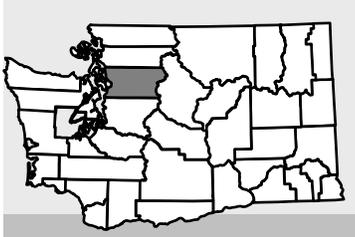
**Successes that led to policy outcomes / milestones:** A tobacco-free hiring policy was first presented to the Snohomish Health District Board of Health at the committee level in 2004 but never made it out of committee. The idea came up again in spring 2006, and the tobacco team was asked to present information about the effect of tobacco use in the workplace. A presentation was made to the Program Policy Committee of the Board of Health in July 2006 which then unanimously recommended referring the tobacco-free hiring policy to the Board of Health. A second presentation was made in August 2006 to the Board of Health and after a lively debate and discussion, the BOH adopted the policy by an 8-5 vote.

**Results and Next Steps:** Evaluation is not currently planned, though it would be interesting to see if employee health care costs change as a result. The Snohomish Health District continues to advocate for tobacco-free workplaces and tobacco-free hiring policies. These efforts are ongoing with public agencies as well as private businesses.

**For more information contact:**

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# Snohomish County

## *Tobacco Control Policy Outcome*

**Policy Type:** Tobacco-free Hiring/Employment

**Year Achieved:** 2006

**Time needed to achieve outcome:** 14 months

**Description of Policy Outcome:** Index Sensors and Controls of Stanwood, Washington, is a small 50 employee manufacturing plant that instituted a Healthy Lifestyle Choices program that has now culminated in a tobacco-free hiring policy and tobacco-free workforce.

**Resources and Partnerships in Policy Development and Implementation:** Commitment to this policy from the top down.

**Successes that led to policy outcomes / milestones:** Management decided that if they were not going to outsource the manufacturing work they did and were going to continue to provide a rich benefit package for their employees, they needed to get a handle on employee health costs, and set about trying to make a difference in the two areas of preventable health issues...tobacco use and obesity. They set on a 14 month timeline to achieve tobacco-free hiring status and have been successful in that goal. Non tobacco use became a condition of employment.

They also pay the monthly fee for health clubs if an employee uses it 10 times or more per month. They pay the registration for any athletic event such as bike rides, marathons, walks etc, feeling that it means a healthier, happier and more productive workforce. Regular blood pressure checks are available on site as well as flu shots.

**Results and Next Steps:** The Minister of Human Resources, reports that their health insurance increases have been in the single digits the last couple years. They changed programs this year but were able to get very competitive rates because of the great push for wellness. The President, Steve Anderson, said it best... "In a successful and thriving business setting, it is important to support the presence of wellness among employees rather than just the absence of illness."

This is a policy that the tobacco program will promote to other businesses.

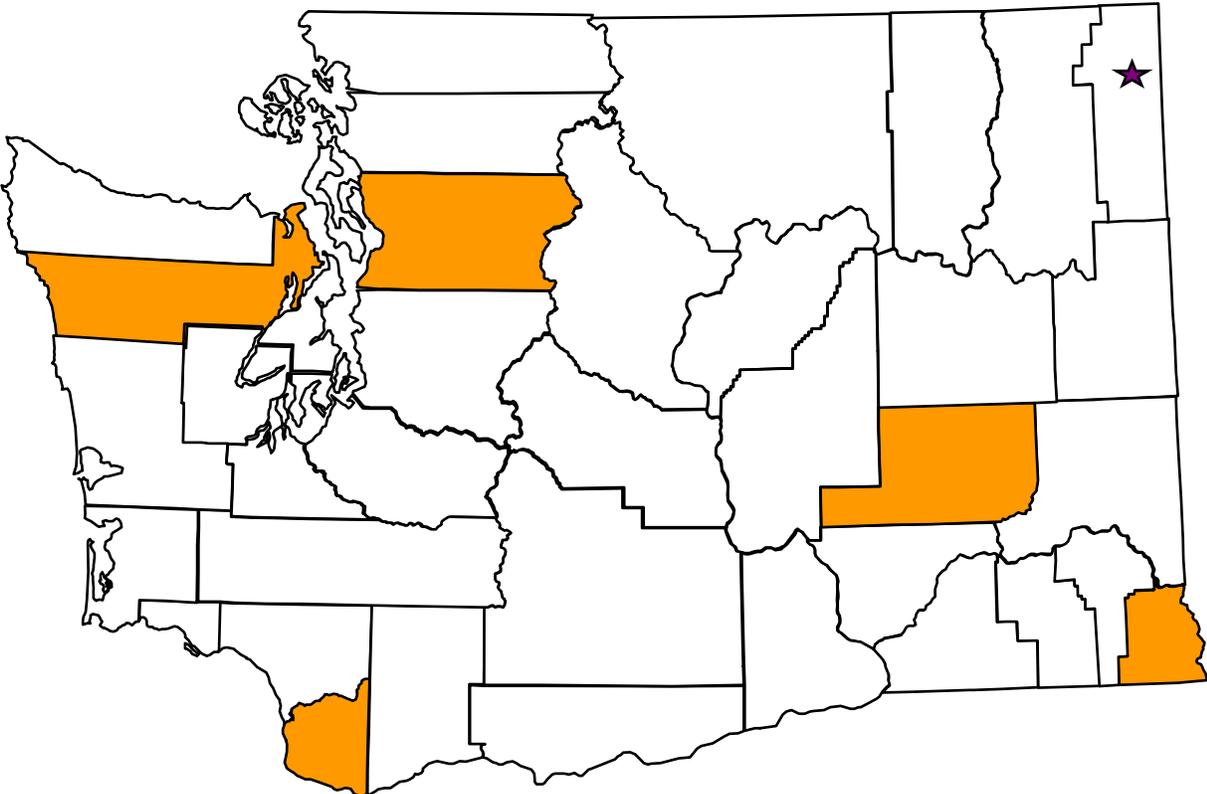
**For more information contact:**

Annie Peterson, Snohomish Health District  
425.339.5279 [apeterson@shd.snohomish.wa.gov](mailto:apeterson@shd.snohomish.wa.gov)

# Public Health in Action- Reducing Tobacco Exposure through Provider Interventions

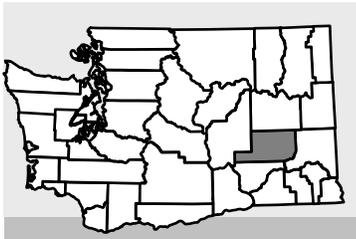


Health care providers across Washington State have adopted policies to support clients' cessation efforts. The table below outlines all the agencies with identified tobacco intervention policies. The pages that follow provide more details about the processes that led to policy change in some communities.



## Provider Intervention Policies across Washington State

County	Agency	Year	Policy Details
Adams	Othello Community Hospital	2007	<i>* See policy page for more details</i> All inpatient admits are assessed for tobacco use. The respiratory therapist follows up with 2A/1R interventions
Adams	East Adams Rural Hospital	2008	<i>* See policy page for more details</i> All inpatient and ER admits are screened for tobacco use. Policy includes assessing documentation.
Asotin	Family Planning	2007	<i>* See policy page for more details</i> All clients seen for Family Planning services are screened for tobacco use at every visit. Charting model was revised to include documenting tobacco use.
Clark	Northwest Recovery	2008	<i>* See policy page for more details</i> Chemical Dependency provider policy includes assessing tobacco use and supporting cessation for both clients and staff.
Jefferson	Jefferson Healthcare	Unk	All patients are screened for tobacco use at admission. Cessation support is offered.
Kalispel Tribe	Kalispel Tribe	2008	<i>* See policy page for more details</i> Tribal Wellness Center houses many programs, and all programs screen clients for tobacco use and make referrals to cessation services as needed.
Snohomish	Therapeutic Health Services	2009	<i>* See policy page for more details</i> Chemical Dependency and Mental Health provider has integrated tobacco cessation into their treatment procedures at 8 branches in Snohomish County.



# Adams County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Provider Intervention

***Year Achieved:*** 2007

***Time needed to achieve outcome:*** 5 months

***Description of Policy Outcome:*** Othello Community Hospital (OCH) has developed a written policy to use the 2A /1R model with all inpatient admits to OCH. Admitting nurses enter tobacco status into the electronic admit chart and a positive response automatically generates a notice to Respiratory Therapy. The Respiratory Therapist then meets with patient and does the assessment and referral.

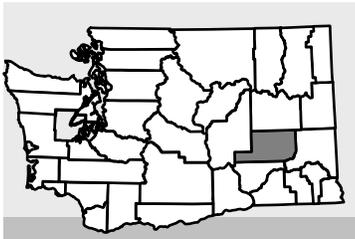
***Resources and Partnerships in Policy Development and Implementation:*** Most of the resources were provided by the hospital. The Tobacco Prevention and Control Coordinator provided Brief Intervention training to nurses, pharmacy staff, and the nursing director. The Coordinator provided Quit Kits to the hospital as funding allowed.

***Successes that led to policy outcomes / milestones:*** Informal Brief Interventions were being conducted for a year before the policy was created. The Respiratory Therapist researched and proposed the creation of formal policy.

***Next Steps:*** There is little cessation support available in Adams County, and work to establish cessation classes/support groups is ongoing.

***For more information contact:***

Karen Potts, Adams County Health Department  
(509) 659-3320 [karenp@co.adams.wa.us](mailto:karenp@co.adams.wa.us)



# Adams County

## *Tobacco Control Policy Outcome*

**Policy Type:** Provider Intervention

**Year Achieved:** 2008

**Time needed to achieve outcome:** 6 months

**Description of Policy Outcome:** Participation in the Systems Change Pilot Project with East Adams Rural Hospital (EARH) led to the development of written policy and procedures for brief intervention with all in-patient and ER admits to that facility as well as put in place a written review process to monitor on-going implementation and maintain sustainability.

**Resources and Partnerships in Policy Development and Implementation:** Partnership between EARH, Adams County Health Department, and the Tobacco Cessation Resource Center.

**Successes that led to policy outcomes / milestones:** Adams County Health Department tobacco prevention and control staff worked with EARH on the systems change pilot project, which trained staff and implemented systematic brief interventions. Together they developed policies and procedures and a document for charting.

**Results and Next Steps:** The final policy, as written, includes a monthly review for 4 months minimum followed by quarterly for 1 year and then every 6 months. If compliance falls below 90% it states a new action plan will be determined. That process would include the CNO, the Community Education Liaison who was on the original committee and probably the Administrator.

The future goal of our team is to expand the policies to include patients of Ritzville Medical Clinic as it is housed in the same building. This is a work in progress.

**For more information contact:**

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# Asotin County

*Tobacco Control Policy Outcome*

***Policy Type:*** Provider Intervention

***Year Achieved:*** 2007

***Time needed to achieve outcome:*** 3 months

***Description of Policy Outcome:*** Effective January 2, 2007 all clients seen for Family Planning Services are asked about tobacco use at every visit utilizing Smoking Cessation Brief Intervention Guidelines (5A's). New flow sheets include tobacco use questions and document brief interventions and referrals to cessation services. This is a signed policy that supports sustainable change.

***Resources and Partnerships in Policy Development and Implementation:*** Staff time for training and in-services

***Successes that led to policy outcomes / milestones:*** This policy was a natural extension of the work being done. Informal discussion took place before the policy was created. The Health District nurses were trained in systems change model. Then they revised their charting model to include tobacco questions. Staff recently did an in-service to standardize their approach.

***Results and Next Steps:*** Statistics on brief interventions are being gathered in a quarterly basis. Implementation has increased, and 40% of clients are being asked about their tobacco use.

The Health District plans to broaden the policy so that brief interventions are conducted with WIC and DSHS clients as well. This will entail staff trainings and procedural planning. The target implementation date is June 1, 2008.

***For more information contact:***

Donna Franklin, Asotin County Health District  
(509) 758-3344 [dschaff@co.asotin.wa.us](mailto:dschaff@co.asotin.wa.us)



# Clark County

## *Tobacco Control Policy Outcome*

***Policy Type:*** Provider Intervention

***Year Achieved:*** 2008

***Time needed to achieve outcome:*** 3 months

***Description of Policy Outcome:*** Northwest Recovery has adopted a Chemical Dependency provider policy to assess tobacco use and support cessation for both clients and staff. The policy includes implementing the 2A/1R model during the assessment phase and encourages all staff who use tobacco to access cessation services through the medical plan provided by employer.

***Resources and Partnerships in Policy Development and Implementation:*** Clark County staff spent time preparing a plan, working with agency supervisor and several staff members to draft a policy and present the policy to administration.

***Successes that led to policy outcomes / milestones:***

Tobacco cessation staff first presented materials on integrating nicotine addiction to Northwest Recovery Center in December 2007. It was determined that staff who used tobacco also needed to be addressed in a policy. Northwest Recovery thought it was time to take the lead with an agency policy that addresses changing social norms in the CFCH Building and in the community of Clark County chemical dependency treatment providers.

***Next Steps:*** The next step is to provide cessation materials, education and technical assistance to staff who will be implementing tobacco cessation activities into the chemical dependency treatment programs. Tobacco staff continues to work with all tenants in the CFCH Building to implement a 1-2 year plan for a tobacco-free campus. Revision of the policy will happen in early 2009 to include system changes and changes consistent with other agencies in the CFCH Building.

***For more information contact:***

Pawnee Brown, Clark County Health Department  
(360) 397-8416 [Pawnee.Brown@clark.wa.gov](mailto:Pawnee.Brown@clark.wa.gov)



# Kalispel Tribe

*Tobacco Control Policy Outcome*

**Policy Type:** Provider intervention

**Year Achieved:** 2008

**Time needed to achieve outcome:** 2 months

**Description of Policy Outcome:** A new tribal wellness center opened February 8, 2008. The wellness center houses many programs including the Elders Program, Chemical Dependency, Mental Health, Diabetes, Fitness and Indian Child Welfare. All programs screen clients for tobacco use and make referrals to cessation services as needed. Clients requesting support are mailed Quitline materials and provided phone support until cessation classes become available.

**Resources and Partnerships in Policy Development and Implementation:** Staff ask the questions and make referrals. For now the NE Tri-County Health Department provides Nicotine Replacement Therapy and Freedom from Smoking classes.

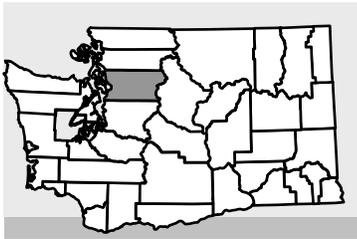
**Successes that led to policy outcomes / milestones:** Before the opening, the Tobacco Coordinator and Clinical Director created a tobacco screening tool. With the opening of the wellness center, staff in each department began screening all clients for tobacco use. Response was huge, over 200 people screened and 70 requesting cessation support in the first three weeks.

**Next Steps:** Tobacco Program staff collects screening data weekly. This information will allow the Tobacco Program to determine the scope of cessation support needed, and to plan accordingly.

Casino employees will be informed that cessation support is available, and cessation services are going to be advertised. Once the scope of need for services is determined, plans will be made for the Tribe to offer Freedom from Smoking and other cessation services on site.

**For more information contact:**

Kalispel Tribe (509) 445-1147



# Snohomish Health District

*Tobacco Control Policy Outcome*

**Policy Type:** Provider Intervention

**Year Achieved:** 2009

**Time needed to achieve outcome:** Unknown

**Description of Policy Outcome:** Therapeutic Health Services (THS), a chemical dependency and mental health provider integrated tobacco cessation into their treatment procedure at all locations in Snohomish County. Tobacco cessation is now part of their alcohol/drug information class, and will expand to other groups in future including their co-occurring disorder group as soon as they receive their mental health re-certification

**Resources and Partnerships in Policy Development and Implementation:** The enthusiasm and receptivity of Snohomish Everett Branch Manager is exemplary. Snohomish staff forged the partnership and provided the information, but the manger is credited for the implementation and advancing cessation up to the corporate level to cover the other 7 branches too.

**Successes that led to policy outcomes / milestones:** Snohomish Health District staff provided training to include Brief Intervention, regular cessation materials and technical assistance to staff & Snohomish Everett Branch Manager. They integrated the provided tobacco cessation for pregnant women curriculum/guideline model provided by Snohomish Health District staff into their respective group. Then the entire THS Corporation included Smoking Cessation in their Quality Improvement Plan at 8 CD locations.

**Next Steps:** The health district is in regular contact with the organization, and continues to provide resources & requested materials.

**For more information contact:**

Pam Wessel-Estes Snohomish Health District  
425.339.8703 pwesselestes@shd.snohomish.wa.gov

# Next Steps

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A required workplan activity for fiscal years 2009-2011 is C8.03, Tobacco-Free Environment Assessment. County tobacco programs have been researching and documenting local policies. The activities are broken down into the same priority areas as the report, and the primary focus continues to be on smoke free hospitals, colleges and multi-unit housing.

Each county program was provided list of hospitals, colleges, farmers markets and nursing homes as prompts to help them solicit policy information. This activity is a monthly deliverable. Submitted policies will continue to be tracked and added to this report.

Policies that are a direct result of or supported by local program efforts continue to be tracked in CATALYST. Tobacco Prevention and Control county contractors are encouraged to document their local policy efforts in the web-based tracking system. Policy data in CATALYST will be reviewed regularly and new policies will be added to this report when recorded.

Following documentation of local policies we will begin to look at how TPC contractors are supporting policy implementation. We will encourage evaluation of policies when appropriate and we will begin to look at the overall quality of the policies in place.

The first draft of this report was posted to the contractor resources website in June 2008. It has been updated annually with the documentation of new policies, and we anticipate continued annual publication.

# Definitions

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The following terms used in this report are defined as follows:

***Policy Type:*** Policies are grouped into seven different categories. The three priority policy areas as identified by the DOH TPC Program are:

- Smoke-free hospital campuses
- Smoke-free college campuses
- Smoke-free multi-unit housing

Other policy areas being tracked are:

- Smoke-free parks
- Other smoke-free businesses (may include farmers markets)
- Tobacco-free employment
- Provider intervention

***Partial/100%:*** A policy is designated as 100% only if there are no exceptions written in the policy.