

# Children with Special Health Care Needs East Region

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## East Region Representative/facilitator – Jan Steinbach

Name		County	Email	Phone #
Erickson, Jolene	x	Lincoln	<a href="mailto:jerickson@co.lincoln.wa.us">jerickson@co.lincoln.wa.us</a>	509-725-9213 Ext. 27
Rousseau, Diane	x	Asotin	<a href="mailto:drousseau@ac_hd.org">drousseau@ac_hd.org</a>	509 758-3344
Burns, Lindsay	x	Spokane	<a href="mailto:lburns@srhd.org">lburns@srhd.org</a>	509-324-1696
Spray, Connie	x	Columbia	<a href="mailto:Connie.spray@co.columbia.wa.us">Connie.spray@co.columbia.wa.us</a>	509-991-7913
Hutton, Judy		NETRI	<a href="mailto:jhutton@netchd.org">jhutton@netchd.org</a>	509-684-5048
Juris, Kathleen		Columbia	<a href="mailto:Kathleen_juris@co.columbia.wa.us">Kathleen_juris@co.columbia.wa.us</a>	509-382-2181
Charbonneau, Melissa	x	SRHD	<a href="mailto:mcharbonneau@srhd.org">mcharbonneau@srhd.org</a>	509-324-1665
Spencer, Leslie	x	Adams	<a href="mailto:leslies@co.adams.wa.us">leslies@co.adams.wa.us</a>	509-659-3319
O'Brien, Colleen	x	Spokane	<a href="mailto:cbobrien@srhd.org">cbobrien@srhd.org</a>	509-324-1657
Perkins, Sandy		NETRI	<a href="mailto:sperkins@netchd.org">sperkins@netchd.org</a>	509-684-5048
Ranger, Lisa		NETRI	<a href="mailto:lranger@netchd.org">lranger@netchd.org</a>	509-684-5048
Peck, Louise	x	Spokane	<a href="mailto:peckl@wsu.edu">peckl@wsu.edu</a>	509-263-6262
Steinbach, Jan	x	NETRI	<a href="mailto:jsteinbach@netchd.org">jsteinbach@netchd.org</a>	509-447-3131
Travis, Leta	x	Garfield	<a href="mailto:ltravis@co.garfield.wa.us">ltravis@co.garfield.wa.us</a>	509-843-3412
Christiansen, Noel		Whitman	<a href="mailto:noel.christiansen@co.whitman.wa.us">noel.christiansen@co.whitman.wa.us</a>	509-397-6280
Cochran, Vicky		Whitman	<a href="mailto:vickyc@co.whitman.wa.us">vickyc@co.whitman.wa.us</a>	509-397-6280
Lee, Jennifer	x	Spokane	<a href="mailto:jlee@arc-spokane.org">jlee@arc-spokane.org</a>	509-789-8323

TOPIC	DISCUSSION
Welcome and General Announcements	<ul style="list-style-type: none"> <li>• Introductions were made.</li> <li>• Thank-you Leta Travis for joining us by phone.</li> <li>• Welcome to Jennifer Lee, Parent to Parent advocate for Spokane, Lincoln and Whitman Counties.</li> <li>• Connie Spray, RN, from Columbia County will be taking the duties of CSHCN Coordinator.</li> <li>• Louise Peck announced The Spring CSHCN Nutrition Conference is June 9, 2016 at the WSU – Spokane Riverpoint Campus. Please RSVP to Louise <a href="mailto:peckl@wsu.edu">peckl@wsu.edu</a></li> </ul>
Review of State Minutes	<ul style="list-style-type: none"> <li>• Discussion regarding central treatment fund and how to access those funds (see chapter 6000 in the manual).</li> <li>• Reminder of the importance of entering the Provider One numbers on the CHIF.</li> <li>• Handed out the Lifespan Respite information.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Handed out instruction from Christy for CHIF upload to assure all have a chance to review and ask questions before next upload---Discussion about Data Sharing agreements the State is working on and what PRISM captures.</li> </ul>
Adams County Leslie Spencer	<ul style="list-style-type: none"> <li>• Adams County has new staff to the CSHCN program. That being said, our program had some challenges with that and issues with therapies and insurance contracts. Issues have settled down and we continue to make visits to clients and assist by phone as well.</li> <li>• We had some glitches with uploading the 4<sup>th</sup> quarter of CHIF, but with Christy Polking's help we completed that. She sent us a most current version of CHIF and with the help of her and our IT person we have that working properly and submitted the first quarter without any hiccups.</li> <li>• Our medical home team met late in February and Parent Help 123 presented to the group.</li> <li>• Our new logo for the health department and our agency, Integrated Health Care Services, is pictured above. We love it!</li> </ul>
Asotin County Diane Rousseau	<ul style="list-style-type: none"> <li>• We also had a visit from Christy Polking, Ann Bustamonte and Ellen Silverman this spring. Christy helped me learn more about the CHIF program. We talked with Ann about our programs and successes and challenges about being rural and also a town bordering Idaho, where the majority of services are offered.</li> <li>• Our staff met with Lori Hyde from the Birth to 3 program so that new staff could meet her and she could share about that program.</li> <li>• We have no new CSHCN kids to enroll this quarter, but are working to identify them.</li> <li>• Our WIC numbers continue to drop and we are currently working on securing a site in Clarkston where we can open a satellite office and staff it one to two times per month so the families that have difficulty coming to Asotin can receive services closer to their home.</li> </ul>
Columbia County Kathe Juris	<ul style="list-style-type: none"> <li>• Connie Spray, RN, will be assuming the duties of the CSHCN Coordinator. She is employed by Columbia County Health Department and works two days a week as the school nurse. Because of her contacts and relationships at school, we are able to identify more children and families in need of our services.</li> <li>• The Birth to Three Program is now funded by EDS 123 and the FRC that was employed by our agency is now serving a larger area and operating out of another office. This has really changed the dynamics of the work we can do.</li> </ul>
Garfield County Leta Travis	<p>Garfield joined the regional meeting by phone. Leta has early morning required meetings. Leta had a very busy office day and had to leave the meeting early.</p>
Lincoln County Jolene Erickson	<ul style="list-style-type: none"> <li>• Site visit from Ann Bustamante, Christy Polking and Ellen Silverman on March 21 to get to know me and give programmatic technical assistance.</li> <li>• New way of promoting developmental screening with WIC clients who are the primary population that comes through our building. Instead of handing out the ASQ at each WIC visit, we have changed to giving them a slip of paper approximately the size of their WIC checks. Each slip of paper has developmental milestones laid out in bullet points and a message at the bottom gives them my contact info if they have further questions or concerns or wish to complete an ASQ. A lot of our WIC clients have big families and seemed to be getting weary of having ASQs handed to them at each visit.</li> </ul>

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<p>NE Tri Counties</p>	<ul style="list-style-type: none"> <li>• We have lots of changes happening. Kay Scamahorn has retired and her position will not be replaced. The CSHCN duties that Kay had are being done by Lisa Ranger, RN. Christy Polking, Ann Bustamante, and Ellen Silverman visited Colville as well to help Lisa get oriented to CSHCN. We have stopped giving the ASQs out to WIC parents as they were not being returned. We are giving out a developmental wheel. The parents seem to like the wheel as it covers birth to age six.</li> <li>• We have a draft of a letter to send to caregivers, teachers, parents and doctors to briefly explain or introduce the CSHCN program and what the program can do. There have been lots of changes since the program began in 1939. With ACA and Medicaid expansion more children have insurance so our program has evolved. We also have a draft brochure to be sent with the letter with basic services and resources listed and contact numbers for each office. This is intended to replace the annual renewal letters that used to be sent and have not been utilized for the last few years. Contacting families in person or by phone is not always feasible so we will try this.</li> <li>• Copies of the 2016 Summer Camps and Programs for Children with Special Health Care Needs was given to the Newport School Nurse and the Special Education Assistant. There are several children with behavior disorder and diabetes that may be interested in a summer camp.</li> </ul>
<p>Spokane County  Melissa Charbonneau</p>	<ul style="list-style-type: none"> <li>• <b>CHIF count</b> for Jan-March, 2016: Our latest CHIF count was 958.</li> <li>• <b>1-2-3 Care Toolkit:</b> PHNs, Peggy Slider, Rhonda Crooker and Melissa Charbonneau, presented for the April 7 MCHBG meeting to LHJs across the state on the topical call. In March, Melissa presented to 49 Guardian ad Litems at Juvenile court on ACEs and the impact on health (mental health, physical health) and on developing brains and then discussed identifying needs of children. We shared the link to the free ASQ screenings at <a href="http://parenthelp123.org/ask-now">parenthelp123.org/ask-now</a> and shared the link to the toolkit at <a href="http://srhd.org/123care.asp">srhd.org/123care.asp</a>.</li> <li>• Our ACEs handout and 1-2-3 Care Poster have been translated into Spanish (thanks to Rowena Pineda for making this happen) and they have been posted to the ACES connection website. The link to the Spanish resources is <a href="http://www.acesconnection.com/blog/in-spanish-handouts-for-parents-about-aces-toxic-stress-and-resilience">http://www.acesconnection.com/blog/in-spanish-handouts-for-parents-about-aces-toxic-stress-and-resilience</a>.</li> <li>• Melissa presented to a group of 18 attorneys that represent legally-free youth on the toolkit and Colleen O'Brien presented on ITN services for our birth to 3 population.</li> <li>• <b>Paper Tigers screenings:</b> a documentary that is garnering national attention-- Paper Tigers was filmed in Walla Walla, WA and "follows a year in the life of an alternative high school that has radically changed its approach to disciplining its students, becoming a promising model for how to break the cycles of poverty, violence and disease that affect families." This is being shown at a variety of settings around Spokane, with follow-up discussions taking place after the viewing. On 5-12-16, there will be a showing at Showalter Hall at EWU and Melissa C. has been asked to be on a panel to have a discussion related to ACEs afterwards and to talk about the 1-2-3 Care Toolkit.</li> <li>• <b>Universal Developmental Screening:</b> We have completed the second data collection for the project and have the following big picture overview to share:             <ul style="list-style-type: none"> <li>○ We trained a total of 13 pediatricians between Rockwood and CHAS, with 11 agreeing to participate in the pilot project.</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>○ 93 children received standardized screenings in January (2016) vs. 1 in May 2015</li> <li>○ A combined 49% of children at the recommended 9, 18, &amp; 24-30 months received a standardized screening in January vs. 0.5% in May 2015.</li> <li>○ 5 providers achieved a 75+% rate of screened kids</li> <li>○ Referrals for services were 26 in May 2015 and 11 in January based on ASQ results</li> </ul> <ul style="list-style-type: none"> <li>● SRHD will be requesting additional funding to expand the project with a focus on other pediatrician clinics as well as family practice doctors who see children. The Ask Now parent campaign will be focusing on childcare facilities.</li> <li>● <b>Child Health Notes:</b> A child health note was completed in February 2016 on ACEs and a child health note on Autism was completed in April 2016.</li> <li>● <b>Birth Outcomes Task Force:</b> One of the main concerns with this group has been drug use during pregnancy and parenting issues, as these both impact the entire community. We will keep you posted on the upcoming focus and plans for this group.</li> <li>● <b>Safe Sleep Campaign:</b> There is a group at SRHD that is working with community partners on a Safe Sleep Campaign. This work continues to move forward and the hope is to have the information out by the fall.</li> </ul>
Guest Speaker	<p style="text-align: center;">Welcome to Jess Silvernail</p> <ul style="list-style-type: none"> <li>● Jess is our Regional Eastern WA Outreach and Advocacy Coordinator for Washington Autism Alliance and Advocacy.</li> <li>● Some Washington and Idaho boarder county issues are Idaho Doctors do not follow Washington regulations for services.</li> <li>● WAAA lobbied for legislation in 2010 that recognizes Autism as a mental health parity, making sure individuals with Autism Spectrum Disorders have access to treatment. That all insurances including Medicaid cover any necessary therapy like ABA. Individuals with Autism can have strong behavioral challenges. WAAA has an Attorney to assist families. Some insurances like CIGNA and Group Health have pushed back to not pay for ABA. WAAA works to remove caps on therapy for kids. WAAA holds a class to help families understand insurance benefits. They also have trainings for doctors.</li> <li>● In 2015 WAAA lobbied for SB5850. This law makes it possible for all types of insurance to cover medically necessary ABA thru licensure of professionals.</li> </ul>
Future Meeting Date	August 11, 2016
Minutes taken by:	Jan Steinbach