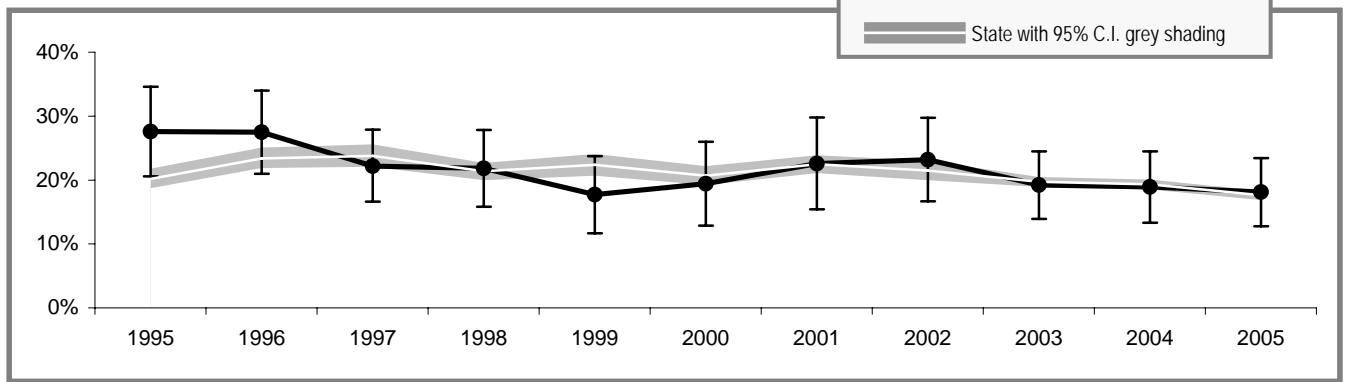


Skagit County

Skagit County

Adult Tobacco Use

Current Cigarette Smoking (1995-2005)*



* Smoking prevalence trend is based on English language surveys only. (Spanish language surveys began in 2003.)
 + County prevalence is a 3-year rolling average through 2002; starting in 2003 smoking prevalence is based on single-year data.

Current Smoking (2005)**

	All adults
Skagit County	17.7% (± 5.1%)
Washington State	17.5% (± 0.7%)

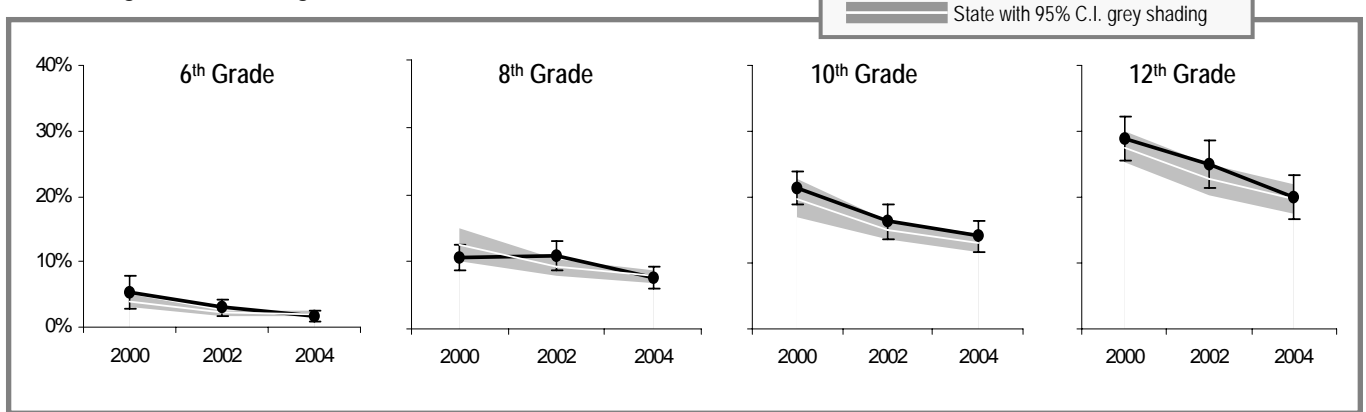
Current Smokeless Tobacco Use (2003-2005)**

	All adults	Males only
Skagit County	3.0% (± 1.7%)	6.2% (± 3.6%)
Washington State	3.0% (± 0.3%)	5.8% (± 0.6%)

** Current smoking and smokeless prevalence include both English and Spanish language surveys.

Youth Tobacco Use

Current Cigarette Smoking (2000-2004)



Current Smoking (2004)

	All 10 th Graders
Skagit County	14.1% (± 2.4%)
Region**	14.7% (± 1.2%)
Washington State	13.0% (± 1.4%)

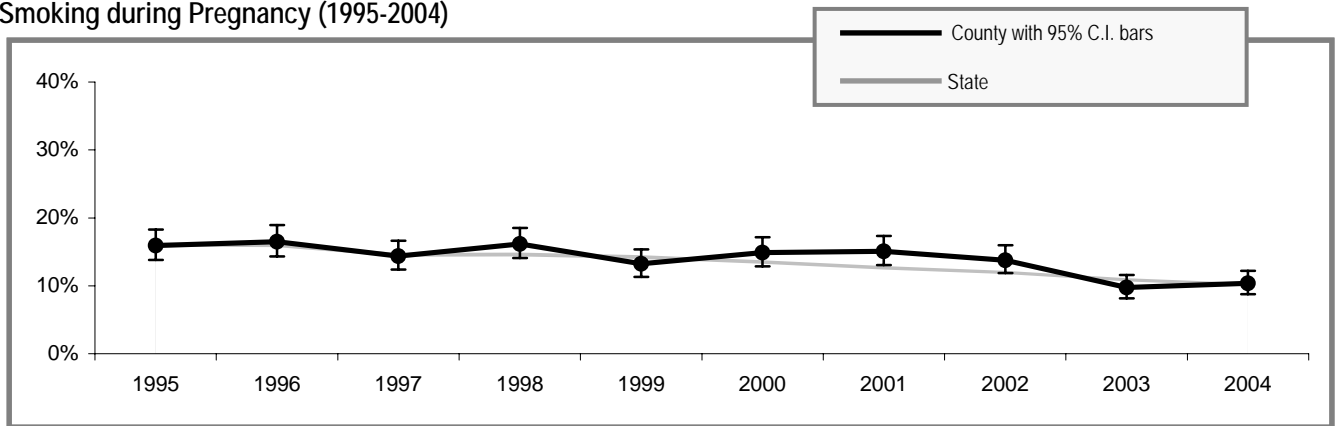
Current Smokeless Tobacco Use (2004)

	All 10 th Graders	10 th Grade Males only
Skagit County	6.7% (± 1.6%)	11.3% (± 3.1%)
Region**	3.4% (± 0.8%)	8.6% (± 1.6%)
Washington State	4.9% (± 0.6%)	8.0% (± 1.2%)

** Region includes school districts in Island, San Juan, Skagit, Snohomish and Whatcom counties.

Tobacco Use by Pregnant Women

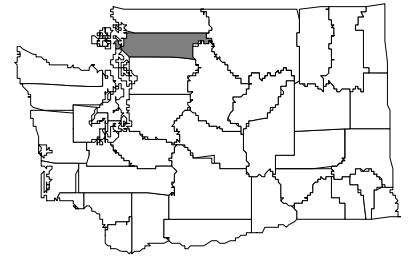
Smoking during Pregnancy (1995-2004)



People Affected in Skagit County

2000 population: 102,979

- 13,400 adults smoke
- 2,300 adults use smokeless tobacco
- 160 infants are born annually to mothers who smoke during pregnancy
- 1,100 youth smoke
- 500 youth use smokeless tobacco
- 14,300 adults are exposed to secondhand smoke
- 3,600 youth are exposed to secondhand smoke
- 120 cancers diagnosed each year are smoking-related
- 200 adults die annually from smoking-related causes



Community Indicators for Skagit County

- All restaurants and bars are now completely smokefree
- 83% of households have a ban on smoking (95% C.I. \pm 4%)
- 5% of retailers sold tobacco products to minors
- 34% of 10th graders say tobacco is "hard to get" (95% C.I. \pm 5%)
- 20 tobacco industry sampling event occurred in the past year – 82 samples were distributed
- 302 people called the Quitline in the past year
- 49% of smokers tried to quit in the past year (95% C.I. \pm 10%)
- 58% of tobacco users who had a healthcare visit in the past year were advised to quit by a healthcare professional (95% C.I. \pm 8%)
- 20% of tobacco users did not have a healthcare visit in the past year (95% C.I. \pm 6%)
- 32% of smokers who have health insurance say that their insurance covers help in quitting smoking, such as counseling or nicotine patches (95% C.I. \pm 12%)
- 37% of smokers with health insurance do not know if it covers help in quitting smoking (95% C.I. \pm 12%)

Priorities for Tobacco Prevention and Control

- Preventing Youth from Initiating Tobacco Use
- Increasing Tobacco Cessation
- Eliminating Exposure to Secondhand Smoke
- Identifying and Eliminating Tobacco-Related Disparities in High Risk Groups

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