



Nursing Care Quality Assurance Commission

Section One Knowledge-Based Practice

The licensed nurse is personally responsible and accountable for having the knowledge and skills necessary for safe, competent nursing practice

Instructions: Reflect on the following statements, interpreting them as broadly as possible to apply to your nursing practice and principal practice setting.

Please check the appropriate box on the scale of 1-5 with
1 = novice; 2 = advanced beginner; 3 = competent; 4 = proficient and 5 = expert

	1	2	3	4	5
1. I use evidence such as research findings and current standards of practice, to base decisions relevant to my practice.					
2. I encourage patients' active involvement in their own care as a patient safety strategy.					
3. I promote effective communication among caregivers. I use data gathered from all members of the team to optimize patient outcomes.					
4. I promote the assessment of the education needs of patients and their families. I make sure that appropriate education is incorporated into the patient's plan of care.					
5. I use techniques to reduce the risk of health care-associated infections. I ensure good hand-washing techniques for myself and others.					
6. I identify alternate approaches to overcome obstacles and maximize health outcomes for patients.					