CHANGE IS COMING

Starting July 1, 2015:
WIC shoppers must buy only specific brands of:
- Baby Food Meats
- Tofu
- Whole Grain Choices
  - Soft Tortillas
  - Whole Wheat Pasta

Until July 1, 2015:
WIC shoppers can choose any brand of these foods that are WIC approved as described in the WIC Shopping Guide.

On July 1, 2015:
Learn about the WIC approved brands.
- Visit the WA State WIC website www.doh.wa.gov/wicfoods
  OR
- Ask WIC staff for a new WIC Shopping Guide

This institution is an equal opportunity provider. Washington State WIC Nutrition Program does not discriminate. For persons with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-841-1410 (TDD/TTY 711).

DOH 961-1064 March 2015
Buy only these brands starting July 1, 2015

**Baby Food Meats**
- Baby Basics
- Beech-Nut Classics
- Full Circle Organic for Babies
- Gerber 2nd Foods
- Happy Naturals 2nd Foods
- O Organics
- Tippy Toes
- Tippy Toes Organic
- Wild Harvest Organic
- Yummy Naturals
- Yummy Organics

**Tofu (16 OZ containers only)**
- Azumaya Extra Firm
- Azumaya Firm
- Azumaya Silken
- House Foods Extra Firm
- House Foods Firm
- House Foods Medium Firm
- O Organic Silken
- O Organic Sprouted Extra Firm

**Whole Grain Choices—Soft Tortillas**
See WIC Shopping Guide page 28. The brands and types you can buy are currently listed as examples in the Shopping Tip area.

**Whole Grain Choices—Whole Wheat Pasta**
See WIC Shopping Guide page 29. The brands and types you can buy are currently listed as examples in the Shopping Tip area.