



A Guide for New Food Choices Training



This guide includes detailed information about the training opportunities outlined in the New Food Choices Training and Materials Plan. We hope this guide provides the information you need to begin preparing for New Foods Choices implementation.

Training Method	Description	Planning Tips
Food for Thought Newsletters	<ul style="list-style-type: none"> Recommended training for all staff Provides details about food and food package changes related to topic area Newsletter information compliment nutrition in-service for particular topic areas 	<ul style="list-style-type: none"> Encourage review and discussion at staff meetings Newsletters will be emailed to coordinators prior to the month clinics will review and discuss (e.g. Newsletter #2 will be emailed in March, clinics will review/discuss in April) Allow 10 – 15 minutes for review (depending on clinic size)
Nutrition In-services	<ul style="list-style-type: none"> Recommended training for all staff, especially CPAs Supports staff learning about nutrition topic, nutrition benefits, tips for talking to clients, etc. In-services focus on nutrition topic that corresponds with newsletter topic of the month 	<ul style="list-style-type: none"> In-services will be emailed to coordinators and nutritionists prior to the month of training Use as monthly nutrition training to meet CPA requirement Allow about 45 minutes for in-service
Breastfeeding Training	<ul style="list-style-type: none"> Required training for all staff Covers all breastfeeding policy changes with New Food Choices, including how to do complete breastfeeding assessment prior to issuing checks for formula 	<ul style="list-style-type: none"> Leader guide and training materials will be emailed to coordinators and breastfeeding coordinators prior in May Allow about 45 – 60 minutes for training
Prescribed Foods & Formulas – Get Ready!	<ul style="list-style-type: none"> Required training for Registered Dietitians and Nutritionists State WIC staff will provide training via web conference, session will be taped so staff may listen to training beyond date of training In-depth training on new policies and procedures for prescribed foods and formulas 	<ul style="list-style-type: none"> Detailed information about training will be emailed to coordinators and nutritionists
Training for Local Staff Trainers	<ul style="list-style-type: none"> Required training for designated local staff trainers from each agency State WIC staff will provide training at regional locations in August Local trainers will receive essential training on New Food Choices and learn tips for providing training to local agency staff 	<ul style="list-style-type: none"> Detailed information about training will be emailed to coordinators
Training of Local Staff at Clinics	<ul style="list-style-type: none"> Required training for all staff Designated local staff trainers provide New Food Choices training to clinic staff prior to October 2 implementation 	<ul style="list-style-type: none"> Detailed information about training will be emailed to coordinators