

## INFANT 0 < 6 MONTHS FULLY FORMULA FED – SOLIDS ASSESSMENT QUESTIONS

QUESTION	RISK/PURPOSE
<b>I am going to ask you some questions about your baby’s health and nutrition; then we will come back and address any concerns or questions that you may have.</b>	Rapport building
How is your baby doing?	Rapport building
1. Has your doctor identified any health problems or medical conditions for your baby? • (If yes) Tell me more.	<Select appropriate medical risk(s)>
2. Has your baby had any major surgeries or serious injuries or burns? • (If yes) Tell me more.	Recent Major Surgery, Trauma, Burns
3. Is your baby taking any medications? • (If yes) Tell me more.	Drug Nutrient Interactions
4. Do you give vitamins or other dietary supplements to your baby? • (If yes) What and how much?	<b>Inappropriate or Excessive Supplements</b>
5. Tell me how formula feeding is going. • How do you know when your baby is hungry? When he/she is full? • How much formula does your baby drink in 24 hours? • Does your baby drink iron fortified formula? • <b>(If drinking less than 17 ounces of formula per day)</b> Is your baby getting a vitamin D supplement? • In addition to what WIC provides, how many cans of formula do you buy each month?	Not Supporting Development/ Feeding Relationship, Inadequate Vitamin/Mineral Supplementation, <b>Very Restrictive Feeding</b>
6. Tell me how you prepare your baby’s formula. • How much water and how much formula do you use? • What type of water do you use to prepare the formula? (Evaluate for safe water supply)	Inappropriate Formula Dilution, Unsafe Handling/Storage of Breastmilk/Formula
7. How long do you store formula after it is prepared? • What do you do with formula left in the bottle after a feeding? • If you are going out with your baby for the day, how do you prepare and store the formula?	Unsafe Handling/Storage of Breastmilk/Formula
8. Does your baby fall asleep with a bottle? • (If yes) Are you holding your baby? • (If yes) What is in the bottle? • Do you ever put cereal in the bottle?	Inappropriate Use of Bottle/Cup
9. What else do you give your baby to drink? How much? (Evaluate for cow’s milk, goat’s milk, sports drinks, sweetened drinks, etc...)	Inappropriate Substitute for Breastmilk/Formula, Inappropriate Use of Bottle/Cup, Feeding Sugar-containing Drinks

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10.	Have you offered your baby a cup? <ul style="list-style-type: none"> <li>• (If yes) What do you put in the cup?</li> </ul>	Inappropriate Use of Bottle/Cup
11.	What solid foods does your baby eat? <ul style="list-style-type: none"> <li>• How much?</li> <li>• Have you given your baby finger foods? (peas, cut up bananas, Cheerios)</li> <li>• Does your baby eat grapes, raisins, nuts, popcorn, or chips?</li> </ul>	Early Introduction of Solids (< 4 months), Not Supporting Development/Feeding Relationship
12.	Does your baby: <ul style="list-style-type: none"> <li>-Have honey on his/her pacifier or eat honey graham crackers?</li> <li>-Drink raw milk or fresh squeezed juice?</li> <li>-Eat hot dogs that haven't been heated?</li> <li>-Eat raw or runny eggs?</li> </ul>	Potentially Contaminated Foods
13.	Do you limit any foods for your baby for any reason?	<b>Very Restrictive Feeding Food Allergy,</b> Lactose Intolerance
<b>We ask everyone the following questions, they have to do with health and safety.</b>		Transition
14.	Does anyone smoke inside your home? <ul style="list-style-type: none"> <li>• (If yes) Tell me more.</li> </ul>	Secondhand Smoke
15.	Is there anyone in your life who is hurting you or your baby? <ul style="list-style-type: none"> <li>• (If yes) Tell me more.</li> </ul>	Recipient of Abuse (past 6 months)
<p><b>Note:</b> During the risk interview consider the following additional risks that are not included in the previous questions:</p> <ul style="list-style-type: none"> <li style="width: 50%;">• <b>Slow Weight Gain</b></li> <li style="width: 50%;">• Caregiver with Limited Ability to Make Feeding Decisions</li> <li style="width: 50%;">• Foster Care (past 6 months)</li> <li style="width: 50%;">• Migrancy</li> <li style="width: 50%;">• Caregiver with Alcohol/Drug Addiction</li> <li style="width: 50%;">• Homelessness</li> <li style="width: 50%;">• Maternal Substance Use (during pregnancy)</li> <li style="width: 50%;">• Pri 2-Infant of WIC Eligible Mom (&lt; 6 Months)</li> </ul>		
<b>If no risks have been identified, assign:</b> Not Meeting Feeding Guidelines (4-12 months)		



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