

### **What is a Prescription Monitoring Program (PMP)?**

The PMP, referred to as **Prescription Review**, is a secure online database that is used across Washington State to improve public health. Practitioners have access to their patient's information before they prescribe or dispense drugs. This allows them to look for duplicate prescribing, possible misuse, drug interactions, and other potential concerns. More information means better patient care.

### **Which drugs does the Washington PMP monitor?**

**Prescription Review** collects data on Schedules II, III, IV, and V controlled substances. You can find a list of these medications and more information at: <http://apps.leg.wa.gov/RCW/default.aspx?cite=69.50>.

### **What does it do?**

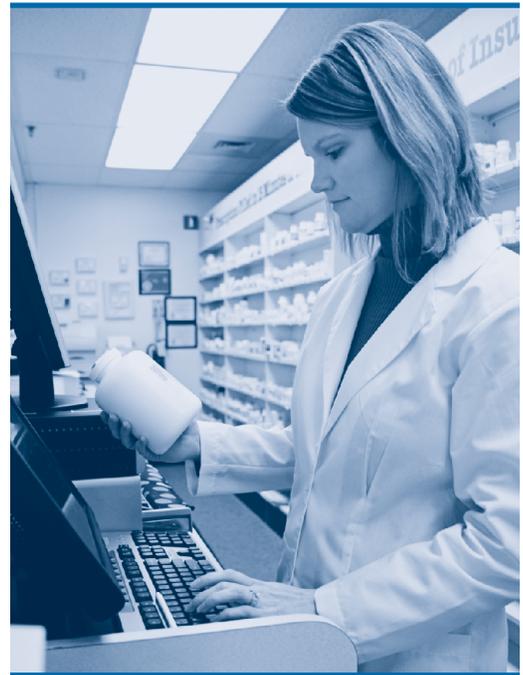
- **Prescription Review** is a centralized database that holds controlled substance prescription information for all patients across the state.
- Dispensers<sup>†</sup> submit data to the database.
- Prescribers are able to review prescription history information and look for potential interactions.
- It will protect patient safety and deter prescription drug misuse.

### **What do I need to do?**

- Dispensers began submitting data to the system on October 7, 2011.
- Practitioners were able to register and create an account on our website ([www.wapmp.org](http://www.wapmp.org)) in November and December 2011.
- Practitioners were able to request and receive patient prescription information beginning January 2012.

### **Is this new?**

While many states around the country, including our neighbors Idaho and Oregon, have PMPs, it is new to Washington. State Law Chapter 70.225 RCW authorized the Washington State Department of Health to establish a Monitoring Program.



<sup>†</sup> A dispenser is a practitioner or pharmacy that delivers to the ultimate user a schedule II, II, IV, or V controlled substance.

## ***Do other states have a similar program?***

Currently 49 states have laws that authorize the establishment and operation of a PMP. Forty-eight of these states' programs are up and running. Find more information on these programs on the PDMP Training and Technical Assistance Center's website: [www.pdmpassist.org](http://www.pdmpassist.org).

## ***Which practitioners can access data?***

Physicians, pharmacists, dentists, physician assistants, nurse practitioners, and other licensed clinicians and professionals authorized by the Washington State Department of Health.

## ***Are there tools to help me?***

Yes. On our website ([www.wapmp.org](http://www.wapmp.org)) is the Dispenser factsheet, frequently asked questions (FAQ) sheets by profession and a "Quick Tips" for how to log in and register.

## ***What prescription information is collected?***

Information includes:

- Patient name, address, and date of birth
- Prescriber and dispenser information
- Drug name and dosage, and the prescribing and dispensing dates.

## ***What are the goals?***

Prescription Review's public health goals are to:

**Increase:**

- Quality of patient care
- Confidence when prescribing/dispensing
- Efficiency and coordination of medical care

**Decrease:**

- Drug misuse
- Hospitalizations and deaths
- Taxpayer costs
- Drug related crimes



For more information, visit the website ([www.doh.wa.gov/PublicHealthandHealthcareProviders/HealthcareProfessionalsandFacilities/PrescriptionMonitoringProgramPMP.aspx](http://www.doh.wa.gov/PublicHealthandHealthcareProviders/HealthcareProfessionalsandFacilities/PrescriptionMonitoringProgramPMP.aspx)) or ask Chris Baumgartner (PMP Director) at 360-236-4806 or [prescriptionmonitoring@doh.wa.gov](mailto:prescriptionmonitoring@doh.wa.gov).