

# SW Regional CSHCN County Coordinator Meeting Notes: 12/10/15



Attendees: Connie Callahan (Clark), Doreen Wadsworth (Cowlitz), Julie Zambas (Grays Harbor), Kristyn Pardo (Klickitat), Donna Muller (Lewis), Elizabeth Custis (Mason), Andrea Ryker (Tacoma-Pierce), Bonnie Peterson (Thurston), Ellen Silverman & Christy Polking (DOH)

Purpose of Meeting: To provide county updates and review the October 2015 Communication Network Meeting notes.

**Clark County (Connie Callahan RN, BSN):** CSHCN referrals are plentiful. I gave a presentation to ESD 112 birth to three staff which have increased the number of referrals. We have a new NFP nurse who replaced a nurse that retired. Three NFP nurses and myself attended the Birth to Three National Conference in Seattle and I recommend for others to attend if given the chance. Next year the conference will be in New Orleans. I will be passing on the Perinatal Hepatitis B program to one of our CD nurses. This will free up more time for me to work on the CSN program. WorkFirst referrals are way down. I will wait to see if they pick-up after the first of the year.

**Cowlitz County (Doreen Wadsworth RN, BSN):** MCH continues to be busy with the Nurse-Family Partnership. Jayna Bohling, RN, BSN attended the training in Denver and is now busily seeing clients. Barb Rowland, a BSN from Clark County's NFP Program, pitched in to assist with a few new intakes, as well as help orient Jayna. Bea Rush, RN, BSN, NFP Supervisor, has picked up a caseload of ten clients, which will shift over to Jayna in the next few months.

CSHCN continues to receive referrals from hospitals in Portland and Vancouver, CPS, Progress Center, and local providers. Acting as their nurse consultant, Doreen continues her work with Head Start's 23 referrals. WorkFirst referrals have been down this quarter.

The MCH staff participated in trainings this quarter which include: Home Visiting Conference by Southwest Washington Early Learning Coalition (SWEL), "Let's Give Them Something to Talk About," a Head Start/EHS/ECEAP sponsored summit, and the NTI- Birth to Three Conference in Seattle. Doreen attended four half-day Incident Command Training sessions on Planning, Adult Mental Health First Aid, and the Mary Bridge conference on Autism: "Practical Strategies." The MCH team viewed the DVD course sponsored by the Institute for Brain Potential on "Optimizing Brain Health: Six Key Biomarkers" by Michael Lara, MD.

CSHCN and Cowlitz Community Network worked together to present Paper Tigers, a documentary dealing with high School students with high ACE's scores. 197 community members attended the showing of the film. Since that time, one school district has rented the film and has shown it to teachers, counselors, and administration staff.

This is the company that I have ordered sensory toys and the special swing from that the DX and TX funds paid for. They have a great catalog that I would recommend everyone to request. Marian is familiar working with health departments and our special way of ordering.



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**Grays Harbor County (Julie Zambas RN):** We will no longer be providing the First Steps program as of January 1<sup>st</sup>. We are working with Sea Mar and Answers to transfer caseload. We have had two recent resignations, our WIC/MSS Registered Dietician and a Public Health Nurse. We will not be filling our PHN position at this time but will be working on hiring at least a part-time RD. The PHN duties have been reassigned. I will be picking up the ABCD Coordinator duties. I will also be doing WIC and continue with CSHCN and Diabetes classes. Our Director, Joan Brewster will be leaving in April. There have been many changes with the management team. Our Deputy Director recently left her position and a long-time manager moved into that position, so there have been subsequent promotions for other managers. Parents as Teachers is growing. We just hired a Social Services Specialist, Ramona Ramirez who will carry a partial caseload and serve as a consultant to the other educators when dealing with difficult issues with their clients. She is a great addition to the team. So, with the exception for First Steps, services are continuing without visible changes.

**Klickitat County (Kristyn Pardo RN):** We have about 35 kids on our case load between the two clinics in our county. Only one Work First referral for this year. I have been receiving more referrals from our local providers, which is great. One of my MSS clients gave birth to premature twins so I will be following them closely. I have been checking in with families every year - most of our families are well connected with resources. I do more frequent contact depending on the needs of the family.

Staffing updates. Our Nursing Supervisor Kate Karlson has stepped down and is now our contracted Lactation Nurse. We just hired a new Nursing Supervisor Renee Wuollet - Please add her to your e-mail list ([reneew@klickitatcounty.org](mailto:reneew@klickitatcounty.org)). Sally Isham is no longer employed here - Please remove her from your e-mail list. Penny Andress is now working for us on contract which means she only works a handful of days during the month. Please continue to update her on CSHCN, though I will be your main contact for CSHCN for Klickitat County.

**Lewis County (Donna Muller RN, BSN):** In Lewis County, most of the MCH block grant funds will help fund the NFP scheduled to start in January 2016. There will be some CSHCN funds available for meetings, CHIF, and WorkFirst assessments, but I am unclear about the extent of other CSHCN services that will be available to Lewis County families. I am going to take the full-time NFP position, there will be a new nurse that will be half time NFP/half time communicable disease investigator and she will also do CSHCN? And I believe the WorkFirst assessments will be divided between the two, with the full time nurse getting about 2/3 of them. Our immunizations clinic is still open 2 days per week and our breast feeding coalition is taking off. We will be implementing a new computer system in 2016, Padagonia, and there are trainings happening now.

**Mason County Updates (Elizabeth Custis RN, BSN):** Elizabeth Custis continues as MCH Lead. Katie deRose and Shannon Severeid continue to see clients as well. Elizabeth will attend the regional meetings unless unable, then Katie or Shannon will attend.

Many changes continue in public health. Community Development is being moved into our building and we are losing our director and theirs, the opening for the new director will be posted and we have concerns about the experience level that would benefit the various programs.

MGH and clinics will be having a Great Minds training in January for universal screening. MCPH will be presenting information on our programs and referral information along with the P2P B-3 program. We are hoping that will increase children being referred for services and support much earlier.

**Pacific County (Shelley Carter RN, BSN):** Pacific Co. Health Dept. has hired one new nurse to do school nursing, ABC Dental & Immunizations this month. We are in the process of hiring another 80% nurse to start in Jan. This is the first time in 12 yrs. that we've hired nursing staff! For CSHCNs it's been a Fall of preemies and twins. My MSS clinics have been busy with new pregnant moms transferring in and moving from other parts of the country. Other than the preemies, I've had less CSHCN referrals than usual. Some of our families are moving to larger areas to find more services for these kids.

**Skamania County (Amanda Cole PH Nurse Manager):** 1 new referrals from DSHS for public health nurse visits. 2 new referrals from Providence Health for public health nurse visits. 1 WorkFirst referrals. 0 CYSHCN referrals.

**Tacoma-Pierce County (Andrea Ryker RN, MSN):** Year to date stats: of the 1270 CHIFs posted as of December 8, 2015, 1124 were for the NDC's. There are an additional 370 NDC CHIFS waiting to be entered. 68 CHIFS were for new CSHCN referrals received for nursing case management and open to resources. We have 5 children in the referral process for NCM. We served 82 home and/or phone visits. There have been 48 WorkFirst Referrals to date this year.

We have contracted with an Infant Mental Health Specialist for our staff to be able to consult with on a case-by-case basis. Our PHN's (2.5 FTE) that serve five programs have been accredited in Triple P Brief Intervention. Our Field Team serves MSS/ICM, CSHCN, EIP, WF and the SIDS program. We also have 8 NFP RN's and 2 NFP Supervisors.

**Thurston County (Bonnie Peterson RN, BSN):**

- We are now down to 2 very promising candidates for filling our health department director's position. Waiting to see who the county hires.
- We continue to receive WorkFirst referrals, around 7-8 per month. Many of the families I have already seen for years with children with behavior problems.
- CSHCN referrals for extreme preemies increased this last month.
- Continue to receive 2-4 CHIF's from Mary Bridge or Good Sam NDC. The CHIF info has been lacking the required information to CHIF so been contacting the families to get the info.
- CSHCN nurse attended the MCHBG meeting in Spokane.
- Up to 6 NFP nurses and 1 CSHCN nurse on our team.
- Our team participated in 4 community family fun fairs that focused on early childhood development and stem activities. Over 300 people came to the fairs. Our Early Childhood Coalition plans to do this again in 2016.
- All of our nurses are working with ACES and resilience with our families we serve. Many of us attended the film Paper Tigers at a community event recently.