

# Family Planning of North Central Washington Client Data Sheet - 2014

## Key Points....

An estimated 429,910 women in Washington are in need of publicly funded contraceptive services and supplies.<sup>1</sup>

- In 2014, FPNCW served 2,506 family planning clients; 74% of clients obtained care in their home county.

Population groups with greatest need for publicly supported family planning services include women under age 20, women with low income, and women of color.<sup>2</sup>

- In 2014, 82% of FPNCW's clients had an income at or below 138% of poverty; 33% used Medicaid coverage; and 39% were persons of color.

Access to affordable, effective contraceptive methods is critical to preventing unintended pregnancies.<sup>2</sup> An estimated 288 unintended pregnancies are prevented per 1,000 users of publicly funded contraceptive services.<sup>3</sup>

- In 2014, FPNCW's contraceptive services prevented over 570 unintended pregnancies. This translates to about 290 fewer births from unintended pregnancies, 140 fewer abortions and 90 fewer miscarriages.

Long-acting reversible contraceptives (LARC)—intrauterine devices and hormonal implants—are among the most effective methods for preventing unintended pregnancy.<sup>2</sup>

- In 2014, 89% of FPNCW's female clients used some method of birth control, including 19% who used LARC.

Publicly funded family planning services yield a net saving of \$5.68 for every \$1 invested.<sup>4</sup>

- In state fiscal year 2014, Washington's Medicaid program paid for 41,456 births at an average cost of \$9,253.<sup>5</sup> An estimated 50 percent of these births were unintended at conception.<sup>2</sup> The average annual cost for publicly funded contraceptive care in Washington is \$335 per person.<sup>3</sup>

Public investment in family planning programs also helps avoid cervical cancer, HIV & other sexually transmitted infections, infertility, and preterm and low birth weight births. When these broader benefits are included, the return on investment increases to \$7.09 for every public dollar spent.<sup>4</sup>

Family Planning of North Central Washington (FPNCW) was one of 16\* agencies contracted by the Washington State Department of Health in 2014 to distribute state and federal (Title X) family planning funds. In 2014, FPNCW's contract with the Department of Health supported a family planning centers in Chelan, Douglas, Grant, and Okanogan counties.

\*15 agencies received state and federal (Title X) funds; 1 agency received state funds only.

Client's County of Residence	County Where Family Planning Services Were Provided			
	Chelan	Grant	Okanogan	Total
Chelan	1,088 (65%)	11 (1%)	1 (1%)	1,100 (44%)
Douglas	498 (30%)	4 (1%)	3 (4%)	505 (20%)
Grant	50 (3%)	696 (94%)	0 (0%)	746 (30%)
Okanogan	21 (1%)	1 (0%)	75 (95%)	97 (4%)
Other	28 (2%)	30 (4%)	0 (0%)	58 (2%)
<b>Total</b>	<b>1,685 (100%)</b>	<b>742 (100%)</b>	<b>79 (100%)</b>	<b>2,506 (100%)</b>

Age	Females	Males	Total
17 and under	236 (11%)	9 (3%)	245 (10%)
18-19	243 (11%)	28 (10%)	271 (11%)
20-24	663 (30%)	96 (33%)	759 (30%)
25-29	418 (19%)	67 (23%)	485 (19%)
30-34	266 (12%)	39 (13%)	305 (12%)
35 and older	391 (18%)	50 (17%)	441 (18%)
<b>Total</b>	<b>2,217 (100%)</b>	<b>289 (100%)</b>	<b>2,506 (100%)</b>

\*All percentages may not add to 100 due to rounding.

Ethnicity & Race	
<b>Non-Hispanic (NH)</b>	
American Indian/Alaska Native, NH	16 (1%)*
Asian, NH	18 (1%)*
Black/African American, NH	18 (1%)*
Multiple race, NH	20 (1%)*
Native Hawaiian/ Pacific Islander, NH	6 (0%)*
White, NH	1,396 (61%)*
<b>Hispanic, of any race</b>	<b>812 (36%)*</b>
Unknown race and ethnicity	220 (9%)

\*Percentage based on total clients with known race/ethnicity.

## References:

- Frost JJ, Zolna MR, Frohwirth L. Contraceptive Need and Services, 2010: National and State Report. New York, NY: Guttmacher Institute; 2013.
- Washington State Department of Health. Unintended Pregnancy. Health of Washington State. Olympia, WA: Washington State Department of Health; 2013
- Frost JJ et al. Contraceptive Needs and Services, 2010: Methodological Appendix. New York, NY: Guttmacher Institute; 2013.
- Frost JJ, Sonfield A, Zolna MR & Finer LB. Return on Investment: A Fuller Assessment of the Benefits and Cost Savings of the US Publicly Funded Family Planning Program. Milbank Quarterly, 92: 696-749; 2014.
- Washington Health Care Authority. State of Washington pregnancy related expenditures fiscal years 1988-2014; 2015.

# Family Planning of North Central Washington Client Data Sheet - 2014

Primary Source of Payment		
Source	No.	%
No Charge (e.g. < 100% FPL)	562	22%
Title XIX (Medicaid)	635	25%
Take Charge (Medicaid)	209	8%
Private Insurance	803	32%
Other (including full & partial self pay)	297	12%
<b>Total</b>	<b>2,506</b>	<b>100%</b>

Note: Primary source of payment is the expected source of payment at time of visit and may not represent the source that eventually paid for the visit.

### Clients Receiving Selected Services

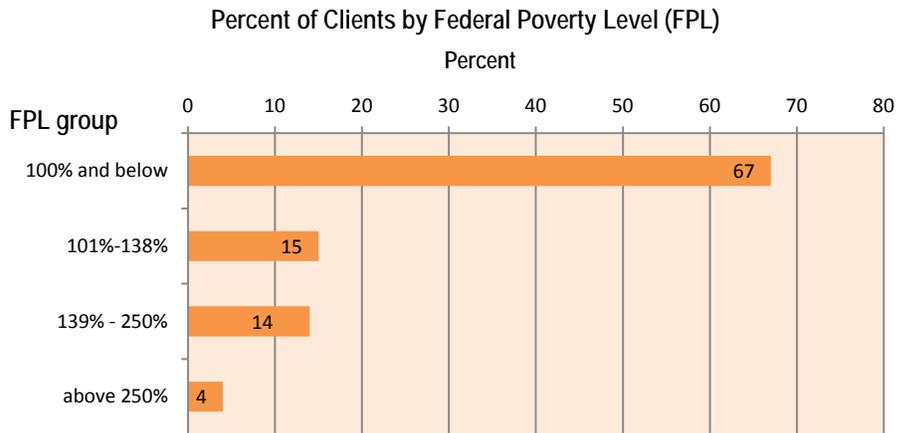
Physical Examinations		
	No.	%
Initial and annual*	1,094	49%
Breast *	887	40%
Pap test*	468	21%
Genitalia**	8	3%

Contraceptive Services		
	No.	%
Hormone injection*	332	15%
LARC insert (IUD, IUS & hormonal implant)*	250	11%
Emergency contraception*	123	6%
Contraceptive counseling*	2,251	90%

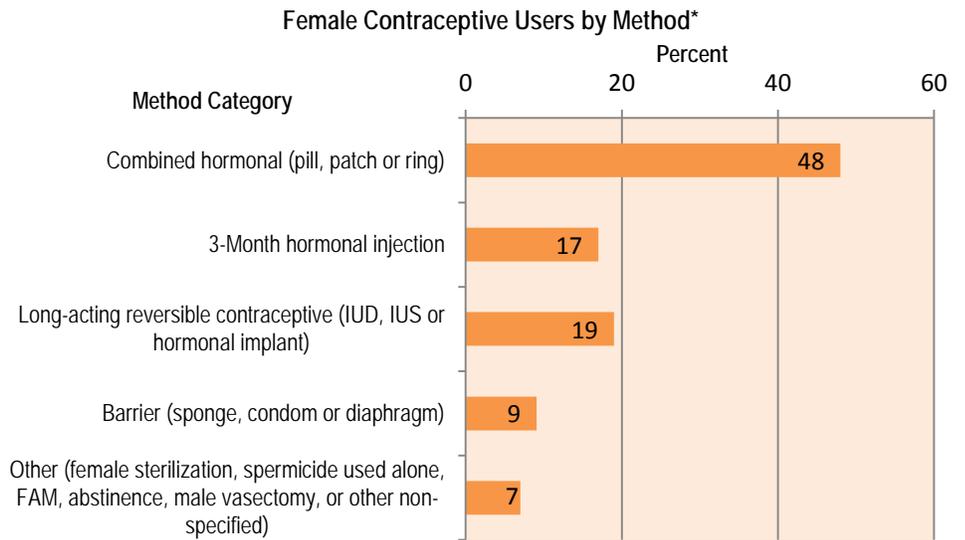
Pregnancy Services		
	No.	%
Pregnancy test*	554	25%
Preconception counseling*	351	16%
Pregnancy counseling*	213	10%

STD/HIV Services		
	No.	%
Chlamydia test***	1,286	51%
Chlamydia test – females ages 15-24*	623	55%
Gonorrhea test***	1,297	52%
STD treatment***	16	1%
HIV test***	295	12%
STD/HIV counseling***	2,145	86%

\* includes female clients only  
 \*\* includes male clients only  
 \*\*\* includes female and male clients



\*In 2014, the federal poverty level (FPL 100%) was \$11,670 annual income for a single person household.



\*Includes 1,972 females identified as contraceptive users. Excludes the 245 females (11%) who did not use a contraceptive method due to pregnancy or other reason.

### Use of LARC Among Female Contraceptive Users by Age and Year, 2012, 2013, and 2014

Age	Year		
	2012	2013	2014
10-24	158 (12%)	150 (13%)	211 (21%)
25-34	153 (20%)	117 (18%)	118 (20%)
35 and older	40 (11%)	36 (10%)	43 (12%)
<b>All ages</b>	<b>351 (14%)</b>	<b>303 (14%)</b>	<b>372 (19%)</b>

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