

WASHINGTON STATE WIC POLICY AND PROCEDURE MANUAL



Washington State WIC
Nutrition Program

VOLUME 1, CHAPTER 23

WIC Foods



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POLICY: Food Packages

A Competent Professional Authority, CPA, shall assess a client's nutritional needs and determine an appropriate food package, considering the client's category, age, nutritional needs and any other relevant information. The amount of supplemental foods issued shall not exceed the specified maximum amounts.

All staff shall be allowed to assign the standard food package for the client's category at the Presume Eligible (PE) or Enroll Infant (EN) appointments. The CPA shall be required to assign the food package at these appointments when the client requires a change from the standard food package. The CPA shall assess the food package of these clients at the completion of the certification appointment.

Note: Federal regulations define supplemental foods as "those foods containing nutrients determined to be beneficial for pregnant, breastfeeding, and postpartum women, infants and children, and foods that promote the health of the population served by the program, as indicated by relevant nutrition science, public health concerns, and cultural eating patterns."

Staff shall notify the client/caregiver that food purchased using WIC checks and WIC fruit and vegetable checks shall be used for the client only. Clients/caregivers shall have the option to buy less food but not more food than amounts listed on the WIC check. Clients/caregivers shall have the option to pay the extra amount when the purchase of fresh fruits and vegetables exceeds the dollar amount on the WIC fruit and vegetable check. Refer to Volume 1, Chapter 22- WIC Checks for policies on issuing WIC checks and educating clients about how to use them at the store.

PROCEDURE:

The CPA:

- A. Assesses the standard food package and determines the need to make changes on an individual basis to meet the specific needs of a client, taking into consideration the following issues:
 - 1. Category.
 - 2. Age.
 - 3. Feeding method for infant.
 - 4. The kinds and amounts of foods.
 - 5. Dietary/nutritional concerns.
 - 6. Food preferences.

7. Storage and cooking facilities.
8. Transportation issues.
9. Any other concerns which would affect the food package prescription.

Note: Standard food packages have been determined for each client category in Client Services. These food packages have been established by the State WIC Nutrition Consultant and determined to be applicable for the majority of clients.

- B. Adjusts the standard food package when necessary to meet the nutritional needs of the client.
- C. Selects the food packages for enrolled infants and presumed eligible pregnant women when a change in the standard food package is necessary.
- D. Assesses the food package for enrolled infants and presumed eligible pregnant women at the completion of the certification (CC) appointment.
- E. Records that he/she has determined the food package by pressing the finish button on a certification wizard in Client Services.

Information:

The WIC food packages align with the Dietary Guidelines for Americans and current infant feeding practice guidelines of the American Academy of Pediatrics. The WIC food packages are designed to promote and support the establishment of successful long-term breastfeeding, provide WIC clients with a wide variety of food, and provide staff flexibility in prescribing food packages to accommodate clients with cultural food preferences.

Note: Refer to www.doh.wa.gov/cfh/wic/wicfoods.htm for an overview of Washington State WIC approved foods.

Maximum Monthly Allowances of Supplemental Foods for Infants

Age and Feeding Method	Formula	Baby Cereal	Baby Food Fruits and Vegetables	Baby Food Meat
Fully Breastfed				
0 thru 5 Months	None	None	None	None
6 to 12 Months	None	24 oz	64 – 4 oz jars	31 – 2.5 oz jars
Partially Breastfed				
1 thru 3 Months	364 fl. oz. reconstituted liquid concentrate, or 384 fl. oz. Ready-to Feed, or 435 fl. oz. reconstituted powder	None	None	None
4 thru 5 Months	442 fl. oz. reconstituted liquid concentrate, or 448 fl. oz. Ready-to Feed, or 522 fl. oz. reconstituted powder	None	None	None
6 to 12 Months	312 fl. oz. reconstituted liquid concentrate, or 320 fl. oz. Ready-to Feed, or 384 fl. oz. reconstituted powder	24 oz	32 – 4 oz jars	None
Some Breastfed*				
0 thru 3 Months	Up to amounts for Fully Formula	None	None	None
4 thru 5 Months	Up to amounts for Fully Formula	None	None	None
6 to 12 Months	Up to amounts for Fully Formula	24 oz	32 – 4 oz jars	None
Fully Formula Fed				
0 thru 3 Months	806 fl. oz. reconstituted liquid concentrate, or 832 fl. oz. Ready-to Feed, or 870 fl. oz. reconstituted powder	None	None	None
4 thru 5 Months	884 fl. oz. reconstituted liquid concentrate, or 896 fl. oz. Ready-to Feed, or 960 fl. oz. reconstituted powder	None	None	None
6 to 12 Months	624 fl. oz. reconstituted liquid concentrate, or 640 fl. oz. Ready-to Feed, or 696 fl. oz. reconstituted powder	24 oz	32 – 4 oz jars	None

* Breastfeeding infants age 1 to 12 months who receive more than ½ the amount of formula in an infant formula food package, are documented as “Some BF”. After a Breastfeeding Review the CPA issues the minimum amount of formula to meet the needs of the breastfeeding dyad.

To view the number of cans of formula, refer to the “Maximum Monthly Allowances of Supplemental Foods for Formula Feeding Infants” tables at the back of “Food for Infants Birth to One Month” policy, “Food for Infants 4 to 5 Months” policy and the “Food for Infants 6 to 12 Months” policy in this chapter.

Maximum Monthly Allowances of Supplemental Foods for Children and Women

Foods	Children	Women		
	1 to 5 years	Pregnant Partially Breastfeeding (up to 1 year postpartum)	Postpartum (up to 6 months postpartum) Some Breastfeeding (up to 6 months postpartum)	Fully Breastfeeding (up to 1 year postpartum) * Pregnant with Multiples Partially Breastfeeding Multiples
Juice	2 - 64 oz containers	3 - 11.5 or 12 oz frozen or 46 oz cans	2 - 11.5 or 12 oz frozen or 46 oz cans	3 - 11.5 or 12 oz frozen or 46 oz cans
Milk	16 quarts	22 quarts	16 quarts	24 quarts
Cereal	36 oz	36 oz	36 oz	36 oz
Cheese 3 qt milk = 1 lb cheese	No more than 1lb without qualifying medical diagnosis	No more than 1 lb without qualifying medical diagnosis	No more than 1 lb without qualifying medical diagnosis	1 lb plus no more than 2 additional pounds without qualifying medical diagnosis
Eggs	1 dozen	1 dozen	1 dozen	2 dozen
Fresh fruits and vegetables	\$6.00	\$8.00	\$8.00	\$10.00
100% Whole wheat bread, whole corn tortillas, brown rice oatmeal, or bulgur	2 lbs	1 lb	N/A	1 lb
Tuna or salmon	N/A	N/A	N/A	30 oz
Dried beans, peas, lentils or Peanut butter	1 lb or 1 jar 16-18 oz	2 lbs or 2 jars 16-18 oz or 1 each	1 lb or 1 jar 16-18 oz	2 lbs or 2 jars 16-18 oz or 1 each

* Women fully breastfeeding multiples receive 1 ½ times the amount of food received in a fully breastfeeding food package.

POLICY: Food for Infants Birth to One Month

For fully breastfeeding and partially breastfeeding infants, age birth to one month, staff shall provide support to assure successful establishment of breastfeeding. No formula shall be routinely issued.

When a breastfeeding infant requires formula during the first month (up to the day of the one month birthday), a CPA trained in breastfeeding support shall complete a Breastfeeding Review before issuing formula. Staff shall issue a minimum number of cans of formula to support the breastfeeding dyad. Refer to Volume 1, Chapter 15 – Breastfeeding for guidance on how to complete a Breastfeeding Review.

Note: Refer to the “Issuing Formula to Breastfeeding Infants” policy in this chapter for guidance when the breastfeeding woman requests formula for her infant.

For fully formula feeding infants, age birth to one month, staff shall issue checks for the Formula 0 thru 3 Months Food Package which consists of iron fortified formula.

Note: The number of cans of iron fortified formula depends on the brand of formula and physical form (powder, liquid concentrate, ready-to-feed). A fully formula feeding infant would receive 9 cans of Similac Advance, powder.

PROCEDURE:

A. For breastfeeding infants the CPA:

1. Provides breastfeeding support.
2. Completes a Breastfeeding Review when the breastfeeding woman requests formula for her infant. Refer to Volume 1, Chapter 15 – Breastfeeding.
 - a. Counsels the breastfeeding woman about the negative effect that formula supplementation has on breastmilk production

Note: A CPA trained in breastfeeding support completes the Breastfeeding Review.

3. Determines whether formula is needed and issues the minimum amount of formula that meets the needs of the breastfeeding dyad.
 - a. Follow these procedures when the woman has not received a Fully BF Food Package:
 1. Select a Formula 0 thru 3 Month Food Package for the infant and issue the minimum amount of formula to meet the needs of the breastfeeding dyad.

2. Select and issue the Pregnant Food Package for the woman who participated in WIC during pregnancy.
 3. Select and issue the Postpartum Food Package for the woman who did not participate in WIC during pregnancy.
- b. Follow these procedures when the woman has received and used some or all checks for a Fully BF Food Package:
1. Select a Some BF 0 to 1 Month Food Package for the infant and issue one can of powder formula as per federal regulation.

Note: In the rare case when the breastfeeding infant needs formula in the first month of life, best practice is to issue only one set of checks and schedule an appointment for the following month to assess how the breastfeeding is going.

B. For infants who receive formula the CPA:

1. Explains to the caregiver of the infant using formula the contents of and how the foods provided in the food package relate to a healthy diet.
2. Explains that the WIC program is not intended to supply all of the formula or meet all of the nutritional needs for infants, and that the caregiver will have to purchase additional formula as the infant gets older.
3. Assures that the caregiver understands how to store, mix, and keep the formula safe after it has been prepared.
4. Determines the appropriate food package and issues checks for the infant who requires formula.

Information:

A dyad is defined as two individuals (or units) regarded as a pair i.e. in WIC the breastfeeding mother and breastfeeding infant are considered a breastfeeding dyad.

POLICY: Food for Infants One Month through Three Months

For fully breastfeeding infants, staff shall provide support to assure successful breastfeeding. No formula shall be routinely issued.

A CPA trained in breastfeeding support shall complete a Breastfeeding Review before issuing any formula to breastfeeding infants. Staff shall issue a minimum number of cans of formula to support the breastfeeding dyad. Refer to Chapter 15 – Breastfeeding for guidance on how to complete a Breastfeeding Review.

Note: Powder formula is the preferred physical form of formula to provide to the breastfeeding infant.

For partially breastfeeding infants, requiring no more than ½ the amount of formula in a Formula 0 thru 3 Months Food Package, staff shall select the Partially BF 1 thru 3 Months Food Package and issue the minimum amount of formula required.

For infants doing some breastfeeding, requiring more than ½ the amount of formula in a Formula 0 thru 3 Months Food Package, staff shall select the Some BF 1 thru 3 Months Food Package and issue the minimum amount of formula required.

For fully formula fed infants, staff shall select the Formula 0 thru 3 Months Food Package which consists of iron fortified formula.

Note: The number of cans of iron fortified formula depends on the brand of formula and physical form (powder, liquid concentrate, ready-to-feed). A fully formula feeding infant would receive 9 cans of Similac Advance, powder.

PROCEDURE:

- A. For breastfeeding infants the CPA:
1. Provides breastfeeding support.
 2. Completes a Breastfeeding Review when the breastfeeding woman requests formula for her infant. Refer to Volume 1, Chapter 15 – Breastfeeding.
 - a. Counsels the breastfeeding woman about the negative effect that formula supplementation has on breastmilk production.
 - b. Explains that fully breastfeeding women receive the full amount of food and will receive a smaller food package if she accepts formula from WIC for her infant.

Note: A CPA trained in breastfeeding support completes the Breastfeeding Review.

3. Issues the minimum amount of formula that meets the needs of the breastfeeding dyad.
- B. For infants who receive formula the CPA:
1. Explains to the caregiver the contents of and how the provided in the food package relate to a healthy diet.
 2. Explains that the WIC program is not intended to supply all of the formula or meet all of the nutritional needs for infants, and that the caregiver will have to purchase additional formula as the infant gets older.
 3. Assures that the caregiver understands how to store, mix, and keep the formula safe after it has been prepared.
 4. Determines the appropriate food package and issues checks for the infant who requires formula.

**Maximum Monthly Allowances of Supplemental Foods for
Formula Fed Infants Birth through 3 Months**

Standard Formulas All are iron fortified	Unit	Maximum # of Cans for fully formula fed infants birth through 3 months	Maximum # of Cans for partially breastfed infants 1 through 3 months
Powder Formulas			
Milk based			
Similac Advance	12.9 oz	9	4
Similac Sensitive	12.9 oz	9	4
Soy based			
Similac Isomil Advance	12.9 oz	9	4
Concentrate Formulas			
Milk based			
Similac Advance	13 oz	31	14
Similac Sensitive	13 oz	31	14
Soy based			
Similac Isomil Advance	13 oz	31	14
Ready To Feed Formulas			
Milk based			
Similac Advance	32 oz	26	12
Similac Sensitive	32 oz	26	12
Soy based			
Similac Isomil Advance	32 oz	26	12
Therapeutic Formulas			
Enfamil EnfaCare LIPIL	12.8 oz powder	10	5
	1 QT RTU	26	12
Nutramigen LIPIL	12.6 oz powder	10	5
	13oz concentrate	31	14
	1 QT RTU	26	12
Good Start Gentle PLUS	12 oz powder	10	5
	13 oz concentrate	31	14
	1 QT RTF	26	12
Similac Sensitive R.S.	12.9 powder	9	4
	1 QT RTF	26	12
Similac NeoSure	12.8 oz powder	10	5
	1 QT RTF	26	12
Similac Alimentum	16 oz powder	7	3
	1 QT RTF	26	12

POLICY: Food for Infants Four through Five Months

For fully breastfeeding infants, staff shall provide support to assure successful breastfeeding. No formula shall be routinely issued.

A CPA trained in breastfeeding support shall complete a Breastfeeding Review before issuing any formula to breastfeeding infants. Staff shall issue a minimum number of cans of formula to support the breastfeeding dyad. Refer to Chapter 15 – Breastfeeding for guidance on how to complete a Breastfeeding Review.

Note: Powder formula is the preferred physical form of formula to provide to the breastfeeding infant.

For partially breastfeeding infants, requiring no more than ½ the amount of formula in a Formula 4 thru 5 Months Food Package, staff shall select the Partially BF 4 thru 5 Months Food Package and issue the minimum amount of formula required.

For infants doing some breastfeeding, requiring more than ½ the amount of formula in a Formula 4 thru 5 Months Food Package, staff shall select the Some BF 4 thru 5 Months Food Package and issue the minimum amount of formula required.

For fully formula fed infants, staff shall select the Formula 4 thru 5 Months Food Package which consists of iron fortified formula.

Note: The number of cans of formula depends on the brand of formula and physical form (powder, liquid concentrate, ready-to-feed). A fully formula feeding infant age four through five months would receive 10 cans of Similac Advance, powder.

PROCEDURE:

- A. For breastfeeding infants the CPA:
1. Provides breastfeeding support.
 2. Completes a Breastfeeding Review when the breastfeeding woman requests formula for her infant. Refer to Volume 1, Chapter 15 – Breastfeeding.
 - a. Counsels the breastfeeding woman about the negative effect that formula supplementation has on breastmilk production.
 - b. Explains that fully breastfeeding women receive the full amount of food and will receive a smaller food package if she accepts formula from WIC for her infant.

Note: A CPA trained in breastfeeding support completes the Breastfeeding Review.

3. Issues the minimum amount of formula that meets the needs of the breastfeeding dyad.

B. For infants who receive formula the CPA:

1. Explains to the caregiver the contents of and how the foods provided in the food package relate to a healthy diet.
2. Explains that the WIC program is not intended to supply all of the formula or meet all of the nutritional needs for infants, and that the caregiver has to purchase additional formula as the infant gets older.

Note: To help meet the nutritional needs of infants, age 4 thru 5 months, an additional can of formula is provided, as compared to infants age 0 thru 3 months.

3. Assures that the caregiver understands how to store, mix, and keep the formula safe after it has been prepared.
4. Determines the appropriate food package and issues checks for the infant who requires formula.

**Maximum Monthly Allowances of Supplemental Food for
Formula Feeding Infants 4 through 5 Months**

Standard Formulas All are iron fortified	Unit	Maximum # of Cans for fully formula fed infants 4 through 5 months	Maximum # of Cans for partially breastfed infants 4 through 5 months
Powder Formulas			
Milk-based			
Similac Advance	12.9 oz	10	5
Similac Sensitive	12.9 oz	10	5
Soy-based			
Similac Isomil Advance	12.9 oz	10	5
Concentrate Formulas			
Milk-based			
Similac Advance	13 oz	34	17
Similac Sensitive	13 oz	34	17
Soy-based			
Similac Isomil Advance	13 oz	34	17
Ready To Feed Formulas			
Milk-based			
Similac Advance	32 oz	28	14
Similac Sensitive	32 oz	28	14
Soy-based			
Similac Isomil Advance	32 oz	28	14
Therapeutic Formulas All are iron fortified			
Enfamil EnfaCare LIPIL	12.8 oz powder	11	6
	1 QT RTU	28	14
Nutramigen LIPIL	12.6 oz powder	11	5
	13oz concentrate	34	17
	1 QT RTU	28	14
Good Start Gentle PLUS	12 oz powder	11	6
	13 oz concentrate	34	17
	1 QT RTF	28	14
Similac Sensitive R.S.	12.9 powder	10	5
	1 QT RTF	28	14
Similac NeoSure	12.8 oz powder	11	6
	1 QT RTF	28	14
Similac Alimentum	16 oz powder	8	4
	1 QT RTF	28	14

POLICY: Food for Infants Six to Twelve Months

For fully breastfeeding infants, staff shall issue checks for the Fully BF 6 to 12 Months Food Package which consists of baby cereal, baby food fruits, baby food vegetables, and baby food meat. Staff shall provide support to assure successful breastfeeding. No formula shall be routinely issued.

A CPA trained in breastfeeding support shall complete a Breastfeeding Review before issuing any formula to breastfeeding infants. Staff shall issue a minimum number of cans of formula to support the breastfeeding dyad. Refer to Chapter 15 – Breastfeeding for guidance on how to complete a Breastfeeding Review.

Note: Powder formula is the preferred physical form of formula to provide to the breastfeeding infant.

For partially breastfeeding infants requiring no more than ½ the amount of formula in a Formula 6 to 12 Months Food Package, staff shall select the Partially BF 6 to 12 Months Food Package which consists of iron fortified formula, baby cereal, baby food fruits and baby food vegetables. Staff shall issue the minimum amount of formula required to support the breastfeeding dyad.

For infants doing some breastfeeding and requiring more than ½ the amount of formula in a Formula 6 to 12 Months Food Package, staff shall select the Some BF 6 to 12 Months Food Package which consists of iron fortified formula, baby cereal, baby food fruits and baby food vegetables. Staff shall issue the minimum amount of formula required to support the breastfeeding dyad.

For fully formula fed infants, staff shall select a Formula 6 to 12 Months Food Package which consists of iron fortified formula, baby cereal, baby food fruits and baby food vegetables.

Note: The number of cans of formula depends on the brand of formula and physical form (powder, liquid concentrate, ready-to-feed). A fully formula feeding infant age six to twelve months would receive 7 cans of Similac Advance, powder.

PROCEDURE:

- A. For breastfeeding infants the CPA:
1. Provides breastfeeding support.
 2. Completes a Breastfeeding Review when the breastfeeding woman requests formula for her infant. Refer to Volume 1, Chapter 15 – Breastfeeding.
 - a. Counsels the breastfeeding woman about the negative effect that formula supplementation has on breastmilk production.

- b. Explains that fully breastfeeding women receive the full amount of food and will receive a smaller food package if she accepts formula from WIC for her infant.

Note: A CPA trained in breastfeeding support completes the Breastfeeding Review.

3. Educates the caregiver about how to use and keep baby food fruits and vegetables and baby food meat safe after it has been opened.
4. Issues the minimum amount of formula that meets the needs of the breastfeeding dyad.

B. For infants who receive formula the CPA:

1. Explains that the WIC program is not intended to supply all of the formula or meet all the nutritional needs for infants, and that the caregiver has to purchase additional formula and food.
2. Educates the caregiver about how to use and keep baby food fruits and vegetables safe after it has been opened.
3. Assures that the caregiver understands how to store, mix, and keep the formula safe after it has been prepared.

C. For all infants the CPA:

1. Explains to the caregiver that when infants, age 6 to 12 months, receive baby cereal and baby food fruits and baby food vegetables, the number of cans of supplemental formula is decreased.
2. Assesses the need to reduce the client's foods to better meet the client's nutrition needs and/or caregiver preferences.
3. Explains to the caregiver the contents of and how the foods provided in the 6 to 12 month food package relate to a healthy diet.
4. Determines the appropriate foods and issues checks.

Information:

In WIC "6 to 12 months" is defined as "in the month the infant turns 6 months old until the day of the first birthday".

Maximum Monthly Allowances of Supplemental Foods for Infants 6 to 12 Months

Standard Formulas All are iron fortified	Unit	Maximum # of Cans for fully formula fed infants 6 to 12 months	Maximum # of Cans for partially breastfed infants 6 to 12 months
Powder Formulas			
Milk based			
Similac Advance	12.9 oz	7	4
Similac Sensitive	12.9 oz	7	4
Soy based			
Similac Isomil Advance	12.9 oz	7	4
Concentrated Formulas			
Milk based			
Similac Advance	13 oz	24	12
Similac Sensitive	13 oz	24	12
Soy based			
Similac Isomil Advance	13 oz	24	12
Ready To Feed Formulas			
Milk-based			
Similac Advance	32 oz	20	10
Similac Sensitive	32 oz	20	10
Soy-based			
Similac Isomil Advance	32 oz	20	10
Therapeutic Formulas			
	Unit		
Enfamil EnfaCare LIPIL	12.8 oz powder	8	4
	1 QT RTU	20	10
Nutramigen LIPIL	12.6 oz powder	8	4
	13oz concentrate	24	12
	1 QT RTU	20	10
Good Start Gentle PLUS	12 oz powder	8	4
	13 oz concentrate	24	12
	1 QT RTF	20	10
Similac Sensitive R.S.	12.9 powder	7	4
	1 QT RTF	20	10
Similac NeoSure	12.8 oz powder	8	4
	1 QT RTF	20	10
Similac Alimentum	16 oz powder	6	3
	1 QT RTF	20	10
PediaSure *	8 oz RTF	78	36
any flavor, with or without fiber	6 bottles per pack	(13 six packs)	(6 six packs)

* PediaSure is allowed for infants only with permission from the Washington State WIC Nutrition office. Refer to Volume 1, Chapter 24 - WIC Prescriptions for more information.

Maximum Monthly Allowances of Supplemental Foods for Infants 6 to 12 Months

Food	Feeding Method	Maximum Amount 6 to 12 months
Baby Cereal	All infants 6 to 12 months	24 oz
Baby Food Fruits and Baby Food Vegetables	Fully Breastfeeding	64 - 4 oz jars
	Partially Breastfeeding & Formula fed	32 - 4 oz jars
Baby Food Meats	Fully Breastfeeding	31 – 2.5 oz jars

POLICY: Issuing Formula to Breastfeeding Infants

For all breastfeeding infants, staff shall provide support to assure continued successful breastfeeding. Formula shall not be routinely issued.

A CPA trained in breastfeeding support shall complete a Breastfeeding Review before issuing any formula or additional amount of formula to breastfeeding infants. Staff shall issue a minimum number of cans of formula to support the breastfeeding dyad. Refer to Chapter 15 – Breastfeeding for guidance on how to complete a Breastfeeding Review.

Note: Powder formula is the preferred physical form of formula to provide to the breastfeeding infant.

If a CPA is not available to do the Breastfeeding Review and assign the food package:

1. Formula shall not be issued, or the amount of formula given to the infant shall not be increased.
2. Schedule the client for a Breastfeeding Review.

Note: A Breastfeeding Review may be done on the phone.

After completing the Breastfeeding Review, the CPA shall select the appropriate food package for the infant based on the infant's age and the amount of breastfeeding.

1. In the rare case when the breastfeeding infant age birth up to the day of the one month birthday requires any amount of formula:
 - a. Counsel the breastfeeding woman about the negative effect that formula supplementation has on breastmilk production.
 - b. Select a Formula 0 thru 3 Month Food Package for the infant and issue the minimum amount of formula to meet the needs of the breastfeeding dyad. Issue the mom the appropriate food package; either a Pregnant Food Package if she was on WIC during the pregnancy or the Postpartum Food Package if she did not participate in WIC during pregnancy.
 - c. Select a Some BF 0 to 1 Month Food Package for the infant and issue one can of powder formula when the mom has received and used some or all checks for a Fully BF Food Package, as per federal regulation.

Note: In the rare case when the breastfeeding infant needs formula in the first month of life, best practice is to issue only one set of checks.

2. When the infant age 1 month up to the day of the first birthday, requires less than ½ the amount of formula in an infant food package, staff shall select the Partially BF Food Package.

3. When the infant age 1 month up to the day of the first birthday, requires more than $\frac{1}{2}$ the amount of formula (up to the full amount of formula) in an infant food package, staff shall select the Some BF Food Package.

The CPA shall inform the client to notify WIC staff when her infant is no longer breastfeeding.

PROCEDURE:

The CPA:

- A. Provides breastfeeding support.
- B. Informs the breastfeeding woman about the negative effect that formula supplementation has on breastmilk production especially if the infant is less than one month old.
- C. Completes a Breastfeeding Review of the breastfeeding dyad to determine the minimal amount of formula needed, if any, to meet the nutritional needs of the infant and mother.

Note: A CPA trained in breastfeeding support completes the Breastfeeding Review. Staff shall counsel breastfeeding women on how to maintain/increase milk production and the effect of formula supplementation on breastmilk production prior to issuing any formula checks for her infant. The minimum amount of formula that meets the mother/infant needs shall be provided to a breastfeeding infant. Refer to Volume 1, Chapter 15 - Breastfeeding.

- D. Informs the breastfeeding woman how her food package changes if she accepts any formula for her infant.
 1. A fully breastfeeding woman receives the full amount of food.
 2. The partially breastfeeding woman receives a smaller food package equal to the Pregnant Food Package.
 3. The breastfeeding woman who continues to do some breastfeeding but is receiving more than $\frac{1}{2}$ the amount of formula in an infant food package for her infant age 1 through 6 months, receives a food package equal to the Postpartum Food Package.
 4. The breastfeeding woman, whose infant age 7 to 12 months receives more than $\frac{1}{2}$ the amount of formula in an infant food package, does not receive WIC checks. She is assigned a Some BF 7 to 12 Months Food Package and continues to be counted as participating and supported as a breastfeeding woman.

E. Issues powder formula as the preferred formula type when supplementing the breastfeeding infant. Concentrate and ready to feed formulas are not appropriate as the opened formula is required to be used in a short period of time.

F. Determines the appropriate foods and issues checks for the minimal amount of supplemental formula that meets the needs of the breastfeeding dyad.

Note: Refer to the following policies in this chapter: “Food for Infants One through Three Months”, “Food for Infants Four through Five Months”, and “Food for Infants Six to Twelve Months.” A “Maximum Monthly Allowances of Supplemental Food for Formula Fed Infants” table follows each policy.

G. Follows the procedures listed above when a breastfeeding woman returns within the same month to request additional formula and her infant has not yet received the maximum amount allowed within the infant's food package. For example, staff provides breastfeeding support, complete the Breastfeeding Review and provide the minimum amount of formula needed.

1. Checks for additional foods cannot be issued retroactively for the previous month.

2. When the client returns the following month requesting additional formula, issue the amount needed in the current month's checks.

Example: If a client received two cans of infant formula on May 25th and comes in requesting two additional cans of formula for her partially breastfeeding infant on June 5th; staff would issue the appropriate amount of formula on the infant's June checks. The CPA trained in providing breastfeeding support completes a Breastfeeding Review and issues a minimum amount of formula.

H. Informs client about her responsibility to tell WIC staff if her infant is no longer breastfeeding or requires additional breastfeeding support.

Note: Most mothers call the clinic requesting formula when breastfeeding has stopped. If the breastfeeding woman has already received checks for the month breastfeeding has stopped, she may keep them. Checks for future months shall be returned and voided.

Information:

In all cases the breastfeeding woman is encouraged to continue breastfeeding.

POLICY: Food for Infants in the Month They Turn One Year Old

In the month an infant turns 12 months old, the CPA shall determine and issue the appropriate food package based on the age and the nutritional needs of the client before issuing WIC checks.

1. For infants who have not reached the first birthday, staff shall issue an infant food package based on the breastfeeding status.
2. For children who have reached the first birthday, staff shall issue a Child 1 Year Food Package.

Children with a likelihood of a qualifying medical diagnosis who require formula and have reached their first birthday shall be referred to a medical provider for a qualifying medical diagnosis and a completed WIC Prescription Form. Refer to Volume 1, Chapter 24 - WIC Prescriptions.

PROCEDURE:

The CPA:

- A. Determines the age and nutritional needs of the client before issuing checks.
- B. Has the option to schedule the recertification appointment after the child's first birthday for caregivers requesting a Child 1 Year Food Package.

Note: Staff has the option to schedule the recertification appointment in the 13th month when the food package will automatically change to a Child 1 Year Food Package.

- C. Explains to the fully or partially breastfeeding woman that when her child turns 12 months old and receives a Child 1 Year Food Package, she will no longer receive WIC checks.
- D. Explains the contents of and how the food provided in the food package relates to a healthy diet.
- E. Explains that the WIC program is not intended to supply all of the food or meet all the nutritional needs of clients.
- F. Assures that the caregiver is familiar with and understands how to purchase and safely store the foods.
- G. Determines the appropriate foods and issues checks.

Issuing Checks in the Month the Child Turns One Year Old

In the month the child turns one year old	Food package	Comments
Fully formula feeding infant receiving checks before 1 year birth date	Formula 6 to 12 Months	Caregiver has the option to return after one year birth date to have checks replaced with child's food package. Partial sets are not replaced.
Fully formula feeding infant receiving checks on the day of or after one year birth date	Child 1 Year	A medical provider provides a completed WIC Prescription Form with a qualifying medical diagnosis for any child requiring formula. Refer to Chapter 24.
Partially breastfeeding infant receiving checks before one year birth date	Partially BF 6 to 12 Months	Breastfeeding woman receiving no more than ½ the amount of formula in a Formula 6 to 12 months for their infant receive a Partially BF food package.
Some breastfeeding infant receiving checks before one year birth date	Some BF 6 to 12 Months	The breastfeeding woman does not receive checks.
Partially or some breastfeeding infant receiving checks on the day of or after one year birth date	Child 1 Year	The breastfeeding woman does not receive checks.
Fully Breastfeeding infant receiving checks before one year birth date	Fully BF 6 to 12 Months	Breastfeeding woman receiving no formula from WIC for her infant is issued Fully BF Food Package.
Fully Breastfeeding infant receiving checks on the day of or after one year birth date	Child 1 Year	The breastfeeding woman does not receive checks.

POLICY: Food for Children 1 to 5 Years

Children ages one to two years (12 months through 23 months) shall receive a Child 1 Year Food Package which consists of whole milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, 100% whole grains, and peanut butter or dried legumes.

Children ages 2 to 5 years (24 months through 60 months) shall receive a Child 2 to 5 Years Food Package which consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, 100% whole grains, and peanut butter or dried legumes.

Note: Three quarts of milk have been substituted for one pound of cheese as part of the standard food package.

Children 1 to 5 shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than one pound of cheese
2. Soy beverage
3. Tofu
4. Whole milk for children 2 to 5 years of age
5. Standard formula
6. Therapeutic formula
7. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions for more information.

PROCEDURE:

The CPA:

- A. Explains to the caregiver the contents of and how the foods provided in the food package relate to a healthy diet.
- B. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- C. Assures the caregiver is familiar with and understands how to purchase and safely prepare and store the foods.
- D. Determines the appropriate foods and issues checks.

Maximum Monthly Allowances of Supplemental Foods for Children

Foods	Children
Juice	2 - 64 oz containers
Milk Fluid, dried, or evaporated	16 quarts
Cereal	36 oz
Cheese Remove 3 qt milk = add 1 lb cheese	No more than 1 lb without qualifying medical diagnosis by a medical provider
Eggs	1 dozen
Fresh fruits and vegetables	\$6.00
100% Whole wheat bread, whole corn tortillas, brown rice, oatmeal, or bulgur	2 lb
Dried beans, peas, lentils or Peanut butter	1 lb or 1 jar 16 -18 oz

POLICY: Food for Pregnant Women

Pregnant women shall receive a Pregnant Food Package up to the last day of the month of the 6 week postpartum period. The Pregnant Food Package consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, 100% whole grains, peanut butter, and dried legumes.

Note: Three quarts of milk have been substituted for one pound of cheese as part of the standard food package.

Pregnant women shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than one pound cheese
2. More than four quarts of milk to be substituted for tofu and/or cheese
3. Whole milk
4. Standard formula
5. Therapeutic formula
6. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions.

PROCEDURE:

The CPA:

- A. Explains to the pregnant woman the contents of and how the foods in a Pregnant Food Package relate to a healthy diet.
- B. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- C. Assures that the client is familiar with and understands how to purchase and safely prepare and store the foods.
- D. Determines the appropriate foods and issues checks.

Maximum Monthly Allowances of Supplemental Foods for Pregnant Women

Foods	Pregnant Women*
Juice	3 - 11.5 or 12 oz frozen cans or 46 oz cans
Milk Fluid, dried or evaporated	22 quarts
Cereal	36 oz
Cheese Remove 3 qt milk = add 1 lb cheese	No more than 1 lb without qualifying medical diagnosis
Eggs	1 dozen
Fresh fruits and vegetables	\$8.00
100% Whole wheat bread, whole corn tortillas, brown rice, oatmeal, or bulgur	1 lb
Dried beans, peas, lentils or Peanut butter	2 lbs or 2 jars 16-18 oz or 1 each

* The Pregnant Food Package includes the same food and amounts of food in the Partially BF food package.

POLICY: Food for Women Pregnant with Multiples

Women pregnant with multiples shall receive a Pregnant with Multiples Food Package up to the last day of the month of the 6 week postpartum period. The Pregnant with Multiples Food Package consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, 100% whole grains, canned fish, peanut butter, and dried legumes and is the same amount of food provided in a Fully BF Food Package.

Women pregnant with multiples shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than two additional pounds of cheese

Note: The Pregnant with Multiples food package includes one pound of cheese which shall not be substituted. It shall only be removed when appropriate.

2. More than six quarts of milk to be substituted for tofu and/or cheese
3. Whole milk
4. Standard formula
5. Therapeutic formula
6. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions.

PROCEDURE:

The CPA:

- A. Explains to the woman pregnant with multiples the contents of and how the foods in a Pregnant with Multiples Food Package relate to a healthy diet.
- B. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- C. Assures that the client is familiar with and understands how to purchase and safely prepare and store the foods.
- D. Determines appropriate foods and issues checks.

**Maximum Monthly Allowances of Supplemental Foods for
Women Pregnant with Multiples**

Foods	Pregnant with Multiples *
Juice	3 - 11.5 or 12 oz frozen cans or 46 oz cans
Milk Fluid, dried or evaporated	24 quarts
Cereal	36 oz
Cheese Remove 3 qt milk = add 1 lb cheese	1 pound No more than 2 additional pounds without qualifying medical diagnosis
Eggs	2 dozen
Fresh fruits and vegetables	\$10.00
100% Whole wheat bread, whole corn tortillas, brown rice, oatmeal, or bulgur	1 lb
Fish canned	30 oz
Dried beans, peas, lentils or Peanut butter	2 lbs or 2 jars 16-18 oz or 1 each

* The Pregnant with Multiples food package includes the same foods and amounts of food as the Fully BF Food Package.

POLICY: Food for Fully Breastfeeding Women

Fully breastfeeding women shall receive a Fully BF Food Package until the day of the infant's one year birthday or until formula is requested for the infant.

The Fully BF Food Package consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, 100% whole grains, canned fish, peanut butter, and dried legumes.

A woman who participated on the WIC program during pregnancy shall have the option to receive the Fully BF Food Package after delivery if she is fully breastfeeding. If the woman received checks earlier in the month for a Pregnant Food Package, she shall have the option to receive the Fully BF Bonus check that provides the extra foods in the Fully BF Food Package.

If the woman received checks for the Fully BF Food Package and returns to the clinic for formula, staff trained in providing breastfeeding support shall complete a Breastfeeding Review. The woman shall be allowed to keep the current set of checks and receive an appropriate infant formula food package. Staff shall reclaim and void any checks for future months and change the woman's food package and/or category in Client Services as appropriate. Refer to the "Issuing Formula to Breastfeeding Infants" policy in this chapter.

Fully breastfeeding women shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than two additional pounds of cheese
Note: The Fully BF Food Package includes one pound of cheese which shall not be substituted. It shall only be removed when appropriate.
2. More than six quarts of milk to be substituted for tofu and/or cheese
3. Whole milk
4. Standard formula
5. Therapeutic formula
6. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions.

PROCEDURE:

The CPA:

- A. Determines if the woman is fully breastfeeding and is eligible for the Fully BF Food Package.

1. The definition of fully breastfeeding is any woman whose infant receives no formula or a child food package from the WIC program.
 2. If the woman occasionally receives samples of formula, or reports purchasing formula for her infant, she qualifies for the Fully BF Food Package.
 3. If the woman is partially breastfeeding multiples she qualifies for the Partially BF Multiples Food Package which includes the same foods as in the Fully BF Food Package.
- B. Explains to the client the contents of and how the foods in the Fully BF Food Package relate to a healthy diet.
- C. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- D. Explains that if she discontinues breastfeeding or requires infant formula from WIC, she should inform clinic staff and she no longer qualifies for the Fully BF Food Package.
1. Fully breastfeeding women receive the full amount of food.
 2. Partially breastfeeding women and women requesting more than $\frac{1}{2}$ the amount of formula in an infant food for her infant age 1 through 6 months receive less food.
 3. Breastfeeding woman requesting more than $\frac{1}{2}$ the amount of formula in an infant food package for her infant age 7 to 12 months continues to be counted and supported as breastfeeding but receives no food from WIC. Refer to “Food for the Woman Requesting more than $\frac{1}{2}$ an Infant Food Package for Her Breastfeeding Infant” policy in this chapter.
- E. Determines the appropriate foods and issues checks.
- Note:** The CPA has the option to reduce the amount of food to better meet the nutrition needs and/or preferences of the client. Because 1 lb of cheese is included in a standard Fully BF Food Package, it can be removed from the food package for women unable to eat cheese but cannot be replaced with milk per federal regulation.
- F. Follows the procedures listed below when a fully breastfeeding woman who has received the Fully BF Food Package returns to the clinic and requests formula for her infant:
1. Complete a Breastfeeding Review. Refer to the “Issuing Formula to Breastfeeding Infants” policy and determine the appropriate amount of formula needed.

2. If the woman still requests formula, provide the appropriate infant formula food package and allow her to keep her current month's Fully BF Food Package checks.

Note: Reclaiming the additional foods is not possible when any of the Fully BF Food Package checks have been used. The procedure of allowing the woman to keep the current month's checks as listed above standardizes clinic practice throughout the state and prevents the possibility of discrimination against clients.

3. Reclaim and void any future month's checks for the Fully BF Food Package.
4. Determine the appropriate foods and issue checks.

**Maximum Monthly Allowances of Supplemental Foods
for Fully Breastfeeding Women**

Foods	Fully Breastfeeding Women
Juice	3 - 11.5 or 12 oz frozen cans or 46 oz cans
Milk Fluid, dried or evaporated	24 quarts
Cereal	36 oz
Cheese Remove 3 qt milk = add 1 lb cheese	1 pound No more than 2 additional pounds without qualifying medical diagnosis
Eggs	2 dozen
Fresh fruits and vegetables	\$10.00
100% Whole wheat bread, whole corn tortillas, brown rice, oatmeal, or bulgur	1 lb
Fish canned	30 oz
Dried beans, peas, lentils or Peanut butter	2 lbs or 2 jars 16-18 oz or 1 each

POLICY: Food for Women Fully Breastfeeding Multiples

Women fully breastfeeding multiples, for example twins, triplets, shall receive a Fully BF Multiples Food Package until the day of the infants' one year birthday or until formula is requested for the infants.

The Fully BF Multiples Food Package consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, whole grains, canned fish, peanut butter, and dried legumes and is 1.5 times the amount of food in a Fully BF Food Package.

A woman who participated on the WIC program as a pregnant woman and is fully breastfeeding multiples shall have the option to receive the Fully BF Multiples Food Package after delivery.

If the woman received checks for the Fully BF Multiples Food Package and returns to the clinic for formula, staff trained in providing breastfeeding support shall complete a Breastfeeding Review. The woman shall be allowed to keep the current set of checks and receive an appropriate infant formula food package. Staff shall reclaim and void any checks for future months and change the woman's food package and/or category in Client Services as appropriate. Refer to the "Issuing Formula to Breastfeeding Infants" policy in this chapter.

Women fully breastfeeding multiples shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than three additional pounds of cheese
Note: The Fully BF Multiples Food Package includes 1 ½ pounds of cheese which shall not be substituted. It shall only be removed when appropriate.
2. More than nine quarts of milk to be substituted for tofu and/or cheese
3. Whole milk
4. Standard formula
5. Therapeutic formula
6. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions.

PROCEDURE:

The CPA:

- A. Determines if the woman is fully breastfeeding multiples and is eligible for the Fully BF Multiples Food Package.

1. The definition of fully breastfeeding multiples is any woman whose multiple infants from the same pregnancy receive no formula or no child food package from the WIC program.
 2. If the woman occasionally receives samples of formula, or reports purchasing formula for her infants, she still qualifies for the Fully BF Multiples Food Package.
- B. Explains to the client the contents of and how the foods in the Fully BF Multiples Food Package relate to a healthy diet.
- C. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- D. Explains that if she discontinues breastfeeding or requires infant formula from WIC, she should inform clinic staff and she no longer qualifies for the Fully BF Multiples Food Package.
1. If the woman is partially breastfeeding multiples she qualifies for the Partially BF Multiples Food Package.
 2. If the woman requests more than ½ the amount of formula in an infant food package for her infants, she qualifies for the Some BF Food Package and breastfeeding support.

Note: Refer to the “Food for Women Partially Breastfeeding Multiples” policy in this chapter.
 3. Determines the appropriate foods and issues checks.

Note: The CPA has the option to reduce the amount of food to better meet the needs of the client. Because 1.5 pounds of cheese is included in the Fully BF Multiples Food Package, it can be removed from the food package for women unable to eat cheese but cannot be replaced with milk per federal regulation.
- E. Follows the procedures listed below when a woman fully breastfeeding multiples has received the Fully BF Multiples Food Package and returns to the clinic to request formula for her infants:
1. Complete a Breastfeeding Review. Refer to the “Issuing Formula to Breastfeeding Infants” policy in this chapter and determine the appropriate amount of formula needed.
 2. If the woman requests formula, provide the appropriate infant formula food package and allow her to keep her current month’s Fully BF Multiples Food Package checks.

Note: Reclaiming the additional foods is not possible when any of the Fully BF Multiples checks have been used. The procedure of allowing the woman to keep the current month's checks as listed above standardizes clinic practice throughout the state and prevents the possibility of discrimination against clients.

3. Reclaim and void any future month's checks.
4. Determine the appropriate foods and issue checks.

Note: The woman fully breastfeeding multiples is entitled to receive 1.5 times the amount of supplemental food received in a Fully BF Food Package. The amount of food included in a Fully BF Multiples Food Package rotates monthly. The first month provides two times the amount of food of a Fully BF Food Package except for the fresh fruits and vegetables which totals fifteen dollars each month. The second month provides the same amount of food in a Fully BF Food Package. The rotation of the amount of foods continues throughout the period of eligibility. Client Services supports this unique rotation of food for this client.

**Maximum Monthly Allowances of Supplemental Foods for
Women Fully Breastfeeding Multiples**

Foods	Fully Breastfeeding Multiples (Month one of rotation)	Fully Breastfeeding Multiples (Month two of rotation)
Juice	6 - 11.5 or 12 oz frozen cans or 46 oz cans	3 - 11.5 or 12 oz frozen cans or 46 oz cans
Milk Fluid, dry, evaporated	48 quarts	24 quarts
Cereal	72 oz	36 oz
Cheese Remove 3 qt milk = add 1 lb cheese	2 pounds No more than 4 additional pounds without qualifying medical diagnosis	1 pound No more than 2 additional pounds without qualifying medical diagnosis
Eggs	4 dozen	2 dozen
Fresh fruits and vegetables	\$15.00 (divided on two checks: \$8 + \$7 = \$15)	\$15.00 (divided on two checks: \$8 + \$7 = \$15)
100% Whole wheat bread, whole corn tortillas, brown rice, oatmeal, or bulgur	2 lb	1 lb
Fish canned	60 oz	30 oz
Dried beans, peas, lentils or Peanut butter	4 lbs or 4 jars 16 – 18 oz or combination	2 lbs or 2 jars 16-18 oz or 1 each

POLICY: Food for Partially Breastfeeding Women

A partially breastfeeding woman whose infant receives no more than ½ the amount of formula in an infant food package shall receive a Partially BF Food Package which consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, 100% whole grains, peanut butter, and dried legumes.

Note: Three quarts of milk have been substituted for one pound of cheese as part of the standard food package.

Partially breastfeeding women shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than one pound cheese
2. More than four quarts of milk to be substituted for tofu and/or cheese
3. Whole milk
4. Standard formula
5. Therapeutic formula
6. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions.

PROCEDURE:

The CPA:

- A. Discusses how to maintain milk production as part of a complete Breastfeeding Review.
- B. Explains to the partially breastfeeding woman the contents of and how the foods in a Partially BF Food Package relate to a healthy diet.
- C. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- D. Assures that the client is familiar with and understands how to purchase and safely prepare and store the foods.
- E. Informs a partially breastfeeding woman to notify WIC staff immediately if she is no longer breastfeeding.
- F. Follows the procedures listed when a partially breastfeeding woman returns within the same month to request additional formula and her infant has not yet received the maximum amount allowed within the infant's food package.

1. Complete a Breastfeeding Review and provide breastfeeding information.
2. If the woman requests formula not exceeding $\frac{1}{2}$ the amount of formula in an infant food package:
 - a. Continue providing the Partially BF Food Package checks.
 - b. Provide the appropriate amount of formula, not to exceed $\frac{1}{2}$ the amount of formula in an infant food package.
3. If the woman requests formula exceeding $\frac{1}{2}$ the amount of formula in an infant food package:
 - a. Allow her to keep her current month's Partially BF Food Package checks.
 - b. Reclaim and void any future month's checks for the Partially BF Food Package.

Note: Reclaiming the additional foods is not possible when any of the Partially BF Food Package checks have been cashed. The procedure of allowing the woman to keep the current month's checks as listed above standardizes clinic practice through-out the state and prevents the possibility of discrimination against clients.

4. Reclaim and void any future month's checks for the Partially BF Food Package.

Note: Checks cannot be issued retroactively. If the client returns the following month requesting additional formula, issue checks for the current month.

- G. Determines appropriate foods and issue checks.

**Monthly Maximum Allowances of Supplemental Foods for
Partially Breastfeeding Women**

Foods	Partially Breastfeeding Women*
Juice	3 - 11.5 or 12 oz frozen cans or 46 oz cans
Milk Fluid, dry or evaporated	22 quarts
Cereal	36 oz
Cheese Remove 3 qt milk = add 1 lb cheese	No more than 1 lb without qualifying medical diagnosis
Eggs	1 dozen
Fresh fruits and vegetables	\$8.00
100% Whole wheat bread, whole corn tortillas, brown rice, oatmeal, or bulgur	1 lb
Dried beans, peas, lentils or Peanut butter	2 lbs or 2 jars 16-18 oz or 1 each

* The Partially BF Food Package includes the same foods and amounts of food as the Pregnant Food Package.

POLICY: Food for Women Partially Breastfeeding Multiples

Women partially breastfeeding multiples, for example twins or triplets, whose infants receive no more than $\frac{1}{2}$ the amount of formula in an infant food package, shall receive a Partially BF Multiples Food Package until the day of the infants' first birthday or until formula over the amount allowed is requested.

The Partially BF Multiples Food Package consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, whole grains, canned fish, peanut butter, and dried legumes and is the same amount of food provided in a Fully BF Food Package.

A woman who participated on the WIC program during pregnancy and is breastfeeding shall have the option to receive the Partially BF Multiples Food Package after delivery. If the woman received checks earlier in the month for a Pregnant Food Package, she shall have the option to receive the Fully BF Bonus Food Package that provides the extra foods.

Note: If she received checks for a Pregnant with Multiples Food Package, she would not receive a Fully BF Bonus Food Package as the Pregnant with Multiples Food Package include the same foods and amount of food as the Partially BF Multiples Food Package.

If the woman received checks and returns to the clinic requesting more than $\frac{1}{2}$ the amount of formula in an infant food package or has discontinued breastfeeding, a CPA trained in providing breastfeeding support shall complete a Breastfeeding Review. Refer to Volume 1, Chapter 15 – Breastfeeding.

The woman shall be allowed to keep the current set of checks and receive an appropriate infant formula food package. Clinic staff shall reclaim any checks for future months and change the woman's food package and/or category in Client Services as appropriate.

Women partially breastfeeding multiples shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than two additional pounds of cheese

Note: The Partially BF Multiples Food Package includes 1 pound of cheese which shall not be substituted. It shall only be removed when appropriate.

2. More than six quarts of milk to be substituted for tofu and/or cheese
3. Whole milk
4. Standard formula
5. Therapeutic formula
6. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions.

PROCEDURE:

The CPA:

- A. Determines if the woman is partially breastfeeding multiples.

Note: The definition of partially breastfeeding a multiple is any woman whose multiple infants, for example twins or triplets, receive no more than ½ the amount of formula in an infant food package or no child food package from WIC.

- B. Explains to the client the contents of and how the foods in the Partially BF Multiples Food Package relate to a healthy diet.

- C. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.

- D. Instructs the client to call the WIC clinic if she stops breastfeeding or requires more than ½ the amount of formula in an infant food package from WIC.

- E. Determines the appropriate foods and issues checks.

Note: The CPA has the option to reduce the amount of food to better meet the nutrition needs of the client. Because 1 pound of cheese is included in a Partially BF Multiples Food Package, it can be removed from the food package for women unable to eat cheese but cannot be replaced with milk.

- F. Follows the procedures listed below when a woman partially breastfeeding multiples requests more formula:

1. Complete a Breastfeeding Review before any additional formula is issued. Refer to Volume 1, Chapter 15 – Breastfeeding.
2. If the woman requests more than ½ the amount of formula in an infant formula food package, provide the appropriate infant formula food package and allow her to keep her current month's checks.
3. Reclaim and void any future month's checks.

Note: Reclaiming the additional foods is not possible when any of the Partially BF Multiples checks have been used. The procedure of allowing the woman to keep the current month's checks as listed above standardizes clinic practice through-out the state and prevents the possibility of discrimination against clients.

4. Determines the appropriate foods and issues checks.

**Maximum Monthly Allowances of Supplemental Foods for
Food for Women Partially Breastfeeding Multiples**

Foods	Partially Breastfeeding Multiples *
Juice	3 - 11.5 or 12 oz frozen cans or 46 oz cans
Milk Fluid, dry or evaporated	24 quarts
Cereal	36 oz
Cheese Remove 3 qt milk = add 1 lb cheese	1 pound No more than 2 additional lbs without qualifying medical diagnosis
Eggs	2 dozen
Fresh fruits and vegetables	\$10.00
100% Whole wheat bread, whole corn tortillas, brown rice, oatmeal, or bulgur	1 lb
Fish canned	30 oz
Dried beans, peas, lentils or Peanut butter	2 lbs or 2 jars 16-18 oz or 1 each

* The Partially BF Multiples Food Package includes the same foods and amounts of foods as the Fully BF Food Package.

POLICY: Food for Breastfeeding Women Requesting More Than ½ the Amount of Formula in an Infant Food Package for Her Breastfeeding Infant

Breastfeeding women whose infants age 1 through 6 months receive more than ½ the amount of formula in an infant food package, shall receive a Some BF Food Package. The Some BF Food Package consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, peanut butter, or dried legumes and consists of the same amounts and kinds of food as the Postpartum Food Package.

Note: Three quarts of milk have been substituted for one pound of cheese as part of the standard food package.

Women receiving the Some BF Food Package shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than one pound cheese
2. More than four quarts of milk to be substituted for tofu and/or cheese
3. Whole milk
4. Standard formula
5. Therapeutic formula
6. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions.

Breastfeeding women, whose infant age 7 to 12 months receives more than ½ the amount of formula in an infant food package, shall not receive WIC checks. She shall be assigned a Some BF 7 to 12 Months Food Package and continue to be counted as participating and supported as a breastfeeding woman.

Refer to the “Issuing Formula to Breastfeeding Infants” policy in this chapter and to Volume 1, Chapter 15 – Breastfeeding for more information.

PROCEDURE:

The CPA:

- A. Explains the contents of and how the foods in a Some BF Food Package relate to a healthy diet. Refer to the “Foods for Postpartum Women” policy in this chapter.
- B. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- C. Determines the appropriate foods and issues checks.

- D. Informs a breastfeeding woman who is doing some breastfeeding to notify WIC staff immediately if she is no longer breastfeeding.

Information:

In all cases the breastfeeding woman is encouraged to continue breastfeeding.

POLICY: Foods for Postpartum Women

Postpartum women who do not breastfeed shall receive a Postpartum Food Package through the end of the month the infant turns six months old. The Postpartum Food Package consists of low fat milk, cheese, eggs, cereal, juice, fresh fruits and vegetables, peanut butter, or dried legumes.

Note: Three quarts of milk have been substituted for one pound of cheese as part of the standard food package.

Postpartum women shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form from a medical provider when needing any of the following:

1. More than one pound cheese
2. More than four quarts of milk to be substituted for tofu and/or cheese
3. Whole milk
4. Standard formula
5. Therapeutic formula
6. Medical foods and/or medical formula

Refer to Volume 1, Chapter 24 - WIC Prescriptions.

PROCEDURE:

The CPA:

- A. Explains to the client the contents of and how the foods in the Postpartum Food Package relate to a healthy diet.
- B. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- C. Determines the appropriate foods and issues checks.

**Maximum Monthly Allowances of Supplemental Foods for
Postpartum Women and for Women with Infants age 1 through 6 Months
Receiving the Some BF Food Package**

Foods	Postpartum Women and Some BF Women with Infants age 1 through 6 months
Juice	2- 11.5 or 12 oz frozen cans or 46 oz cans
Milk Fluid, dry or evaporated	16 quarts
Cereal	36 oz
Cheese Remove 3 qt milk = add 1 lb cheese	No more than 1 lb without qualifying medical diagnosis
Eggs	1 dozen
Fresh fruits and vegetables	\$8.00
Dried beans, peas, legumes or Peanut butter	1 lb or 1 jar 16 - 18 oz

POLICY: Ready to Feed Infant Formula

The CPA shall be allowed to issue ready to feed formula for one of the reasons listed below. The CPA shall document the reason for providing this type of formula in the client's file in Client Services.

1. Unsanitary or restricted water supply or poor refrigeration. Self reporting is allowed.
2. Caregiver unable to correctly mix formula. Self reporting is allowed.
3. The WIC approved formula is only available as a ready to feed formula.
4. The ready to feed physical form of the prescribed therapeutic formula or medical formula is necessary because of the client's medical diagnosis or because it improves the client's ability to consume the amount of formula as ordered by the medical provider.

PROCEDURE:

The CPA:

- A. Determines that "ready to feed" formula is necessary for one of the reasons listed above.
- B. Documents in Client Services the reason(s) why ready to feed formula is necessary.
- C. Assures that the caregiver understands that the formula is not to be mixed, and understands how to provide, handle and store the formula in order to keep it safe.

Information:

1. Federal Regulations only allow ready to feed formula in limited situations listed above.
2. The use of ready to feed formula is discouraged due to its high cost unless it is needed for one of the reasons listed in policy.
3. Many retailers do not keep enough ready to feed formula in stock. Best practice is for clinic staff to help the client find a retailer. For example, contact the retailer to inform them that a client will need a specific formula and the amount needed per month. As a courtesy, also let the retailer know when the client no longer needs the formula.

POLICY: Returned Formula

Clinic staff shall accept all unused, unopened, and undamaged cans of formula returned to the WIC clinic by a caregiver.

The local agency shall have the option to:

1. Donate returned cans of formula to a local food bank, community service organization, or other emergency feeding program, or
2. Develop a written policy for the handling of returned cans of formula if the local agency does not donate the returned formula.
 - a. The local agency written policy shall address whether the formula is provided to WIC clients or is destroyed (for example perceived liability).
 - b. This policy shall be applied uniformly and in a non-discriminatory manner.

Returned cans of formula shall not be given to family, friends, or staff.

PROCEDURE:

Clinic staff:

- A. Inform the caregiver to return unused, unopened, and undamaged cans of formula to the WIC clinic if the client is unable to use any or all of the formula purchased with WIC checks.

Note: Caregiver is notified during a certification that WIC food is to be used only by the client.

- B. Accept any returned, unused, unopened, and undamaged cans of formula.
- C. Replace WIC checks as appropriate. Refer to Volume 1, Chapter 22 - WIC Checks for more information.
- D. Store returned cans of formula out of view of clients and caregivers.
- E. Destroy all cans of formula beyond the expiration date.
- F. Follow the local agency's decision for handling returned cans of formula.
 1. Donate returned cans of formula to a local food bank or other nonprofit emergency feeding program.

- a. Clinic staff determines the process for donating formula, for example, who is responsible, where, and how the formula is donated. A sample Returned Formula Donation Record form can be copied from the Appendix of this chapter.
2. Follow the local agency's written policy when not donating formula. This policy applies to all clients uniformly and in a non-discriminatory manner. Returned formula can not be given to family, friends, or staff.
 - a. The policy can include the option to give unused, unopened, undamaged cans of formula to clients for formula or breastfeeding transition or for other special circumstances.

and/or
 - b. The policy can include the option to destroy any or all returned formula (for example, for perceived liability). Staff determines the procedure including how to destroy returned cans of formula.

Note: The following examples can be considered when developing the local agency policy that allows returned, unused, unopened, and undamaged cans of formula to be provided to clients. Examples include but are not limited to:

1. When a client is out of formula before they are eligible for their next set of checks, and the caregiver has no other resource for getting formula and does not have financial resources to purchase the formula.
2. When a client cannot be scheduled for a subsequent appointment in a timely manner.
3. During emergency situations when formula is not available in the local grocery store.
4. When community resources cannot supply formula during an emergency or natural disaster.
5. When an infant is transitioning to another formula.
6. When staff determine a can of formula is appropriate for a breastfeeding infant.

POLICY: Reducing Food Packages

To better meet the nutritional needs of the WIC client, the CPA shall be allowed to tailor the food package by reducing the amount of food for the following reasons:

1. Client request (for example client cannot use the maximum monthly amount of food allowed).
2. Medical or nutritional reasons (for example food is removed due to food allergy).
3. Another program provides the food (and the other program is able to provide amounts that exceed the maximum monthly amounts allowed by WIC).

If the client makes a request within the same month to receive food that had been removed or reduced from the client's food package, the CPA shall issue checks for the foods that had been removed or reduced. If the client returns the following month, staff shall reassign the removed or reduced foods prior to issuing checks for that month, but shall not issue checks for the removed or reduce food for the previous month.

PROCEDURE:

The CPA:

- A. Explains to the client the contents of and how the foods in the food package being issued relate to a healthy diet.
- B. Explains that the WIC program is not intended to supply all of the food or meet all of the nutritional needs of clients.
- C. Assesses the need to reduce the client's foods to better meet the client's nutrition needs and/or preferences.
- D. Reduces the food as appropriate by removing the foods from the list.
- E. Documents the reason the food is reduced in Client Services.
- F. Determines the appropriate foods and issues checks.
- G. Issues the remaining food that had been reduced or removed if the client returns within the same month to request the food be added back.

Note: If the client returns the following month to request the foods that had been removed or reduced from the food package, staff shall assign the foods back into the food package and issue the current month's checks. Foods reduced or removed from the previous month are not replaced in the current month.

POLICY: Substituting Cheese and/or Tofu for Milk

The CPA shall have the option to substitute cheese and/or tofu for milk based on the needs of the client.

Cheese shall be substituted for milk at the rate of 1 pound of cheese for 3 quarts of milk.

Tofu shall be substituted for milk at the rate of 1 pound of tofu for 1 quart of milk.

Staff shall be allowed to substitute up to 4 quarts of milk for cheese and/or tofu without a qualifying medical diagnosis and a completed WIC Prescription Form for pregnant women, partially breastfeeding women and postpartum women.

Staff shall be allowed to substitute up to 6 quarts of milk for cheese and/or tofu without a qualifying medical condition and a completed WIC Prescription Form for fully breastfeeding women, women partially breastfeeding multiples and women pregnant with multiples.

In order to substitute more than the amount of milk for cheese and/or tofu listed above, the client shall be required to have a qualifying medical diagnosis and a completed WIC Prescription Form. Refer to Volume 1, Chapter 24 – WIC Prescriptions for more information.

One pound of cheese has been substituted as part of the standard food package for pregnant, partially breastfeeding and postpartum women and children. Based on client nutritional need and preference, staff shall have the option to remove the one pound of cheese and replace it with 3 quarts milk and/or other milk substitutes as allowed by policy.

One pound of cheese is included in the federally defined food package for fully breastfeeding women, women partially breastfeeding multiples and women pregnant with multiples. Staff shall have the option to remove the last pound of cheese when appropriate but shall not have the option to replace it with 3 quarts of milk and/or other milk substitutes. This one pound of cheese may only be removed if needed.

Children shall have a completed WIC Prescription Form from a medical provider of a qualifying medical diagnosis or documentation that the child is a vegan to receive more than one pound of cheese or substitute any milk for tofu. Refer to Volume 1, Chapter 24 – WIC Prescriptions for more information.

PROCEDURE:

The CPA:

- A. Assesses the client's nutritional need and preference to substitute milk for cheese and/or tofu.

1. A pregnant woman, partially breastfeeding woman or postpartum woman is allowed to substitute up to 4 quarts of milk for cheese and tofu without a qualifying medical diagnosis and a completed WIC Prescription Form.

Example: The woman receives 1 pound of cheese (= 3 quarts of milk) as part of the standard food package and has the option to receive 1 pound of tofu (= 1 quart of milk) as a substitute for 4 quarts of milk.

Another option is for the woman to receive no cheese and substitute 4 pounds of tofu for 4 quarts of milk.

2. A fully breastfeeding woman, woman partially breastfeeding multiples, or a woman pregnant with multiples is allowed to substitute up to 6 quarts of milk for cheese and tofu without a qualifying medical diagnosis and a completed WIC Prescription Form.

Example: The woman receives one pound of cheese as part of the standard food package and the federally defined food package. She has the option to receive 1 additional pound of cheese (= 3 quarts of milk) and up to 3 pounds of tofu (= 3 quarts of milk) as a substitute for 6 quarts of milk.

3. A child is allowed to receive up to one pound of cheese without a qualifying medical diagnosis and a completed WIC Prescription Form.

Example: The child receives one pound of cheese as part of the standard food package. No other substitutions can be made without a qualifying medical diagnosis or documentation that the child is a vegan from a medical provider.

- B. Refers the client to the medical provider for a qualifying medical diagnosis and documentation if the client has a likely medical condition requiring additional substitution for cheese and/or tofu. Refer to Volume 1, Chapter 24 – WIC Prescriptions.

Note: If the child is a vegan and the caregiver requests tofu, refer the child to the medical provider for required a completed WIC Prescription Form.

- C. Determines the appropriate foods and issue appropriate checks. Refer to the “Prescription (RX) Requirement Table for Tofu, Soy Beverage and Cheese” at the back of the “Substituting Soy Beverage for Milk” policy in this chapter.

POLICY: Substituting Soy Beverage for Milk

For women, the CPA shall assess the client's nutritional needs and preferences and provide soy beverage as a substitute for low fat milk when needed.

For children, a medical provider shall be required to provide a completed WIC Prescription Form identifying a qualifying medical diagnosis, which includes the nutrition practice of vegan, to substitute soy beverage for milk. Refer to Volume 1, Chapter 24 – WIC Prescriptions for more information.

Staff shall remove one quart of milk for every quart of soy beverage.

PROCEDURE:

The CPA:

- A. Assesses the client's nutritional need for soy beverage and explains to the client how it is substituted for milk.
 - 1. Women have the option to substitute soy beverage as a substitute for milk without a prescription.
 - 2. Children are required to have a completed WIC Prescription Form with a qualifying medical diagnosis (which includes the nutrition practice as vegan) from a medical provider to substitute soy beverage for milk.
- Note:** Staff encourage clients with lactose intolerance to first try options such as reduced lactose milk, lactose free milk, Lactaid or acidophilus milk; and suggest drinking smaller servings of milk to avoid a high lactose load. If the client does not tolerate these options, staff discuss other milk substitutes (including soy beverage) available and the prescription process as appropriate.
- B. Refers the child with a likely qualifying medical diagnosis that requires soy beverage as a substitute for milk, or if the child is a vegan, to a medical provider. Refer to Volume 1, Chapter 24 – WIC Prescriptions for more information.
- C. Determines appropriate foods and issues checks.

Information:

Federal regulations require prescriptions for soy products because these foods are not recommended when children can consume milk products. Children who are not consuming dairy products are at risk for nutrient deficiencies and poor bone mineralization. Requiring a prescription ensures that the child's medical provider is aware that the child may be at nutritional risk.

Information:

Prescription (Rx) Requirement Table for Tofu, Soy Beverage and Cheese

Category	Prescription (RX) with a qualifying medical diagnosis is required when:
<p>Pregnant Women</p> <p>Partially Breastfeeding women</p> <p>Postpartum Women</p>	<ul style="list-style-type: none"> • More than 1 pound of cheese is required to be substituted for milk • More than 4 quarts of milk required to be substituted for cheese and/or tofu <p>Soy beverage substitution allowed without prescription</p>
<p>Fully Breastfeeding women</p> <p>Women partially breastfeeding multiples</p> <p>Women pregnant with multiples</p>	<ul style="list-style-type: none"> • More than 2 additional pounds of cheese is required to be substituted for milk • More than 6 quarts of milk required to be substituted for cheese and/or tofu <p>Soy beverage substitution allowed without prescription</p>
<p>Children</p>	<ul style="list-style-type: none"> • More than one pound of cheese is required to be substituted for milk • Any amount of tofu is required • Any amount of soy beverage is required • The child is a vegan and caregiver is requesting soy beverage and /or tofu.

Refer to Volume 1, Chapter 24 – WIC Prescriptions for more information.

POLICY: Food for Clients with Inadequate Cooking Facilities, Storage and/or Refrigeration

For clients with no access to cooking facilities, storage, and/or refrigeration, staff shall assign additional checks to provide the client the option of purchasing food in smaller amounts.

Staff shall refer to the “Ready to Feed Infant Formula” policy in this chapter when a sanitary water supply is not available for infants receiving formula.

Staff shall assign foods and issue checks appropriate for a client’s living situation.

PROCEDURE:

The CPA:

A. Assesses the client’s access to adequate cooking, storage, refrigeration, and sanitary water.

1. If cooking, storage and refrigeration are not adequate:

a. Determine what foods the client is able to use.

b. Issue additional checks so the client can shop more frequently and purchase smaller amounts of food.

Note: The maximum number of checks for each food package is dependent upon the types of foods in the package and how they are packaged for sale in the grocery store.

2. If a sanitary water supply is not available, issue ready to feed formula for fully formula fed infants, partially breastfeeding infants and some breastfeeding infants. Refer to the “Ready to Feed Infant Formula” policy in this chapter for more information.

B. Assesses the need to reduce the client’s foods to better meet the client’s nutrition needs and/or preferences.

C. Determines appropriate foods, number of checks and issues checks to the client.

APPENDIX

Food Package Names

An asterisk will be added when modification has been made to the standard food package

Long Version Name	Short Version Name
Infant	Infant
Fully BF 0 thru 5 months	Fully BF 0 thru 5
Fully BF 6 to 12 months	Fully BF 6 to12
Partially BF 1 thru 3 months	Part BF 1 thru 3
Partially BF 4 thru 5 months	Part BF 4 thru 5
Partially BF 6 to 12 months	Part BF 6 to 12
Some BF 0 to 1 month	Some BF 0 to 1
Some BF 1 thru 3 months	Some BF 1 thru 3
Some BF 4 thru 5 months	Some BF 4 thru 5
Some BF 6 to 12 months	Some BF 6 to 12
Formula 0 thru 3 months	Formula 0 thru 3
Formula 4 thru 5 months	Formula 4 thru 5
Formula 6 to 12 months	Formula 6 to 12
Child	Child
Child 1 year	Child 1 year
Child 2 to 5 years	Child 2 to 5
Pregnant Women	Pregnant Women
Pregnant	Pregnant
Pregnant with Multiples	Pregnant 2+
Fully BF	Fully BF
Fully BF Bonus	Fully BF Bonus
Fully BF Multiples	Fully BF 2+
Partially BF	Part BF
Partially BF Multiples	Part BF 2+
Breastfeeding Women	Breastfeeding Women
Fully BF	Fully BF
Fully BF Multiples	Fully BF 2+
Partially BF	Part BF
Partially BF Multiples	Part BF 2+
Some BF 0 to 1 month	Some BF 0 to 1
Some BF 1 thru 6 months	Some BF 1 thru 6
Some BF 7 to 12 months	Some BF 7 to 12
Postpartum Women	Postpartum Women
Postpartum	Postpartum

**Washington State WIC Approved Formulas
listed by formula company**

Abbott Nutrition	Mead Johnson Nutritionals	Nestle
Similac Advance	Enfamil EnfaCare LIPIL	Good Start Gentle PLUS
Similac Sensitive	Nutramigen LIPIL	
Similac Isomil Advance		
Similac NeoSure		
Similac Sensitive R.S.		
Similac Alimentum		
PediaSure		

Website Addresses for Washington State WIC Approved Formulas:

Abbott Nutrition
<http://abbottnutrition.com/>

Mead Johnson Nutritionals
www.mjn.com/app/iwp/MJN/guestHome.do?dm=mj&ls=0&csred=1&r=3412115456

Nestle
www.nestle-nutrition.com/family.aspx?objectID=6B021DAE-CC2A-4EF7-B8F8-6027CDE79E8F

Additional formula information is available on the Washington State WIC website:
http://www.doh.wa.gov/cfh/wic/infant_formula.htm#formulas

Kosher/Non-Kosher, milk based/soy based, and animal/non-animal designation of the Washington State WIC Approved Formulas

Kosher Formulas	Kosher Formulas	Non-Kosher Formulas
Milk Based	Soy Based Processed with no animal based ingredients	Milk Based Processed with other animal based ingredients
Similac Advance	Similac Isomil Advance	Similac Alimentum
Similac Sensitive		Nutramigen LIPIL
Similac Sensitive R.S		Good Start Gentle PLUS
Similac NeoSure		
PediaSure		
Enfamil EnfaCare LIPIL		

People of the Islamic faith (Muslims) and Jewish faith have similar dietary restrictions. Food handled in a manner similar to kosher food is called halal. The formulas that are identified as kosher may not be approved for Passover. Clients who want to keep strict halal/kosher practices should consult their personal Imam, rabbi, or religious leader to confirm that a product is acceptable.

Vegans, vegetarians and other individuals who choose not consume milk will usually select soy based formulas when the infant is not fully breastfeeding.



RETURNED FORMULA DONATION RECORD

Name of Organization where returned formula was donated:

Address of Organization:

Phone Number of Organization: ()

# of Cans Donated	Type	Name of Formula
_____	<input type="checkbox"/> Powdered	
_____	<input type="checkbox"/> Concentrate	
_____	<input type="checkbox"/> Ready-to-feed	

Organization Representative's Printed Name:

Organization Representative's Signature:

WIC Staff Signature:

Date organization received formula: _____ / _____ / _____
Month Day Year