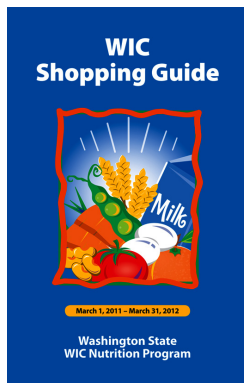


WIC Approved Foods Minimum Inventory Requirements



WIC retailers must have the required amount of WIC approved foods on hand at all times. Meeting your minimum inventory requirements is part of your contract. Approved sizes and required inventory amounts for each food category are shown on the reverse side.

Refer to the current **WIC Shopping Guide** for specific WIC approved brands and other criteria. For information about WIC approved infant formula, please visit: <http://www.doh.wa.gov/cfh/WIC/formula.htm>

General Guidelines

- Stock much more than the minimum requirement to make sure you have enough WIC approved foods in the store at all times. This is especially true for baby food.
- Expired foods do not count toward your minimum inventory requirement.
- Only inventory in the store counts toward your minimum inventory requirement.
- Different varieties of the same fruit or vegetable count as one type (for example, two different varieties of apples count as one type, not two).
- Some WIC approved foods have no minimum inventory requirements. For these products, stock enough to meet the needs of your WIC shoppers.
- To help with your inventory planning and ordering, request a free WIC Food Quantity Purchased Report. This report shows your store's monthly sales in each WIC food category, the number of WIC checks, the number of WIC clients, and total WIC sales.
This report is available on request by calling: 1-800-841-1410, extension 3615.
- Post WIC shelf tags ("shelf talkers") by all WIC approved foods. These tags help your WIC shoppers find approved foods and will reduce problems at the check stand.

Questions? Contact us:

Monday – Friday, 8:00 a.m. to 5:00 p.m. (except holidays)

Email: wic@doh.wa.gov

Phone: 1-800-841-1410, extension 3620

Food Category*	Approved Sizes	Minimum Required Inventory
Baby Cereal	8 oz or 16 oz box	24 oz
Baby Food – Fruits and Vegetables	4 oz glass jar	32 jars
Baby Food – Meats	2.5 oz glass jar	16 jars
Breakfast Cereal	11 oz to 36 oz box	72 oz, at least one box whole grain cereal
Cheese	1 LB or 2 LB packaged block (8 oz packaged blocks only when “kosher cheese” is printed on the check)	Four 1 LB blocks
Dried Beans/Peas/Lentils	16 oz bag or bulk	32 oz
Eggs	12-count carton (1 dozen) small, medium, or large size	Four cartons
Fish – Canned	Tuna, 5 oz to 6 oz can Pink salmon, 5 oz to 14.75 oz can	60 oz
Fresh Fruits and Vegetables	Bags or packages, bulk, whole or cut	10 types with at least two types of fruits and at least two types of vegetables, value of at least \$15.00
Infant Formula	See WIC infant formula reference materials	Six cans Similac Advance 12.4 oz powder; no minimum inventory requirement on other WIC formulas
Juice for Women	46 oz can, 46 oz plastic bottle, or 11.5 oz or 12 oz frozen container	Any combination of two cans, plastic bottles, or frozen containers
Juice for Children	64 oz plastic bottle	Two bottles
Milk	Half-gallon or gallon container (quarts only allowed when printed on check)	10 gallons reduced fat (2%, 1%, or nonfat), any combination of approved sizes
Peanut Butter	16 oz to 18 oz jar	Two jars
Soy Beverage	Quart or half-gallon container	No minimum inventory requirement
Tofu	12 oz to 16 oz container	No minimum inventory requirement
Whole Grain Choices	Brown rice, bulgur, or oatmeal, 16 oz to 32 oz bag or bulk; soft tortillas, 8 oz to 32 oz package; 100% whole wheat bread, 16 oz to 32 oz package (loaf)	32 oz, any combination of two bags, packages, loaves, or bulk

* Please refer to current **WIC Shopping Guide** for specific approved brands and other criteria. You are not required to carry every authorized brand and size.

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program does not discriminate.

For persons with disabilities, this document is available on request in other formats.
 To submit a request, please call 1-800-841-1410 (TDD/TTY 1-800-833-6388).



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