



## New Food Choices (NFC) Training and Materials Plan



Activity/Material	March	April	May	June	July	August	September	October
Monthly training newsletter "Food for Thought"	Newsletter #1 Introductory Issue	Newsletter #2 New Food Choices: Talking with Clients About the Changes	Newsletter #3 Whole Grains	Newsletter #4 Breastfeeding	Newsletter #5 Infant Feeding	Newsletter #6 Fresh Fruits and Vegetables	Newsletter #7 Implementing New Food Choices	Celebrate New Food Choices!
Local staff trainer provides training to clinic staff		Client Services 5.1 – VENA Assessment Questions* <u>(required)</u>  Choosing Lower Fat Milk In-service (recommended)	Whole grains In -service (recommended)	Breastfeeding Training <u>(required)</u>	Baby Foods In-service (recommended)		Local trainers provide "New Food Choices Training" to clinic staff <u>(required to be completed prior to October 2nd)</u>	
<u>Required</u> training provided by the state WIC staff					Web conference for nutritionists: WIC Prescriptions – Get Ready! <u>(required)</u>	Regional: State trainers provide "New Food Choices Training" to local staff trainers <u>(required)</u>		
Local staff order materials				"Change is Coming" brochures and posters		Food Brochures  Check stock	Rights & Responsibilities forms and Appointment Folders	
WIC Manual policy chapters: 7, 15,, 22, 23 & 24						New policy chapters ready		