

SNAP-Ed FFY16 WROs and Objectives Listed in Project and Evaluation Worksheets

WRO Measures - listed in the pull-down menus of the Project Worksheet & Evaluation Worksheet

- **Required Statewide WROs:**
 - MT1: MyPlate Behaviors
 - MT2: Shopping Behaviors
 - MT3: Physical Activity Behaviors
 - ST4: Identification of Opportunities
 - **ST6: Partnerships**
 - MT4: Nutrition Supports Adopted
 - MT5: Physical Activity Supports Adopted
- **Additional WROs:**
 - List out any project specific WROs here
 - You must still choose at least one of the required WROs above as well.

Direct Education Key Messages - listed in pull-down menu of the Project Worksheet

- MyPlate/Dietary Guidelines
- Shopping Practices
- Increase Fruit
- Increase Vegetables
- Increase Whole Grains
- Reduce Sweetened Beverages & Increase Water
- Switch to Whole Grains
- Increase Breakfast
- Goal Setting to increase consumption
- Goal Setting to increase physical activity
- Reduce Food Insecurity
- Food Budgeting & Resource Management
- Cooking Skills
- Physical Activity
- Healthy Weight
- Decision Making

Objectives listed in pull-down menu of Evaluation Worksheet

- Increase # of participants who did not run out of food in the past 30 days.
- Participants will improve dietary behavior as listed in WRO MT1.
- # or % of participants who eat breakfast at least 5 days a week.
- Participants will increase use of MyPlate when planning meals.
- Participants will improve shopping behaviors through improved nutrition and stretching food dollars as listed in WRO MT2.
- Participants will achieve a physical activity goal as listed in WRO ST3.

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- Participants will increase exercise, physical activities or leisure-sport activities as listed in WRO MT3.
- Increase # of farmers markets that accept SNAP EBT in low-income communities.
- Increase annual EBT redemptions for all farmers markets that accept SNAP.
- Increase # of settings where at least one change is made in writing or practice to improve access or appeal for healthy options.
- Increase # of organizational task forces with SNAP-Ed representatives that agree to develop a plan for improving nutrition or physical activity practices or standards in settings where nutrition education is provided.
- Increased # of settings with an identified need for improving access or creating appeal for nutrition and physical activity supports within the categories listed in ST4.
- Increased # of settings in MT4 and MT5 that newly achieve program achievement as listed in LT11.
- Increased # of SNAP-Ed eligible who, when aided, can recall SNAP-Ed messaging.



For people with disabilities, this document is available on request in other formats.
To submit a request, please call 1-800-525-0127 (TDD/TTY call 711)
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