



343-NonDOH March 2011



tpchd.org

3629 S. D Street MS 421
Tacoma, WA 98408

Tuberculosis Treatment Agreement

Name:

DOB:

Address:

Your doctor is requesting that you take tuberculosis medications. The Health Department will provide the tuberculosis medications Monday through Friday by “directly observed therapy” (DOT). This means you must swallow all of the pills while the outreach worker watches. The pills cannot be left with you, or anyone else, to take later in the day. *There are no medications on weekends and holidays.* Your doctor will decide how many doses of medication you need for treatment and only doses you take by DOT are counted.

Together, we will agree on a time and place to meet for you to take your medications. If you cannot meet us, please call your outreach worker to arrange another meeting. If we are going to be late, or need to change the time of meeting, we will call you. It is important to take all of your medication doses in order to cure the TB.

Please do not plan any long vacations during your treatment course. If you must be out of town and need medicines to take with you, the Health Department requires one week’s notice. You will receive one-half credit for each dose that is not supervised. Vacation will cause your treatment course to take longer. If you are gone longer than 2 weeks, the Health Department may have to transfer your records to your new residence.

Your tuberculosis might be contagious, so the Health Department will do TB skin testing. We will ask you about work, school and recreational activities to decide who needs testing.

Dr. XXX or Dr. XXX are in charge of your tuberculosis treatment, which includes prescribing your medications, ordering labwork and chest x-rays. If you have any problems with your TB medicines, please call the doctor at Infections Ltd., 428-XXXX.

Name
DOT Program Coordinator
253-798-XXXX

Name
Nurse Epidemiologist
253-798-XXXX

Patient or Representative

Date

Health Department Representative

Date

Interpreter

Date