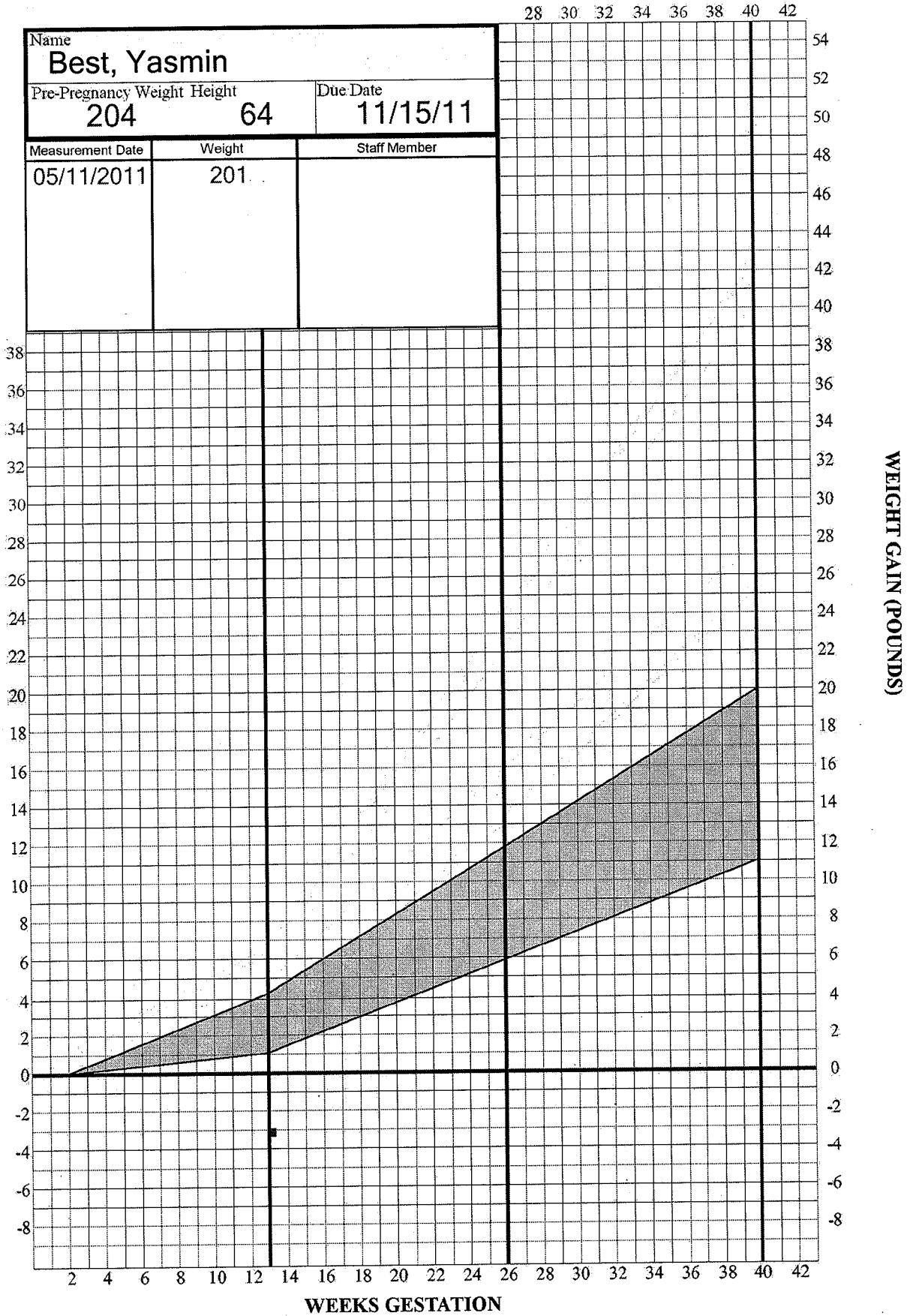


WEIGHT GAIN (POUNDS)

WEEKS GESTATION

Reference: Institute of Medicine, 2009. *Weight Gain During Pregnancy: Reexamining the Guidelines*. Washington, D.C. National Academies Press.

PRENATAL WEIGHT GAIN GRID BMI ≥ 30

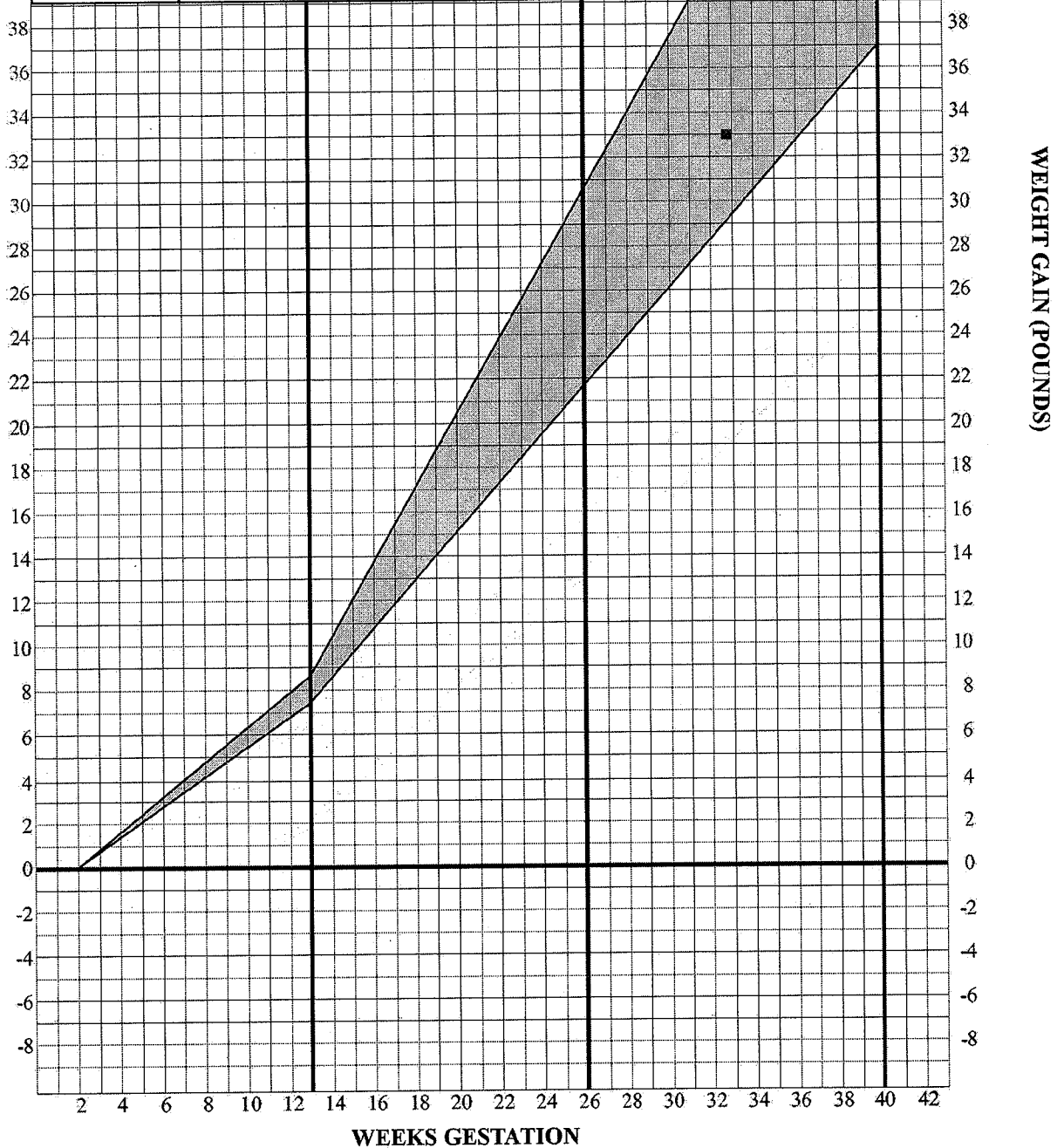


Reference: Institute of Medicine, 2009. *Weight Gain During Pregnancy: Reexamining the Guidelines*. Washington, D.C. National Academies Press.

PRENATAL WEIGHT GAIN GRID BMI 18.5 - 24.9 MULTIPLES

28 30 32 34 36 38 40 42

Name Ballard, Dakota M		
Pre-Pregnancy Weight Height 112 65		Due Date 07/01/11
Measurement Date	Weight	Staff Member
05/11/2011	145	

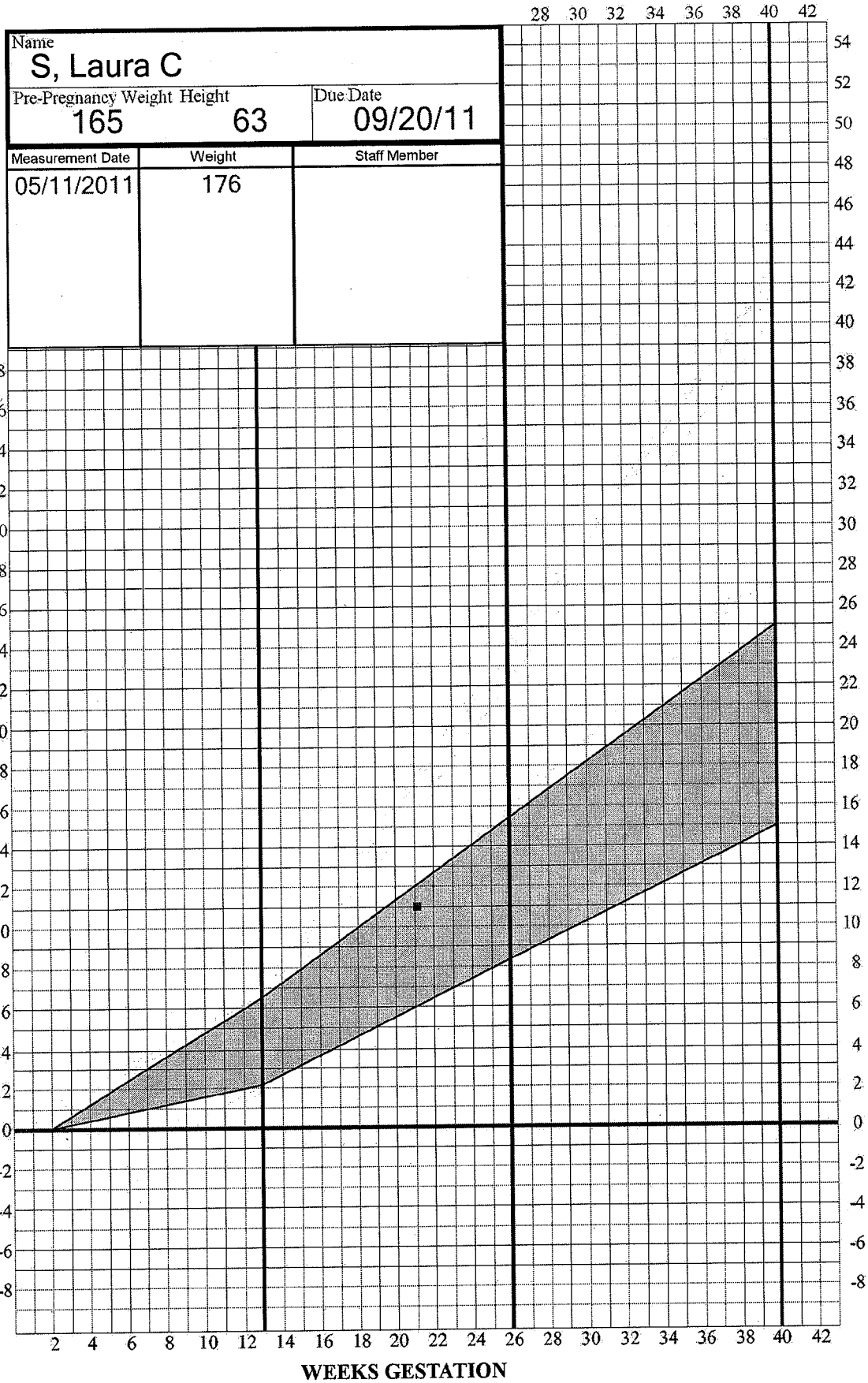


Reference: Institute of Medicine, 2009. *Weight Gain During Pregnancy: Reexamining the Guidelines*. Washington, D.C. National Academies Press.

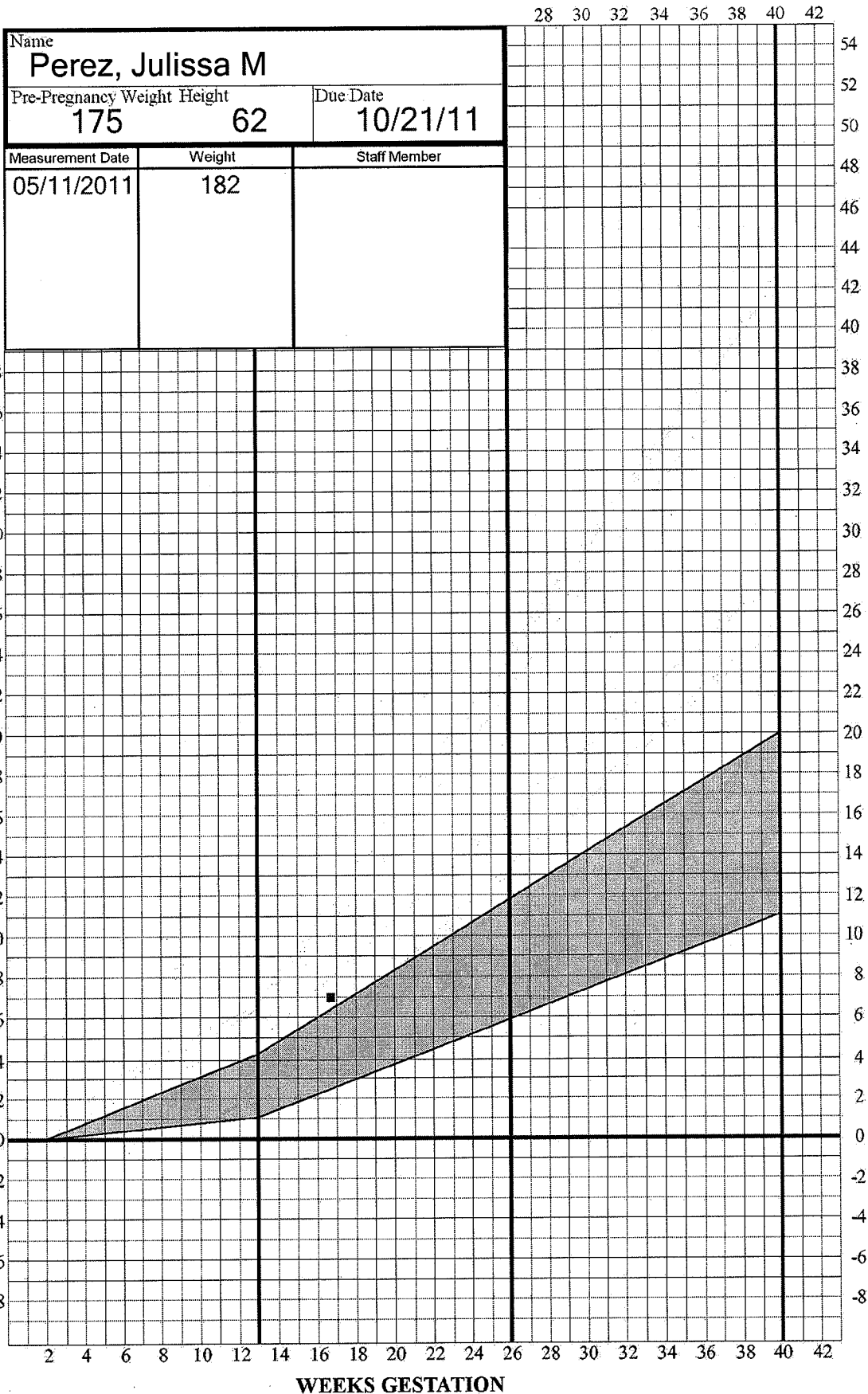


Reference: Institute of Medicine, 2009. *Weight Gain During Pregnancy: Reexamining the Guidelines*. Washington, D.C. National Academies Press.

PRENATAL WEIGHT GAIN GRID BMI 25 - 29.9



Reference: Institute of Medicine, 2009. *Weight Gain During Pregnancy: Reexamining the Guidelines*. Washington, D.C. National Academies Press.



Reference: Institute of Medicine, 2009. *Weight Gain During Pregnancy: Reexamining the Guidelines*. Washington, D.C. National Academies Press.