

INFANT 0 < 6 MONTHS FULLY FORMULA FED – SOLIDS ASSESSMENT QUESTIONS

QUESTION	RISK/PURPOSE
<p>I am going to ask you some questions about your baby’s health, nutrition and safety. We ask everyone these questions. If you have questions or concerns, we will come back and address them. Does this work for you?</p>	Rapport building
How is your baby doing?	Rapport building
1. Has your doctor identified any health problems or medical conditions for your baby? <ul style="list-style-type: none"> • (If yes) Tell me more. 	<Select appropriate medical risk(s)>
2. Has your baby had any major surgeries, serious injuries or burns? <ul style="list-style-type: none"> • (If yes) Tell me more. 	Recent Major Surgery, Trauma, Burns
3. Is your baby taking any medications? <ul style="list-style-type: none"> • (If yes) Tell me more. 	Drug Nutrient Interactions
4. Do you give vitamins or other dietary supplements to your baby? <ul style="list-style-type: none"> • (If yes) What and how much? 	Inappropriate or Excessive Supplements
5. Tell me how formula feeding is going. <ul style="list-style-type: none"> • How do you know when your baby is hungry? When he/she is full? • How much formula does your baby drink in 24 hours? • Does your baby drink iron fortified formula? • <i>(If drinking less than 32 ounces of formula per day)</i> Is your baby getting a vitamin D supplement? • In addition to what WIC provides, how many cans of formula do you buy each month? 	Not Supporting Development/ Feeding Relationship, Inadequate Vitamin D Supplementation Very Restrictive Feeding
6. Tell me how you prepare your baby’s formula. <ul style="list-style-type: none"> • How much water and how much formula do you use? • What type of water do you use to prepare the formula? (Evaluate for safe water supply) 	Inappropriate Formula Dilution, Unsafe Handling/Storage of Breastmilk/Formula
7. How long do you store formula after it is prepared? <ul style="list-style-type: none"> • What do you do with formula left in the bottle after a feeding? • If you are going out with your baby for the day, how do you prepare and store the formula? 	Unsafe Handling/Storage of Breastmilk/Formula
8. Does your baby fall asleep with a bottle? <ul style="list-style-type: none"> • (If yes) Are you holding your baby? • (If yes) What is in the bottle? • Do you ever put cereal in the bottle? 	Inappropriate Use of Bottle/Cup
9. What else do you give your baby to drink? How much? (Evaluate for cow’s milk, goat’s milk, sports drinks, sweetened drinks, etc…)	Inappropriate Substitute for Breastmilk/Formula, Inappropriate Use of Bottle/Cup, Feeding Sugar-containing Drinks

INFANT 0 < 6 MONTHS FULLY FORMULA FED – SOLIDS ASSESSMENT QUESTIONS

	QUESTION	RISK/PURPOSE		
10.	Have you offered your baby a cup? <ul style="list-style-type: none"> • (If yes) What do you put in the cup? 	Inappropriate Use of Bottle/Cup		
11.	What solid foods does your baby eat? <ul style="list-style-type: none"> • How much? • Have you given your baby finger foods? (peas, cut up bananas, Cheerios) • Does your baby eat grapes, raisins, nuts, popcorn, or chips? 	Early Introduction of Solids (< 4 months), Not Supporting Development/Feeding Relationship		
12.	Does your baby: -Have honey on his/her pacifier or eat honey graham crackers? -Drink raw milk or fresh squeezed juice? -Eat hot dogs that haven't been heated? -Eat raw or runny eggs?	Potentially Contaminated Foods		
13.	Do you limit any foods for your baby for any reason?	Very Restrictive Feeding Food Allergy (Severe Diet Impact), Lactose Intolerance		
14.	Does anyone smoke inside your home? <ul style="list-style-type: none"> • (If yes) Tell me more. 	Secondhand Smoke		
15.	Is there anyone in your life who is hurting you or your baby? <ul style="list-style-type: none"> • (If yes) Tell me more. 	Recipient of Abuse (past 6 months)		
<p>Note: During the risk interview consider the following additional risks that are not included in the previous questions:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> • Slow Weight Gain • Foster Care (past 6 months) • Caregiver with Alcohol/Drug Addiction • Maternal Substance Use (during pregnancy) </td> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> • Caregiver with Limited Ability to Make Feeding Decisions • Migrancy • Homelessness • Infant of WIC Eligible Mom (< 6 Months) </td> </tr> </table>			<ul style="list-style-type: none"> • Slow Weight Gain • Foster Care (past 6 months) • Caregiver with Alcohol/Drug Addiction • Maternal Substance Use (during pregnancy) 	<ul style="list-style-type: none"> • Caregiver with Limited Ability to Make Feeding Decisions • Migrancy • Homelessness • Infant of WIC Eligible Mom (< 6 Months)
<ul style="list-style-type: none"> • Slow Weight Gain • Foster Care (past 6 months) • Caregiver with Alcohol/Drug Addiction • Maternal Substance Use (during pregnancy) 	<ul style="list-style-type: none"> • Caregiver with Limited Ability to Make Feeding Decisions • Migrancy • Homelessness • Infant of WIC Eligible Mom (< 6 Months) 			
<p>If no risks have been identified, assign: Not Meeting Feeding Guidelines (4-12 months)</p>				

For persons with disabilities, this document is available on request in other formats.
To submit a request, please call 1-800-841-1410 (TDD/TTY 1-800-833-6388).

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program does not discriminate.

DOH 960-084 December 2010