

SW CSHCN Region Meeting and Updates

May 26, 2016

Attendees: Connie Callahan (Clark), Doreen Wadsworth (Cowlitz), Julie Zambas (Grays Harbor), Charlene McCarty and Linda Lowdermilk (Grays Harbor P2P), Michelle Kemmer (Pacific), Kathy Jennings (Tacoma-Pierce) & Bonnie Peterson (Thurston)

Guest Speakers: Dr. Paul Mystkowski, Novo Nordisk, Diabetes Education Presentation and Jennifer St Cyr, WithinReach Presentation

Purpose of Meeting: To provide county updates and review the April 2016 Communication Network Meeting notes.

Announcement: Andrea Sander, CSHCN SW Regional Representative, with both excitement and sadness has chosen to accept a nursing faculty position at WGU and therefore has resigned from TPCHD. Julie Zambas has graciously agreed to take on the role as SW Regional Rep for the remainder of 2016.

Updates:

[WithinReach](#)

Jennifer St. Cyr, Family Support Coordinator from WithinReach provided an overview of services available through WithinReach. Jen's position is funded through a contract with DOH for the [Great LINC grant](#) – Links to Integrated and Coordinate Services for Children and Youth with Special Health Care Needs. WithinReach provides assistance with food access including assisting with eligibility for basic food or SNAP and WIC as well as connections to summer meal programs for youth, health care insurance, developmental screening and referrals to early intervention to just name a few. WithinReach is cross-branded with ParentHelp123 and the Family Health Hotline. WithinReach offers both online with texting capability and telephonic assistance in multiple languages. For more information, go to www.withinreach.org or <http://www.parenthelp123.org/> Jen's presentation is attached to these minutes.

Diabetes Education

Dr. Paul Mystkowski from [Novo Nordisk](#) presented an overview of diabetes.

Autism and Resources

The SW Regional Coordinators requested information and techniques that they can share with the families for children waiting to access the Medicaid Applied Behavior Analysis benefit for autism. On August 25, 2016, Susan Ray from the UW Center for Autism – Tacoma will share best practices information on how to assist families.

Lots of evidence based practice resources to assist parents and professionals can be found at Additional resources can be found online at <http://uwreadilab.com/>.

County	Update
Clark County Connie Callahan	<ul style="list-style-type: none">Referrals have not slowed down for Clark County. The majority are sent from OHSU, Legacy Randall's Children's Hospital, which are both Portland hospitals, and Legacy Salmon Creek Hospital in Vancouver.Referrals have slowed down with Work First program. I have completed 2 or 3 this quarter.My electronic charting is going well and we have worked out most of the bugs.The NFP nurses are now learning electronic charting and doing well. They have full caseloads. One NFP nurse will soon be on maternity leave.

County	Update
	<ul style="list-style-type: none"> I am trying to hook kids up with summer camps and hopefully will have success.
<p>Cowlitz County Doreen Wadsworth</p>	<ul style="list-style-type: none"> On May 1, 2016 we welcomed Chris DesRosier as the new director of Cowlitz County Health and Human Services. Cowlitz County Health Department continues to average 1-2 referrals a month for WorkFirst. Nurse-Family Partnership has 40 clients, and can carry a total caseload of 50. Doreen is now the health department representative for SWEL (the Southwest Washington Early Learning) and the Cowlitz Community Collaborative that includes WISE (Wraparound with Intensive Services) and FYSVRT (Family, Youth, & System Partner Round Table). Doreen has made connections with Kaiser and the Cowlitz Indian Tribe's Medical Clinic regarding the CSHCN program. Also, she was able to gather information on which Universal Developmental Screening tool they are using.
<p>Grays Harbor County Julie Zambas</p>	<ul style="list-style-type: none"> I have about 35-40 active clients. I finally received one WorkFirst referral after several years of not receiving any. It was an unusual one, as the mother was in a domestic violence situation and is pregnant so participating in WorkFirst isn't very realistic at this time. I continue to receive a steady stream of referrals, primarily from our WIC program and from hospitals. I get very few from our local physicians but have done outreach to them frequently. We recently lost two of our pediatrician so we are down to two and one that works about half time which is really difficult for our community. The pediatric that lost their two physicians are staffing the clinic with family practice physicians and ARNP's and we have not heard that they are actively recruiting for a pediatrician. Our director is retiring and her last day is June 30th. They have already named her replacement as Karolyn Holden. She has been a nurse at the department for over 20 years and has worked her way up and is currently serving as Deputy Director. This will be the first time, at least to my knowledge, that a nurse will be the director. Parents as Teachers continues to be very busy and we are all hoping that they will continue to grow as there are so many families that can benefit from their program. Other department projects continue such as Cultivating Roots which not only involves teens from our community but has now included Parents as Teachers and the ARC of Grays Harbor. I am now getting my feet wet in the family planning clinic so now I can say that I have done everything here except the immunization clinic which really isn't here anymore!
<p>Klickitat County Kristyn Pardo</p>	<p>There are about 32 kids on the case load in White Salmon and about 5 kids on the case load in Goldendale. Last month there was one renewal CHIF and a new CHIF. Both families are doing well and had no needs at this time. Otherwise no new changes.</p>
<p>Lewis County Donna Muller</p>	<ul style="list-style-type: none"> In August, I will be transitioning to FNP and will no longer be doing CSHCN, CD, TB, or WorkFirst Assessment or teaching juveniles the SHARP curriculum. We have had 3 active TB cases in the last 9 months, including one who potentially exposed hospital workers, and factory workers. We tested all employees at the factory and church the patient attended, now are doing LTBI treatment for several of the contacts. WorkFirst assessment referrals are low. CSHCN referrals are very low, I think I have received 1 recently. CD has been active.

County	Update
	<ul style="list-style-type: none"> Molly Pessl Breastfeeding training sponsored by WIC was a success this spring, we are going to sponsor another training in August.
Pacific County Michelle Kemmer	<ul style="list-style-type: none"> We are planning on sending a child to camp this summer with funding from CSHCN. I am working with Easter Seals of Washington in hopes of sending a child with autism to Stand By Me Camp. We are still in process but it is getting closer to completion. I have a meeting scheduled with our Special Education Director within our district to hopefully get more referrals and more children signed up with the CSHCN program in our county since we don't have any pediatricians or hospital source for referrals. I am planning on meeting with the closest pediatrician's office (30 minutes from Long Beach) to ask if I can put some flyers/handouts in their office and discuss referrals with them. I have added 2 children to the program since I was hired in April.
Skamania County Amanda Cole	<ul style="list-style-type: none"> Skamania County had 2 new kid referrals and 1 WorkFirst referrals. We have a total of 12 kids in CHIF.
Tacoma-Pierce County Kathy Jennings and Maggi Milam	<ul style="list-style-type: none"> CHIF (Child Health Intake Forms) data continues to be entered into the MCH and State CYSHCN Databases. Of the 382 individual client CHIFs posted thus far for 2nd Quarter 2016 reporting, 360 were for Neurodevelopmental Centers/Early Intervention Birth to Three services, and the remaining 22 were new referrals for nursing case management services, for those children directly served by our nurses and support staff during this quarter. An additional 7 children were in the referral process at the close of the quarter. TPCHD Public Health Nurses providing services to CYSHCN families, communicating with their care providers and coordinating services to maximize the health of the children and the capacity of their parents to care for them. All CYSCHN referrals were screened for need of Public Health Nursing services and assigned to a nurse if the services were needed. During this quarter we received 22 new CYSHCN referrals for nurse case management services. Approximately 15 families with 17 children received 23 home and/or phone visits by our Public Health Nurses for assessment, education, support and/or linkage services during this funding year. All 51 families served during this funding year received or were offered a copy of the Pierce County CYSHCN Resources list. YTD, we have received 33 WorkFirst Referrals for Children W/Special Health Care Needs and done home visits and evaluations for each one. Kate Phillips is the new CSHCN Coordinator for Tacoma-Pierce. Kate can be reached by email, kphillips@tpchd.org, or telephone 253-798-
Thurston County Bonnie Peterson	<ul style="list-style-type: none"> Project LAUNCH has expanded to Thurston County. I am involved in our community development workgroup for Project LAUNCH. Our first core strategy is focusing on childhood settings that serve infants and toddlers who are high risk for developmental and behavior problems. Especially focusing on childcares that serve military families. We will be increasing developmental and behavioral screening for this population by training the childcare providers to do the ASQ3 and ASQ: SE2 for the children in childcare. Another goal is to strengthen families and provide local support for the parents of the children served in these childcare centers. The First step is to have a training on ASQ screening for the trainers, who will be training the childcare providers. This is scheduled for next month. We are also developing a resource guide for the childcare providers.

County	Update
	<ul style="list-style-type: none"> • CSHCN coordinator, who attends Thurston County Early Childhood Council/ICC is also on the VEL Regional committee that meets 7 x a year. • Sent out Child Health Notes to providers on WithinReach Resource Finder: Help for children with Autism and Spec Needs last month. • We hired another NFP nurse, which now makes a team of 7 nurses including the supervisor in NFP. • Our MCH team was trained on the DSHS e-Jas system. Through the TANF Home Visiting Pilot project, the NFP nurses are providing home visits to recipients on TANF to improve outcomes for families with children. The CSHCN coordinator was also trained on e-JAS for the WorkFirst Children with Spec needs referrals for better communication between the caseworker and nurse. • Receiving 6-8 WorkFirst referral per month. • I have seen an increase in hospitalizations with the high risk infants on CSHCN program dx with either RSV or Rhinovirus. • Deborah Allen retired the end of last month. She held the position of Director of Personal Health, which was over many programs including MCH. This position has not been filled yet. • There has been many changes within the health dept., with the new Director, Tom Stuebner to the reorganization and expansion for the Thurston Mason BHO that will be housed within the health dept. building. Tom is scheduled to go on a home visit with one of the NFP nurses and will go out on a home visit with the CSHCN coordinator.
Wahkiakum County Danelle Barlow	I don't have a lot going on. We have been sending ACES information out to our health and human services as well as quarterly MCH meetings that include health department, mental health, our ECEAP program and the Progress Center in Longview. We have tried to get the school and Family Health Center involved but that is proving more difficult than one would think.
Parent to Parent of SW Washington Brenda Tyrrell	Parent to Parent of SW Washington continues to seek Helping Parents and match them with parents in the same situation seeking support. We just completed a Helping Parent training May 31. This training produced 11 new Helping parents who speak Spanish! This program was also able to present a training on behavior for the Spanish speaking community this year as well as an additional training for marriage support. We used a training grant to send 8 parents to the All Born In Conference in Portland, Oregon. The facebook page, Parent to Parent of SW Washington continues to increase in activity and the combined e-newsletter with Clark County Parent Coalition reaches over 2000 recipients.
Next Meeting:	August 25, 2016