

# HEART DISEASE, STROKE, AND DIABETES PREVENTION UNIT

Prevention and Community Health Division  
Office of Healthy Communities

## COMMUNITY-BASED PREVENTION SECTION

Healthy Eating  
Active Living

Oral Health

Marijuana Prevention  
and Education

Tobacco and Vapor  
Product Prevention  
and Control

Healthy Communities

Adverse Childhood  
Experiences

## HEART DISEASE, STROKE, AND DIABETES PREVENTION

Contact us:  
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August 2016 DOH 345-345

## OUR TEAM

With support from  
epidemiologist  
Angela Kemple



Cheryl  
Farmer



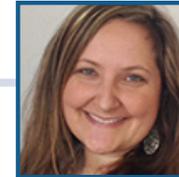
Alexandro  
Pow Sang



Sara Eve  
Sarliker



Lanae  
Caulfield



Marissa  
Floyd



Jeneé  
Carr

## OVERALL APPROACH

We promote social, environmental, policy, and systems approaches at state and community levels to reduce the burden of heart disease, stroke, and diabetes among all Washington residents, especially those who are disproportionately impacted.

## PROGRAM PRIORITIES

- Promote cardiovascular and diabetes awareness, improved health, and education.
- Support evidence-based practices for quality heart disease, stroke, and diabetes care.
- Promote the use of community health workers in addressing chronic disease.
- Engage all types of health professionals to promote team-based care for people with chronic conditions.

## HOW WE DO OUR WORK

- Provide in-person blood pressure training.
- Author the statewide Diabetes Epidemic & Action Report.
- Ensure access to the Diabetes Prevention Program.
- Promote Million Hearts' prevention and treatment toolkit.
- Promote Chronic Disease Self-Management Education programs.
- Convene and provide backbone support to the Diabetes Network Leadership Team.
- Support and partner with school nurses.

