



Guidelines for Breastfeeding Babies in WIC Training

Washington WIC allows WIC staff to bring breastfeeding babies through 6 months of age to training. Please review these guidelines to help you plan.

1. WIC encourages trainees to make sure baby is up-to-date with vaccinations.
2. WIC requires trainees to provide necessary furniture and equipment to meet baby's needs.
3. Please arrive at least 30 minutes prior to the start of training so we can orient you to the building and training spaces.
 - You'll have access to a lactation room and breakout rooms near the training rooms.
 - We'll do our best to accommodate you and baby. We'll reserve a place in the training room that provides more space, and easy access to other rooms when needed.
4. DOH doesn't allow the WIC trainers as state employees to be care providers.
 - You may need to consider others from your clinic or in the classroom to support you if you need assistance during the training.
 - Contact the state WIC office to explore options for identifying care providers.
5. Diapers must be changed and stored in the restroom.
 - There are diaper changing stations in the restrooms.
 - Bring a closed container for diapers and store it in the restroom. You'll need to seal diapers in a plastic bag first and then place them in the container.
 - DOH requires you to take the soiled diapers and the container with you at the end of each day.
6. DOH doesn't allow sick babies at training.
7. We expect you to leave the room if baby becomes noisy or disruptive.

Questions?

Email: WAWICtraining@doh.wa.gov

This institution is an equal opportunity provider.

Washington State WIC Nutrition Program does not discriminate.

For persons with disabilities, this document is available on request in other formats.

To submit a request, please call 1-800-841-1410 (TDD/TTY 711).

