

## **Directions to the Washington State WIC Training Center**

**Dept. of Health, Town Center 2  
111 Israel Road SE  
Tumwater, WA 98501  
Phone: 1-800-841-1410**



### **From I-5 Southbound** (Traveling South on I-5 towards Portland)

- 1. Take Tumwater Blvd Exit (Exit #101).**
- 2. Turn left onto Tumwater Blvd; go over freeway and continue for ½ mile.**
- 3. Turn left on Capitol Way.**
- 4. Turn right at first stop light, onto Israel Road.**
- 5. Take the first right into the Dept of Health parking lot, and park in the garage.**
- 6. Enter Town Center 2 through door facing the parking area.**
- 7. Sign in with the receptionist to get a visitor's badge, and to be directed to the training room.**

### **From I-5 Northbound** (Traveling North on I-5 toward Seattle)

- 1. Take Tumwater Blvd Exit (Exit #101).**
- 2. Turn right onto Tumwater Blvd; drive ½ mile.**
- 3. Turn left on Capitol Way.**
- 4. Turn right at first stop light, onto Israel Road.**
- 5. Take the first right into the Dept of Health parking lot, and park in the garage.**
- 6. Enter Town Center 2 through door facing the parking area.**
- 7. Sign in with the receptionist to get a visitor's badge, and to be directed to the training room.**

**DIRECTIONS:**

*From I-5, take exit 101 – Tumwater Blvd (just south of Tumwater). Head east on Tumwater Blvd to Capitol Blvd; turn left on Capitol Blvd. Turn right onto Israel Road. Then right into the Town Center parking lot. Please use the parking garage if possible. The State WIC Training Center is housed in Town Center 2 on the first floor.*

