

CHILDREN WITH SPECIAL HEALTH CARE NEEDS
NORTHWEST WASHINGTON REGIONAL MEETING
3/31/16
10:00am – 2:00pm
Skagit Family Resource Center, 320 Pacific Place, Mt Vernon

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Silverman, Ellen	P	DOH		
		P = present; * = added today		

Meeting notes:

Resources:

- Smooth Way Home project working to decrease trauma for NICU babies and families. Kate is making a listing of CSHCN services available to families by each county in our region. Services available range from TC, meeting at WIC, First Steps ICM, HV, and SEAS (Whatcom's portal to services).
- Using email to text to contact clients: Whatcom (Allison) has template for. Jefferson (Marti) has policy.
- Requesting an extension of ICM units for a specific client: King (Kate) has contact coversheet and DOH (Ellen) has HCA info.
- Crisis Text Line: Skagit (Jennifer) provided this free, 24/7 text line for people in crisis. Text Hello to 741-741.
- AskBYS.com is a website for teens (based in Bainbridge Island).
- Diagnostic/Treatment funds: discussed barriers and ways to access these funds. Rules may be more flexible than in the past. CSHCN MCO Case Manager List: DOH (Ellen) said it is important to talk with the case managers on this list as they are better informed re: CSHCN. Talked about ways to keep the updated list available. Bottom line, if you have an idea, talk with DOH (Ellen or Christy) if it seems the needed item/training etc is not covered by Medicaid. Ideas: Summer Camp, books, possibly respite, orthotics, scale/breast pump rentals, DVD sign language training, encopresis footstool, sensory toys, weighted vests.

Assisting with linkages to support families who are refugees: Ellen gave an update about the work that is beginning in an effort to link refugee children with special healthcare needs to managed care organizations and CSHCN type services. Working to increase understanding about needs and resources.

Standards for Systems of Care for Children and Youth with Special Health Care Needs: Ellen shared the summary document—more to come in the future about how to bring this high level work to the local level.

Upcoming NW Region Meetings: 10:00am – 2:00pm

- ✓ 6/30/16 Snohomish Health District, Auditorium, 3020 Rucker Avenue, Everett
- ✓ 9/29/16 Island County Public Health, Commissioners' Hearing Room, Coupeville
- ✓ 12/??/16 Telephone conference call—time/date to be determined.

Questions for Communication Network meeting:

- We understand DOH is applying for a statewide autism grant. Can you tell us more?
- Technical assistance needed from DOH: How can we get electronic client consent to share personal health information with other providers when clients are not physically present to sign a consent?

COUNTY UPDATES:

Clallam:

CSHCN: Caseload remains around 54 clients.

- Immunizations are now available at the Forks site once a month.
- Referrals have been consistent and outreach activities continue.
- Dental needs and transportation continue to be issues within county.

Island:

CSHCN: Up and running, getting referrals and doing visits to our special needs kiddos.

- Trying to get the Child Health Notes back in publication and distribution to all providers within the county.
- Sits on the Inter-Agency Coordinating Council Board, the Autism Group and now we are implementing a SMART team that I will also attend.
- All of this in addition to entering the CHIF data as required! It keeps me busy.

Jefferson:

Jefferson County Public Health (JCPH) Developmental Disabilities Program:

- Jefferson County DD Resource Guide 2012-2017, includes local, State and national resources:
 - www.jeffersoncountypublichealth.org/pdf/JEFF%20CO%20RESOURCE%20GUIDE%202012-2017.pdf
- Anna McEnergy JCPH DD Coordinator, and Susan Atkins WA State P2P Coordinator, will host a meeting to discuss establishing P2P programs in counties where there currently is no program. To be held at JCPH in Port Townsend – May 9th 2016 from 11-1. If interested email Anna: amcenery@co.jefferson.wa.us

King:

CSHCN: 3.5 PHN's provide CSHCN Case Management in King County.

- Attended the KCICC (King County Interagency Coordinating Council). One of the CSHCN PHN's sat on a panel that discussed coordination and referral between ESIT and several Public Health Programs. The exercise helped to define rolls within each program and how we intersect.
- Participated in one of the planning groups for the Best Starts for Kids Levy that passed in King County.
- Participating in Smooth Way Home, a collaborative working to improve the transition for CSHCN discharging from the NICU to home.
- Participated in a meeting of State, LHJ, and MCO's concerned about gaps in service for refugee families with CSHCN.
- Attending forum at SCH hosted by the Pediatric Feeding Association for parents and physicians to listen and learn from each other around tube feeding issues with CSHCN.

Kitsap:

CSHCN: Continuing to work within our Contact Database to ensure when transitioning to the electronically sent Child Health Notes that we are including adequate community providers

- Finished reviewing a Child Health Note on ACEs (with input from the local Kitsap Strong Director)
- Working with Mary Bridge/Olympic Peninsula Autism Center to determine autism resources within the county, and
- Recently finished putting together a CSHCN community resource sheet.

San Juan:

CYSHCN: There is a baby boom going on within the county. Outreach continues through ESIT and CYSHCN.

- A new program called SafeCare Home Visiting is in place on two of the three most populated islands in the county and services have begun. Orcas Island is without the Program currently due to staffing issues. It is not clear whether another person will be hired to provide services to Orcas during this first year of the contract.
- The county's newest FRC will be attending the IECC in May and the CYSHCN Coordinator will be attending the Duncan Seminar on Congenital Cardiac Conditions and Child Development in April.
- The new School Nurse position has been filled with a Public Health Nurse with lots of experience. She has not been able to begin due to a fall resulting in surgery and a lengthy recovery. The School Nurse services have been taken on by two other nurses for now.

Skagit:

CSHCN: Two of our public health nurses, Heather Parker and Linda Albert, retired in December/January after 27 years of exemplary service. Our department is in a multi-year transition process, and we are currently recruiting for nurses to replace them, shifting responsibilities among our team.

- Our SMART (Skagit Multidisciplinary Autism Review Team) is piloting our evaluation process with our first referral.
- Working on a fact sheet for child care providers about options for developmental screening and how to refer for services. Since Linda Albert has retired, I am doing child care health and safety consultation visits and several providers have expressed concern about children in their care, some of whom reside in other counties.
- Our County DD Board, Children's Council, Skagit County Child & Family Consortium, Public Health and other partners joined together to hold our first annual "Skagit Spotlight Film Festival" featuring films and discussion to generate community engagement to better support our MCH population. Films in the series were
 - The Raising of America Signature Hour(December 10th) about how families with young children are faring in our society (link to trailer on film's main page)
 - Dark Side of the Full Moon (January 14th) about perinatal mood and anxiety disorders (see trailer [here](#))
 - Having It All (February 11th) about 3 Seattle area moms juggling career, marriage and motherhood (link to trailer on film's main page)
 - Paper Tigers (April 14th) about an alternative school in Walla Walla that took a trauma-informed approach to education (see trailer [here](#))
 - The Horse Boy (March 10th) about a family who goes to Mongolia to seek help for their son with autism (see trailer [here](#))

Parent to Parent: Winter Quarter shaped up to be quite a busy one.

- Relaunched our monthly Hispanic Parent Support Group with featured guest speakers, including PAVE on "What is an IEP?"; Emily Molina, CSHCN RN on "Oral Care"; and Brigid Collins Family Support Center on "Signs and Prevention Strategies of Child Abuse."
- Relaunched our monthly Mom2Mom: Mother's Support Group and welcome mothers, grandmothers, aunts and adult sisters to our gatherings.
- Launched two new parent support groups: 1) Anacortes meeting monthly and 2) Transition Age (14-21 years) meeting three times this year.
- Collaborated with our Skagit Spotlight Film Festival for the showing of "Horse Boy" about one family's journey with their son's autism. We invited Dr. Raphe Bernier from the UW Autism's Center as a featured speaker and provided ample resources before and after the free showing. Our monthly Autism Parent Support Group continues to grow.
- Other events this quarter included "The ABC's of IEPs" with PAVE, two of our four part Parent Academy Seminar Series on "The Power of Positive Parenting: Ages 3 through Elementary" and "Raising the Emotionally Resilient Child," hosted our annual Helping Parent Training to provide one-to-one support for other parents of CSHCN, hosted our annual World Down Syndrome Day and Skagit P2P Family Night at Jungle Playland.
- Increased our public awareness outreach presentations to include our DD Board Members, Transition Council, Special Education Directors, middle school transition program called "Dream Builders," Connections Conference on Early Learning Resource Fair, Toddler Time at the Children's Museum of Skagit County, etc.
- Increased our marketing strategies via social media sites, MailChimp e-blasts, updated website, and individual event mailings through the US Mail. As a result we are seeing an increase in participation, especially from our Latino population.

Snohomish:

CSHCN: Orienting newly hired PHN to CSHCN home and community services.

- Attended Homeless Policy Task Force meetings to increase awareness of health care needs of children residing in shelters/temporary housing. Continue at one local shelter to provide PHN services for CSHCN eligible children.
- Attended FICC meeting with 0-3 providers/families and 0-3 Provider meeting.
- Visiting the 0-3 providers in the county to share program info and facilitate referrals.
- Participated in developmental screening Community Asset Mapping Steering Committee, beginning to plan for fall event.

Parent to Parent and The Arc of Snohomish County continue to provide ongoing Parent to Parent support to families raising children with intellectual and developmental disabilities.

- This past quarter we have had 2 workshops topics, behavior and IEP to informed family members and professionals that work with families who have kids with ID/DD.
- We continue to provide Sibshops for kids ages 4-17 years old we have had 2 so far and more plan for upcoming months.
- We are working in collaboration with Everett School District to provide a DDC Leadership training for Latino Families and more than a dozen sharing our information with families who have kids in the transition programs around Snohomish along the side of DVR, DDA, Snohomish County DD to help families apply or start services with agencies in county that can serve their young adults and families.

Whatcom:

CSHCN: We continue to have very limited capacity to provide direct services at the Whatcom County Health Department. As CSHCN Coordinator, my focus is to work with community partners in Whatcom Taking Action to improve our local system of care for CYSHCN. In January, .5 FTE of Allison Williams position as Community Health Specialist, has been assigned to working with us in Taking Action/CYSHCN. Whatcom Taking Action updates:

- SEAS Navigation is now staffed at 2 FTEs. Both Navigators are new to SEAS- Suzan Brawnlyn started in December and Deirdra Brummer started in January
- Whatcom Taking Action's General Interdisciplinary Developmental Evaluation System (GIDES) for children with suspected Autism Spectrum Disorders (ASD) continues to see two children per week. We are working on expanding this so that it isn't limited to only children with suspected ASD. The local pediatric group has also implemented a mid-level developmental evaluation clinic for their patients in coordination with Whatcom Taking Action.
- Our Family Tools Team has been busy developing new informational handouts and tools for families which we post on our Taking Action website at www.whatcomtakingaction.org. A number of new handouts are in Spanish. If people want to be notified when a new handout is posted, they can do so by scrolling to the bottom left side of the page at the link above and entering their email address.
- We are moving into year two of our Healthy Tomorrows grant, and are planning for a site visit from the National AAP and MCHB.

Parent 2 Parent continues to offer a variety of services in English and Spanish.

- Hosted a Sensory Processing Disorder Workshop with a turnout of 63 plus.
- Provide Parent Support Meetings once a month and Parent Playgroup Meetings once a month (for those with children Birth to 3).
- Helping Parents continue to be matched with requesting parents whose child has a new diagnosis or challenging experience related to their diagnosis.
- Received a F2F grant to offer some continuing training for Helping Parents which focused on *how to support at risk families*.