



Tips for Using SNAP at Farmers Markets



How can clients use SNAP at the Farmer's Market?

Currently more than 80 WA farmers markets accept both WIC FMNP and SNAP. Many WIC clients also receive SNAP benefits or are eligible to receive SNAP benefits. Find out if the markets in your area have an incentive or matching program – along with WIC FMNP checks there could be some additional incentives for clients shopping with SNAP benefits too.



Redeeming benefits at markets:

The process for redeeming SNAP benefits at farmers markets is different than WIC FMNP and often includes these 3 steps:

1. SNAP clients swipe their EBT card at the market information booth *and*
2. Decide how much \$ they would like to spend *then*
3. They receive tokens or paper scrips that can be used to pay vendors/farmers.



Incentive/matching programs:

Many markets that accept SNAP also offer incentive or matching programs.

SNAP matching programs allow SNAP clients to receive additional money to buy fruits and vegetables.

To find out if your local market accepts SNAP and/or offers a matching program, visit the WA Farmers Market Association website and use the [farmers market locator](#).

For example: a SNAP client might choose to spend \$5 of their SNAP benefits at the market and then receives an additional or bonus \$2 to spend.



Simple Tips for Using SNAP Benefits at the Farmer's Market:

- Let WIC clients know that if they have SNAP benefits they can use them at the Farmers Market. SNAP clients are often unaware that they can use their benefits at farmers markets.
- On first visiting a market, the process for exchanging SNAP benefits for a market currency can be confusing. SNAP clients are usually required to know beforehand much benefit money they want to spend.
- Visualizing how many vegetables can be purchased for \$10 or \$20 can be a challenge. Encourage clients to browse the market first and check out prices.

The WA DOH SNAP-Ed program operates a statewide initiative that works to increase SNAP redemption and nutrition programming at farmers markets. For more information or questions please contact:

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To submit a request, please call 1-800-841-1410 (TDD/TTY 711).

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