



# Public Health

Seattle & King County

HEALTHY PEOPLE. HEALTHY COMMUNITIES.

David Fleming, MD, Director and Health Officer



343-NonDOH March 2011

## Public Health Directive

Date

NAME

HR# XX-XXXXX

Dear Mr. XX:

You currently have active tuberculosis (TB) of the lungs. Your medical evaluation, including medical history, chest X-ray and sputum examination, supports the diagnosis of tuberculosis. Without treatment, tuberculosis can be fatal and can spread to others.

In order to cure TB and avoid spreading TB, you must comply with all medications prescribed and follow the recommendations of the treating physician. As alcohol and other unprescribed drugs interfere with TB medications, you must refrain from use of alcohol and unprescribed drugs.

It was witnessed that, while you were not wearing a mask, you were in the same room with a person who has not been identified as your contact. Your TB is still infectious and you have been counseled as such.

You must continue to take TB medications as prescribed to cure TB and avoid spreading TB. In addition, you must follow TB infection control rules.

- While You are considered infectious, it is important to isolate your until the TB Control Program gives you clearance. This is to avoid spreading TB to other people.
  - ✓ You need to stay in the place of residence approved by the TB Control Program.
  - ✓ You must not change my place of residence without obtaining approval from the TB Control Program.
  - ✓ While you are in isolation, you can see only persons who have been cleared by the TB Control Program.
  - ✓ If you have to see anyone who has not been cleared by the TB Control Program, you must see them out of doors.
  - ✓ You should not visit homes of others, churches, schools, work places, or other public or private places where you would be in contact with other persons.

### Tuberculosis Control Program

Harborview Medical Center • 325 9th Ave, Box 359776 • Seattle, WA 98104

T 206-731-4579 F 206-731-4350 TTY 711 • [www.metrokc.gov/health](http://www.metrokc.gov/health)



City of Seattle

Gregory J. Nickels, Mayor



King County

Ron Sims, Executive

- ✓ If you need to go to a store, a laundry, or a medical facility, or use a bus or a taxi because of special circumstances, you must obtain an approval from your nurse case manager and you must wear a mask provided by the TB Control Program and limit your presence with other people to less than 60 minutes.

Your failure to comply with TB medications and TB infection control rules is a threat to the public health.

If you fail to comply with this directive to complete your treatment plan and to follow infection control rules, I may be forced to invoke my authority pursuant to RCW 70.28.031 to order, or to seek a court order, for your involuntary detention.

Sincerely,

XXXXXX  
TB Control Officer

I have read the above requirements, have had a chance to ask questions and will abide by these requirements until treatment of TB is completed.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Witness

cc: XXXXXX  
Deputy King County Prosecuting Attorney