



Guidelines for Management of HIV+ Pregnant Women Birthing in Washington State Hospitals:

Prenatal Checklist

July 2008

Obstetric Care Provider

1. Identifies HIV+ pregnant woman.
2. Offers/refers to HIV Case Management by contacting Northwest Family Center at: 206-744-3066 or 1-800-462-4965. Northwest Family Center will offer case management or will locate case manager in client's area if resides out of King County.
3. For specific treatment guidelines for mother and infant, refers to "Screening and Management of Maternal HIV Infection: Implications for Mother and Infant" (Booklet is available [on-line](#) Acrobat Reader) or refer to "USPH Perinatal Guidelines" (www.aidsinfo.nih.gov).
4. Considers obtaining consultation for mother and baby from HIV OB Specialist, Dr. Jane Hitti, or the perinatologist on call at University of Washington Medical Center (UWMC) by calling 1-800-326-5300.
5. Discusses management of pregnancy and birth options with client.
6. Offers client a referral to HIV OB Specialist at Northwest Family Center Clinic at Maternal and Infant Care Clinic, UWMC, and if interested, helps client make an appointment by calling 206-598-4070.
7. Determines client's preferred delivery location:
 - Plans to deliver at UWMC and lives in Seattle area - **no need to use checklist below.**
 - Plans to deliver at UWMC and is living outside of Seattle area. Choose back-up hospital and use checklist below.
 - Plans on delivering at hospital other than UWMC; use checklist below.

If Delivering at Hospital Other Than UWMC, or Will Use Another Hospital as Back-Up Location, OB Care Provider

1. Notifies client that members of the healthcare team at the delivery hospital and UWMC will be aware of client's HIV+ status in order to prepare for the client's and newborn's special health care needs.
2. Ensures that the designated community contact (provider's nurse, medical assistant, HIV coordinator or RW Part D case manager) coordinates with hospital contact (nursing supervisor, nurse manager, health educator, or social worker) to prepare for client's and newborn's health care needs.

DOH 430-019

This document was created by a multidisciplinary team from the Washington State Department of Health, Northwest Family Center, University of Washington School of Medicine, Children's Hospital and Regional Medical Center, and Northwest Regional Perinatal Program.